

## Images of America LAND O' LAKES

A new book by local author  
**Jon Helminiak**

Discussion and book signing  
June 18 at Forest Lake Country Store

On June 18, beginning at 10:00 a.m. the Forest Lake Country Store will host a book signing of the soon-to-be-released *Land O' Lakes* (Images of America). Author Jon Helminiak will be on hand to discuss the book and to sign copies after a short presentation. All profits from the sale of the book will benefit the Land O' Lakes Historical Society.

*Land O' Lakes* is published by Arcadia Publishing, America's leading publisher of local and regional history. With the cooperation of the Land O' Lakes Historical Society and many local residents, Jon spent nearly nine months researching, selecting photographs, and writing the



Author Jon Helminiak on a recent kayaking adventure.

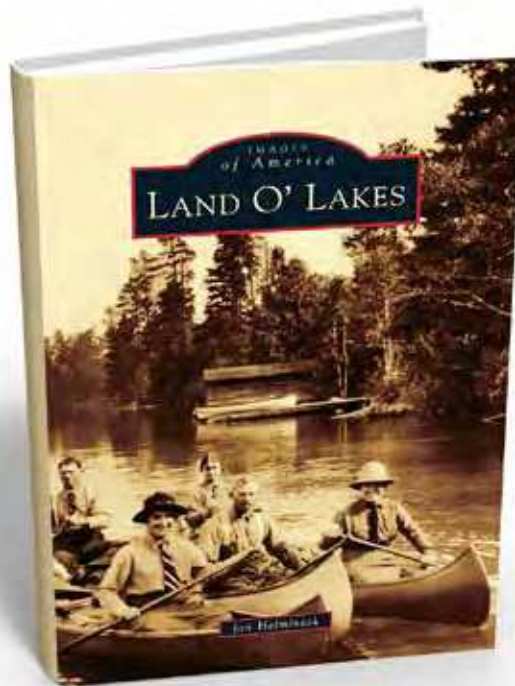
text. It is the first history book ever published about Land O' Lakes and spans a one hundred year period—from approximately 1880–1980. The book includes over 130 unique, rare, and carefully captioned photographs.

The book would be a perfect complement to every coffee table in the Northwoods, and makes a great Father's Day gift for the Dad who has everything. Each member of every family with ties to Land O' Lakes will want one of their own. Jon will also discuss and sign copies of his popular adventure book, *Nothing Routine—A Quest for Adventure in Remote and Strange Places*.

About the Author:

After independently exploring over 60 nations, Jon Helminiak admits, "I've seen enough lakes, rivers, and oceans to know that the Land O' Lakes region is among the most beautiful and spiritual places in the world."

Jon has lived, worked and canoed in Land O' Lakes and Vilas County for nearly 40 years. He has written two other published books, *Nothing Routine—A Quest for Adventure in Remote and Strange Places*, and *Course Set for Manito-wish*, the history of the Manito-wish YMCA in Boulder Junction, Wisconsin.



Jon has adventured in several remote global destinations, including a solo sea-kayaking expedition among the islands of the Raja Ampat Archipelgo near Papua New Guinea, and most recently along the coast of Oman. He is also a scuba diver, canoeist, photographer, and instrument-rated pilot with over 2,000 hours of pilot-in-command time.

After graduating from college, Jon spent six years as the Assistant Executive Director of the Camp Manito-wish YMCA in Boulder Junction followed by many years as a university executive at both UW-Milwaukee and UW-Madison. He is currently President of Adventure Quest Productions, Chief Operating Officer of Pax Media Corporation, and a consultant to non-profit organizations.

See Jon at the Forest Lake Country Store on June 18 from 10:00 a.m. until noon. The Forest Lake Country Store is located at 6256 County Road B, which is 7 Miles west of Land O' Lakes on County B and 13 miles east of the County Road M and B intersection.

## Watersmeet Nimrods High School Graduation

June 3, 2011, 6:00 pm

Watersmeet High School Graduation is on June 3rd with the Class of 2011 Commencement Speaker—James A. Lorenson, President of Gogebic Community College in Ironwood, MI. He was appointed to this position by the GCC Board of Trustees July 1, 2008. Prior to joining the GCC staff, Mr. Lorenson was employed as a deputy for the Gogebic County Sheriff's Department and spent seven years in the private sector with the Proctor and Gamble Paper Products Company in several different management positions, including staff development. Mr. Lorenson was elected to the Ironwood City Commission for 18 years, serving as Ironwood's Mayor for eight of those years.



Watersmeet High School Valedictorian for the 2010-2011 school year is Marissa Jul Burke. Marissa earned a grade point average of 3.98 during her four years of high school. Marissa was in varsity basketball, varsity volleyball, varsity cheerleading, and golf. Marissa is currently the Student Council Vice-President. She was also class secretary her freshman year, class president her sophomore year, and class vice-president her junior year. Marissa will be attending Finlandia University in the fall to attain a Bachelor's Degree in Nursing to become an Registered Nurse. Marissa is the daughter of Mr. Richard Burke and Ms. Michelle Allen.

Watersmeet High School Salutatorian for the 2010-2011 school year is Abigail Laura Ryskey. Abby earned a grade point average of 3.78 during her four years of high school. Abby participated in varsity basketball, varsity volleyball, varsity cheerleading, and varsity track. Abby was this year's Student Council President as well as last year's. She was also class secretary her freshman and sophomore years, class treasurer her senior year, and on the High School Quiz Bowl team. Abby will attend Gogebic Community College in the fall and after two years she will be transferring to Central Michigan University. Abby plans to become a Physical Therapist in the future. Abby is the daughter of Mr. and Mrs. Greg Ryskey.



Graduation will be held in the High School gymnasium starting at 6:00 p.m. Learn more at [www.watersmeetschool.org](http://www.watersmeetschool.org)

# Border Happenings

★ Featured in this issue.

