



San Jacinto College Mission, Vision, Athletic Purpose, and Athletic Code of Conduct



Mission

Our mission is to ensure student success, create seamless transitions, and enrich the quality of life in the communities we serve.

Vision

San Jacinto College will be the leader in educational excellence and in the achievement of equity among diverse populations. We will empower students to achieve their goals, redefine their expectations, and encourage their exploration of new opportunities. Our passions are people, learning, innovation, and continuous improvement.

Athletic Purpose

The purpose of the San Jacinto College Athletic department is to provide an environment that enables students and the college communities the opportunity to develop their full potential both physically and academically. Through athletic competition, the athletic department prepares students for lifelong success and personal enrichment in areas of discipline, teamwork, sportsmanship, cooperation, dedication, and respect.

Athletic Code of Conduct

The San Jacinto College Athletic Code of Conduct represents a philosophy that it is every student's personal responsibility to portray a professional and mature level of behavior while on campus and within the college community. The College and the athletic department seek to uphold and maintain high standards regarding student behaviors by imposing disciplinary actions in a consistent and equitable manner.



Office of the Chancellor

Dear Student-Athlete,

Welcome to San Jacinto College! We're glad you're here, and we're committed to your academic and athletic success. By choosing to attend San Jacinto College, you're joining a community that values excellence in teaching and learning. We are dedicated to helping you achieve your goals, in the classroom and in your chosen sport.

San Jacinto College has a rich tradition of athletic success, which complements our excellence in academics. San Jacinto College student athletes have gone on to become professional athletes, business owners, engineers, educators, health professionals, executives, public servants, and community leaders. As a student-athlete, you have many opportunities to succeed at San Jacinto College. You are encouraged to take an active role in your success and utilize the resources available to you. Our goal is to provide each and every one of you the opportunity to graduate and win a championship. Our staff is committed to helping you reach your goals.

As a proud representative of the San Jacinto College athletics department, we have high expectations of you, both on and off the competition field or court. You are expected to conduct yourself in a manner that positively reflects the College, Region XIV, and the National Junior College Athletic Association. This handbook outlines many of the department's expectations of you, and the obligations and opportunities you'll face in your role as a San Jacinto College student-athlete.

Remember, we are here to help in any and every way we can. If you are having difficulty in any area, please reach out for assistance.

Good luck in the upcoming academic and athletic seasons. We look forward to following you and celebrating your successes throughout the year.

Sincerely,

Dr. Brenda Lang Hellyer, Chancellor
San Jacinto College

4624 Fairmont Parkway
Pasadena, TX 77504



281-998-6100
www.sanjac.edu
An equal opportunity institution

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About San Jacinto College

Surrounded by the monuments of history, the industries and maritime enterprises of today, and the space age of tomorrow, San Jacinto College has been serving the citizens of East Harris County, Texas, since 1961. The Achieving the Dream Leader College is committed to the goals and aspirations of a diverse population of 30,000 credit students in more than 200 degree and certificate options, including university transfer and career preparation. Students also benefit from the College's job training programs, renowned for meeting the needs of growing industries in the region. The College's service area includes the Channelview, Deer Park, Galena Park, La Porte, Pasadena and Sheldon Independent School Districts, as well as portions of the Humble, Pearland, and Clear Creek school districts.

San Jacinto College's roots date back to May of 1960 when voters in the district approved the creation of East Harris County Union Junior College and a seven-member Board of Regents was established. The name was changed a few times over its history to its current San Jacinto Community College District, although it has always been informally referred to as San Jacinto College. In September of 1961, 876 students attended the College at its location in Pasadena. Since then, the College has grown to include three campuses and 12 extension centers; a continuing and professional development division for continuing education and workforce training; distance learning; a dual credit program with local high schools, early college high schools in cooperation with Clear Creek ISD, Pasadena ISD, and Sheldon ISD; and an enrollment of more than 30,000 credit students each semester.

San Jacinto College is committed to the citizens of East Harris County. At the core of our values is student success... the reason for our being. Our comprehensive community college mission is to empower students who come with a wide variety of goals to find the assistance they need at *their* college, San Jacinto College.

We have made a strong commitment to academic excellence, and our award-winning faculty members are passionate about teaching. Our students choose from more than 200 degree and certificate programs in many different fields including academic transfer programs to four-year institutions and a wide variety of workforce training programs.

The College has placed an emphasis on upgrading facilities and technology to support student learning. Over the last decade, San Jacinto College has



added new buildings to support teaching and learning in the sciences, fine arts, and technology fields.

In September 2008, San Jacinto College faced unprecedented challenges in the wake of Hurricane Ike. The College sustained significant damage, and as a result, was closed for two and a half weeks following the storm. The instructional leaders and faculty diligently worked on a plan to complete all course learning outcomes through in-class instruction, out-of-class assignments, and incorporating technology into learning to allow students to successfully complete the semester without extending the term. The College plan was highly applauded by the Southern Association of Colleges and Schools (SACS) accreditation site visit team in November of 2008, when it granted the College reaccreditation.



In 2011, San Jacinto College was recognized as a leader in the national student completion movement when it was named an Achieving the Dream Leader College. Throughout the course of its participation in Achieving the Dream, San Jacinto College increased Fall-to-Spring persistence through a combination of interventions including the First Year Experience Calling Program, Mandatory New Student Orientation, a student success course, free tutoring, and the Men of Honor program.

San Jacinto College continues to lead in the Gulf Coast through grant-funded partnerships and collaboration with other colleges and organizations. The funds support student success through academic programs and initiatives promoting college retention and completion, regional workforce training, scholarships and tuition of various student

programs, and creates pathways to higher education and to the workforce for middle and high school students.

Students and employees come to San Jacinto College with various goals and aspirations, and we remain committed to their success.

San Jacinto College

Your Goals. Your College.



About San Jacinto College Athletics



With 12 national championships in its more than 50-year athletic history, San Jacinto College has a long and rich tradition of athletic success, both on the court and field, and in the classroom. This excellence has brought with it national and international exposure to the College and local community. Like many community and four-year college athletic programs, San Jacinto College has a history of producing professional and Olympic athletes.

Divided among the three campuses, San Jacinto College, or San Jac as it has come to be known when referencing its athletics programs, has a variety of athletic opportunities for both male and female student-athletes. San Jac competes in six National Junior College Athletic Association (NJCAA) Division I teams: men's basketball, soccer and baseball; and women's basketball, softball, and volleyball.

San Jac has won national titles in men's basketball, volleyball, baseball, and, track and field, as well as individual titles in tennis. Along the way, San Jacinto College has produced numerous All-Americans and Academic All-Americans, solidifying the success of San Jac student-athletes on the court and field and in the classroom.



