



COLLEGE OF AGRICULTURE
AND LIFE SCIENCES
COOPERATIVE EXTENSION



**CLOVER COMMUNICATOR
YAVAPAI COUNTY 4-H NEWS
DECEMBER 2014/JANUARY 2015**

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December 5	4-H Online Enrollment
December 10	Junior Livestock Judging Contest Arizona Nationals Entry Deadline
December 22 - January 2	Extension Office Closed
December 26 - 31	Arizona Nationals
January 1	Entry form due Colorado River Small Stock Show
January 16 - 19	National Youth Summit on Agri-Science
January 17 - 18	Colorado River Small Stock Show, Kingman
January 23	4-H Foundation Scholarship Deadline
March 15	ACIF Scholarship Deadline

You may view a color copy of this newsletter online at:
<http://extension.arizona.edu/4-H/yavapai>



December 2014



Mary Jo Moncheski
4-H Program Coordinator

Stacy DeVeau
4-H/STEM
Program Coordinator

Office Specialist



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

DON'T FORGET TO ENROLL IN 4Honline

It is enrollment season again! As you know, anyone can enroll in 4-H at any time during the year, however, we would like the majority of members enrolled in 4Honline **by December 5th** or as soon as possible. **The Extension Office will be closed December 22nd-January 2nd.** We need enrollments in order to pay the insurance and so members can attend meetings. Please be sure to update your 4Honline profile, sign the media release, consent forms, and code of conduct if you are a past member.



Returning Members: Please make sure to update your 4Honline profile, sign the Code of Conduct, Media Release, and Parent/Guardian Consent.

New Members must create a family profile and then a member profile. Please make sure to fill out all required fields.

Regular leaders are \$2 and Horse/Shooting Sports are \$3.

Also, if members are planning on showing and selling at EXPO, they must be enrolled by February 1st (enrolling sooner rather than later is encouraged).

Please pay your community club leader \$25 (plus their club fee, if applicable) as soon as you can so the community club leaders can pay the Extension. If you have any questions, please let me know.

Thank you,
MaryJo Moncheski

4-H HORSE HELMET POLICY

Dear Horse Leaders,
Arizona 4-H, in the interest of providing for the health and safety of its members, has decided to implement a mandatory helmet policy for the 4-H horse program. Over the past several weeks, we have been engaged in discussions with UA Risk Management, UA Athletics and a task group of 4-H agents to craft a policy that will go into effect January 1, 2015.

Just today, on my monthly 4-H agent call, we discussed and approved a mandatory helmet policy that applies anytime a 4-H member is on the back of a horse. We will use the next several months this fall to educate leaders and youth about the reasons for this policy change and why it makes sense. We plan to have a large display at the state 4-H horse show as well. Your 4-H agents and staff were sent a copy of the policy as approved if you would like to read a copy.



We may get some push back on this helmet policy from some in the 4-H horse community, but nearly everyone I talk to agrees that we have to do this for safety reasons. Arizona 4-H is serious about providing safe and healthy environments for our members. We don't want to wait for a tragic accident for us to move in this direction. Counties can begin requiring helmets before January, but it will be mandatory in all 4-H horse events and activities come the new year. During the interim, we have the opportunity to educate everyone about the necessity for wearing a helmet and

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HORSE HELMET POLICY....continued from Page 2

why it makes good sense. **This will not be effective until after the State 4-H Horse Show in November.**

Let's make safety a tradition in the 4-H program. Healthy heads...they're half of the program

Kirk A. Astroth, Assistant Dean & Director
Arizona 4-H Youth Development
The University of Arizona
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SCHOLARSHIPS AND CONTESTS

The following comes to you by way of Linda Vensel, Scholarship Chairman for ACIF. Questions can be directed to her at Vensel10@hotmail.com.

The Arizona Cattle Industry Research & Education Foundation (ACIF) has granted to date \$394,900 in scholarships to 146 students in their pursuit of higher education. They are now announcing their acceptance of 2015 applications.

One of the major purposes of the Foundation is to provide funds for education programs and scholarships for persons pursuing studies in topics and subjects directly and indirectly related to the cattle industry. Each year, the Foundation awards scholarships to deserving high school seniors and college undergraduates. The amount of scholarships awarded varies, depending on available funds and number of applicants.

Students with high scholastic achievements, financial need and ranching or farming experience will be given greater consideration.

Please post and photocopy our forms found in the links below and give to students whom you feel would meet these qualifications.

