

# REGISTRATION FORM

## Attendee information

Name \_\_\_\_\_  
Member No. (if applicable) \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, ZIP \_\_\_\_\_  
E-mail \_\_\_\_\_  
Facility or High School \_\_\_\_\_  
Phone (cell) \_\_\_\_\_ (w) \_\_\_\_\_

## Convention selection

Please indicate the appropriate items.

- |   |       |
|---|-------|
| <input type="checkbox"/> Director of tennis or head pro               | \$130 |
| <input type="checkbox"/> Assistant pro or h.s./college coach          | \$110 |
| <input type="checkbox"/> USPTA Recreational Coach                     | \$110 |
| <input type="checkbox"/> First-year USPTA Professional-level member   | FREE  |
| <input type="checkbox"/> General manager accompanying pro             | FREE  |
| <input type="checkbox"/> Spouse _____                                 | \$50  |
| <input type="checkbox"/> Late registration (postmarked after Feb. 12) | \$25  |

Total amount enclosed \_\_\_\_\_ \$

I will enter:

- ☐ Drill contest (Free, open to the first 10 entrants. Bring 20 copies of your drill to distribute.)
- ☐ Doubles tournament - Sign up individually, partners will be assigned at your level (Free and all attendees welcomed.)

## Method of payment

- |                                     |   |                               |
|-------------------------------------|---|-------------------------------|
| <input type="checkbox"/> Cash       | <input type="checkbox"/> Check            | <input type="checkbox"/> Visa |
| <input type="checkbox"/> MasterCard | <input type="checkbox"/> American Express |                               |

Name on card \_\_\_\_\_  
Card No. \_\_\_\_\_  
Expiration date \_\_\_\_\_  
Signature \_\_\_\_\_

Make checks payable to **USPTA Missouri Valley Division.**

**Return form and payment to:**  
USPTA Missouri Valley Division  
c/o Gary Trost  
7000 N.W. Grand Blvd.  
Oklahoma City, OK 73116

Missouri Valley Division  
3535 Briarpark Drive  
Suite One  
Houston, TX 77042

united states professional tennis association



## USPTA/USTA Missouri Valley

### 2010 CONVENTION & USTA HIGH SCHOOL COACHES WORKSHOP FEB. 18-21



MISSOURI VALLEY

Homestead Country Club  
Prairie Village, Kansas

# Agenda

## Thursday, February 18

(Reminder: All Seminars Begin Friday)

8:30 a.m. Testing and PTCA 1, Kendell Hale  
(register for testing before convention with USPTA Headquarters)

Noon - 1:30 p.m. Lessons for Life clinic

3 - 7 p.m. USPTA Missouri Valley Board Meeting

7 p.m. Board Dinner

## Friday, February 19

7 a.m. Registration on court

8 - 9:15 a.m. **Fitness for Tennis**, Bret Waltz

9 a.m. - 4 p.m. Buying Show

9:30 - 10:45 a.m. **Thrillers! Drills & Games for Large Numbers**, Kendell Hale, Daryl Greenstreet and Bunny Bruning

10:50 a.m. - Noon **Structuring Team Practice and Doubles Play**, Dave Mullins

Noon - 1:30 p.m. Lunch provided in club house

1:30 - 3 p.m. **Coaching Competitiveness in Tennis Players**, Dave Mullins and Dr. Bill Moore

3:15 - 4:30 p.m. **Nutrition: What Coaches, Parents and Kids Need to Know**, Bunny Bruning

4:45 - 6:30 p.m. Round Tables and Dinner

6:30 - 7:30 p.m. Racquet Demos, Drill Contest and TIA Feeding Shootout

7:30 - 9 p.m. Fun Fest

## Saturday, February 20

7:15 a.m. Registration

8 - 8:25 a.m. Cardio Tennis with Angie Koumaris

8:30 - 9:45 a.m. **QST Games/Competitions**, Anthony Perkins

10 - 11:30 a.m. **MACH® Mental Training: A System for Coaches and Players**, Anne Smith, Ph.D.

11:45 a.m. - 1:15 p.m. Awards Luncheon

1:30 - 2:55 p.m. **Mental Toughness on Court**, Allen Fox, Ph.D.

3:10 - 4:10 p.m. **Energize for Life**, Ron Woods, Ph.D.

4:15 - 5:25 p.m. **3D Motion Analysis of the World's Best Players**, Jim Shaughnessy

6 - 7:30 p.m. Tencap Doubles tournament (for all levels) and party

7:30 p.m. Dinner Sponsored by Tencap

## Sunday, February 21

8 a.m. - noon **Specialty Course, Motor Learning/Sports Psychology**, Ron Woods, Ph.D.

# Information

## Lessons For Life™ day in Kansas City

On Thursday, Feb. 18, 2010, Kansas City will hold a Lessons For Life™ day at various sites.

## Exhibit and buying show

As one of the largest tennis vendor exhibits ever held in the Kansas City area, many vendors from various segments of the industry will showcase their products here. Hit with the latest racquets, see the newest technology and talk to company representatives.

## Convention site

Homestead Country Club is the host site of the 2010 USPTA Missouri Valley Division convention and high school and college coaches workshop.

Homestead Country Club  
6510 Mission Road  
Prairie Village, KS 66208  
Phone 913-262-0445

## Convention hotel

The Drury Inn (Shawnee Mission) is the official hotel of this year's USPTA Missouri Valley convention and coaches workshop. A room rate of \$59.99 per night plus tax is available until Jan. 31 when you make reservations under USPTA convention.

The Drury Inn (Merriam/Shawnee Mission)  
9009 W. Shawnee Mission Parkway  
Merriam, KS 66202  
Phone 913-236-9200

## Directions

To Homestead Country Club (from Drury Inn) – Travel east on Shawnee Mission Parkway to Mission Road. Turn right on Mission Road. After the 63<sup>rd</sup> Street stoplight, start looking on the right side for the entrance to the club.

## For more information

Contact Gary Trost at tennis1@coxinet.net, or Angie Koumaris at abt wonder@yahoo.com. Contact number for both is 405-848-2994.

# Details

## Featured speakers

This year's headliners include, Anne Smith, Ph.D., Brett Waltz, Allen Fox, Ph.D., Jim Shaughnessy, Anthony Perkins, Dave Mullins, Dr. Bill Moore, Daryl Greenstreet, Ron Woods, Ph.D. and USPTA National Board Member and Missouri Valley pro Bunny Bruning. Don't miss these experts and other nationally and locally renowned speakers!

## Upgrades

During the CRC, there will be an opportunity for any current pro in good standing to upgrade. If you are interested, you must preregister by calling the World Headquarters at 800-USPTA-4U and speaking with Vicky Tristan, certification and membership coordinator.

## HEAD/Penn party and team Fun Fest

Join us on Friday evening as we kick off the weekend by welcoming our guests, HEAD/Penn. Everyone is invited to participate in the lively on-court games and enjoy tasty food. Prizes and surprises are guaranteed!

## MVPTA party and doubles tournament

On Saturday evening, enjoy a relaxing evening of food, drinks and fun. Prizes and awards will be given for various achievements throughout the weekend.

## Specialty course

Once again the USPTA Missouri Valley Board has provided pros with a specialty course during the division convention. Sunday Ron Woods, Ph.D. will give his presentation on Motor Learning/Sports Psychology. Be sure to take advantage of this opportunity to build upon your tennis knowledge and earn more continuing education credits.