Athletics Staff Directory

Dr. Allatia Harris

Vice Chancellor, Strategic Initiatives, Workforce Development, Community Relations, and Diversity

281-459-7140

allatia.harris@sjcd.edu

Sharon Nelson

Director of Athletics- Central Campus (Men's Basketball and Women's Volleyball)

281-478-3656

sharon.nelson@sjcd.edu

Tom Arrington

Director of Athletics- North Campus (Baseball and Women's Basketball)

281-459-7107

tom.arrington@sjcd.edu

Kelly Saenz

Director of Athletics- South Campus (Softball and Men's Soccer)

281-922-3413

kelly.saenz@sjcd.edu

Coaching Staff

Sport	Coach	Phone	Email
Baseball	Tom Arrington	281-459-7613	tom.arrington@sjcd.edu
Men's Basketball	Scott R. Gernander	281-998-6150	scott.gernander@sjcd.edu
Women's Basketball	Brenita Williams	281-459-7675	brenita.williams@sjcd.edu
Men's Soccer	Ian Spooner	281-922-3475	ian.spooner@sjcd.edu
Softball	Kelly Saenz	281-922-3413	kelly.saenz@sjcd.edu
Volleyball	Sharon Nelson	281-459-3656	sharon.nelson@sjcd.edu

Athletic Trainers

Trainer	Campus	Phone
Troy Rabon	Central Campus	281-476-1407
Jessica Davenport	North Campus	281-998-6150 Ext. 7213
Carie Mueller	South Campus	281-929-4648

Athletic Academic Coordinators

Trainer	Campus	Phone
Jeff Pearce	Central Campus	281-998-6150 Ext. 1413
Jerry Wallace	North Campus	281-998-6150 Ext. 2306
Kelsey McClain	South Campus	281-998-6150 Ext. 3524

Getting Started Checklist

- Contact Coach - Contact the coach of the sport you would like to participate in.
- Apply on line: www.sanjac.edu
- Obtain meningitis vaccination: www.sanjac.edu/meningitis
- Complete placement test: www.sanjac.edu/testing
- Meet with an Educational Planner/Counselor: www.sanjac.edu/counseling
- Attend Orientation: www.sanjac.edu/orientation
- Register for Classes: www.sanjac.edu/soslogin
- Pay any remaining balances: www.sanjac.edu/payments

For more information about the first steps of getting started, visit www.sanjac.edu/first-steps.

NJCAA Rules

NJCAA General Eligibility Information

1. Compliance with all NJCAA rules of eligibility is the express responsibility of all member colleges.
2. All NJCAA Rules of Eligibility are in effect as of August 1 of each school year.
3. A member college must be in good standing with the NJCAA and its Region/Conference to enter a team or individual in an activity sponsored by the NJCAA.
4. Students participating on an intercollegiate level in anyone of the certified sports of the NJCAA shall conform to the requirements of the NJCAA Rules of Eligibility, the rules and regulations of the conference with which the college is affiliated, and the rules of the college at which the students are attending and participating.
5. Ineligible students shall not be allowed to dress for any contest.
6. Students who falsify their academic and/or athletic participation record shall be ineligible for further competition in an NJCAA member college at any time. This includes Macomb College Progress Reports.
7. Colleges having an intercollegiate athletic program above the Junior/Community College level shall not be allowed to participate in any of the certified sports of the NJCAA.
8. The word "term" is used within the Eligibility Rules and refers to quarter, semester, or trimester, whichever applies to the official unit of class. The term, i.e. unit credits, quarter term with semester credits, etc. will be evaluated and an interpretation entered in the Casebook.
9. A student athlete's GPA will be determined by dividing the accumulated quality points by the corresponding credit hours at each institution of attendance. NOTE: Passing and satisfactory grades may be contributed as "C" grades.
10. Student athletes who earn an A, B, C, D or equivalent grade in which the state/institution deems as a passing grade in a college level course, cannot repeat that course and have it count towards NJCAA eligibility more than once.

NJCAA Requirements for Athletic Eligibility

The following rules shall be used to determine a student's eligibility for athletic competition in anyone of the certified sports of the NJCAA. THIS ENTIRE SECTION MUST BE READ BEFORE A STUDENT'S ELIGIBILITY STATUS CAN BE DETERMINED.

1. Student-athletes must be making satisfactory progress within an approved college program or course as listed in the college catalog.
2. Student-athletes must be enrolled in full-time status using any combination of sessions within a term, and in classes that begin before the end of the regular sport season in which the student-athletes choose to participate, within 15 calendar days from the beginning of the term.
 - a. Student-athletes that do not conform to this rule will be ineligible for the remainder of the term.
3. Student-athletes must maintain enrollment in 12 or more credit hours of college work as listed in the college catalog during each term of athletic participation. Students that drop below the 12 hours become ineligible 48 hours from the time of the drop date and remain ineligible until full-time status is regained within that term.
 - a. CLEP hours may not be used to meet enrollment requirements or previous term requirement. CLEP hours may only be used to meet accumulation.
4. Student-athletes enrolled should be verified 24 hours prior to National Championship competition; if a student-athlete has maintained and currently is enrolled full-time 24 hours prior to National Championship competition he/she will remain eligible throughout the National Competition.

Semester Eligibility

1. On or before the 15th calendar day from the beginning date of the term for the second full-time semester, as published in the college catalog, a student-athlete must have passed 12 semester hours with a 1.75 GPA or higher.
2. On or before the 15th calendar day from the beginning date of the term for the third full-time semester, and all subsequent semesters thereafter, as published in the college catalog, a student-athlete must satisfy one of the following four requirements to be eligible for the upcoming term:

- a. Pass a minimum of 12 semester hours with a 2.00 GPA or higher during the previous semester of full-time enrollment,

OR

- b. Pass an accumulation of semester hours equal to 12 multiplied by the number of semesters in which the student-athlete was previously enrolled full-time with a GPA of 2.00 or higher,

OR

- c. A first season participant must have passed a minimum accumulation of 24 credit hours with a 2.00 GPA or higher for the initial term of participation, regardless of previous term or other accumulation requirements (NOTE: This only establishes eligibility for the initial term, not subsequent terms.),

OR

- d. A first or second season participant must have passed a minimum accumulation of 36 credit hours for a fall sport, 48 credit hours for a spring sport, with a 2.00 GPA or higher, regardless of previous term or other accumulation requirement.

3. Prior to a second season of participation in an NJCAA certified sport, student-athletes must pass a minimum accumulation of 24 semester hours with a 2.00 GPA or higher. (This is in addition to satisfying 4.0 or 4.E.)

4. Student-athletes must be enrolled full-time (12 or more credits) at the college where they have chosen to participate when the regular season schedule of a sport begins. Student-athletes not enrolled during the term when the season begins remain ineligible throughout the season schedule unless they enroll on the first possible enrollment date following:

- a. Their release from Active Armed Services of the United States with a discharge other than dishonorable.
- b. Their return from a religious mission.
- c. Their graduation from a high school or receipt of an equivalency diploma.
- d. Their transfer from an NJCAA member college which has dropped a sport after the school year begins. Student-athletes that satisfy one of the four exceptions become eligible after the previous term has ended upon registration as a full-time student-athlete for the new term. (Student-athletes must be added to the eligibility form before participating.)

- e. A student-athlete attending a multi-campus college may, if at the campus of his/her enrollment a sport is not offered, participate in that sport at any campus within the system that offers said sport. Requirements for multi-campus designation:

- i. The various campuses involved have a common title.
- ii. The various campuses involved have a common CEO.
- iii. The various campuses involved are not individually accredited.
- iv. The various campuses do not duplicate any sports.
- v. The various campuses involved must designate one individual per system as the contact.
- vi. Multi-campus designation must be approved by the NJCAA.

5. In the following sports, student-athletes are not required to be enrolled during the fall term to be eligible to participate in the sport during the spring season unless the records are carried over into the spring season: Baseball, Bowling, Golf, Lacrosse, Softball, and Tennis. If the fall records are carried over into the spring season, all student-athletes must be enrolled full-time (12 or more credits hours) during the fall term when the schedule begins.

Region XIV Rules

Article VII-Rules of Eligibility

Section 1. Article V, Section 4 of the current *NJCAA Handbook & Casebook* will be the rules of eligibility for the Conference with the exception of eligibility of part-time students. No part-time students will be permitted to play in Conference approved competition.