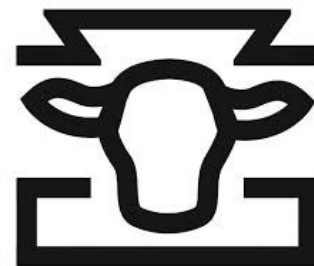
If you need additional information please contact me at 520-394-2023 or vensel10@hotmail.com .

If we do not have your email address or correct mailing address please send correction to the email address above.

APPLICATION DEADLINE: March 15th
Recipients chosen by: May 15th

Applications can be found online as follows:

Listed on the AZ Cattlegrower's webpage under ACIF: <http://azcattlemensassoc.org/arizonacattleindustryfoundation.aspx>



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SCHOLARSHIPS AND CONTESTS.....continued from Page 3

- Listed at the bottom of the Mattie Cowan Scholarship on AZ State Cowbelles webpage: <http://arizonacowbelles.org/scholarship.aspx> (**Recent High School Graduates Only**)

Thank you for your assistance.

Linda Vensel, Chairman

PO Box 55

Patagonia, AZ 85624

Vensel10@hotmail.com

520-394-2023

ARIZONA 4-H FOUNDATION SCHOLARSHIP PACKET

Dear Eligible Members,

The 2015 Arizona 4-H Foundation Scholarship packet application is now available online at http://cals.arizona.edu/4-h_foundation/scholarships.html.

Please see the message below regarding the Arizona 4-H Foundation Scholarship packets, as well as the attached application. These packets are due to the Extension no later than 4pm on **January 23, 2015**, as I need time to review for completion and signatures before they are sent to the Foundation. Please remember, this year, **you must follow the directions completely** or your application will be discarded - there is **NO** time to make changes or corrections once the application is received at the AZ 4-H Foundation Office.



Thank you,
MJ

LIVESTOCK JUDGING

The **Arizona National Livestock Show** hosts a Junior Judging Contest for youth in 4-H and FFA and a Collegiate Livestock Judging Contest. The Collegiate Livestock Judging Contest brings teams from across the country representing their University or Junior College which have a full time Agriculture Department to compete. Livestock Judging tests the livestock evaluation skills of these competitors.



The Arizona National Livestock Show is pleased to offer a unique educational opportunity in conjunction with our livestock judging contests. The Show will host Workout Sessions for individual or team member contestants entered in the ANLS Junior Livestock Judging Contest or Collegiate Livestock Judging Contest. The Workout Sessions provide the contestants a chance to practice judging classes of breeding and market cattle, swine, sheep and goats. There will be no official judges or placing for the classes assembled for the pre-contest Workout Sessions. The sessions will include two hours of classes for each species.

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LIVESTOCK JUDGING...continued from Page 4

The **Junior Livestock Judging Contest** which includes 4-H and FFA Teams will compete the same day as the Collegiate Contest. Their contest format includes eight classes of cattle, sheep and swine with each class containing four animals. The contestants are scored individually and on a team basis.

The Junior Livestock Judging Contest Awards are held the same day following the event in the Coliseum North Hall.

Entry Deadline: December 10

For more information, visit the Arizona Nationals Livestock Judging website at: <http://www.anls.org/p/Events/Livestock-Show/211>.



UPCOMING SHOWS

COLORADO RIVER 4-H SMALL STOCK SHOW

A Statewide 4-H Small Stock Show Sponsored by LaPaz, Mohave & Yavapai Counties

Saturday & Sunday, January 17 & 18, 2015

Registration, Sat. 8AM - 10:30AM

Mohave County Fairgrounds - Kingman, Arizona

This will be a carrying case show, open to all 4-H members Age 9 - 18, By January 1, 2015, Enrolled in Rabbit, Poultry, Pigeon and Cavy. All animals must be tattooed, Tagged or Banded.



Please see the attached information or visit the Mohave County website: <https://extension.arizona.edu/4h/mohave/entry-form-and-other-info>

For more information or questions, contact Jerry Olson, Mohave County Extension Agent, at golson@ag.arizona.edu or 928.753.3788

FUNDRAISING OPPORTUNITY

Slow Food Prescott and the local Chipotle Marketing team have paired up to provide fundraising opportunities for local organizations. They are both leading a very dedicated group of Slow Food volunteers, supporting the local Food Corps service member, and connecting with existing gardens in the area.

