

CARES PARENT NETWORK VOLUNTEER SIGN-UP

All parents and guardians are members of CARES, **Glenbard West's version of the PTA.**

Parent/Guardian name _____
(Please print first and last name)

Address _____
Street City Zip code

Phone _____ e-mail _____
(Please print legibly)

Send me e-mail updates about upcoming CARES events/GPS programs: Yes No

You may donate online by going to [My Payment Network](#).

◆ I would like to help fund CARES activities with a contribution in the amount shown below.
\$25 _____ \$50 _____ \$100 _____ Please make checks payable to Glenbard West/CARES. Any amount is greatly appreciated.

◆ I would like to help out by volunteering for the activities listed below:

_____ **Post Prom Party (April 27, 2013):** Help provide a safe, drug-free celebration for our teens.
Freshman and sophomore parents are also encouraged to volunteer!

- _____ Fundraising of Prizes
- _____ Ticket Sales
- _____ Diner & Coffee House
- _____ Decorations
- _____ Bake Desserts
- _____ Chaperone (and have a blast with other parent volunteers!!)
- _____ Treasurer
- _____ Publicity
- _____ Games
- _____ Flower sales

_____ **Live Life Well Week Breakfast (Feb. 22, 2013):** Organize and serve a healthy breakfast to the student body.
_____ Solicit donations and food items between Dec. and Feb.
_____ Set up/Serve/Bake

_____ **Blood Drives:** Assist students during blood drives: Sept. 6th, Feb. 21st.

_____ **Father-Daughter Dance (Feb. 23, 2013):** Calling all parents to help organize this fun and memorable event!

_____ **CARES Newsletter Folding:** Prepare the CARES newsletter and meet with other parents and members of the Administration.
Volunteers meet mornings, 8 times per year, come as often as you can.

_____ **Faculty Appreciation Event (Oct. 24, 2012):** Prepare and serve a light dinner to GBW staff during Parent/Teacher conferences.

_____ **VIP Directory:** Help create and sell the student directory at school events (July-Aug.).

_____ **ACTS Committee (Advocating Character through Service):** Help out with our all-school volunteer events:
Glenbard Gratitude Day-Nov. 14th, Valentines for Vets-Jan. 30th.

_____ **Secretary:** Publicity, maintain the CARES database and organize volunteer lists.

_____ **GPS Volunteer:** Help set up hospitality, greet parents, sell Speaker's books at 6:30pm prior to GPS presentations.

_____ **Mentor:** I would be interested in mentoring or having a student shadow me at my work place.

_____ **CARES Parent Board:** Meets 2 times per year.

Please return this form by August 1, 2013 to **CARES, Glenbard West High School, 670 Crescent Blvd., Glen Ellyn, IL 60137**. For more info, check out the CARES page at www.glenbardwesths.org or contact Christa Mannion at christa7@comcast.net, 630-790-1359 or Gilda Ross at gilda_ross@glenbard.org, 630-942-7573.

You can also submit the form by saving it on your desktop and e-mailing it to GBW.CARES@yahoo.com.

2012-2013 Community Action Resource Education (CARES) Safe House Network

CARES is made up of parent volunteers who are serious about supporting students and their families. Think of the **CARES PARENT Connection as the high school version of the PTA**. With the help of CARES, you can face the challenges of parenting with the information you need and the support of other Glenbard West families. We invite all parents to be a part of CARES, please join us!

The CARES Parent Connection invites you to sign the **Safe House Pledge**. Families that sign the pledge are identified in the VIP Directory. The goals of the pledge are:

- To ensure that our children's social activities are properly chaperoned and are alcohol and drug free.
- To provide a communication network for parents that enables them to feel comfortable calling one another with questions regarding any social activity.

Carefully read the **Safe House Pledge** below. If you agree, please make a check mark in the space provided.

CARES Safe House Pledge

1. I will encourage wholesome activities for our children, by **actively chaperoning** and **prohibiting** the use of alcohol, tobacco or any other drug by minors in our home.
2. My student **does not** have my permission to attend social activities in homes or other locations where no adult is present.
3. I agree to **communicate** with the appropriate adults to ensure that events outside of our homes are actively chaperoned and do not include the use of alcohol, tobacco or other drugs by minors.
4. I **encourage calls** from other parents before social activities to verify my commitment to this pledge.
5. Because I understand that my home could be a **potential party site** in my absence, I will inform friends and neighbors of the **Safe House Network** goals and request their cooperation during my absences.
6. I will allow Glenbard West High School to note that I have signed the pledge in the **VIP Student Directory** so that other parents know of my commitment to these principles.

I have **discussed** this pledge with my student.

_____ I have read the CARES Safe House Pledge and I wish to participate in the pledge program.

Please identify my name in the VIP Directory, the Glenbard West student phone directory.

Please return this sheet to: Glenbard West High School-CARES, 670 Crescent Blvd.,

Glen Ellyn, IL 60137.

You may commit to the pledge and submit this form by saving it on your desktop and e-mailing it to GBW.CARES@yahoo.com.

Mark your calendar for these parent programs in the fall. See the [website](#) for the full schedule.

Wednesday, August 22, 2012

Lee Hirsch – Author/Producer/Director of the documentary *BULLY – 1st Day of School*
Glenbard East High School Auditorium 7:00pm

Thursday, September 6, 2012

Michelle Garcia Winner – “Nurturing Social Skills and Social Thinking in a Media Generation”
Glenbard North High School Auditorium 7:00pm

Tuesday, October 9, 2012

Dr. Alfie Kohn – “Moving From Rewards and Punishment to Love and Reason”
Glenbard South High School Little Theater 7:00pm

Thursday, November 1, 2012

Dr. Madeline Levine – “Aligning Values and Actions for Teens’ Well Being” – Teach Your Children Well
Glenbard West High School Auditorium 7:00pm

Tuesday, December 4, 2012

Dr. Michael Bradley – “Working With The New Millennium Teen”
Glenbard North High School Auditorium 7:00pm

