

Leadership Foundations Returning Application (Initiate)

LEADERSHIP FOUNDATIONS

All returning applications are due by August 31 at 5 p.m. to HUC 440. The class will meet every other Wednesday beginning September 19, from 6:30 - 7:45 p.m.

Program Overview

Leadership Foundations is a four semester, cohort-style interactive program that is designed to sharpen student leadership skills and allow them to get the most out of student life at UAB. The program promotes the development of effective communication skills, conflict resolution strategies, social change awareness, problem-solving skills, and the ability to make informed, ethical decisions. This interactive program prepares students for responsible citizenship in the community, nation, and world.

Example Schedule:

Fall 2011: Emerge, Spring 2012: Achieve

Fall 2012: Initiate, Spring 2013: Respond

Each class meets a total of 6 times per semester and attendance is required for participation in the program. Furthermore, all Leadership Foundations participants are required to complete at least 10 hours of community service each academic year to continue with the program

Upon completion, students will receive a certificate of completion for the time invested in the Leadership Foundations program at the closing presentation and reception, which is held each Spring.

Emerge

This first stage provides students with an opportunity to better develop their leadership skills through interactive team building exercises, personality inventories, and personal mission statement development. Students will increase their emotional intelligence, clarify their values, and learn to adapt existing leadership theories to create their own styles of leadership in a fun learning environment.

Achieve

In the second stage of the program, students will obtain practical leadership skills and experiences to further leadership development. Students will learn more about their individual strengths as a leader, conflict resolution strategies, and effective communication skills. In this stage, students will begin to influence their respective organizations and the UAB campus community.

Initiate

In the third stage of the program, students will combine the experiences and knowledge gained from the first two stages of the program with the multicultural awareness training and the Social Change Model, which encourages students to utilize their leadership skills to give back to the community. At the end of this stage, students will plan and participate in a one-day cohort community service activity.

Respond

In the final stage of the Leadership Foundations program, students will plan a cohort project(s) and start to actually change the world around them- either on or off campus- with a predetermined budget. This stage allows students to combine all of their knowledge about leadership and use their passions as guiding points for substantial change. To assist in these initiatives a predetermined stipend will be provided to help fund the project(s). At the end of this stage, students will plan and participate in a one-day cohort community service project in their effort to create lasting change in the community.

Request special accommodations under the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973 by calling 205.975.4389

General Information

[Required] Contact Information

Valid input:

- must be 10-15 digits long and may include only numbers, hyphens, and spaces.

- name@myschool.edu

First name:

Middle initial:

Last name:

Email address:

Phone number:

Address:

City:

State:

ZIP:

[Required] Email Address

Valid input:

- name@myschool.edu

[Required] Student Number (B00 Number)

[Required] Gender

Valid input:

- Select only one choice.

Male

Female

Prefer not to say

[Required] Date of Birth

[Required] Classification

Valid input:

- Select only one choice.

Freshman

Sophomore

Junior

Senior

Graduate Student

Agreement

[Required] Terms and Conditions Checkbox

1. Leadership Foundations is a four-semester, interactive program in which participants are expected to remain in the program for all four semesters with mandatory class sessions every other week.

2. The cohort meets every other Wednesday from 6:30-7:45 pm and attendance is essential to get the most out of Leadership Foundations. Failure to attend class without a valid and approved excuse provided beforehand will result in dismissal from the program.

3. I am required to complete at least 10 hours of community service each academic year and provide documentation at the end of each semester of hours completed.

4. I am required to keep a portfolio of my experiences in Leadership Foundations and do a brief presentation at the end of Respond.

5. I am required to maintain at least a 2.5 GPA to continue with the program each semester.

Valid input:

- Select only one choice.

By checking this box, I am recommitting to the Leadership Foundations program and agree to the above 5 statements.