

# THE SAGE

The Newsletter of SAGE of South Florida

"SENIOR ACTION in a GAY ENVIRONMENT"

FEBRUARY 2009

## SOCIAL NOTES & SAVE THE DATES

~ by Carl M. Galli ~

**This is the month of LOVE, and SAGE is sharing its love with you in various ways.**

**First off, on Tuesday, February 3rd,** what better way to start this month than a big smack on the "Lips" from one of the wonderful creations of JOE POSA in his multi-media show at "LIPS CABARET". In "Joe Posa Poses", he performs as everyone from Joan Rivers to Barbra and Liza, against an ever-changing theatrical backdrop. This is the "man behind the women". Presented by PETER BURKE, this is special for SAGE (and includes a three-course meal, and complimentary parking). For those who have been to "Lips" you know what a great deal this is. For those who have not, you are in for a TREAT. But you must call Peter directly, before February 2nd, at (954) 649-1107 and tell him you are with SAGE. Credit Cards are required (AMEX, MASTERCARD or VISA).

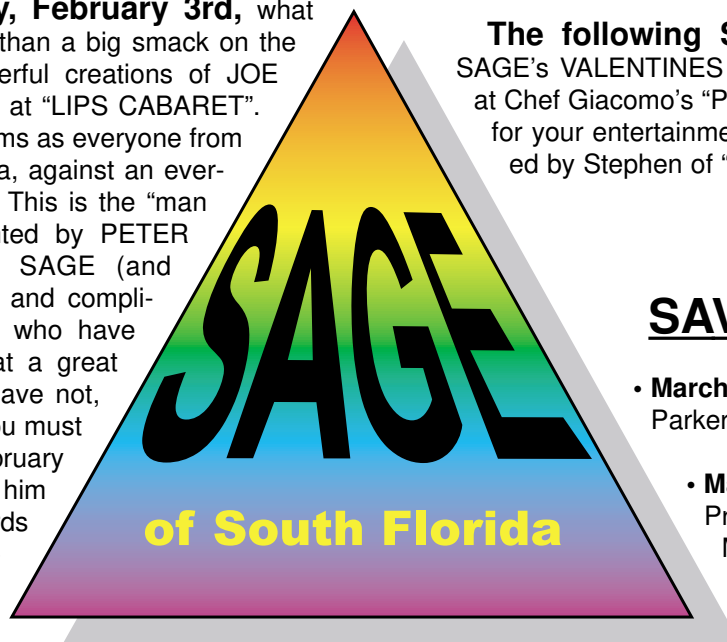
*(Please Note: Beverages are not included in the Price. You will have to pay-as-you-go at the bar. You may order coffee or tea at the table, and you will be charged appropriately at the end of your meal.)*

**For this show only, DO NOT SEND RESERVATIONS TO THE SAGE OFFICE.**

**Then, on Sunday, February 8th,** we go to the Parker Playhouse for an afternoon performance of "the ORIGINAL FLORIDA FOLLIES." These wonderful ladies of

chorus girl fame, show their love by donating their profits to various LOCAL community agencies, including Pediatric AIDS Care & Research.

**The following Sunday, February 15th,** is SAGE's VALENTINES DINNER/DANCE to be held at Chef Giacomo's "Primavera Restaurant". Music for your entertainment and dancing to be provided by Stephen of "Tropics" fame.



### SAVE the DATES:

- **March 15th, Sun.,** DAME EDNA at Parker Playhouse - SOLD OUT
  - **March 21st-22nd, Sat.-Sun.,** PrideFest 2009 - War Memorial Auditorium & Holiday Park. SAGE will once again have an inside booth.
  - **March 28th, Sat.,** SAGE PICNIC at T.Y.Park. 12:30PM-4:30PM.
  - **March 29th, Sun.,** SAGE's ANNUAL MEETING (Elections & Dinner) at "Galuppi's" at the Pompano Beach Municipal Golf Course (on U.S.1 - between Atlantic and Copans).
- **These are SAGE sponsored events.**

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## SAGE of South Florida, Inc.

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Secretary ..... Ann Smith  
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Sal Orlando, Betty Ann Priscak, Joyce Schweitzer

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### SAGE EDITORIAL POLICY

SAGE welcomes contributions to this newsletter. An author may request their entry be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel we can not publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity, or standards of decency.

## SAGE Classifieds

### SAGE ADVERTISING POLICY

Our monthly Newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for businesses and organizations at a very reasonable rate. Contact the SAGE office at 954-720-0833 or E-Mail at [sageoffice@bellsouth.net](mailto:sageoffice@bellsouth.net) for more information about business cards to full-page ads, classifieds and flyers. We appreciate our business supporters. As members, let's support them as much as possible.

