



Since 1899

Honour, Loyalty and Duty

North Perth Primary School

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Parent Newsletter Issue 07

14 May 2014

Extending the performance of all students

STAFFING MATTERS

Merit Award Recipients

- Noah C
- Talia A
- Rebekah C
- Seb M
- Lyla H
- Haadi F
- Louis B
- Adam H
- Marco T
- Chelsea P
- Kael W
- Samuel M
- Cedar K
- Hannah M
- Maddy B
- James K
- Hugo P
- Michael M
- Chelsea P
- Sam P
- Erika T
- Marie G
- Anna J

Music Award

Room 1

Principal's Award

- Cedar K, Matthew P, Evan B, Liam A, Mira V, Emma G & Lucien P

It is that time of the year again when many of our students and staff members need to take time away from school due to illness.

Although it is not possible to prevent staff becoming ill the school endeavours to employ the same relief teacher in a classroom to minimise disruption, maintain the routine and support continuity of the learning program for our students. This term we also have a number of staff who will be accessing some of their accrued long service leave entitlement.

Teachers are requested to advise students and parents if they are going to be absent for consecutive days due to leave approved in advance such as long service leave.

We appreciate the patience and support parents have shown when ringing or calling into the front office as we are currently understaffed in this area due to staff being on leave.

We wish Ms Debra Ansell, Registrar, a speedy recovery and Mrs Corrina Cook, School Officer, a well deserved break on her three weeks of long service leave commencing on Tuesday 20 May 2014.

Our Library Officer, Mrs Natalie White, is also on long service leave until Monday 26 May and Ms Rowena Smith is supporting the library program during her absence.

SECURING BIKES AND SCOOTERS

Racks are available on the school site for students to store bikes and scooters during the day. While as much care as possible is taken to ensure the safety of bikes during the school day, the school does not accept responsibility for damage or theft. It is strongly recommended that all bikes, scooters and helmets be secured with a lock to prevent theft.

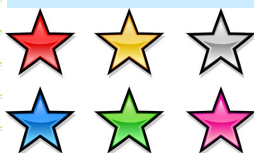
It is essential students take their bikes and scooters home each day as items left overnight in the racks may be damaged or taken by others.

Note: A bike rack is located at the front of the school near the 'rainbow gate' for parents.



KEY DATES

- | | |
|------------------|---|
| Friday 16 May | Eagles Cup—Westminster PS vs NPPS |
| | Year 6 & 7 Fundraiser—Bunnings Sausage Sizzle |
| Monday 19 May | Interm Swimming Program (PP—Year 5) commences |
| Wednesday 21 May | Assembly—Year 4 & 5 Room 19 |
| | School Banking Launch |
| Thursday 22 May | Book Fair - Day 1 |
| Friday 23 May | Book Fair - Day 2 |
| | Eagles Cup—NPPS vs Sutherland Dianella PS |
| | Walk Safely to School Day |
| Tuesday 27 May | Year 6 & 7 Camp commences |
| Wednesday 28 May | School Banking Day |
| | Staff Network Meeting |



Kindergarten and Pre-primary Applications for 2015

We have commenced taking applications for enrolment for the following programs;

Kindergarten 2015	Children born 01/07/10 to 30/06/11
Pre-Primary 2015	Children born 01/07/09 to 30/06/10

Applications close on **25 July 2014**. Application forms are available from the school office.

Photocopies of birth certificates, immunisation history statement and proof of residential address (i.e. rates notice or up-to-date utilities account) are required for photocopying with the application form.

- Please note; students already attending Kindergarten at North Perth Primary School this year are required to apply for 2015 and re-submit proof of residential address.
- If your child is currently in Kindergarten and you have previously supplied a copy of your child's birth certificate and immunisation statement (unless updated), we will not need another copy.

Children currently enrolled in Pre-primary to Year 5 do not need to submit an application for enrolment for the remainder of their primary years. Please note that an application can only be made at **ONE GOVERNMENT SCHOOL**.