Section 2. Members may provide a student with the NJCAA National Letter of Intent to participate in any given sport. NOTE: All NJCAA member schools must sign a Scholarship Agreement for all athletes receiving scholarship assistance.

Section 3. Any athlete having ever signed a letter-of-intent at a Region XIV institution will be considered a transfer. No student transfers are allowed within Region XIV except for the transfers back to an athlete's home legislative service area (as determined by the official residency under state rules [SB 397] at the time of original signing); or being granted an official NJCAA waiver by the previous Region XIV institution. (*Adopted on February 19, 2001*)

Section 4. Sports committee recommendations, as approved by the Conference, will become an addendum to Article VII.



Athletic Eligibility

Athletic Terms

Amateur Standing - All student-athletes must be of amateur status and have never been paid for participation in the sport they are competing in at the College.

Units Carried / Enrollment - Continuously and actively enrolled in a minimum of 12 units during the season of the sport.

1st Season of Competition - Also known as the freshman year, this is the very first season a student-athlete competes in a particular sport.

2nd Season of Competition - Also known as the sophomore year, this is the second season of competition in a particular sport. All student-athletes must maintain a continuous 2.0 or higher grade point average (GPA) and have completed 24 units to be eligible for any sport during their second season.

12/9 Rule - The number of required units to be taken in order to be eligible during the season of competition. Student-athletes must be continuously enrolled in 12 units overall, 9 of which must be academic (towards a degree or transferable unit) during their entire season of competition. However, 15 units per semester is recommended to be on pace for graduation.

24/18 Rule - This rule applies only to second season student-athletes. 24 is the cumulative number of units which must be completed with a grade of "O" or better and 18 of those units have to be directly connected to the SEP. The 24/18 includes units taken during the first season of competition and the units taken prior to the semester of the second season of competition. These units must be completed before the start of the semester of the second season of competition.

Transfer Student - Any student-athlete coming to San Jacinto College from another college whether it is another community college or a 4-year institution.

Residency - In-District – student residency resides inside the San Jacinto College taxing district as determined by the Harris County Appraisal District. **Out-of District** – student residency resides outside the San Jacinto College taxing district as determined by the Harris County Appraisal District.

Participation - Any involvement in any scheduled game, meet, or match constitutes participation for that season. This does not apply to scrimmages or non-traditional contests.

Seasons Allowed - Any student-athlete is allowed to play 2 seasons of each sport at the community college level.

"Red Shirt" - A student-athlete who practices with their team and is academically eligible but does not participate in any contest for one full season of competition.

"Grey Shirt" - Refers to someone who is enrolling in less than 12 units for the purpose of saving a season of play and saving time on the NCAA Division I eligibility clock.

Medical Hardship - Refers to a student-athlete who sustained a season ending injury. The athletic trainer and treating doctor must fill out the appropriate paperwork.



Being a student requires development of time management and self-management skills to juggle many commitments. Students must learn to balance classes, study time, practice/game schedules, work, and family. To manage time and yourself wisely, students must invest time prudently and make quality choices to get what they desire from their academic plan for success. Acquire clearly focused values and goals for your studies, team, work, family, social activities and, most importantly, yourself! We encourage you to utilize the college's academic resources to assist you during your time at San Jacinto College. These resources include Educational Planning /Counseling, Athletic Department Academic Coordinator, Academic Assistance Program, and Academic Success Common Practices.

The San Jacinto College Athletic Department believes in academics first and athletics second. Athletics is a motivator for academic success.

Regardless of season ending dates, every student in the San Jacinto College Athletic Department Academic Assistance Program will adhere to the guidelines that pertain to academic monitoring and mentoring for the entire academic year. Failure to adhere may result in sanctions, loss of eligibility status, or loss of student aid or athletic scholarship.

Educational Planning / Counseling

Getting the degree students want on the timeline they want takes careful planning. Educational Planning / Counseling are here to help students formulate that plan and keep it on track. We recommend that all students see an educational planner / counselor before registering for classes – not just the first time, but for every semester. An educational planner / counselor can make sure students are progressing correctly toward a required degree plan, answer questions and help decide on changes that may be necessary. No appointments are necessary. Just come in, show a picture ID and an educational planner / counselor will help in this process.

www.sanjac.edu/counseling

Athletic Department Academic Coordinator

The Athletic Department Academic Coordinators are assigned to answer student questions specific to athletic eligibility, transfer status, and intercampus relationships with the Educational Planning / Counseling department. The Athletic Department Academic Coordinators recognize the differences incoming freshman and transfer students face regarding specific eligibility and transfer rules and regulations set forth by the NJCAA, NAIA and NCAA.

Academic Assistance Program

A structured academic assistance program is in place for every student athlete in the intercollegiate athletic program. No student athlete may participate in any intercollegiate practice or game if the criteria for eligibility are not met, thus the Academic Assistance Program is in place to meet this criteria and is a process towards achieving optimum academic student success. The Academic Assistance Program is a four tiered structure of monitoring and mentoring students' academic success through Academic Progress Report Forms, Tutoring Center, Study Hall, and Academic Lab.

Academic Progress Reports

Academic Progress Reports are required for all student athletes throughout the entire academic year. If a student athlete elects not to participate in the Academic Progress Report program, the athlete will forfeit his/her eligibility to continue participating on the current team. Grant-In-Aid students will lose their scholarships for the following semester/year if reports are not turned in.

Individual student progress report forms are issued by the Academic Coordinator and/or Head Coach. Academic Progress Reports are issued for completion a minimum of twice each semester.

Every student athlete must submit a completed Academic Progress Report form to the head coach on the required dates in order to maintain intercollegiate academic eligibility. Current grades and attendance record, along with a signature from the instructor, must be in place to be classified as a completed report. If there are no current grades available, the instructor must note that in the area provided on the form. Each report submitted will be validated as to the authenticity of signatures and information. If a student falsifies these academic documents in any way he/she shall be suspended from all athletic activities and team -related functions, and may forfeit Grant-in-Aid and/or athletic scholarship.

Based on the reported grades, a current GPA will be calculated. All students must "maintain" a 2.50 GPA or better. Student(s) academically below a 2.50 GPA as indicated by the Progress Report Form will perform select hours of Study Hall as designated by the respective head coach.

Study Hall

Study Hall is mandated to assist students in academic success and is arranged for students who may be experiencing academic challenges. Study Hall sessions are arranged by the Athletic Academic Coordinator and/or head coach.

Study Hall is immediately required of all new incoming students, which consists of freshman and transfers, and students that are academically challenged as indicated on their Academic Progress Reports.

Student Success Center

All students engaged in intercollegiate athletics are required to fulfill a minimum of five lab hours per week in an academic lab. The Student Success Center is a mandatory academic assistance program for all students engaged in intercollegiate athletics at San Jacinto College. Weekly hours accumulated by students in the Student Success Center are reviewed by the Athletic Academic Coordinator and/or head coach. If a student does not complete the required weekly hours in the Student Success Center, the athlete shall be suspended from all athletic activities and team related functions, and may forfeit Grant-in-Aid and/or athletic scholarship.