## MONTHLY BOARD MEETING & SATURDAY LUNCH & LEARN

*12:30 PM, FEBRUARY 7, 2009*

**AT THE HERB SKOLNICK COMMUNITY CENTER**  
800 S.W 36th AVENUE, POMPANO BEACH, FL

**RESERVATIONS REQUIRED!!!!!!!!!!**  
**Members with reservations: \$12.00**  
**All others: \$14.00**

Doors open at 12:00 PM

If you arrive early, please make yourself comfortable in the lobby and meet and mingle with other SAGE members and their guests.

*Reservations must be made by 12:30 PM on the Thursday preceding The Luncheon, as the caterer must have the final count.*

For reservations call the SAGE Message Hotline, 954-720-0833 or reserve by E-Mail: [sageoffice@bellsouth.net](mailto:sageoffice@bellsouth.net)

### ~ MENU ~

Salad

Ricotta and Spinach Tortellini  
Fresh Tomato Sauce  
Roast Beef, thinly sliced with Rosemary Sauce  
Mixed Vegetables  
Apple Strudel

*Speaker: Betty Rosse,*  
*Public Education Coordinator*  
*Elder and Veterans' Affairs Services*

## THANK YOU VOLUNTEERS

The members of SAGE wish to thank Barbara Sussman, Fran Lichtman and Phyllis Foster for serving at last month's Lunch and Learn, and Milton Lestz for selling the 50/50 raffles. We continue to thank Les Oldenbusch and John G. Harris for setting up the luncheons every single month, and for providing us with water and cups. Thanks guys for schlepping all that stuff back and forth from your home every month. ■



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**MEN'S WEDNESDAY DROP-IN**  
 ~ by Ron Catena ~

Well the very happy and active holiday season has passed! SAGE Members had a host of fun activities to participate in. Many Drop In regulars enjoyed The Gay Men's Chorus concert. Among those in attendance were Rex Coston, John Chandler, Richard Langhorne, Ken Merrifield and the writer. The SAGE Holiday Party at the Palm Aire Country Club can only be described as "elegant." Spotted enjoying the festivities were Philip Norris, Allen Sandler, everyone's friend, Rex Coston, and a host of others.

A very happy birthday to Sam Feldman, who recently celebrated his 96th birthday. Sam is a retired business man and author. He is such an inspiration to all who know him. He attends the Drop In faithfully every Wednesday with a smile on his face and a twinkle in his eyes. Sam invariably brings a tin of cookies for all to enjoy. Our lives are better for knowing such a wonderful man.

Congratulations to Julio Ajon, who has bought and refurbished a new home in Oakland Park.

Dr. Norm Peters, our much loved facilitator, has just completed 52 weeks of leading the Drop In discussion group. Norm you are certainly eligible to be listed as a "National Treasure."

See you at the Drop In every Wednesday from 1-3 PM

at the GLCC on Andrews Avenue. Meet new people; see old friends; stay tuned to what's happening around town. **This is a SAGE sponsored activity.** ■

**PLEASE PATRONIZE  
 OUR ADVERTISERS**

**SAGE MEMBERS HELPING  
 SAGE MEMBERS**

Did you know that every month SAGE Members perform acts of kindness to other SAGE members? These acts are selfless and therefore go unrecorded and always unrewarded.

It is not unusual for a SAGE member to take another to his or her doctor's appointments, medical procedures, such as a colonoscopy, or just for simple food shopping.

We don't know that you need help unless you tell us. If you need a ride to somewhere, please call the office at 954-720-0833. We will attempt to find someone in your neighborhood who can help you. We don't promise a 100% success rate, but we will do whatever we can to get you to your destination. Don't be shy. Let's hear from you. ■

OPEN DOOR. OPEN MIND.



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**FINANCIAL STATEMENT**

SAGE OF SOUTH FLORIDA, INC.  
 BALANCE SHEET  
 December 31, 2008

<u>ASSETS</u>			
Cash and Cash Equivalents	85,802		
Other Assets	<u>6,770</u>		<u>92,572</u>
LIABILITIES	4,006		
FUND BALANCE	<u>88,566</u>		<u>92,572</u>

SAGE OF SOUTH FLORIDA, INC.  
 INCOME STATEMENT  
 YEAR ENDED 12/31/08

<u>REVENUES</u>			
Programs	40,050		
Program Costs	<u>32,413</u>	7,637	
Membership Dues		10,705	
Advertising		3,761	
Contributions		20,432	
Investment Income		3,731	
Other		<u>1,486</u>	47,752
<u>EXPENSES</u>			
Newsletter		12,950	
Rent		6,400	
Office Supplies		5,627	
Telephone		2,509	
Postage		3,252	
Community Events		3,927	
Donations		1,380	
Conferences		2,674	
Other		<u>909</u>	<u>39,628</u>
NET INCOME			<u>8,124</u>

**SHARING SAGE WITH OTHERS**

Reconnecting with old friends and meeting new acquaintances is a great part of the SAGE tradition. We invite you to share this tradition by inviting someone new to SAGE to one of our many SAGE sponsored events. Share the camaraderie and support found among SAGE members with others.