BOOK FAIR 'READING OASIS'

Date: Thursday 22 May and Friday 23 May
 Time: 8.00am – 8.45am
 3.00pm – 3.30pm
 Venue: Library - North Perth PS



OUR BUDDING ENTREPRENEURS

I have been impressed with the initiative and developing entrepreneurial skills demonstrated by some of our young students who have recently raised money to support our school or charity organisations. Congratulations to:

- Xander P made 'rainbow looms' and advertised them for sale to raise funds for the art program
- Jazzy K and Ellie B sold home-made lemonade at a street stall to support the school
- Isabella H and Hamish K made 'rainbow looms' and sold them to their friends to raise money for the Cat Haven
- Grace J, Charlie J and Jazzy K also made 'rainbow looms' and sold them to raise funds for the school.



WALK SAFELY TO SCHOOL DAY FRIDAY 23 MAY 2014

The school regularly participates in special days which encourage our families to consider their transport habits and to incorporate more walking as part of a healthy, active way to get around. Although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.



You can teach your child the healthy habit of walking more by:

- ✦ Walking with them the whole way to school
- ✦ If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child helps beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Walking just half a kilometre to school each day instead of driving will also save about 500kg of greenhouse pollution each year.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 23 May 2014!

For more information visit www.walk.com.au

Art Room – Smart Arts Investigation - #2

Name the Surreal artist and painting to enter the Art Room's 'Smart Arts' competition. Place your answer in the box located in the hall. The first correct answer drawn wins a prize. Happy searching!

Meredith Burke

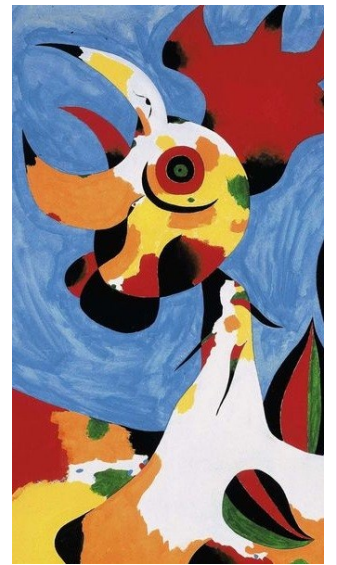
Art Specialist

Name: _____

Year: _____ Room: _____

Artist: _____

Painting Title: _____



STUDENT DISCO



DATE: Thursday 5 June 2014
TIME: Years 1 to 3 ~ 5.00pm - 6.30pm
Years 4 to 7 ~ 6.45pm - 8.45pm
VENUE: School Hall - North Perth PS
COST: \$7.00 (pay at the door)
Includes music supplied by DJ Jamie, a drink and a snack

SMART MONEY MANAGEMENT WORKSHOPS

Some of our junior classes will be participating in a Smart Money Management Workshop tomorrow. In this workshop the students will be introduced to money, what it is used for and how it can be earned and saved. Guided by Captain Super Cents, students will be taught to distinguish between needs and wants and to recognise the dangers posed by Gobbles, who represents all those temptations to spend money needlessly. They will learn fun rhymes and tips that help put them on a lifelong path of practising solid financial habits.



2014 FOOD BANK SCHOOL APPEAL IS COMING

Each child will be asked to contribute a can of food to this community fundraiser.

Monday 9 June – Friday 13 June 2014

ANNUAL REPORT 2013

Copies of the 2013 Annual Report are available from the school reception area.

Alternatively, you can access it on the school website:

www.northperthprimary.edu.au or the

Department of Education website:

www.det.wa.edu.au/schoolsonline.



INTERM SWIMMING REMINDER

The Pre-primary to Year 5 students will participate in the Intern Swimming Program for ten lessons commencing this Monday 19 May until Friday 30 May. The Year 6 and 7 students participate in the program in Term 4.