Academic Success

The following are several of the resources offered to students in the Student Success Center:

- FREE tutoring for various subjects such as Math, English, Sciences and many other subjects. The tutors are college professors and/or student tutors that are certified by the College Reading and Learning Association (CRLA) and come highly recommended by their instructors.
- Calculators are available to be checked out; however, the calculators must only be used within the center and the student must provide a driver's license. The calculators must be returned before the student checks out or leaves and then the student will then be handed back their driver's license. The center holds TI-83's and TI-30's.
- Textbooks and solution manuals for the subjects that are being tutored, and lab practical books that help students prepare and study for lab exams.
- New computers that students may use for academic purposes. Please note students are not allowed on social websites, such as Facebook, Myspace, Twitter, etc., in the center.
- A quiet learning environment for individuals and small groups.
- A Conversation Hour, which helps English second language students practice English by doing many different activities.

Academic Success and Common Practices

- Make good choices.
- Just like practicing for your sport; repetition is learning and daily preparation is key.
- Go to class and be prepared.
- Survey the expectations of the assignment so when you are doing the assignment you have a focus.
- Manage your day to include study time.
- Get help quickly- from your coach, instructor, or set up for tutoring, etc.
- Understand the importance of listening.
- Review or even rewrite and organize lecture notes after class while content is fresh on your mind.
- Highlight areas of importance after you have the big picture – identify what the instructor is asking.
- Review often, not just right before a test/exam.



General Information

Degree Plans

San Jacinto College offers more than 200 degree and certificate options. Check out our areas of study to discover what program will help you reach your career goals. www.sanjac.edu/degrees-certificates.

The core curriculum (also termed “the basics”), is required, regardless of your major. This core set of classes is taken by all Texas undergraduate students to make sure that no matter where you receive your degree, you’ll have gained an understanding of general subjects included in the core curriculum.

These requirements ensure that you receive a well-rounded and balanced education. At San Jacinto College, we’ve put together specific plans to help you knock out those “basics” and apply them toward a variety of four-year degrees. The College also has strong partnerships with universities to ensure that your core curriculum is approved for transfer.

Our Career Centers and take a career assessment quiz to help you choose your path. Our career centers can also help you find a part-time job while you are attending school, or assist with job placement after you graduate.

Cheating and Plagiarism

The following policies and procedures concerning cheating and plagiarism are printed in this form for the information of all students. The gaining of knowledge and the practice of honesty go hand-in-hand. The importance of knowledge properly gained is emphasized by these rules against cheating and plagiarism. An act of cheating or plagiarism in any degree subjects a student to disciplinary procedures listed below.

Cheating

The College defines cheating as dishonesty of any kind on examinations and written assignments; illegal possession of examinations; possessing crib notes during an examination, whether used or not; illegally obtaining information during an examination from the examination paper or from another student; assisting others to cheat; alteration of grade records and illegal entry or presence in any office are instances of cheating. Complete honesty is required of the student in the presentation of any and all phases of course work as his/her own. This applies to examination of whatever length, as well as to final examinations, daily written reports and them themes.

Plagiarism

Offering the work of another as one’s own without proper acknowledgment is plagiarism. Therefore, any student who fails to give appropriate credit for ideas or material he or she takes from another, whether fellow student or resource writer, is guilty of plagiarism.

The College may contract with companies or organizations that provide plagiarism-detection services. Such companies may receive a student’s work product for purpose of comparing the student’s work with a reference database. Students enrolling at the San Jacinto College agree as a condition of their enrollment that their work product may be submitted to such companies for the purpose of plagiarism detection and that the company may retain a copy of the work for plagiarism-detection purposes. Such organizations will not copy, use, distribute, or re-disclose the student’s work product.

Student Records and FERPA

The Texas Public Information Act does not require the release of information contained in educational records, except in conformance with the Family Educational Rights and Privacy Act (FERPA). FERPA is a federal law that, generally speaking, gives students access to their educational records and prohibits the College from releasing a student’s educational records to third parties without the consent of the student. Any inquiry about student information should be referred to the Registrar’s Office or Human Resources.

In order to complete the required NJCAA eligibility form, and assist in the advancement of students to a college or university of higher learning, the student must sign the Buckley Amendment Consent Form, which allows San Jacinto College to release student records, pre college test scores, appropriately related information concerning any examination for which college credit is claimed, all information pertaining to correspondence courses, records concerning financial aid, and other information obtained by San Jacinto College pertaining to student academic eligibility and academic status.

Buckley Amendment Consent Form: Please visit www.sanjacsports.com.

Financial Aid

At San Jacinto College we have a goal of our own – to never let finances stand in the way of our students’ success. Beyond low tuition and expenses, we offer plentiful opportunities for financial aid. We are dedicated to making sure your education here is as affordable as it is excellent.

Various factors go into determining what kinds of financial aid you can receive. Here at San Jacinto College you’ll find many resources available to you, along with some important dates and details that will need your attention. But don’t worry, we’ll help you understand everything you need to know, and guide you through everything you need to do. So you can get on with pursuing your goals. For more information on financial aid go to: www.sanjac.edu/financial-aid.

Hold on Records

The Campus Business Office can assist you in identifying any HOLDS on your record and how they may be released. A student athlete cannot register if there is a hold on his/her record due to lost, damaged, or failure to return uniforms or equipment. Holds may be placed if debts to the Athletic Department or to any college department are pending.

Commencement

Two commencements for all graduates of San Jacinto College are held each year at North and Central, and a May graduation is held at South. These exercises take place in the months of May and December. Caps, gowns, invitations, class rings, etc. are sold at all campus bookstores. Information is also available at www.sanjac.edu/current-students/student-support/graduation-beyond.

Insurance Coverage and Procedures

San Jacinto College provides limited accident insurance for the benefit of an athlete injured while participating in a sanctioned practice or competition. Subject to the terms of the policy, this insurance will pay certain medical expenses to the extent not covered by other insurance or medical plans, including HMOs or PPOs. Certain deductibles, coverage limitations, or coinsurance provisions may apply. Medical expenses not paid by the College's accident insurance are the responsibility of the athlete, not San Jacinto College. Such expenses may be significant. For this reason, San Jacinto College strongly urges students to obtain their own medical/accident insurance at their own expense. San Jacinto College's athletic support staff or the athlete's coach must approve treatment in advance.

The following are additional procedures governing the insurance coverage:

- Immediately report all athletic related injuries to your trainer, coach or assistant coach, whether or not medical attention is required.
- An accident claim form must be completed and signed by the injured athlete/cheerleader, as well as the trainer, coach or assistant coach.
- If medical attention is required, your trainer, coach assistant coach or his/her designee should accompany you, if possible.
- Provide the admitting clerk at the medical facility with your accurate name and address (or parent/guardian) as the responsible party. You are responsible for these medical expenses.
- Provide the admitting clerk at the medical facility with **YOUR** primary insurance information, as well as the completed San Jacinto College accident claim form. Explain that you are an athlete at San Jacinto College with secondary coverage under the San Jacinto College excess policy.
- A release from your physician must be provided to your coach or trainer prior to returning to practice or competitive play.
- After your primary insurance has paid its portion of the medical claim, you will need to ensure that the remaining balance is filed with Student Assurance Services.
- Payments for medical services will not be processed by Student Assurance Services until after they have received proof of payment from your primary insurance. To expedite secondary insurance payment, a copy of the Explanation of Benefits (EOB) which is provided to you by your primary insurance must be sent to the **San Jacinto College Safety/Risk Management Office, 4624 Fairmont Parkway, Suite 209, Pasadena, Texas 77504.**

Student Assurance Services will process payments for medical services of \$100 or less.

- The College's secondary insurance will serve as primary insurance for those athletes that are not insured. This primary coverage is for injuries sustained during covered intercollegiate sports competitions or practices. A letter from your parent or guardian is required stating that you are not insured.