When you invite someone new to any of our SAGE sponsored events and that friend joins SAGE, he or she will become a SAGE of South Florida member for the reduced fee of \$25.00 for their first year of membership.

Bring a friend along with you the next time you attend or participate in a SAGE sponsored event. Share the tradition. ■

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DennisReed@linuxmail.org

**THE BOARD OF DIRECTORS  
IS LOOKING FOR A FEW  
GOOD (WO)MEN**

There will be two openings on the SAGE Board of Directors come this March. If you are interested in serving on the Board of Directors of the most dynamic of any gay organization in South Florida, please submit your resumé to the SAGE office prior to Feb.15, 2009. You will be rewarded for your service far beyond the effort that you put into it. (8333 West McNab Rd #239, Tamarac, FL 33321). ■

**SAGE FRIENDLY  
SUPPORT PROGRAM**

We'd like to think we are not merely fair weather friends, but people who really care about our SAGE family. If you know of any SAGE member who would appreciate a friendly call, is sick, in the hospital, recently lost a loved one, or just needs a note of cheer, please contact, for women, either Caroline Leto at 954/925-6288, Jean Arthurton at 561/381-3103; or for men, Leo Glickstein at 954/427-6877. ***This is a SAGE sponsored activity.*** ■

**PAID ADVERTISEMENT**

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# MEN'S DROP-IN CHRISTMAS PARTY



## eating well

### **9** foods that protect your heart

- 1. Avocados.** A food almost too good to be true, avocados are packed with heart-healthy fats, cholesterol-lowering minerals, and are high in fiber and foliate that promote healthy arteries. Yet they do contain about 300 calories each, so go easy on the guacamole.
- 2. Salmon, sardines, and other fatty fish.** Treasures from the sea contain a heart-protective type of fat (omega-3) to help regulate heartbeats and decrease blood clotting and inflammation.
- 3. Oatmeal and oat bran.** Great foods to start your day because they're loaded with soluble fiber that helps lower LDL "bad" cholesterol.
- 4. Walnuts.** Go nuts. They contain heart-healthy fats that can also lower LDL. Some people may be allergic to nuts. Walnuts are high in calories, so a handful is plenty.
- 5. Edamame.** These protein-rich green soybeans contain all eight essential amino acids. They also help lower LDL cholesterol. Try them steamed.
- 6. Bananas.** A portable source of the blood-pressure-regulating mineral potassium. Apricots, kiwi fruit, spinach, and other dark leafy greens are also rich in potassium.
- 7. Ground (not whole) flaxseed.** Another abundant source of heart-healthy omega-3s. Grind in your coffee grinder first, then sprinkle onto cereals, soups, and salads.
- 8. Apples.** Why take vitamins, when you can get Mother Nature's heart-protective best from fruits such as apples?
- 9. Blueberries.** These juicy gems contain more protective heart-healthy compounds than any other fruit.

*Source: The Better Life Diet, by Dr. Lester Savage*

## power to the patient

### **7** easy ways to take charge of your health

**Over the course of treating thousands of patients, I've decided there are seven things you can do to greatly improve your health:**

- 1. Partner effectively** with your doctor to achieve health goals.
- 2. Assume responsibility** for your own health. Consider your doctor a reliable consultant.
- 3. Never discount your intuition** and your concerns.
- 4. Understand there are no wrong or right answers** about your health. There's a best choice *for you*, and you're the best person to decide what to do.
- 5. Keep a medical journal** and your up-to-date medical records, and share them with your doctor.
- 6. Make day-to-day choices** that lead in the direction of health; i.e., take the stairs instead of the elevator.
- 7. Adopt an attitude** of gratitude. Thank people. Be optimistic. This type of attitude will make your journey more fun, and you'll get better results.