Check out these fundraising opportunities Chipotle and Slow Food offer for local organizations:

In-Store 50% Fundraisers

Chipotle offers the generous option of hosting a fundraiser night in a nearby store from which 50% of school-community sales accumulated during a certain date and time will be



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FUNDRAISING OPPORTUNITY...continued from Page 5

donated back to your school. Chipotle supplies a flyer for the event and individuals and families should indicate to the cashier they're there to benefit the school.

Burrito donations for volunteer workdays, teacher workshops etc.

If your school garden has a big planting or harvest day coming up, or a teacher-training day, Chipotle will donate burritos-by-the-box to your volunteers and teachers.

Catering your events

For example, your PTO has an important meeting coming up and it just happens to be during dinnertime. Chipotle offers an attractive catering spread and special menu for all your important events.

Burrito Bucks/Chipotle Currency

Offer Chipotle Currency (available for a free burrito, buy one get one free burrito, a free kid's meal, and dinner for four) in a goodie bag to incentivize volunteer participation.



Chipotle Grow Activity Books for Kids

Geared towards students grades 3-5, "This book is all about growing. How food grows. Where food grows. How food helps you grow." -Created by Chipotle for all the future farmers out there. These can be supplied to you for classroom activities.

Seed Kits and Local Support

Plant a Seed kits will be available as a gift bag item for events.

The local Chipotle Marketing Team is available to support and attend your events and meetings.

We are very excited about this partnership and all the buzz in Prescott - a very impressive chapter for sure!

Cheers,

Lauren Howe

Manager of the National School Garden Program

Slow Food USA

lauren@slowfoodusa.org | 877-slowfoo(d) ext. 129

COMMUNITY SERVICE IDEAS

Community Service Projects

An important activity for 4-H members is taking part in community service projects. These projects provide a great opportunity for 4-H members to develop positive relationships in the community as well as enhance personal growth and satisfaction.

Plan for Successful Projects

Steps to help make community service projects successful and fun:

1. Decide what is needed in the community/county.
2. Decide what types of activities members have interest in and abilities to do.
3. List all the activities that have been suggested.
4. Discuss the possibilities and rank them in order of importance and interest. Select the project.
5. Develop a plan of action.

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COMMUNITY SERVICE IDEAS ...continued from Page 6

6. Carry out the project as planned.
7. Record the members' efforts with photos, video, or written notes.
8. Monitor the activities and make adjustments as needed. Take time to discuss the successes and shortcomings of the project and ideas for improvement.
9. Write a summary of the experience after completion. Share it with the media and the county 4-H staff. Put together a scrapbook record of the activity.
10. Celebrate! Feel good about the contribution to the community and the positive learning gained by the 4-H members.

DO encourage members to get involved in all phases of the project including planning, conducting, and evaluating the project. DON'T do it all for them.

Source: Diem, K. G. Revised 2001. New Jersey 4-H leader Training Series- 10 Steps Toward Performing a Successful Community Service Project. Rutgers Cooperative Extension.

Nation-Wide Community Service Opportunities

This section provides resources of national community service projects that 4-H members can participate in.

UNITED WE SERVE (<http://Service.gov>)

Serve.gov is your online resource for not only finding volunteer opportunities in your community, but also creating your own. Use Serve.gov to help you do your part. America's foundation will be built one community at a time – and it starts with you. Serve.gov is managed by the Corporation for National and Community Service.



DoSomething.Org (<http://DoSomething.org>)

One of the largest orgs for young people and social change, over 3.1 million members tackle campaigns that impact every cause, from poverty to violence to the environment to literally everything else. Any cause, anytime, anywhere. Explore areas of passion, choose how much time you have to give, decide what to do with that time (Make Something, Start Something, Donate Something, etc.), and explore campaigns fitting your criteria. FREE to join!

LIONS CLUB INTERNATIONAL (<http://www.lionsclubs.org>)

The used eyeglasses collected in your community can help children and adults in developing countries enjoy a better quality of life.

Many will experience corrected vision for the first time. The following resources can help you start an eyeglass collection campaign in your community, or simply improve your club's collection efforts.



RONALD MCDONALD HOUSE (<http://rmhc.org>)

Toy and Food Donation Program: Ronald McDonald Houses host thousands of children a year, so the toys, books and games in the Houses are all well used. And after long days at hospitals, families welcome home-cooked meals as well.

Pop Tab Collection Program: Many Ronald McDonald Houses in the U.S. work with local recycling centers to raise money by collecting tabs from aluminum cans. You can start a collection at your workplace, school, community center or church.