- Neither San Jacinto College nor Student Assurance Services will be responsible for any pre-existing conditions, regardless if medical treatment has been received or not. It is the responsibility of the athlete to disclose any condition or injury that they have incurred and/or receiving treatment to the San Jacinto College Athletic Training and Medical Staff.
- Insurance provided by San Jacinto College is only responsible for those medical expenses incurred for an injury sustained while representing San Jacinto College Athletics Program, i.e. games or practices.

Student Rights and Responsibilities

The San Jacinto College Athletic Trainers are dedicated to giving you the best health care and customer service possible. As a student-athlete here at San Jacinto College, you may expect to receive considerate and respectful care. We will honor your rights to be informed and to be involved in making decisions about your care. You have the following rights and responsibilities as a student athlete at San Jacinto College.

Student Rights

- Privacy and confidentiality regarding your medical care.
- Expect that your medical records will be kept confidential and that access to information about you will be limited to those legitimately involved in your care. Your medical records will be released only in cases of medical emergencies, in response to court ordered subpoenas or to persons you specify with your written consent.
- Access all information contained in your medical record.
- Know about your injury/illness and proposed treatment and to participate in the development of your plan of care. Information will be given to you by the sports medicine staff or its physicians in a manner in which you can understand including the right to know why you need a surgical procedure or treatment and who will perform that procedure or treatment. This includes the right to refuse care or treatment and to know what may happen if you do not have this care or treatment.
- Receive the necessary information to participate in decisions about your care including cost, risk benefits, limitations of and alternatives to diagnostic and therapeutic modalities.
- Give your informed consent before any diagnostic or therapeutic procedure is performed.
- Be treated in a professional, courteous and caring manner which does not discriminate because of age, race, disability, handicap, national origin, religious beliefs, gender, sexual orientation or veteran status.
- A second opinion or appropriate referral.
- Express suggestions and concerns in an appropriate manner.
- Know the names and positions of people involved in your care by official name tags or personal introduction.

Student Responsibilities

- To ask questions and seek clarification if you do not understand the explanation of your diagnosis, treatment, prognosis or any instructions.
- To provide accurate information about your present illness and past medical history and wishes for your medical care.
- To follow instructions concerning medications, follow-up visits, education recommendations, and other essential steps in your treatment plan and to notify the Sports Medicine Staff if this plan cannot be followed or if problems develop.
- For treating Sports Medicine staff and personnel in a respectful manner.
- To arrive as scheduled for appointments and to notify the Athletic Trainer in advance in case of canceled appointments.
- For following all rules and regulations that are posted within the Athletic Trainer.
- For following through on your agreed plan of care.
- For considering and respecting the rights of others.
- For being courteous.

Confidentiality of Medical Records / HIPAA Compliance

San Jacinto College ensures that the athletic training staff values and respects the confidentiality of student-athlete medical records and maintains compliance with the HIPAA federal regulations.

Confidentiality of the students' medical records must be maintained, as these are considered legal documents. Records are not permitted to leave the Athletic Training department. Any questions or concerns from the press, professional scouts, or others must be directed to the staff athletic trainer. If medical records are needed for a case study, then the athletic trainer must fill out a Student Athlete Medical Records Release Form and have it approved by both the athlete and the Athletic Director prior to using any information obtained from such records. This form provides the athletic trainer access to the medical records of only the athlete noted on the form. The records still may not be taken out of the facility or photocopied under any circumstances. Anyone associated with access to documents that are the property of the Department of Athletic Training will fully comply with all regulations set forth by the Health Information Portability and Accountability Act (HIPAA). Sports Medicine Staff members must remember that discussing the status of a student athlete with other student athletes is forbidden. This is considered a breach of confidentiality. The staff member must be aware of his/her surroundings at all times when discussing the health status of a student-athlete.

Training Room Policies and Procedures

- Athletes must sign in before being treated.
- Shoes off at the door.
- No cell phones!
- No food allowed in the training room.
- Treatment will begin an hour before practice time unless noted otherwise.
- If you need treatment at a different time than office hours, call ahead of time to set up an appointment.
- Proper attire is required for treatment.
- Ask before taking anything unless it comes out of the scrap tape box.
- Only San Jacinto College athletes allowed in the training room for treatment.
- Report all injuries immediately.
- If a student athlete is not adhering to the San Jacinto College athletic training room rules, he or she can lose privileges to the facility. Coaches will be notified of any student athlete who is not compliant with these rules and disciplinary action will be taken.

Medical and Insurance Forms

- **Medical History Form:** please visit www.sanjacsports.com.
- **Consent to Treatment Form:** please visit www.sanjacsports.com.
- **Emergency Information Form:** please visit www.sanjacsports.com.



Athlete Responsibilities

Athletic Code of Conduct

The San Jacinto College Athletic Code of Conduct reflects the philosophy that it is every student's personal responsibility to demonstrate professional and mature behavior while on campus and within the College community. Participation in athletics is a privilege. With this privilege comes the responsibility of maintaining high character, integrity, and honor on and off the playing surface. The College and the Athletic Department seek to uphold and maintain high standards regarding student behaviors by imposing disciplinary actions in a consistent and equitable manner.

Drug Policy

San Jacinto College is committed to the health, safety and welfare of its student-athletes and to the maintenance of an educational environment that is conducive to student-athletes developing to their fullest potential academically, athletically, and socially. The College further recognizes that substance abuse and dependencies can jeopardize student safety and negatively impact learning and success. The College has a legitimate interest in adopting policies and practices that will promote the health, well-being, and safety of students engaged in athletic activities.

The objectives of this policy include:

- To promote the health, safety and welfare of the student-athletes who participate in the College's programs and who represent San Jacinto College in intercollegiate athletics.
- To educate student-athletes about the risks associated with the abuse and misuse of banned substances, including performance enhancing drugs and illegal substances.
- To deter drug and alcohol use and abuse among student-athletes to maintain an environment that promotes their optimal health, safety, and wellbeing.
- To identify and assist those students who would benefit from counseling, education, and treatment.
- To maintain the integrity of the Athletics Department and fair competition.
- To provide appropriate sanctions to ensure compliance with this policy.

Students are prohibited from using or being under the influence of illegal drugs and other substances prohibited by College policy. Additionally, students are prohibited from the misuse or abuse of legally permitted drugs. Such conduct violates the Drug Policy and Athletic Code of Conduct and may result in sanctions. The policy also prohibits possession and distribution of illegal and/or controlled substances and possession and distribution of paraphernalia associated with the use of illegal drugs and other controlled substances.

All athletes are subject to random drug screening. Drug screening will occur during the academic year, including both in-season and out-of-season athletic competition. Additionally, if the Athletic Director, coach, team physician, or trainer has a reasonable suspicion that a student is under the influence of a substance prohibited by this policy, the student

is subject to testing both in-season or out-of-season. An athlete who has been selected for testing may choose not to consent to the testing; however, failure to undergo such testing may render the student ineligible to participate in intercollegiate athletics at San Jacinto College and could result in the loss of athletic scholarships or other penalties.

When an athlete is notified that he or she has been selected for testing, the student must appear at the designated time and location and provide a urine sample. The collection of urine samples may be observed by a person of the same gender as the athlete. If the student misses a scheduled drug test, the penalty will be the same as the penalty for testing positive for a banned substance. Additionally, if the student manipulates the urine sample or knowingly engages in conduct that will compromise the integrity of the sample will be subject to sanctions under this policy.