**CONOVER • • •**

**Callie Rohr Memorial Canoe Race:** Rohr Canoe & Campground Resort, Jun 11 & 12. ★

**Taste of Conover:** Town Park, Jun 26, 10am-3pm. ★

**Conover Transfer Station:** Fri, Sat, Sun, Mon, 9am-3pm (May 1 to Labor Day). Wed evening 6pm-8pm. Closed Tues & Thurs.

**Conover Post Office Window:** Mon-Fri, 9am-12:30 & 1:15-4pm, Sat 9-11am.

**LAND O' LAKES • • •**

**Movie-The Illusionist:** LOL Library, Jun 10, 1pm. Free movie, popcorn, & coffee. ★

**Birding Workshop-Partners in Forestry Coop:** Jun 11, 7am. Call Rob Sharka 715-547-6493 for more info. ★

**Bike Trail Benefit Lunch:** Sunrise Lodge, Jun 13-18, 11:30am-2pm. Half sales donated to Wilderness Lakes Bike Trail. ★

**GRABAARW Bike Tour:** Land O' Lakes, Jun 18-20. ★

**LOLA Art Center Classes: Beginning Line Dancing:** Jun 7 - Aug 30, 10am-12pm. \$5. Pay day of class. (No class July 5)

**Basket Weaving-Beginner #2:** Jun 11, 10am-1pm. \$25. Register by Jun 4.

**Basket Weaving-Beginner #4:** Jun 11, 2-5pm. \$40. Register by Jun 4.

**Watercolor Painting:** 2 session Jun 15 & 22, 12:30-3:30pm, kids 10+ \$10. Register by Jun 8. Call Wendy at 715-493-5361.

**A.A.:** LOL Town Hall, Sun, 2pm.

**LOL Fish & Game Club:** Ely Mem Church, 2nd Tue, 7pm, May-Oct. **Trumpeter Swans:** Jun 14th. Presented by Melanie Fullman.

**LOL Tennis Jesters:** Mon & Thurs, 9 am, LOL tennis courts. All levels of play, everyone welcome.

**Headwaters Food Pantry:** mtg, Olympic 76 St, 3rd Tue, 1pm. **Food Pantry Pick-up:** Olympic 76 St, 1st & 3rd Wed, 9am-12pm.

**LOL VFW Post 8400:** VFW Hall, Last Tue, 7pm.

**Gateway Ladies Golf League:** Gateway Course, Wed, 8:30am.

**Kid's Story Hour:** LOL Library, meets Wed 10-11am. Stories, games, crafts, treats, and more.

**Drop Stitch Group:** knit & crochet group, LOL library, Wed, 1-3pm.

**Frosty Snowmobile Club:** LOL Town Hall, 1st Wed, 6pm.

**Home-School Book Club:** LOL Library, 1st & 3rd Wed, 1pm. Youth ages 9+. Call 715-547-6006

**Wilderness Lakes Trails:** LOL Chamber of Commerce Building, 4th Wed, 5pm. Public welcome.

**VFW Post 8400 Ladies Auxillary:** LOL VFW Hall, last Wed, 2pm.

**Bingo:** St. Albert's Church, Wed, starting Jun 15, 7pm.

**LOL Farmers Market:** Thurs. 9am-Noon. Starts June 16-Labor Day.

**New-U Club:** Headwaters Bank, Thu, 8:45-10am.

**Airport Commission:** Land O' Lakes Airport, 2nd Thu, 5:30pm. landolakesairport@hotmail.com

**LOL Chamber Meeting:** 3rd Thu, 8am. Public welcome.

**Open Mike Night:** LOL Farmers Mkt Lot. Fri, 7pm, starts Jun 10.

**LOL Collection Site:** Tue 8am-3pm, Thu 12-5pm, Sat 8am-4pm, Sun 9am-12pm.

**LOL Post Office Window:** Mon-Fri, 9:30am-1pm & 2-4pm, Sat 9:30-11am.

**PHELPS • • •**

**Rummage-A-Rama:** Jun 11, 9am-4pm.

**Library Program-Jennifer Primich:** Jun 30, 10:30am. Vilas Cty Animal Shelter with furry, fluffy friends.

**Phelps Town Board Meeting:** 2nd Mon, 7pm.

**Phelp's Women's Club Meeting:** 3rd Mon. 1pm Call Sharon Gifford for more info 715-545-4008.

**Phelps Senior Center Meeting:** 4th Mon, 1pm, Call (715)545-3983 for lunch reservation 24 hours prior to the meeting.

**Farmers Market:** Dwtwn Phelps, Tues, 9am-1pm starting Jun 14

**Phelps Lions Club:** 3rd Thu, 6pm. Call Dick Martin at 715-891-2296 for location.

**Phelps Historical Museum:** Hwy 17 Dwtwn. Open Fri & Sat, 10am-2pm. No charge. Call Jan Petrick for more info 715-545-2545.

**Story Hour:** Phelps Library, 2nd Fri each month, 12:15pm.

**Phelps Public Library:** Mon, Tue, Thu, Fri - 10am-4pm; Wed - 2-6 pm; Sat - 10am-12pm.

**Phelps Transfer Station:** Sat, 9am-12pm.

**Phelps Post Office Window:** Mon-Fri, 8:30am-12:45 & 2-4pm, Sat 9-11am.

**WATERSMEET • • •**

**Watersmeet HS Graduation:** Gymnasium, Jun 3, 6pm. ★

**Sew What Group:** Watersmeet Baptist Church, Tue, 10am-9pm.

**Watersmeet Township Board of Education Meeting:** 3rd Mon, 7pm. Unless otherwise noted.

**Invasive Species Control Coalition of Watersmeet (ISCCW):** Forest Service Headquarters in Watersmeet, 3rd Tue, 9am.

**Watersmeet Dump:** Mon, Tues, Thu, Fri, Sat - 8am-4pm.

**Watersmeet Post Office Window:** Mon-Fri, 9:30am-12:30pm & 1:30-4pm, Sat 9:15-10:45am.

**BEYOND THE BORDER • • •**

**NORTH LAKE LAND DISCOVERY CENTER PROGRAMS:**

**Bog Walk:** Jun 4, 9-11am. Walk bogs with naturalist. Fee.

**Eagle Banding:** Jun 5, 2 sessions 10am & 2pm. Pre-register. Fee.

**Yoga Classes:** Jun 6, Vinyasa 7:30-8:45am & Gentle Yoga 10-11am. Fee.

**Scenic Waters Pontoon Tour:** Jun 7, 9am-12pm & 1-4pm. Turtle Flambeau Flowage. Pre-register. Fee.

**Guided Nature Art Walk:** Jun 8, 10-11:30am.



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Land O' Lakes, WI 54540  
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General Manager: Sheila Bernier