*Vicki Rackner, MD, FACS*



## WELCOME TO OUR NEW MEMBERS

John W. Francisco  
Stuart Geller  
Billy R. Smith  
Carol Youngblood

**5 Year Anniversary:**  
Edward Brown  
Daniel Gottlieb


## THANKS FOR JOINING SAGE

## SAGE BIRTHDAYS FOR FEBRUARY

The SAGE Board would like to acknowledge the following members whose birthdays are in FEBRUARY, as well as all the other members whose birthdays are this month that we don't have:

Michael H. Devlin . . . Feb 03	Joel Tendler . . . . . Feb 15
James Smith . . . . . Feb 04	Gary Kempler . . . . . Feb 18
Anne E. Fonfa . . . . . Feb 05	Stuart Geller . . . . . Feb 21
George H. Hibbard . . Feb 06	Joyce Schweitzer . . . Feb 23
Godfrey Isaacs . . . . Feb 09	Ron Kelley . . . . . Feb 24
Richard Rogers . . . . Feb 09	Claudia Krysiak . . . . Feb 26
Jack Myers . . . . . Feb 11	Robert Greene . . . . Feb 27
Tom Antol . . . . . Feb 14	Brian Saxe . . . . . Feb 27

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at: (954) 720-0833 or e-mail us at: [sageoffice@bellsouth.net](mailto:sageoffice@bellsouth.net).



# SAGE ANGELS

*SAGE of South Florida wants to gratefully acknowledge and thank several Members and Friends who donated in December to allow us to participate in community activities such as Pridefest, SmartRide, etc.*

**ANONYMOUS**  
**HANK BROOKS & LEO GLICKSTEIN**  
**RON CATENA**  
**CARL M. GALLI**  
**JOHN GEARRITY**  
**JACK LEY**  
**JACK MYERS**  
**BILL PERRY**  
**BETTY ANN PRISCAK & JEAN JOHNSON**  
**TED SEIFMAN, Theatrical Producer, NYC and LA**  
**JOYCE SCHWEITZER & BARBARA SUSSMAN**  
**CAROLINE LETO & ANN SMITH**

## FROM THE EDITOR

I have been a member of SAGE for about eight years now. Every year, just before the Valentine's Day Dance, I hear members tell me that they are not going to the dance because they are single. I try to explain that the party is for all SAGE members. We are an all inclusive organization. This event is no different from any of our other events. The party is always planned around Valentine's Day and is known as the Valentine's Day party, but it is not for couples only. Please remember that, and plan to attend this gala event. If you don't, you'll be missing out on a great party. ■

## SAGE THURSDAY CO-ED DROP IN

We meet each Thursday at GLCC from 1-3 PM for a discussion of any topic that "pops" into your head; covering local and world events and exchanging information on solar/or wind power, cheaper gasoline prices, mpg on new cars, discussing new movies, great and not so great restaurants, etc. If you are new in town, or just bored with same day routines, and want to meet a great bunch of folks, come join us. You'll feel welcome and a part of the group immediately. You'll wonder what took you so long getting here. ***This is a SAGE sponsored activity.*** ■

## SAGE MEN'S SINGLES GROUP ~ by John Chandler ~

The mission of the monthly gathering is to introduce men who are not in a long term relationship with other men who are in the same situation. The purpose of the monthly meetings is to meet new people, promote and develop a network of friendships for support and socializing, and to provide support to those who have lost their partners because of death or the end of a relationship.

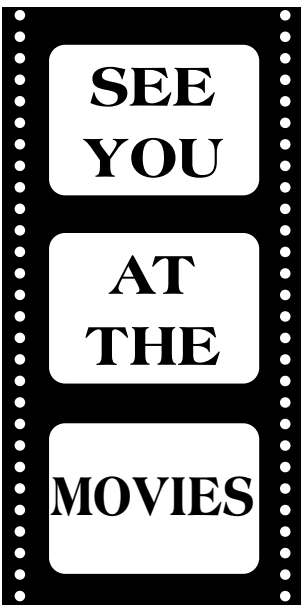
The next meeting is on Monday, February 23, 2009. Join us for cocktails at the bar at 5:30 PM followed by dinner at 6:30 PM at Tropics. Please contact John Chandler at (954) 427-5355 or E-Mail at: [stonyman4u@aol.com](mailto:stonyman4u@aol.com) to make your reservation, and don't forget to wear your "RED SHIRT." ***This is a SAGE sponsored activity.*** ■

## AN OLD SAGE TRADITION

We would like to revive an old SAGE activity called the Afternoon Neighborhood Koffee Klotch to be held at Milton Lestz's home in Palm Aire on Feb 21, 2009 from 2 to 4 PM for all those in the neighborhood.

Please call Milton if you plan to attend for coffee and companionship. Milton can only accommodate around 20 people. 954-970-8538.

If you are interested in hosting future Koffee Klatches in your neighborhood, please contact the SAGE office so we can put a notice in The Sage. ***This is a SAGE sponsored activity.*** ■



with Carl M. Galli  
and  
Ken Goodman

Our February 16th selection is the superb film "GODS and MONSTERS". A different kind of love story, directed by out Bill Condon (based on the novel by Christopher Bram), it tells the sometimes true tale of the "unrequited" love that develops between worldly gay director (of "Frankenstein" fame) James Whale (a U.S. star-making turn by out Shakespearian actor Ian McKellan) and his gardener, Clayton (a very introspective, A-list performance by a buff-and-toned Brendan Fraser).