The substances for which San Jacinto College reserves the right to test students include, but is not limited to, marijuana, cocaine, heroin, opiates, methamphetamines, amphetamines, stimulants, anabolic agents, alcohol and beta blockers, diuretics and other masking agents, street drugs, peptide hormones and analogues, anti-estrogens and Beta-2 agonists. Any substance chemically related to these classes is also banned. Student-athletes shall be held accountable for all drugs within the banned drug class regardless of whether the substance has been specifically identified.

Sanctions

Education and counseling is the primary objective for those students who test positive for a banned substance. All students who test positive for illegal and banned substances will be required to meet with the Dean of Student Development and to meet with a College counselor. Although the College does not conduct treatment or rehabilitation programs, College counselors are equipped to facilitate referrals to appropriately qualified providers of treatment programs. In determining sanctions, the Athletic Director and the Head Coach, in consultation with the Dean of Student Development or other qualified medical professional, will consider the seriousness, nature, and frequency of usage; the student's past history; the impact on the athletic program; and institutional rules and state and federal laws.

Student sanctions for confirmed positive drug screening results, admittance of use, or possession of prohibited substances and paraphernalia include:

A. First Test - Negative

- a. Student is cleared for all participation and privileges associated with the athletic team. Student is subject to further random drug screenings.

B. First Test - Positive

- a. Immediate suspension from all individual and team practice sessions, from participation in all athletic contests, and from use of all intercollegiate athletic facilities for a period of 14 days. Immediate meeting with the Dean of Student Development and a qualified College counselor for assessment of student use and abuse of drugs or alcohol and recommendation of required plan of action. Additional counseling in an off-campus program also may be required. Expenses incurred for extended counseling beyond the staff of San Jacinto College are the responsibility of the student.

- b. Failure to attend and to complete the drug counseling program may result in additional sanctions, including permanent suspension from the program and loss of athletic scholarships.
- c. Follow-up testing will be administered at a reasonable time following the initial positive test.
- d. The results of the test may be released to the San Jacinto College Chancellor, Vice Chancellor, Provost, Dean of Student Development, designated College counselor, Athletic Director, Head Coach, Athletic Physician and/or Trainer, and others with a legitimate, educational interest in the information. Parents and/or guardians of students under the age of 18 years also will be informed of the test results.

C. Second Test - Positive

- a. Immediate and permanent suspension from all athletic practices and competitions and other privileges, including athletic fields, courts, weight rooms, award banquets, etc., for the remainder of the competition season and post-season competition and playoffs.
- b. Loss of athletic financial aid and/or athletic scholarship.
- c. Possible expulsion from San Jacinto College.
- d. Loss of housing privileges, if applicable.

C. Second Test Negative

- a. Student is cleared for all participation and privileges associated with the athletic team. Student is subject to further random drug screenings. Full completion of the San Jacinto College mandated substance abuse counseling session(s) is required, even if second screening indicated negative findings.

Appeal Process

San Jacinto College allows a student-athlete who has tested positive or who violated drug-testing protocol to appeal.

- The student must submit in writing the grounds for the appeal to the Athletic Director.
- A committee comprised of the Dean of Student Development or designee, the Athletic Director, one coach, and one additional faculty member from biology, nursing, substance abuse/social work or related field identified by the College will hear the appeal.
- Appeals will be conducted in person within 10 days of the report of positive results or violation of drug-testing protocol.
- The student-athlete must be present to make the appeal.
- In the event that the appeal is accepted, no further action regarding the student-athlete's eligibility need be taken. In the event that the committee denies the appeal, the appropriate sanctions for violating the San Jacinto College Drug Policy will be imposed.
- Decisions of the Appeals Committee are final.

Housing

San Jacinto College strives to provide access to quality housing for students within the guidelines of the San Jacinto College Community District, Athletic Department, and the NJCAA. San Jacinto College does not provide on-campus housing facilities for students however, off-campus housing opportunities are provided for those students receiving housing scholarship.

Students receiving partial or full housing as agreed to by a signed National Letter of Intent (NLI) are housed in local apartments owned and operated by private corporations. Payment of apartment housing costs according to the NLI includes only essential living fees, such as monthly rent, electricity, water, and garbage.

Students are responsible to sign a lease agreement with proprietors of the apartment leasing office as providing responsibility of the rules and regulations of the property and unnatural damages incurred by the inhabitants.

Social Networking

Social media is a great way for students to stay connected. The following guidelines are designed to help you navigate the social Web at San Jacinto College and in your personal life.

Participate and Connect

We can't wait to hear from you! Visit the social media directory online at www.sanjac.edu/social-media for a list of San Jacinto College's social media sites, and join the ones that interest you the most. Let us know if you have any questions or what type of information you would like to see on our social media sites.

Utilize social media to connect with friends, family, and classmates. Social media provides a great opportunity for you to connect and engage with the world around you.

Be careful what you share

Never give out personal information on social media sites such as social security numbers, G number, passwords, PIN numbers, account numbers, your address, or phone number. San Jacinto College will never request this type of information from you through a social media site.

You can't take it back.

Once you post something in social media, you can't take it back. Always remember that social media sites are not necessarily "private." Regardless of your privacy settings, anyone you are connected to might share something you have posted online. Before you post, remember that many employers, colleges, and universities are turning to social media sites to help determine admissions and employee selections. Each day there are more court cases utilizing social media sites as supporting evidence. So, please be careful what information you share online.

San Jacinto College does not monitor the personal social media sites of our students. However, we do monitor the College name (San Jacinto College) and variations of it online. Students may be subject to disciplinary action, as outlined in the San Jacinto College student handbook, based on information posted on social networking sites. San Jacinto College reserves the right to turn cases of serious incidents over to the proper authorities. Examples of this may include, but are not limited to, threats against the College, its students, or employees.



Athlete Responsibilities

Classroom Activities

Please do not access social media sites during class times, unless instructed to do so by your professor. Limit your activity on social networking sites on public computers during times of high traffic; other students may need the machines to complete course work.

Social Media Monitoring

Does the College monitor my social media accounts?

No, not at all. We wouldn't want to monitor your social media accounts even if we could. Your information is yours, and it's private. We want to keep it that way. Becoming a fan of the College's Facebook page does NOT mean that we can access your Facebook account.

However, we DO monitor the College's name online – just like any major company monitors what's being said about its brand. There are keyword search engines that allow you to keyword search through any social media posts that are shared publicly. If your Facebook profile and Twitter profiles are set to be publicly shared they can appear in these searches.

We routinely monitor for the College name and variations on it, such as:

- San Jacinto College
- San Jac
- SanJac
- SJCC, SJCN, SJCS, etc.

We use this information to respond with assistance if we can, or to retweet tweets mentioning the College. Good or bad, we want to know what's being said about the College. This information helps us tweak our services so that we can better assist our students.

In the event that a threat is made concerning the College on a social network site, we take this very seriously (as per our social media guidelines). Our students' safety is our top priority. Threatening posts are taken seriously and passed onto the proper authorities so that any necessary action can be taken.

Off-Campus Activities

Students are expected to adhere to the laws of the state and the community where they live. This includes both the laws on campus and the local laws in the college community. Students who are arrested for felonies and crimes of moral turpitude may be suspended from the team pending resolution of the criminal matter. In the event of an arrest of an athlete, the Athletic Director and head coach shall consider the nature of the offense, the available evidence pertaining to the alleged offense, the impact on other players and students, and the impact on the athletic program.

Violations of the athletic code of conduct include, but are not limited to, harassment or stalking; hazing; lewd or obscene behavior; possession of illegal drugs and/or alcohol (including related paraphernalia); assault; fighting; theft or burglary; gambling or bribery; or any other conduct that is detrimental to San Jacinto College. Additionally, all athletes must comply with the Code of Conduct that is applicable to all students who enroll at San Jacinto College.