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Next issue: June 16, 2011  
Submissions by: June 4, 2011

**Nibbles N' Knowledge-Life without the Honey Bee:** Jun 9, 5-7pm, Adults. Fee.

**Lake Captain Training & AIS Pontoon Tour:** Jun 10, 9-11:30am.

**Nature Nook-Animal Tracks:** Jun 11, 9am-12pm & Jun 12, 10am-12pm. ★ Call 877-543-2085 or www.discoverycenter.net

**Boulder Junction's 4th Annual Walleye Tournament:** Headwaters Restaurant, Jun 4 & 5.

**Fishing Guide Seminar-Spring Pan Fishing & Walleye:** Boulder Junc. Comm. Center, Jun 12, 7pm.

**Wis. Regional Art Program Exhibit:** Olsen Mem. Library-Eagle River, May 14-June 4.

**Trees For Tomorrow Scholarship Golf Outing:** Eagle River Golf Course, Jun 3, 7am.

**Northland Pines HS Graduation:** Auditorium, Jun 5, 1pm.

**Northland Pines HS last day:** Jun 8.

**Great Northern Beer Festival:** Hi-Pines Campground-Eagle River, Jun 11, 2-6pm. ★

**WRJO Home Show:** Northland Pines HS, Jun 10 & 11.

**Health Fair:** Eagle River Hospital, Jun 11, 7:30am-12pm.

**Northwoods Children Museum B-day Party:** Jun 11, 10am-12pm.

**Summer Skating School:** Eagle River Sports Arena, Jun 13-24, 6:30-7:15pm. Cost \$50 per week or \$15 per day. Call Jacqui Monge for more info 715-891-1452.

**Vilas Cty Master Gardener's Mtg:** Prince of Peace Church, 2nd Thurs, 7pm. Public invited. A speaker each meeting covering topics from amending soil, container gardens, bee keeping, growing Zone 3, etc.

**ADVANCED HEALTH PROGRAMS: WRJO Home Show:** Ashley Stelter. NPHS, Jun 10 & 11.

**Choose Health:** Dr. Kelly. Jun 14, 12:30-1:30pm. Info: Natural Health Improvement Center 715-362-2300, email advancedhealth@charter.net, or www.advancedhealthnhic.com



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However  
young or old,  
the seeker who sets out  
upon the way  
shines bright over  
the world.

day and night  
the person who is Awake  
shines the radiance of  
their spirit.

Meditate.  
Live purely.

Be quiet.  
Do work, with mastery.

Like the moon,  
come out from behind  
the clouds...

Shine.



## Scholarships... KEEPING YOU POSTED

by Cathy Grady, Postmaster

Mary Bybee presented Joshua Karlovich a \$2000 scholarship on behalf of the Land O' Lakes Historical Society. He was chosen because of his participation in many community activities. Joshua is the son of Dean and Diane Karlovich of Land O' Lakes and will be attending Nicolet College in Rhinelander with hopes of pursuing a career as a set designer.

The Scholarship Committee of the Land O'Lakes Fish & Game Club recently awarded their Senior Environmental Scholarship to Ken Musial, a senior from Northland Pines High School. Ken received \$2,000 in four installments of \$500.00 each for next four semesters.



Ken Musial

Ken meets the scholarship requirements of the LOL Fish & Game Club well. He has a high level of enthusiasm for his chosen field of study, Wildlife Biology. He will be attending UW Stevens Point. He has done well academically, shown definitive leadership qualities, has worked throughout his high school years and volunteered as well. The Land O'Lakes Fish & Game Club is happy to assist a deserving and hard working student and wishes Ken success in his studies.

Last week the "Garden of Love" stamps went on sale. The stamp sheet depicts an abstract garden of bright flowers, a butterfly, a strawberry, and doves, interlaced with vines that run from one stamp to another. Each prominent element of the design is in the shape of a heart. The deep blue background is reminiscent of a brilliant summer sky. The word "Love" sits atop each stamp. This stamp is a continuation of the popular "Love" series introduced by the Postal Service in 1973.

We also have a new Purple Heart stamp. In 2003, the Postal Service issued its first Purple



Heart stamp. It featured a photograph of a Purple Heart awarded to Lt. Colonel James Loftus Fowler (USMC) in 1968 following an action on the border between

North and South Vietnam. This new stamp features a photograph of the Purple Heart medal awarded during World War II to 1st Lieutenant Arthur J. Rubin. He was injured twice in 1944 during military operations near Sainteny, a village in the Normandy region of France and was awarded a Purple Heart and an Oak Leaf Cluster to the Purple Heart. On July 8, 1944, for gallantry in action during a fierce German counter-attack, he received a Silver Star. This new Purple Heart stamp is a "Forever" stamp.

Did you know that the longest rural route in the Postal Service is Route 2 in Gridley, KS? The carrier travels 182.8 miles daily and delivers to 258 boxes. The shortest route is Route 42 in Henderson, NV. The carrier travels 2.9 miles daily and delivers to 952 boxes.

The Land O Lakes Post Office collected 642 pounds of food for the food pantry during our food drive in May. Thanks to the generosity of our customers.