This from IMDb.com: "The semi-fictionalized story of director James Whale's last days is a melancholy tale of an intelligent, creative mind that is beginning to fail and Whale's desperate fear of that mental failure. He sees in the handsome, hulking form of his gardener an individual that reminds him of his most famous film creation, Frankenstein's monster, and he tries to reach out to him and offer the friendship that his film creation was denied. However, his mind is swimming in and out of fantasy, memory, and reality, and his gesture initially confuses the gardener, who sees it only as a sexual advance....Lynn Redgrave is funny and touching as his housekeeper, and Brendan Fraser, an adventurous actor who does not shy away from stretching his abilities, has yet to find a better role than that of Clayton Boone..."

Winner of the 1999 Oscar for Best Adapted Screenplay (with nominations for McKellan and Redgrave as actors), and winner or nominee of over 50 other international awards, (including the 1999 GLAAD Media Award for Outstanding Film), this is a not-to-be missed experience.

While there is no overt portrayal of sexuality, it is rated R for intense sexual situations.

"GODS and MONSTERS" screens Monday, February 16th, at the GLCC at 4PM. To be followed by dinner. **This is a SAGE sponsored activity.** ■

**SAGE WOMEN**  
~ by Nancy Drennan ~

The Sage Women will meet February 11 for their monthly luncheon at THE ARK, located at 6255 Stirling Road in Davie. The ARK has one of the best buffets in the area, and the desserts are just plain sinful. This is a wonderful time for you to meet other SAGE women and to have a good time sharing jokes, stories and anything else that comes to mind...

Call Nancy at 954-741-1540 for reservations for the February luncheon. We always meet the second Wednesday of the month at 12 noon. **This is a SAGE sponsored activity.** ■

Please remember  
SAGE in your charitable  
donations and estate  
planning.

**HIGH COST OF MAILING**

The cost of mailing the SAGE Newsletter is getting more and more outrageous, especially since the content constantly increases. Did you know that you can receive your Newsletter via E Mail? By doing so, you will be cutting SAGE costs by almost \$2.00 an issue. Please help your organization in its quest to be fiscally responsible. Call the SAGE office at 954-720-0833 and express your desire to become an electronic recipient in this electronic age. ■

**BOOK BUNCH NEWS:**  
~ by Wayne Draper ~

For February 2009, the selection:  
**Go Tell It On The Mountain**  
by James Baldwin



Go Tell It On The Mountain, first published in 1953, is Baldwin's first major work, a novel that has established itself as an American classic. Baldwin chronicles a fourteen-year-old boy's discovery of the terms of his identity as the stepson of the minister of a storefront Pentecostal church in Harlem one Saturday in March of 1935. Baldwin's rendering of his protagonist's spiritual, sexual, and moral struggle of self-invention opened new possibilities in the American language and in the way Americans understand themselves.

This novel was selected in recognition of Black History Month. ■

*History will have to record that the greatest tragedy of this period of social transition was not the strident clamor of the bad people, but the appalling silence of the good people. – MLK*

**HUMOR CORNER**

**The World's Shortest Fairy Tale**

Once upon a time, a guy asked a girl  
"Will you marry me?"

The girl said, "NO!"

And the guy lived happily ever after!

**THE END**



Law Offices

## Arthur B. Smith, P.A.

Galleria Professional Building  
915 Middle River Drive, Suite 420  
Fort Lauderdale, Florida 33304  
Phone: 954-564-8844  
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and Massachusetts Bar

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**SUNDAY-FRIDAY 4-9pm**

**SATURDAY 4-8pm**



**TROPICS**

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**“SENIOR ACTION IN A GAY ENVIRONMENT”**

Dear Folks, Please include a stamped, self-addressed envelope, so we can send you your new MEMBERSHIP CARD. THANK YOU.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

OFFICE: \_\_\_\_\_

CELL: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

BIRTHDAY: \_\_\_\_\_

COMMITTEE INTEREST: \_\_\_\_\_

CIRCLE ONE:      RENEWAL      NEW MEMBER

**PLEASE ENCLOSE A CHECK IN THE AMOUNT OF \$35.00 MADE PAYABLE TO: SAGE OF SOUTH FLORIDA**

**MAIL TO:**

**SAGE of South Florida, Inc.**  
8333 West McNab Road, Suite 239  
Tamarac, FL 33321

**SAGE NEEDS YOU!**  
**PLEASE JOIN OR RENEW TODAY**

**For additional information, please call the message line: 954-720-0833**

**SAGE COMPUTER CLUB**  
~ by Ken Goodman ~

Changes are in the air for the Computer Club. I have spoken with some of the members who attend and they have agreed that the meetings would be better if they were held in a more central location. The February meeting will be at the GLCC on Andrews Avenue on Tuesday February 10, 2009 at 4PM. Call for directions if you need them at 954-720-0833.