Although the lessons are free it is necessary to charge a fee to cover the cost of pool entry and bus transport. The cost of hiring buses that are seat belt compliant has increased the cost of this activity this year. However, students will now be safer when travelling by bus for this and other school activities.

Please complete the required forms and return them with payment promptly so arrangements can be finalised.

Thank you.

Andrew Streeton
Deputy Principal

IPS Update

Last year School Council, with the support of staff and the P&C, registered for the Department of Education's IPS (Independent Public Schools) Development Program. Two full-day workshops were held in March and April, attended by Principal Karen Lockyer along with Deputy Principal Sharon Downsborough (March) and Chair of School Council Kati Tonkin (April).

At these workshops it became clear that an essential prerequisite for IPS is the existence of a vision which is shared by the whole school community: staff, parents and students. NPPS's current vision, 'Extending the performance of all students', was developed a number of years ago in a rigorous process which involved all staff at the school but not the parent community or the students. School Council has decided that it is appropriate at this time to put the IPS process on hold and to focus on developing a new school vision which has the support of the broader school community.

School Council will engage an external professional to facilitate a number of school community meetings in Term 3 of this year. The aim will be through conversation to develop a vision for our school which has the support of staff, students and parents. At the end of this process we will, as a school community, consider whether and how becoming an Independent Public School could help us to achieve the vision we have developed.

Any queries should be directed to Kati Tonkin, School Council Chair: kati.tonkin@uwa.edu.au

School Banking Account Opening Day

North Perth Primary School is excited to offer the Commonwealth Bank School Banking program to all students.

The School Banking program provides children with an opportunity to make deposits into their personal Commonwealth Bank Youthsaver account at school each week. The program is about how often your child makes deposits, not how much they deposit.

To encourage regular savings behaviour the program offers an exciting Rewards Program. Every deposit earns your child a Dollarmites token, and once they've collected 10 tokens they can redeem them for a reward.

The rewards items available during 2014 are:

- Handball
- Scented Pencils
- Shark or Penguin Keyring
- Whale Shark Pencil Case
- Moneybox
- Swimming Bag
- Projector Cup
- Sea Streamers



School Banking day will be each Wednesday commencing on 28 May 2014. The attached information pack contains details about school banking.

A representative from the Commonwealth Bank will be launching the program at the assembly on **Wednesday 21 May 2014**. After that assembly there will also be an account opening session for any parents wanting to open an account. There will be two further opportunities to open accounts at the school on the first and second banking days which are on **Wednesday 28 May** and **Wednesday 4 June** from **8.15 to 8.45am** in the library.

If you are interested in opening a Commonwealth Bank Youthsaver account for your child on any of these days please download and complete the application form available at www.commbank.com.au/schoolbanking. If you are unable to do this, copies of these forms will be available at the account opening sessions. You must also bring along your **driver's licence or passport** and your **child's birth certificate**.

Please note that siblings not enrolled at North Perth Primary School can also enrol in the program using the same form and their own birth certificate.

Alternatively, you can open an account at any branch or online if you are an existing Commonwealth Bank customer or refer to the information pack.

Pre-primary and Kindy

Are now accepting
donations of old;

- Dress ups
- Tubing, pipes or conduit
- Spools (from electrical cable)
- Digging tools
- Untreated wood offcuts
- Kitchen items (ie: pots, pans, baking trays)
- Baskets (ie: woven, picnic, laundry)



HEALTH MESSAGE

NUTRITION WORKSHOP

Last week a Nutrition Workshop was conducted at the school by Amanda Ferguson from the WA School Canteen Association. Amanda outlined the Traffic Light System used for rating food and drinks sold in school canteens, provided parents with tips for selecting healthier package food options and made healthy snacks and lunch-box recipes for the participants to sample. Parents received a bag filled with nutrition information and healthy recipes. Congratulations to Sophie Farnan on winning the box of fresh fruit and vegetables.