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UPCOMING SPECIAL EVENTS:

June 19th - Father's Day  
Breakfast to benefit the  
Cisco Chain Riparian  
Owner's Association to  
help treat invasive species  
on our lakes. 8am-11am.

July 23rd - 8th Annual  
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## A LOCAL LOOK Dance Workshops

Land O' Lakes Area Artisans, Inc. (LOLA) is pleased to announce two three-week dance workshops for this summer.

Barbara Grubel, originally from Land O' Lakes, will mentor the Summer Dance Program sponsored by LOLA, Land O' Lakes Area Artisans, Inc. She will mentor dance teacher Kelly Kachelski, who has received a 2011 Summer Undergraduate Research Fellowship grant. Kelly will be teaching two three week sessions of dance to children and adults at the Land O' Lakes Elementary School.

Barbara Grubel, Associate Professor in the Department of Theatre and Dance at University of Wisconsin Whitewater is a teacher, dancer and choreographer. Ms. Grubel has a performing career spanning twenty years and includes sixteen years dancing and touring in New York City, where

and special education. Kelly is president of the UW Whitewater Dance Company.

Kelly is originally from Milwaukee and has been performing since the age of 11. She has performed throughout the Greater Milwaukee area as well as around the United States. Her teaching experience includes teaching for the Whitewater Parks and Recreation Dance Program for the past five sessions and teaching workshops for University of Wisconsin Whitewater Dance Company.

Barbara and Kelly will bring to the Northwoods years of experience and dedication to dance. LOLA is fortunate to have the opportunity to work with them. LOLA would like to thank community members who have graciously offered their homes to Kelly this summer.

The first three-week session runs on June 27-July 14 (six classes), with the July 4th class being rescheduled. The second three-week session runs July 18-August 4. Classes will be held at the Elementary School Gym in Land O' Lakes.

Creative Movement—basic locomotor steps and beginning ballet for 3 and 4 year olds. Mondays and Wednesdays, 3:30-4:30 p.m.

Ballet/Tap is offered for 5-7 years of age on Mondays and

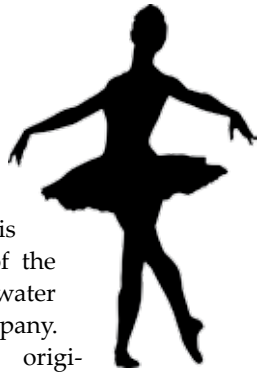
Wednesdays from 4:30-5:30 p.m. and for 8-12 years of age on Tuesdays and Thursdays from 3:30-4:30 p.m.

Ballet for 12 years of age and older is offered on Mondays and Wednesdays from 5:45-7:15 p.m.

Jazz/Hip-Hop is an upbeat class for older students. Basic steps to some hip and funky musical selections are offered. Tuesdays and Thursdays from 4:30-5:45 p.m.

Adult Modern dance explores movement, space, rhythm and the dancers own creativity. Tuesdays and Thursdays from 6:00-7:00 p.m. Ages 15 and older.

Fees for children are \$4.50 per class or \$21.50 for six classes. Fees for adults are \$5.50 per class or \$27.50 for six classes. To register or for more information contact Wendy at 715-493-5361 or visit us online at [www.lolaartswi.com](http://www.lolaartswi.com). Space is limited, so register soon!



she was a frequent guest artist at Dance Space Studios.

Kelly Kachelski is a dancer, student, teacher and choreographer. She is currently a student at University of Wisconsin-Whitewater and will major in elementary education with a minor in dance



## Northwoods Children's Museum & Special Olympics Young Athletes™

Since its inception in 1968, Special Olympics has offered sports activities for children and adults with intellectual disabilities. Now, there is a program being launched statewide called Special Olympics Young Athletes, geared to children of all abilities, ages 2-7 years old. The Northwoods Children's Museum is offering the Young Athletes program June 22-August 17. Sessions will be held at the park behind Eagle River City Hall on Wednesdays from 9 a.m.-10 a.m.

The program is designed to address physical activities focused on developing fundamental motor tracking and hand-eye coordination and also the application of these activities through a sports program. These activities will help children improve physically, cognitively, and socially through interactions.

The program is \$10 per family and each session will include a snack as well as individual and group activities. Register by June 8.

Contact the Northwoods Children's Museum at (715) 479-4623 or [ncm.er@frontier.com](mailto:ncm.er@frontier.com).

## Great Northern Beer Festival

Eagle River's Great Northern Beer Festival has received confirmations from twenty-seven breweries that will be pouring their products for festival goers on June 11th from 2pm to 6pm on the festival grounds of Hi-Pines Campground. For the full line-up of breweries that will be pouring their very best go to [www.greatnorthernbeerfestival.com](http://www.greatnorthernbeerfestival.com).

Advanced tickets are \$30 and are available at Trig's Cellar 70s in Eagle River, Minocqua, Rhinelander, and Wausau; at the Eagle River Area Chamber of Commerce & Visitors Center; and online at [www.greatnorthernbeerfestival.com](http://www.greatnorthernbeerfestival.com). Tickets may be available at the gate for \$35. Designated drivers are admitted free when accompanying a paid admission. Many of the area hotels are offering a free bus shuttle for their customers.

Proceeds from the event will benefit Vilas Food Pantry, the Vilas County Humane Society, the Olson Memorial Library Expansion Project, the YMCA of the Northwoods-Strong Kids Campaign and the Eagle River Historical Museum.

The Great Northern Beer Festival has been recognized by Road Trips for Beer as "One of the Top Ten Spring Beer Festivals".

**2011 Community Wide  
Rummage-a-Rama**  
June 11th 9am - 4pm throughout Phelps

Sale maps available at the Chamber office beginning at 8:30am the day of the sale.

Office address: 2299 Hwy 17, Phelps  
Phone: (715) 545-3800 or 1 (877) 669-7077  
Email: [phelpschamber@gmail.com](mailto:phelpschamber@gmail.com)  
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In 1986 the Great Annual Bicycle Adventure Along the Wisconsin River started in Land O' Lakes and to celebrate its 26 year anniversary it is coming home. GRABAAWR® is a challenging bike tour with plenty of miles, hills to climb, spectacular vistas, friendly communities, fabulous food stops, cool swimming holes, and hundreds of riders to meet.