BUCKLEY AMENDMENT CONSENT FORM

San Jacinto Community College District

By signing this form, you certify that you agree to authorize all colleges and universities which you have attended to disclose your educational records to San Jacinto College and:

You understand that this entire form is part of your educational record. These records are protected by the Family Educational Rights and Privacy Act of 1974, and they may not be disclosed without your consent.

You give your consent to disclose to authorized representatives of San Jacinto College, its athletic conference, and the NJCAA, the following:

- *This form*
- *Any transcript from your high school, this institution, any junior/community college, or any senior college or university you have attended*
- *Pre college test scores, appropriately related information and correspondence, test scores and information concerning any examination for which college credit is claimed, all information pertaining to correspondence courses*
- *Records concerning your financial aid; and*
- *Any other papers or information obtained by this institution pertaining to your academic eligibility or academic status.*

Signature of Student Athlete

Date

G#

Date of Birth

Signature of Parent/Guardian
(if Athlete is under age 18)

Permanent Address

What to do with this from: Sign and return it to your Director of Athletics before your first competition. This form is to be kept in the student's permanent file in the Registrar's Office.

SAN JACINTO COLLEGE
Consent to Treatment of Student-Athlete

I, _____ G# _____
Name of Student

Do hereby authorize the licensed athletic trainer or school representative on my behalf, to consent to any medical treatment deemed necessary by any licensed physician / surgeon in the event of illness or injury to the above named.

This consent to treat is intended to cover any illness or injury sustained while participating in any school athletic competition or practice, on or off campus, and while traveling to and from the event.

I understand that this authorization is given in advance of any specific diagnosis and resulting treatment or hospital care required. This authorization is given is given to provide the aforesaid agent(s) the power to give specific consent to all such diagnosis and resulting treatment or hospital care deemed advisable by the aforementioned physician / surgeon in the event the parents / guardians or emergency contacts are not able to be reached. I hereby authorize any hospital, which has provided treatment to the above named student to surrender custody of that student to the athletic trainer or school representative upon completion of treatment.

These authorizations shall remain effective until the end of the _____ school year.

Student-Athlete Signature

Date

Parent / Guardian Signature
(If student-athlete is under 18 years)

Date

SAN JACINTO COLLEGE
Emergency Information Form

Name _____ Birthdate _____

Parent/Guardian

Father _____ Mother _____

Home Phone _____ Home Phone _____

Work Phone _____ Work Phone _____

Cell Phone _____ Cell Phone _____

Athletes Home Address _____

City _____ State _____ Zip _____

PRIVATE (PRIMARY) INSURANCE

Insurance Co. Name _____

Pre-authorization Phone _____

Insurance Co. Address _____

City _____ State _____ Zip _____

Name _____ Birthdate _____

Group # _____ Policy # _____ Other # _____

My son / daughter is covered by the above insurance policy: _____ Yes _____ No

Known Allergies (latex, drug, food, insect, etc...) _____

Special Medical Problems _____

Medications (inhaler, insulin, etc...) _____

PREPARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION FORM

Name _____ Date of birth _____

PHYSICIAN REMINDERS

- Consider additional questions on more sensitive issues
 - Do you feel stressed out or under a lot of pressure?
 - Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
- Consider reviewing questions on cardiovascular symptoms (questions 5–14).

EXAMINATION		
Height _____	Weight _____	<input type="checkbox"/> Male <input type="checkbox"/> Female
BP _____ / _____ (_____ / _____)	Pulse _____	Vision R 20/ _____ L 20/ _____ Corrected <input type="checkbox"/> Y <input type="checkbox"/> N
MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance • Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency)		
Eyes/ears/nose/throat • Pupils equal • Hearing		
Lymph nodes		
Heart* • Murmurs (auscultation standing, supine, +/- Valsalva) • Location of point of maximal impulse (PMI)		
Pulses • Simultaneous femoral and radial pulses		
Lungs		
Abdomen		
Genitourinary (males only) ^b		
Skin • HSV, lesions suggestive of MRSA, tinea corporis		
Neurologic ^c		
MUSCULOSKELETAL		
Neck		
Back		
Shoulder/arm		
Elbow/forearm		
Wrist/hand/fingers		
Hip/thigh		
Knee		
Leg/ankle		
Foot/toes		
Functional • Duck-walk, single leg hop		

*Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam.
^bConsider GU exam if in private setting. Having third party present is recommended.
^cConsider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion.

- Cleared for all sports without restriction
- Cleared for all sports without restriction with recommendations for further evaluation or treatment for _____
- Not cleared
- Pending further evaluation
 - For any sports
 - For certain sports _____
- Reason _____
- Recommendations _____

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

Name of physician (print/type) _____ Date _____
 Address _____ Phone _____
 Signature of physician _____, MD or DO

PREPARTICIPATION PHYSICAL EVALUATION HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

Date of Exam _____

Name _____ Date of birth _____

Sex _____ Age _____ Grade _____ School _____ Sport(s) _____

Medicines and Allergies: Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking

Do you have any allergies? Yes No If yes, please identify specific allergy below.
 Medicines Pollens Food Stinging Insects

Explain "Yes" answers below. Circle questions you don't know the answers to.

GENERAL QUESTIONS	Yes	No
1. Has a doctor ever denied or restricted your participation in sports for any reason?		
2. Do you have any ongoing medical conditions? If so, please identify below: <input type="checkbox"/> Asthma <input type="checkbox"/> Anemia <input type="checkbox"/> Diabetes <input type="checkbox"/> Infections Other: _____		
3. Have you ever spent the night in the hospital?		
4. Have you ever had surgery?		
HEART HEALTH QUESTIONS ABOUT YOU	Yes	No
5. Have you ever passed out or nearly passed out DURING or AFTER exercise?		
6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
7. Does your heart ever race or skip beats (irregular beats) during exercise?		
8. Has a doctor ever told you that you have any heart problems? If so, check all that apply: <input type="checkbox"/> High blood pressure <input type="checkbox"/> A heart murmur <input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection <input type="checkbox"/> Kawasaki disease Other: _____		
9. Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)		
10. Do you get lightheaded or feel more short of breath than expected during exercise?		
11. Have you ever had an unexplained seizure?		
12. Do you get more tired or short of breath more quickly than your friends during exercise?		
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
13. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?		
14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia?		
15. Does anyone in your family have a heart problem, pacemaker, or implanted defibrillator?		
16. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning?		
BONE AND JOINT QUESTIONS	Yes	No
17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?		
18. Have you ever had any broken or fractured bones or dislocated joints?		
19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?		
20. Have you ever had a stress fracture?		
21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism)		
22. Do you regularly use a brace, orthotics, or other assistive device?		
23. Do you have a bone, muscle, or joint injury that bothers you?		
24. Do any of your joints become painful, swollen, feel warm, or look red?		
25. Do you have any history of juvenile arthritis or connective tissue disease?		