RONALD MCDONALD
HOUSE CHARITIES

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NATION-WIDE COMMUNITY SERVICE OPPORTUNITIES...continued from Page 7

SHRINER'S HOSPITAL (<http://support.shrinershospitals.org>)

Many dedicated individuals, businesses and community groups host fundraisers to support the mission of Shriners Hospitals for Children. From car washes to golf tournaments, birthday parties to chance drawings, the options for events and fundraisers are endless.



Shriners Hospitals
for Children™

Get inspired by the successful events below or create your own! Your efforts will make a difference in the life of a child. Collectively, fundraising events like these will help Shriners Hospitals for Children continue to provide pediatric specialty care.

THE UNIVERSITY OF TEXAS

**MD Anderson
Cancer Center**

Making Cancer History®

M.D. ANDERSON CANCER CENTER (<http://www.mdanderson.org/>)

The Ovarian Cancer Awareness Quilt Project at M. D. Anderson was established to educate the public about the risk factors and symptoms of ovarian cancer through the artistry of quilting. Quilters from across the state created quilt blocks and entire quilts for the Ovarian Cancer Awareness Quilt Project's first online quilt auction in 2008.

ST. JUDE CHILDREN'S RESEARCH HOSPITAL (<http://www.stjude.org/volunteers>)

Sign up to be a Special Events coordinator and hold your own event. Next, recruit participants, distribute fundraising materials provided by St. Jude, and ask them to contact their family and friends to gather donations for taking part in the event.

Events may consist of:

- Martial Arts • Workout Events • Garage Sales
- Dinners • Bowl-a-thons • Car Washes



World Vision

WORLD VISION (<http://donate.worldvision.org>)

Many options!! Here's one: Give two soccer balls. Your gift of a soccer ball can replace a makeshift banana leaf ball or rounded wad of trash for an energetic boy or girl. And with a generous match from Baden™ Sports, your gift gives two new soccer balls instead of just one!

MARCH OF DIMES (<http://www.marchofdimesyouth.com>)

Why March for Babies? It's America's favorite walking event! When you walk, you give hope to the families of babies born too soon or sick. The money you raise supports programs in your community that help moms have healthy, full-term pregnancies. And it funds research to find answers to the serious problems that threaten our babies



LOCAL VOLUNTEER OPPORTUNITIES



Stitches from the Heart needs volunteers to knit, crochet or quilt blankets, sweaters and hats for babies in need. These items are donated to hospitals all over the country. Patterns are available. Donated yarn is appreciated. For information, call 1-877-985-9212, e-mail StitchFromHeart@aol.com or visit www.StitchesFromTheHeart.org.

The Circle L Ranch located in Prescott Valley needs volunteers to help with their dog and horse rescue mission. Volunteers are especially needed on weekends to help brush dogs, train dogs, do dog laundry, dog walking, adoption events, water the horses, help feed and clean paddocks, and general cleaning. Experienced animal handlers would be valuable as would foster care families for puppies. For information, call the ranch at 772-6746, cell 273-7005 or e-mail circlelranddogs@gmail.com.



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LOCAL VOLUNTEER OPPORTUNITIES...continued from Page 8

Heritage Park Zoological Sanctuary

Zooteens is a volunteer program for 13 through 17 year-olds interested in wildlife, people, and helping HPZS. This program requires a commitment of 20 hours each semester as well as participating in one major project for the Sanctuary.



Zooteens are responsible for hosting the Earth Day Celebration, helping with major events at the Sanctuary, info booths during events on the Courthouse Square and helping to education the visiting public about the animals that live at the Sanctuary.

The ZooTeen Program starts each semester with an orientation. Teens receive training about the animals at the Sanctuary, how to lead tours, information about biofacts and how to lead info stations. Along with learning about wildlife and conservation, the ZooTeen program builds confidence and teaches teens useful skills for the future.

ZooTeen Semesters:

- Spring Semester: January to May
 - Fall Semester: September to December
- Summer Semester: June to August (For teens already in the program)

For more information on the ZooTeen program, please contact the Education Coordinator, Leah Wacks, at (928)778-4242 ext 18 or lwacks@heritageparkzoo.org or download the ZooTeen Application [ZooTeen Application](#).



Horses With H.E.A.R.T. (Hands-on Equine Assisted Riding Therapy) provides therapeutic riding for people of all ages with physical, mental and emotional disabilities. We are always looking for volunteers to help with riding lessons, horse care and committee work. For more information, call 533-9178.