The tour starts at the headwaters of the magnificent Wisconsin River with Land O' Lakes being the host town this year. The route follows low-traffic roads along the 427-mile length of the river as it winds through the Northwoods, central sand counties, and the driftless area of Wisconsin's Southwest. GRABAAWR® covers seven days of cycling—averaging 70 miles per day. Daily distances range from 55 to 85 miles. The tour is limited to 1,000 cyclists.

GRABAAWR® 2011 will start in Land O' Lakes on June 18th where bikers will be treated to great hospitality and a rollicking opening night party. Then after a layover day they will depart Land O' Lakes on June 20. The 2011 tour will also pass through Rhinelander, Wausau, Wisconsin Rapids, Mauston, Baraboo, before winding up in Muscodora for a celebration lunch. Along the way—nothing but the best time on two wheels!

New this year is GRABAAWR® Lite on June 19th. This one-day event is perfect for the rider who would love to ride GRABAAWR® but can't take a whole week off.

The public is welcome at all events, including the kick off party on Saturday night, June 18. The Wausau band "Back Seat Driver" will play a wide variety of music to inspire the riders. Then on Sunday night enjoy the "Hand Picked Bluegrass Band"—one of the finest bluegrass bands in Wisconsin. Both events will take place at the LOL Town Pavilion and will include food vendors throughout the weekend.

Visit [www.bikewisconsin.com](http://www.bikewisconsin.com) for more information.

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 Friday & Saturday 11am-10pm

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## 5th Annual Taste of Conover Golf...

Come sample some of the greatest foods the Northwoods has to offer at the 5th Annual "Taste of Conover". You'll be able to sample food items for breakfast, lunch, dinner—Mexican, German, Italian—and, of course, desserts. The Conover Chamber of Commerce will be hosting this event on Sunday, June 26th, from 11:00 a.m.–3:00 p.m., in the Conover Park Pavilion located on County K, east.

Each vendor will have food items available in \$1.00 increments. Dollar tickets may be purchased at the entrance.

One of the Northwoods highly recognized entertainers, Skip Wagner and Jim Scheppele will be there for your listening enjoyment. For more information, contact Sharon Olander at 479-5757.



The first day of play for the GATEWAY LADIES GOLF LEAGUE was Wednesday, May 18, 2011. An organizational meeting, coffee and donuts preceded play. The event for the day was "Texas Scramble" and the winning team was Eunice Hughes, Barb Brown, and Jean Sitzberger. New members are encouraged and welcome. Just show up at the course Wednesday morning about 8:30 or call the club house for information.

## 48th Annual Vilas County Musky Marathon a Northwoods tradition

For information on the Vilas County Musky Marathon stop by any of the area Chambers of Commerce, Registration Stations, visit [www.vilas.org](http://www.vilas.org) (just click on the fishing lure!) or call the Vilas County Tourism & Publicity Office at 800-236-3649 or 715-479-3649.



LOLA PRESENTS:  
**Summer Dance Workshops**

**JUNE 27–JULY 14 & JULY 18–AUGUST 4**

CREATIVE MOVEMENT: ages 3-4  
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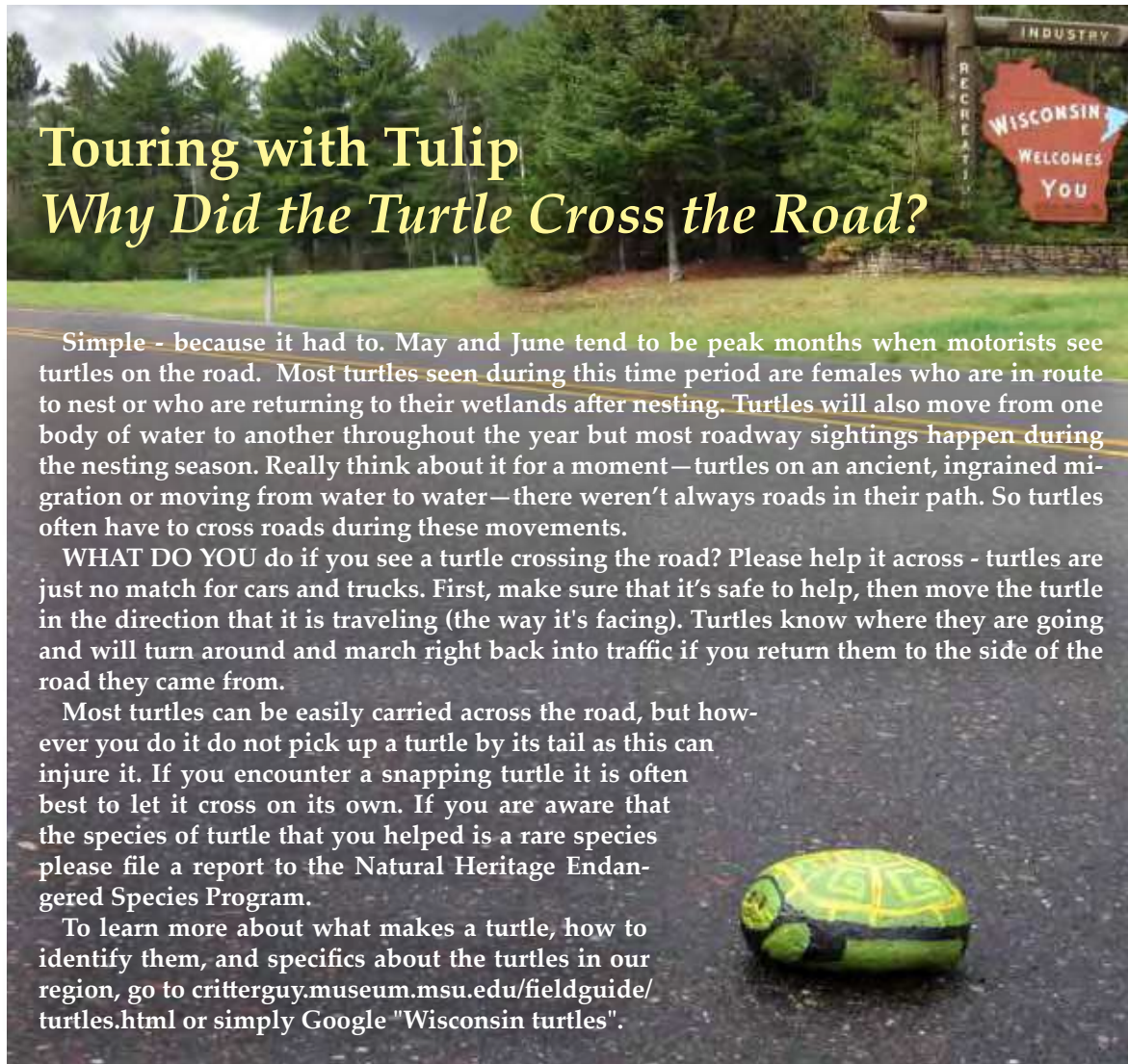
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## Touring with Tulip Why Did the Turtle Cross the Road?