Come and learn how to use your computer more efficiently or to see what you have been missing. We discuss all aspects of the personal computer. We discuss Windows XP and Vista as well as Apple OS/X operating systems. We start by discussing a specific topic of interest to the group and then we allocate time to resolve any issues and answer questions you may have. *This is a SAGE sponsored activity.* ■

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**HAPPY  
VALENTINES  
DAY!  
February 14th**

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## SAGE MISSION STATEMENT

**SAGE** of South Florida is a non-profit organization for **Senior Action** in a **Gay Environment** to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives to provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. SAGE is also an advocate for the concerns and needs of the senior GLBT community at large, providing referral information of community resources and promoting inter-generational communication in the GLBT community.

**SAGE** was founded in 1994 as a Florida "not for profit" Corporation. (Federal Tax-Exempt status of 501(c)3 allowing tax-deductible donations). ■

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**SAGE VALENTINES DINNER & DANCE at PRIMAVERA RESTAURANT**

830 East Oakland Park Blvd., Ft. Lauderdale, FL. 33334  
(954) 564-6363

**SUNDAY, February 15, 2009 6:30PM-9:30PM**



**6:30-7:30PM: Seating and Mixer -Wine, Beer & Soda available at cash bar**

**7:30 - 9:30 PM: MAIN MENU**

*Plated APPETIZER SAMPLER of:*

**: Soffiatelli/Eggplant in Crust/Wild Mushroom Strudel**

**House SALAD with Gorgonzola, on request**

**ENTREE: Choice of one from**

**Chicken Picatta, "lemon sauce and capers"  
Bass Filet "Livornese", fresh tomato sauce with Italian herbs  
Veal "Parmigiana" Style**

*(with Fresh Rolls, Chef's VEGETABLE & \*PASTA Side*

**DESSERT COURSE:**

**SPECIAL SAGE RED VELVET VALENTINES CAKE or Sugar Free Cake (by request)  
Coffee/ Tea// Iced Tea/ De Cafe**

**For Your Listening & Dancing Pleasure: Contemporary Song Stylings of Tropics ' STEVEN**

**Pricing: \$30.00 @ for MEMBERS or \$33.00 @ for NON-MEMBERS NO REFUNDS!**

**Reservations Close: Wednesday, February 11, 2009**

**\$10 More p/p at Door without Reservation if Seating is Available**

**SAGE VALENTINES DINNER & DANCE at PRIMAVERA RESTAURANT**

**MEMBERS @ \$30.00 & NON-MEMBERS @ \$33.00 My Phone # \_\_\_\_\_**

Name: \_\_\_\_\_ Choose One: Veal \_\_\_ Chicken \_\_\_ Bass \_\_\_  
Name: \_\_\_\_\_ Choose One: Veal \_\_\_ Chicken \_\_\_ Bass \_\_\_  
Name: \_\_\_\_\_ Choose One: Veal \_\_\_ Chicken \_\_\_ Bass \_\_\_  
Name: \_\_\_\_\_ Choose One: Veal \_\_\_ Chicken \_\_\_ Bass \_\_\_

Mail with Payment to: SAGE, 8333 W. McNAB Road, STE. 239, TAMARAC, FL. 33321  
Questions? Call the SAGE office at (954) 720-0833 A SAGE-SPONSORED ACTIVITY

# AN OLD FASHIONED SAGE PICNIC

Gather together on SATURDAY, MARCH 28<sup>th</sup>, 2009

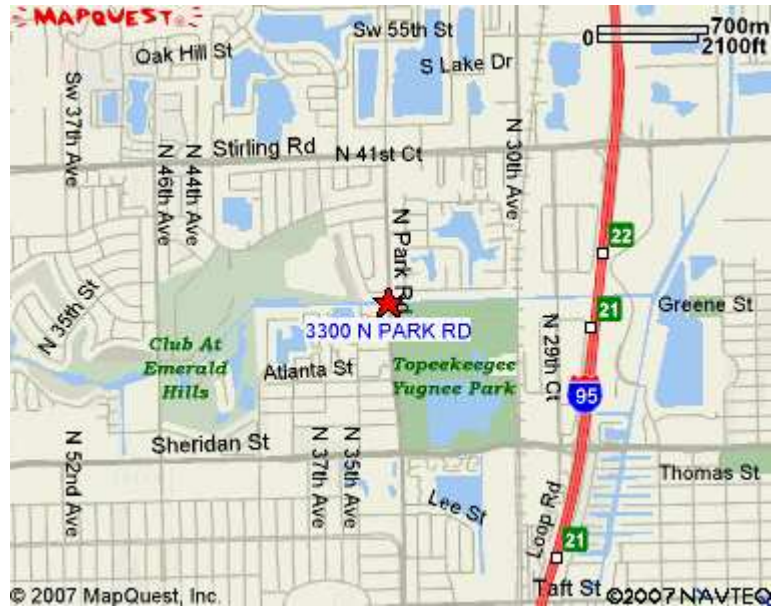
and share some **GOOD VIBRATIONS** at T.Y. Park