ListServ Reminder: Do Not Delete

The ListServ is used by the Extension office to send out important information to 4-H members and leaders. Please, do not delete anything before reading it if the mail is from the ListServ. We have had many complaints about community members not receiving any information about events, only to find out they never read the ListSers because they do not recognize who it is from. Any ListServ emails are sent by the 4-H programming staff. Please read, then delete! We greatly appreciate it!

Newsletter Printed Copy Subscription

All newsletters are emailed and also posted on the Yavapai County 4-H website under the newsletter tab. If you would like to receive a copy of the newsletter mailed to you, the cost is \$21 per year for an annual subscription of 12 issues (which is cost recovery only). Late subscriptions will not be prorated. The subscription year runs from October 1 through September 30.

Make checks payable to University of Arizona and mail to:

University of Arizona Yavapai County Cooperative Extension
2830 N. Commonwealth Drive #103
Camp Verde, AZ. 86322

Name _____
Address _____
City, State, Zip Code _____



4-H VOLUNTEER INFORMATION SERIES

Nebraska 4-H Youth Development

Ideas for Community Service Projects

There are many community service projects waiting to be done. The key to a successful project is matching the project to the ages and skills of the youth and the resources available to use in completing the project. This list provides some ideas for possible community service projects.

Adventure Programming

- Coordinate a community drive to collect used bicycles. Donate bikes to community agency that will give bikes to kids.
- Spiff-up and fix-up a community playground.
- Sponsor a community walk, run, or biking activity to encourage fitness.
- Check out walking, biking, and snowmobile trails and update signs and pick up trash.
- Work with a local senior center to coordinate activities such as games or dances.
- Adopt a grandparent.

Animal Projects

- Organize a visiting pet program for nursing homes, elementary schools, senior centers etc.
- Volunteer at the local humane society.
- Donate dog/cat food to a local animal shelter.

Clothing and Textiles

- Sponsor a coat drive and donate to a shelter.
- Make a quilt or blanket for a homeless shelter.
- Sponsor a mitten and scarf tree with items to be donated to a pre-school.

Communications

- Create television and radio ads.

Aufdenkamp, B. Community service ideas. *Welcome to 4-H!!*, Basics for New 4-H Leaders. UNL Extension 4-H.

Food, Nutrition and Fitness

- Volunteer at a homeless shelter or community food pantry.
- Sponsor a food drive for food pantry.
- Prepare holiday food baskets for shut-ins.
- Provide snacks for blood mobile.
- Sponsor a community holiday coffee.

Plants, Soils and Gardening

- Work with a community agency to set up a community garden. Donate produce to people who don't have a garden.
- Help residents of a nursing home set up container gardens of vegetables or plants.
- Catalog plants or trees in park or wildlife area.
- Plant trees/flowers in park or other community area.

Science and Technology

- Organize a recycling program.
- Plan a park clean-up day or community clean-up.
- Present a disaster preparedness program for schools and day cares in what to do in case of tornado or flood.

Shooting Sports

- Present a program or display on firearm and bow safety.
- Volunteer to help with local hunter safety program.

Source: Diem, K. G. Revised 2001. *New Jersey 4-H Leader Training Series- 10 Steps Toward Performing a Successful Community Service Project*. Rutgers Cooperative Extension.



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the United States Department of Agriculture.

The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.



Nature Rubbings

Living things all have texture. By making nature rubbings you can see things you may not have otherwise noticed.

When you make a rubbing of a leaf, the veins, stem and shape stand out. You can also compare the texture of items by making rubbings of them.



Let's observe nature!

Materials: Newspaper
Crayons (With Paper Peeled Off)
Fresh Leaves, Wild Flowers, Weeds, Grasses, Twigs or Reeds
White Paper

Procedure:

1. Go on a nature walk and collect some leaves, wild flowers, weeds, grasses, twigs or reeds.
2. Spread newspaper onto the work area.
3. Place your findings onto the newspaper.
4. Place the paper on top of the leaves or wildflowers you would like to make rubbings of.
5. Hold the crayon sideways and rub over the objects.
6. Watch the leaves and wildflowers appear as you rub the crayon over them.
7. Try making different patterns by arranging the materials in rows or circles.
8. Now, let's go outside with our paper and crayon and make rubbings from surfaces such as brick walls, tree trunks or anything else with texture!



The University of Arizona
Cooperative Extension, Yavapai County
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Return Service Requested



**We would love to hear from you! Email your club's activities
to lgerber@cals.arizona.edu or submit by mail to:**

Lisa Gerber, Cooperative Extension, Yavapai County
2830 N. Commonwealth Dr. Suite 103, Camp Verde, AZ. 86322