Simple - because it had to. May and June tend to be peak months when motorists see turtles on the road. Most turtles seen during this time period are females who are in route to nest or who are returning to their wetlands after nesting. Turtles will also move from one body of water to another throughout the year but most roadway sightings happen during the nesting season. Really think about it for a moment—turtles on an ancient, ingrained migration or moving from water to water—there weren't always roads in their path. So turtles often have to cross roads during these movements.

WHAT DO YOU do if you see a turtle crossing the road? Please help it across - turtles are just no match for cars and trucks. First, make sure that it's safe to help, then move the turtle in the direction that it is traveling (the way it's facing). Turtles know where they are going and will turn around and march right back into traffic if you return them to the side of the road they came from.

Most turtles can be easily carried across the road, but however you do it do not pick up a turtle by its tail as this can injure it. If you encounter a snapping turtle it is often best to let it cross on its own. If you are aware that the species of turtle that you helped is a rare species please file a report to the Natural Heritage Endangered Species Program.

To learn more about what makes a turtle, how to identify them, and specifics about the turtles in our region, go to [critterguy.museum.msu.edu/fieldguide/turtles.html](http://critterguy.museum.msu.edu/fieldguide/turtles.html) or simply Google "Wisconsin turtles".



## NATURE NOTES Turtles, Turtles, Turtles...

by Peter Dring

The simple definition of a turtle is a reptile with a shell. There are 250 turtle species worldwide, North America has thirty-eight species. I believe turtles are the most intelligent of the reptiles. Like all reptiles, a turtle's body temperature is that of the ambient air around it. In Wisconsin, turtles are active in the late spring, summer, and early fall but hibernate underwater in the mud in winter so they don't freeze. Hibernating snapping turtles need little oxygen and are able to survive by absorbing oxygen through their skin and cloaca.

Land and freshwater turtle limbs end in feet, for walking and burrowing. Sea turtles' limbs are modified into flippers for swimming. Males have a longer tail than females, with the vent farther out on the tail. The plastron (bottom part of the shell) in males is often concave, in females it is flat or convex. These sex differences apply to all turtle species.

Males and females mate in spring. Some weeks later the female digs a nest with her hind feet in soft soil or sand. Most nesting in Wisconsin occurs between mid-May and mid-June. The eggs are white, leathery, and round for snappers, soft shells, and sea turtles. In all other turtle species, the eggs are elliptical. After laying her eggs, the female covers them with sand or rotting vegetation. The eggs are incubated by the sun or the heat of decay. The incubation may take twelve to sixteen weeks. Hatching time depends on the species and the heat and moisture of the nest. If the female lays her eggs late in the summer, in the southern states the young may over-winter in the egg. However, this rarely occurs in Wisconsin because of our cold winter temperatures.

The young of both land and sea turtles must fend for themselves, and many do not survive. The young turtles grow fast and mature rapidly, attaining sexual maturity in three to five years. Turtles in general have the longevity record for vertebrates. Some tortoises can live 130 years or more. So if you take good care of a pet turtle, he or she may outlive you. The record age for a captive snapping turtle is thirty-eight years eight months, and twenty-seven days for an individual kept at the Philadelphia Zoo.

Today many turtle populations have been greatly reduced. The green turtle, hawksbill, diamond backed terrapin, and bay turtle populations are greatly reduced from predation by humans and other species. Many states do not have laws protecting their native non game species. Without laws,

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A baby snapping turtle.

exploitation of some species is inevitable. The greatest threat to turtles is from the destruction of wetlands and urbanization of wildlife habitats. The Endangered Species Act and resulting cleanup of many of our streams and rivers has helped some turtle species, but more needs to be done.

The snapping turtle, *Chelydra serpentina*, is the largest turtle in Wisconsin, weighing thirty to nearly fifty pounds at maturity, with its shell a foot and a half wide. Males are ten to twenty percent larger

than females. The carapace (top shell) has three ridges of knobby plates, usually worn flat in older individuals. The edge of the carapace near the tail is toothed and often covered with algae. The long tail has erect, bony scales. The snapping turtle's head, neck, and limbs are covered with skin, not plates. Its long neck is difficult to see because the turtle usually pulls its neck and head into its shell when a human approaches. The snapper's plastron is small compared to other turtles, and a snapper has very little coloration: dark gray or brown to almost black. The head is large with powerful jaws and a hooked beak but no teeth. There are two barbels (protuberances) on the chin. Snappers are generally nocturnal. During the day they bury themselves in the mud or sand at the bottom of a lake, river, or pond.