*Topeekeegee-Yugnee means "meeting or gathering place" in Seminole*

**From 12:30PM-4:30PM Catered by the Company Picnic Company**

**FABULOUS STAGECOACH MENU:**

HICKORY SMOKED 1/4 BBQ CHICKEN, JUICY & TENDER  
FRESH GROUND FLAME BROILED BLACK ANGUS HAMBURGERS,  
CHARGRILLED JUICY JUMBO ALL BEEF HOT DOGS -all with GARDEN FRESH LETTUCE, TOMATO, ONION & PICKLE, COUNTRY BBQ BAKED BEANS, BUTTER BRUSHED CORN ON THE COBB, TROPICAL FRUIT SALAD, NEW YORK DELI-STYLE POTATO SALAD, & GREEN GARDEN SALAD WITH DRESSING.  
Fresh-Baked LAYER CAKE with SAGE LOGO or Sugar-Free DESSERT (on request), all with BEVERAGES INCLUDING: PEPSI, DIET PEPSI, SIERRA MIST, ICED TEA, & LEMONADE and WATER



**T.Y. Park Pavilion #4 -on the lake -accommodates 50 guests  
3300 N. PARK RD., Hollywood, FL. 33021  
just West of I-95 and Sheridan St. (954) 985-1980**

**Pricing: \$15.00 @ Members\* or \$17.00 @ Non-Members\***

**\*As Always Price Does not include Park Admission Fee of \$1 p/p.**

**Bring a chair or a chaise, some board games, and, most of all, A GOOD MOOD**

**Reservations close No Later Than Wednesday, March 18<sup>th</sup> - -NO REFUNDS**

**If \*NO RESERVATION" You May Pay \$5 More P/P at the Park -if room is available**

**2009 SAGE Picnic at T.Y. PARK**

\_\_\_ MEMBERS @ \$15.00 \_\_\_ Non-MEMBERS @ \$17.00 My Phone# \_\_\_\_\_

NAME: \_\_\_\_\_ NAME: \_\_\_\_\_

NAME: \_\_\_\_\_ NAME: \_\_\_\_\_

Mail to SAGE at: 8333 W. McNAB RD., STE. 239, TAMARAC, FL. 33321

Questions? Call the SAGE Office at: (954) 720-0833

A SAGE Sponsored Activity



**SAGE ANNUAL MEETING, DINNER & AWARDS CEREMONY**

**SUNDAY, MARCH 29, 2009 4PM - 7PM**

at



954-785-0226

**1103 North Federal Highway, Pompano Beach, FL 33062**

*At the Pompano Beach Municipal Golf Course*

*-Between Atlantic Blvd. and Copans Rd on the West Side of US1*

***MENU***

***Salad: Mixed Greens with Herbed Vinaigrette***

***Entrée -Choice of one:***

*Grilled Marinated Chicken Breast with Aaron's Rice and Seasonal Vegetables*

*Grilled Mahi-Mahi with Artichoke Risotto and Roasted Grape Tomatoes, Ginger-Soy*

*Mariated Sirloin with Mashed Potatoes and Seasonal Vegetables*

***Dessert: Key Lime Parfait (or Natural Fruit Cup -on Request)***

***Beverages: Coffee/Decaf/Hot or Iced Tea***

***CASH BAR AVAILABLE FROM 4-7PM***

***Pricing: \$27 @Members & \$30 @ Non-Members***

***Reservations Close No Later Than Wednesday, 25, 2008 -NO REFUNDS***

***NO RESERVED TABLES! PLEASE ARRIVE with YOUR ENTIRE PARTY***

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**SAGE ANNUAL MEETING & DINNER at GALUPPI's**

\_\_\_ MEMBERS @ \$27.00 & \_\_\_ NON-MEMBERS @ \$30.00 My Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_ Entrée: \_\_\_ Chicken \_\_\_ Mahi-Mahi \_\_\_ Sirloin