MEDICAL QUESTIONS	Yes	No
26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
27. Have you ever used an inhaler or taken asthma medicine?		
28. Is there anyone in your family who has asthma?		
29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?		
30. Do you have groin pain or a painful bulge or hernia in the groin area?		
31. Have you had infectious mononucleosis (mono) within the last month?		
32. Do you have any rashes, pressure sores, or other skin problems?		
33. Have you had a herpes or MRSA skin infection?		
34. Have you ever had a head injury or concussion?		
35. Have you ever had a hit or blow to the head that caused confusion, prolonged headache, or memory problems?		
36. Do you have a history of seizure disorder?		
37. Do you have headaches with exercise?		
38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
39. Have you ever been unable to move your arms or legs after being hit or falling?		
40. Have you ever become ill while exercising in the heat?		
41. Do you get frequent muscle cramps when exercising?		
42. Do you or someone in your family have sickle cell trait or disease?		
43. Have you had any problems with your eyes or vision?		
44. Have you had any eye injuries?		
45. Do you wear glasses or contact lenses?		
46. Do you wear protective eyewear, such as goggles or a face shield?		
47. Do you worry about your weight?		
48. Are you trying to or has anyone recommended that you gain or lose weight?		
49. Are you on a special diet or do you avoid certain types of foods?		
50. Have you ever had an eating disorder?		
51. Do you have any concerns that you would like to discuss with a doctor?		
FEMALES ONLY		
52. Have you ever had a menstrual period?		
53. How old were you when you had your first menstrual period?		
54. How many periods have you had in the last 12 months?		

Explain "yes" answers here

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete _____ Signature of parent/guardian _____ Date _____

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HE0503

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■ PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

Name _____ Sex M F Age _____ Date of birth _____

- Cleared for all sports without restriction
- Cleared for all sports without restriction with recommendations for further evaluation or treatment for _____

- Not cleared
- Pending further evaluation
 - For any sports
 - For certain sports _____
- Reason _____

Recommendations _____

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

Name of physician (print/type) _____ Date _____

Address _____ Phone _____

Signature of physician _____, MD or DO

EMERGENCY INFORMATION

Allergies _____

Other information _____

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■ PREPARTICIPATION PHYSICAL EVALUATION

THE ATHLETE WITH SPECIAL NEEDS: SUPPLEMENTAL HISTORY FORM

Date of Exam _____

Name _____ Date of birth _____

Sex _____ Age _____ Grade _____ School _____ Sport(s) _____

1. Type of disability		
2. Date of disability		
3. Classification (if available)		
4. Cause of disability (birth, disease, accident/trauma, other)		
5. List the sports you are interested in playing		
	Yes	No
6. Do you regularly use a brace, assistive device, or prosthetic?		
7. Do you use any special brace or assistive device for sports?		
8. Do you have any rashes, pressure sores, or any other skin problems?		
9. Do you have a hearing loss? Do you use a hearing aid?		
10. Do you have a visual impairment?		
11. Do you use any special devices for bowel or bladder function?		
12. Do you have burning or discomfort when urinating?		
13. Have you had autonomic dysreflexia?		
14. Have you ever been diagnosed with a heat-related (hyperthermia) or cold-related (hypothermia) illness?		
15. Do you have muscle spasticity?		
16. Do you have frequent seizures that cannot be controlled by medication?		

Explain "yes" answers here

Please indicate if you have ever had any of the following.

	Yes	No
Atlantoaxial instability		
X-ray evaluation for atlantoaxial instability		
Dislocated joints (more than one)		
Easy bleeding		
Enlarged spleen		
Hepatitis		
Osteopenia or osteoporosis		
Difficulty controlling bowel		
Difficulty controlling bladder		
Numbness or tingling in arms or hands		
Numbness or tingling in legs or feet		
Weakness in arms or hands		
Weakness in legs or feet		
Recent change in coordination		
Recent change in ability to walk		
Spina bifida		
Latex allergy		

Explain "yes" answers here

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete _____ Signature of parent/guardian _____ Date _____

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SAN JACINTO COLLEGE

Athletic Code of Conduct

San Jacinto College subscribes to the philosophy that it is every student's personal responsibility to portray a professional and mature level of behavior while on campus and within the college community. The college and the athletic department seek to maintain high standards regarding student behaviors by imposing disciplinary actions in a consistent and equitable manner.

I understand that in order to be eligible for intercollegiate athletic competition at San Jacinto College, I must abide by all team rules and the policies and procedures outlined in the San Jacinto College Athletic Handbook, including Athletic Eligibility, Academic Success, and Student Athlete Responsibilities. I further acknowledge that these rules are subject to change over time.

I have completely read and fully understand the guidelines in the San Jacinto College Athletic Handbook. I understand that I may be removed from my respective San Jacinto College athletic team and that I may lose athletic financial aid and/or scholarship funds if I violate any of the policies, code of conduct, and/or rules and regulations in the Athletic Student Handbook.

Player Name (print) Date

Coach Signature

Date

Player Signature

Date

Athletic Director Signature

Date

Printed Name Parent or Guardian
(if student is under 18 years old age)

Signature of Parent / Guardian

Date



SAN JACINTO COLLEGE

Athlete's Consent to Drug and Alcohol Testing

1. I acknowledge that I am a participant in the San Jacinto College athletic program and that, as such, I represent the College.
2. I acknowledge that the College has a legitimate interest in ensuring that its students and representatives comply with College and Athletic Department rules and regulations. I acknowledge that the College has a legitimate interest in the health, safety, and well-being of its students, in the prevention of substance abuse, and the promotion of a healthy lifestyle and responsible decision-making by students.
3. I acknowledge that I have read the policies and regulations of the San Jacinto College Athletic Handbook concerning the College's Drug & Alcohol Policy and agree to abide by its terms. I understand and agree to the sanctions (consequences) for violating the Drug and Alcohol Policy and for failing to comply with its procedures.
4. I voluntarily consent to be tested by the San Jacinto College for the banned substances listed in the San Jacinto College Athletic Handbook. I understand that I may refuse to sign this consent form, but, as a consequence, I may be excluded from participating in the athletic program.
5. I understand and agree that the testing may occur on a random, unannounced basis but that it also may occur if the coaching staff, athletic trainers, team physicians, or other authorized persons have a reasonable suspicion that I have violated the Drug and Alcohol Policy. I agree and understand that, when notified that I have been selected for testing, that I will appear at the designated time and location and provide a urine sample. I agree and understand that the collection of my urine sample may be observed by a person of my same gender. I further agree that, if I refuse a scheduled drug test, the penalty will be the same as the penalty for testing positive for a banned substance.
6. I understand and agree that San Jacinto College's testing program includes, but is not limited to, the following substances: marijuana, heroin, cocaine, opiates, methamphetamines, amphetamines, stimulants, anabolic agents, alcohol and beta blockers, diuretics and other masking agents, street drugs, peptide hormones and analogues, and anti-estrogens and Beta-2 agonists.

7. I understand and agree that a positive drug screen could result in suspension, removal from the team, termination of an athletic scholarship, and other penalties as may be specified in the Athletic Handbook.
8. I understand and agree that some dietary supplements and other lawful substances may cause a positive drug test result. It is the student's responsibility to check with an appropriate member of the athletics staff before using any such substances. Any product containing a dietary supplement is taken at the student's own risk.
9. I understand that my test results generally will be treated as confidential student information. However, I authorize disclosure of my test results to those who may have a legitimate educational interest in the information, including, but not limited to, the Board of Trustees, College Chancellor, Vice Chancellor, Provost, Chairperson of Counseling, Athletic Director, Head Coach, Athletic Physician and/or Trainer, and the student's parents/guardians if the student is under 18 years of age.

I have read this entire consent form, understand it, and voluntarily sign it.

 Player Name [print] Date

 Parent/Guardian [print] Date
 (if student is under 18)

 Player Signature Date

 Signature of Parent/Guardian Date

Receipt Acknowledged:

 San Jacinto College representative Date