Turtles do not hear well, but they see and smell very good. Wild turtles will hiss if you get too close or pick them up. We once had a box turtle that had been raised by a classroom of kids. Champ, our Golden Retriever, would sometimes walk by and give him a couple of licks and go on about his business. I don't know if the turtle liked it or not, but he didn't hiss. The box turtle enjoyed walking around the house when I took him out of the aquarium. He liked to hide, you never knew where you'd find him.

So, if a turtle doesn't have a shell, is he homeless or naked?

# Sunrise Lodge Lunches To Benefit Bike Trail

Sunrise Lodge, on Lac Vieux Desert in Land O' Lakes, will donate one-half of the sales from all buffet lunches served from June 13 through June 18 to the development of the Wilderness Lakes Trails bike and hiking trail system.

Lunches will be served from 11:30 to 2:00 daily, and the cost will be \$8.25 for adults and \$5.00 for children ages 10 and younger.

The Wilderness Lakes Trails system will include a 40-mile trail loop connecting the Sylvania Wilderness to the towns of Land O' Lakes, Wisconsin and Watersmeet, Michigan. The Sylvania Wilderness is a protected public wilderness area located within the bounds of the Ottawa National Forest and managed by the U.S. Forest Service.

Since its inception in 2008, Wilderness Lakes Trails has secured over \$900,000 in state and private grants to support this \$2,500,000 project. An additional \$450,000 will be required over the next three years from private sources in order to complete the trail expansion. Wilderness Lakes Trails is a 501(c)(3) non profit organization; therefore all donations are tax deductible.

For information on the Wilderness Lakes Trails project, visit [www.wildernesslakestrails.org](http://www.wildernesslakestrails.org) or call (906) 544-2448.



"Sunrise Lodge is excited to offer this fundraising opportunity for the bike trail expansion project. The trail will be a wonderful asset to our community and the surrounding area. Bring your family and friends and enjoy a great meal while supporting a great cause," said Dick Mendham, who along with his wife Elsie and children Linda, Vicki, Phil and Karen own Sunrise Lodge.

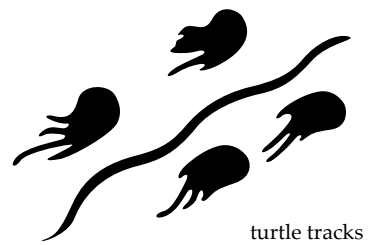
Construction is expected to begin this fall on the Wisconsin portion of the trail. Engineering and design work should be completed on the Northern and Central sections of the Agonikak Trail in Michigan this year with construction planned for 2012. In 2011, Wilderness Lakes Trails will complete signage on a 20-mile designated bike route on rustic forested roads connecting Eagle River and Land O' Lakes.

## Nature Nook Animal Tracks

**North Lakeland Discovery Center Program**  
Sat & Sun, June 11-12  
Sat, 9:00 a.m.-12:00 p.m.  
Sun, 10:00 a.m.-12:00 p.m.

Learn about different animal tracks and patterns. Then decorate a bandana with paint and rubber tracks. Registrations not required. Donations welcome.

For more info 877-543-2085 or [www.discoverycenter.net](http://www.discoverycenter.net)



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# Birding Workshop

Calling all birders!

Partners In Forestry Coop is hosting a birding workshop on a local property in Land O' Lakes on Saturday, June 11th, 7:00 a.m. We will have an expert birder present to help in the identification of birds seen and heard, as well as to answer your birding questions. The site will be on a private 60-acre property that was recently placed under a conservation easement and borders the Sylvania Wilderness Area. All experience levels are welcome.



Please bring binoculars, bird field guides, bug repellent, camera, and rain gear (better to be prepared, right?). So come on out and join the camaraderie. This is the time of the year to view our feathered friends at their best.

Partners In Forestry is a local woodland landowners coop that advocates for sustainable forestry practices and land conservation issues. For more information and directions contact Rod Sharka at 715-547-6493 or email resharka@gmail.com.



# Eagle River 4th of July Parade

Home Town Pride

The Eagle River Area Chamber of Commerce & Visitors Center is pleased to announce this year's 4th of July parade marshal and theme. The theme to this year's 4th of July Parade is "Home Town Pride". This year's parade marshals are Jim and Sally Ayers—for sharing their "Home Town Pride" by serving our community as great volunteers, role models, and community activists, and for playing a major role in the creation and support of our snowmobile trails.

We are encouraging everyone, (families, businesses and organizations), to put together a parade float or themed display for the parade. There is no cost to be in the parade and entrants are judged on originality, charm, and theme. The Eagle River 4th of July parade is a total volunteer-run parade and without you it couldn't happen.

For more information and to register for the parade, contact the Eagle River Area Chamber & Visitors Center at 715-479-6400. Registration deadline is June 24, so we can assign line-up numbers. We will have slots available at the start of the parade, but would prefer early registration.

Parade check in and line-up assignment information will be available starting at 10:00 am on July 4th in front of the Eagle River City Hall building—525 E Maple St. The parade will begin at 11:00 am sharp. The parade route will again start



on Silver Lake Road continue down Wall Street with parade units disbursing behind the old train depot on Railroad Street.

Let's show visitors our hometown spirit by participating in this year's 4th of July parade!

# Meow...

Please take us home!



Butter and Margarine are domestic brothers that came in together. They are beautiful cats! Up-to-date with routine shots

Primary color: Cream or Ivory. Coat length: Long. They are up for adoption at The Vilas County Humane Society-2477 Hwy 45 N, Eagle River. If interested please call 715-479-9777 or stop by to visit them and all our other hopeful residents.

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# HEALTH & WELLNESS

## The Golden Years *Dr. Jerod Bergman*

As we age, we tend to sleep less, the joints are stiff more often, eye sight isn't what it used to be, and diseases and conditions are rearing their ugly heads. Is it just age? Clinically, this is an excuse I hear quite often. Yes, an excuse! This is my opinion on the matter; however, my opinion is based off of personal and clinical experience and most importantly, common sense. Let me explain.