Name: \_\_\_\_\_ Entrée: \_\_\_ Chicken \_\_\_ Mahi-Mahi \_\_\_ Sirloin

Name: \_\_\_\_\_ Entrée: \_\_\_ Chicken \_\_\_ Mahi-Mahi \_\_\_ Sirloin

Name: \_\_\_\_\_ Entrée: \_\_\_ Chicken \_\_\_ Mahi-Mahi \_\_\_ Sirloin

**Mail with Payment to: SAGE at 8333 W. McNAB Road, STE. 239, TAMARAC, FL. 33321**

**Questions: Call the SAGE office at (954) 720-0833**

**A SAGE-SPONSORED ACTIVITY**

Celebrate the Spring with a SAGE  
**BRUNCH AT TROPICS RESTAURANT**

SUNDAY APRIL 19, 2009

1:00 – 3:30PM (no seating after 3PM)

**Pricing: \$20 @Members or \$22 @Non-Members**

(inclusive of meal, beverages, tax and gratuity)

**BRUNCH OFFERINGS**

**Three HOT Lunch items, plus:**

**Shrimp/Salmon; Carving Station;  
Salads & Desserts; Danishes; Omelet Station; Sunny Side  
Up or Scrambled Eggs; Potatoes: Bacon/Sausage/Corn  
Beef Hash.; Gravy; Biscuits; French Toast;  
Breakfast Lasagna; Quiches**

**BEVERAGES**

**TWO COCKTAILS - BLOODY MARY, MIMOSA,  
or SCREW DRIVER  
Plus, for SAGE, *Coffee or Tea***

**Tropics is located at 2000 Wilton Drive, Wilton Manors**

TEL: (954) 537-6000

**Reservations Close NO LATER THAN: Wednesday, April 15, 2009**

*NOTE: Due to Guarantees Made to the Venue, there can be no Refunds*

SAGE Spring-Time Brunch at TROPICS

\_\_\_\_\_ MEMBERS @ \$20.00 & \_\_\_\_\_ NON-MEMBERS @ \$22.00 My Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

**Mail with Payment to: SAGE at 8333 W. McNAB Road, STE. 239, TAMARAC, FL. 33321**

Questions: Call the SAGE office at (954) 720-0833

A SAGE-SPONSORED ACTIVITY

# SAGE FEB. 2009 Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 "Joe Posa Poses" @ Lips 5 PM call Peter Burke at (954) 649-1107 & tell him you are with SAGE Cred Cd Rqrd	4 1 PM Men's Drop In @ GLCC	5 CO-ED ("MIXED NUTS") Drop-In Group @ GLCC - 1PM	6	7 SKOLNICK Ctr. Board Meeting 9:30PM LUNCH & LEARN 12:30PM Call (954) 720-0833 for Reserv..
8 "Original Florida Follies" @ Parker Playhouse	9	10 COMPUTER CLUB GLCC. Call Ken G. 954-720-0833	11 1 PM Men's Drop In @ GLCC SAGE Women's Lunch at ARK 12PM Nancy D. 954-741-1540	12 CO-ED ("MIXED NUTS") Drop-In Group @ GLCC - 1PM	13	14 BOOK BUNCH - Discussion @ Borders (Sunrise Blvd) - 2PM
15 Valentines Dinner & Dance @ Primavera Restaurant 7PM - Music by Steven	16 SAGE Movie "GODS and MONSTERS" - 4PM @ GLCC - followed by dinner TBD	17	18 1 PM Men's Drop In @ GLCC	19 CO-ED ("MIXED NUTS") Drop-In Group @ GLCC - 1PM	20	21
22	23 MEN's SINGLES DINNER @ TROPICS - 6:30 PM - call John C @ (954) 427-5355	24	25 1 PM Men's Drop In @ GLCC	26 CO-ED ("MIXED NUTS") Drop-In Group @ GLCC - 1PM	27	28
1	2	3	4 1 PM Men's Drop In @ GLCC	5 CO-ED ("MIXED NUTS") Drop-In Group @ GLCC - 1PM	6	7 SKOLNICK Ctr. Board Meeting 9:30PM LUNCH & LEARN 12:30PM Call (954) 720-0833 for Reserv..

# **SAVE the DATES**

- March 15th Sun      DAME EDNA at Parker 2PM -SOLD OUT**
- March 16th Mon      SAGE Movie at GLCC: TBA -followed by dinner: TBD**
- March 21st-22nd Sat/Sun**  
**PrideFest 2009 -War Memorial Auditorium & Holiday Park**
- March 28th Sat      ANNUAL PICNIC at T.Y.Park -12:30PM-4:30PM -\$15/\$17**
- March 29th Sun      ANNUAL MEETING (Elections & Dinner) at "Galuppi's" \$27/\$30 -4-7PM**
- April 19th Sun      Spring Time Brunch at Tropics**