Top 10 Snacks for Healthy Bodies and Healthy Minds

1. Fresh fruit
2. Chopped raw vegetable sticks
3. Milkshakes or fruit smoothies
4. Small tins of baked beans
5. Toasted sandwiches
6. Cheese and crackers
7. Cheese toasties
8. Frozen yoghurt
9. Whole grain cereals with reduced fat milk
- Fruit toast topped with sliced banana



Reference: Western Australian School Canteen Association Inc.

Apple Jaffles

Traffic Light Category: Green
Recipe by Robin Bromley

Makes 10

INGREDIENTS

- 1 x 440G can unsweetened pie apple or pears in natural juice, drained & mashed
- 1 loaf sliced raisin bread or wholemeal bread
- 20g polyunsaturated margarine
- Ground cinnamon (optional)

METHOD

1. Place apple or mashed pears in a bowl, add cinnamon, stir to combine
2. Lightly spread one side of the bread with a scraping of margarine and place the two buttered sides together
3. Place a large teaspoon of fruit filling on each sandwich and sprinkle with cinnamon if desired
4. Cover with the slice of bread from the bottom of the sandwich, leaving the two buttered sides outside
5. Cook in a heated jaffle/sandwich maker

Serve half a jaffle for a healthy recess option, or team with a milo or custard cup using reduced fat milk for a yummy winter warmer combo!



FLU PREVENTION

It's that time of year again when you can feel surrounded by others with the flu. Unfortunately, schools are not immune from this illness as we have a lot of children working and playing close together. The flu is spread through the air when someone coughs, sneezes or talks and by touching something that has the virus on it and then touching your nose, eyes or mouth.

Encouraging family members to adopt good personal hygiene habits like those listed below will help to protect their health:

- Cover your nose and mouth with a tissue when you cough or sneeze.
- Throw tissues in the bin after you use them.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with people who have a flu-like illness.
- If you have a flu-like illness, stay home from work or school and limit contact with other people to keep from infecting them.

Symptoms of flu most commonly include a fever combined with a cough and/or sore throat. Other symptoms may include:

- fatigue
- headache
- runny or congested nose
- muscle or joint aches and pains
- chills
- Nausea, vomiting and/or diarrhoea have also been reported, particularly in children.



Please keep unwell children at home.

If a child is unwell with a flu-like illness they should remain at home so they can rest, drink plenty of fluids, and take medication to reduce fever and muscle aches, if appropriate. This also ensures their condition is monitored closely and medical attention sought if their condition deteriorates e.g. trouble breathing, fever with a rash. By keeping a child at home parents are also helping to limit the spread of the infection to other children at the school.

I do hope that by parents and the staff working together we can minimise the spread of this virus and limit the number of children absent due to illness.

K/PP Room 16 Class News

OUR GARDEN BED

The K/PP garden bed has been a great success and a wonderful learning experience for our students. We are growing spinach, lettuce, carrots, basil, silverbeet and marigolds. Our students have enjoyed taking turns to tend to our garden and thoroughly delighted in watching it flourish.



Students harvested some of our garden bed produce and used it to make their own healthy sandwiches, which they enjoyed eating for lunch.

FUNDAMENTAL MOVEMENT SKILLS PROGRAM

Our Fundamental Movement Program is designed to promote the development of key skills to assist gross motor development. Students enjoy participating in our skills program each day.



Mother's Day

Our students got creative and worked hard to create their beautiful Mother's Day gifts and cards. Students made cards decorated with tissue paper flowers and necklaces decorated with a gorgeous drawing of their mum.



JOLLY PHONICS PROGRAM

Through our Jolly Phonics program our Kindergarten students are developing and our Pre-Primary students are consolidating their knowledge of the letter sounds. Through daily practise in whole class and small group situations our students participate in multi-sensory activities designed to assist them in learning the name, sound and formation of each letter.

