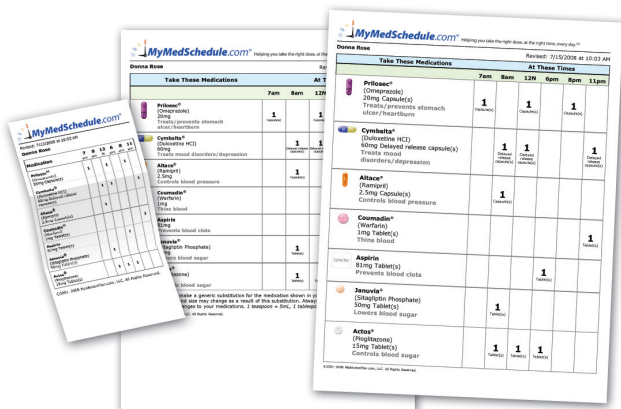


Print **MyMedSchedule** in a variety of sizes and formats.



- Large-type or regular letter-size print with pill images
- Wallet-size to keep with you
- Instructions so you take meds properly
- Checklists to keep you on a healthy track

Be ready for any emergency

“THANK YOU FOR THIS SITE. I have referred many people to MyMedSchedule.com for their own family members because it is so helpful and easy to use. When my Mom was taken and admitted to Irvine Regional Hospital...the triage nurse THANKED ME for the med schedule...so I am now thanking you too.”

Frances S.
California

Registration is FREE at
www.MyMedSchedule.com

Avoid errors and confusion

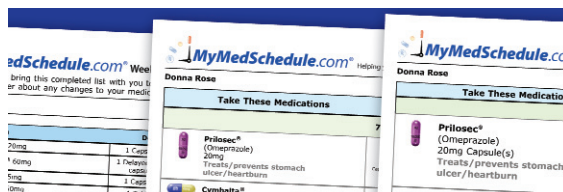
“Thank you so much, I love this program. I could never get my pills correct until I found out about this service, and I recommend this to any and all people that need to take medication. The text phone message reminder is GREAT too!”

William H.
Florida

Also from the creators of MyMedSchedule...
A new way to carry pills and vitamins



Check out www.packmups.com for a new kind of pill organizer and medication reminder. Pack-m-Ups™ are convenient and easy-to-use at home or when traveling. They work well as a daily, weekly, or monthly pill organizer.

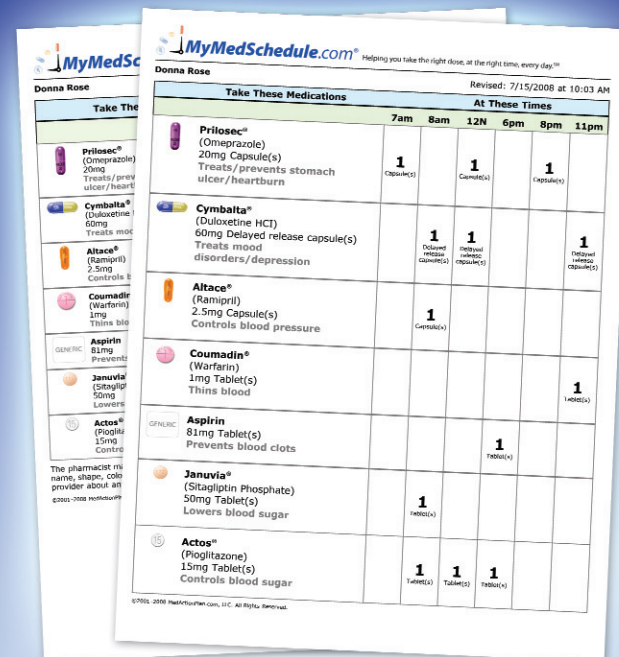


MyMedSchedule.com and PackmUps.com are each trademarks of MedActionPlan.com, LLC, who makes no warranties, expressed or implied, or representations of any kind and assumes no liability whatsoever arising from the content presented herein, or the use of this web-based program.

Be Sure and Secure



Free



A Great Medication Reminder

- Easy to create and revise
- For yourself and those you care for
- Pictures of the pills



**NEW “Remind Me”
text reminder option**

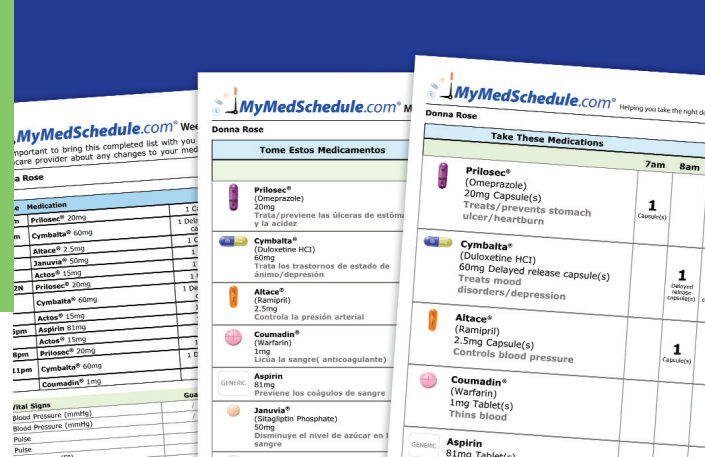
Print and Save Your Own Medication List
www.MyMedSchedule.com

Create your own medication list with www.MyMedSchedule.com

A Great Reminder

MyMedSchedule® is a great medication reminder for you and your family, and it is free! Your personal medication chart clearly shows the times you should take each medication or supplement, and how much to take.

- Medication wizard helps you easily make and revise your own printable medication chart
- Pictures of pills make them easy to identify
- Create medication lists for yourself and family members
- "Remind Me to take pills" text message reminders
- Prescription refill reminders
- Print in various sizes
- Special instructions and dietary considerations for each med
- Weekly checklists and health records
- Print schedules in English or Spanish
- Schedules are time and date stamped
- Your personal health information is safe and secure



Keep MyMedSchedule handy

You can place a medication chart where you will need it: on the refrigerator, in your bedroom or bathroom. And, if you travel, you can take the wallet-size **MyMedSchedule** list with you.

“The ‘remind me to take my pills’ text feature with MyMedSchedule is fabulous. I recently used it for a temporary drug with odd times and it worked like a charm! Also, I like that the most recent date for the regimen has been added to the printout.”

Hetty
North Potomac, MD

“I like the clear and easy format with MyMedSchedule. It includes pictures and helpful information that ensures understanding and compliance in properly taking meds. My clients and their families love this tool!”

Jane Finley, RN
Health Minister
Garfield United Methodist Church
Pepper Pike, OH

Be sure to update **MyMedSchedule** each time one of your prescriptions changes.

www.MyMedSchedule.com

MyMedSchedule is for you if...

You, your parents or children take medications

MyMedSchedule lets you create and save multiple medication charts and reminders for yourself, an aging parent, child, any family member or friend.

You have more than one healthcare provider

MyMedSchedule will help all your healthcare providers know what medications you take. This can help them identify dangerous drug interactions and select the right treatment for you. Show your **MyMedSchedule** to the doctor, dentist, or pharmacist every time you visit.

“It has become an ongoing reaction by our doctors when we whip out our Med Schedule, ‘Wow, where did you get this?’ It’s a show stopper, and is an invaluable aid in our elder care-giving. We really don’t know what we’d do without it.”

Mike Barney
Idaho