These "age related" issues, contrary to popular belief, did not just fall out of the sky and hit you on the head once you turned a specific number. The reality is you've

been working on these problems and conditions for a long time. Your body has been putting up a behind-the-scenes fight for a good many years, and because of this, it actually gets tired and starts to shut down. Burnout in the form of symptoms starts to appear. Symptoms are the body's warning signal, just like a check engine light or a red alert siren. We must take these symptoms as a sign that the body is physically asking for some help.

With most people the symptoms are ignored or are covered up by taking medications. Why not cover that check engine light with a piece of duct tape? You can't see, hear, or feel that signal anymore, so it should no longer pose a problem, right? Looking at the long term, more damage can actually be done because medications are not designed to help the body heal what ails it, although this may be implied by clever advertising. Rather, they are designed to cover up the very signal trying to alert you. This is something you may have started to realize. You're not alone.

We are seeing a shift in the care of chronic conditions in our country. A shift toward lifestyle changes instead of cover-ups. But this is something that needs to be taken into your own hands. No one is going to do this for you, it is up to you! TAKE THAT ONE ACTION STEP TO CHANGE YOUR HEALTH TODAY! Before you ask for help from a professional you trust or even a friend that you know is on the right track, make a conscious decision to be committed in making the changes you need to make and sticking to it for the long term.



Would you like to know the all time most fantastic secret to longevity and optimal quality of health? Meaning as you age, you will feel great until passing away peacefully at a ripe old age from natural causes? Are you ready? It's what you eat. Yes, what you put into your body so that it can get the nutrients needed to run the necessary reactions to run properly. These nutrients, along with the absence of extra work and stress due to eating something 'artificial' or unrecognizable to the system with preservatives and names in the ingredients you can't even pronounce, allow for amazing energy and LIFE.

The body always wants to heal itself and work with you, not against you. The most prominent medical institutions in the world know that the top killers of disease related deaths can be prevented by making lifestyle changes early on. In my opinion the diet is the superior life style change in order to prevent ill health at any level. The ultimate key is eating FOODS not PRODUCTS. If you need more information on the difference between the two, go to EducatingWellness.com.

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## ATV Opinion Survey

There are proposals and requests for authorization by town and county boards, to open numerous roads to ATV travel from May 1 to Oct. 31 between 6am and 10pm. According to proposed route maps, the largest percentage of route travel on town roads will be in Conover. This is being sought to bring ATV access to taverns, restaurants and resorts, connecting area communities to existing routes. Please fill out the following survey to have your opinion considered on this matter.

Your home or property location (fire # and name of road)

If vacant property w/o fire #, your full name as it appears on tax bill.

- I own an ATV/UTV     I do not own an ATV/UTV
- I favor ATV/UTV routes to connect communities
- I do not favor permitting use on paved roads
- I do not agree with proposed route or operation guidelines

Please complete survey by June 30, include any remarks you may have. Then either mail to: PO Box 115, Conover, WI 54519 or put in the drop box on the doors of the Conover Center. For more information, email conoverclerk@gmail.com



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Watersmeet, MI  
906-358-4551

Please mark the bag with your name, contact information, collection date and location of where the sample was found and a biologist will help you identify your specimen. The website [www.Lakeguards.org](http://www.Lakeguards.org) may also help you identify local invasives.

Information provided by ISSCW (Watersmeet Lakeguards)



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## Paddle for a Cure

Help Save Our Kids, see Media Personalities  
Sunday June 12th

Come help save our kids from their number one medical killer, children's brain cancer. Join Coyote 93.7 DJ's P.J. and Ben Merritt, along with "Jeff in the Morning" formerly of Eagle River and now on the air at Tomahawk's WJQ 92.5, TV's Diana Normand and Phil Levin from WSAW Channel 7, and Sarah Rasmusen and Ryan Michaels from WJFW Channel 12 on the water. They will race in the "Paddle for a Cure" course on Sunday at 10:30 a.m.. They will start at the County G landing, which is two blocks west of Hwy 45 just north of Eagle River by the High School. This short three-mile race is part of the Callie Rohr Memorial Canoe and Kayak Race. It is designed for paddlers who do not want to do the whole Marathon race, but want to "Make a Difference".

The race weekend gets started Saturday with a hot breakfast, provided by the Conover Lions Club (\$6.00), followed by the start of the exciting race heats at 9:00 a.m. Spectators can move to different bridges along the race course to watch the racers and go to the finish of first day heats at River Road and enjoy a Sloppy-Joe lunch (\$5.00). Dinner (\$8.00), featuring chicken breasts and hamburgers cooked over an open fire with sides of potato salad, and baked beans and desert will be starting at 5:30 p.m. The raffles and a great entertaining live auction by "Jeff in the Morning" Jeff Listcher, will start after dinner. Sunday's event starts with a pancake breakfast (\$5.00) served at 6:30 a.m and the Pro's starting at Rohr's at 7:30 AM and Recreation Racers starting at River Road at 9:00 a.m. These race starts are fun to watch as racers battle for position trying to be the first one down the river. "Paddle for a Cure" race starts at County G just north of Eagle River at 10:30 with all racers finishing at the Eagle River Inn. The racers begin

to arrive at about 11:30 AM . Everyone is welcome at the delicious Pig Roast (\$9.00) which includes, raffles, awards ceremony and refreshments. The Pig Roast begins at the Eagle River Inn at 2:30 PM and again is open to all.

This is the 7th year that the Rohrs have sponsored this great charity event which has raised over \$76,000 to date and hope with everyone's generous help to have another great fund raising year. The 2011 monies go to Dr. Tomita's Research Program at Children's Memorial Hospital in Chicago. The Rohr's are just finishing a two-year research award at the University of Pittsburg in Pittsburg Pennsylvania. The Rohr's lost their daughter Callie in 1999 to a brain tumor five days before her 10th birthday. Brain tumors are the number one medical killer of our children!

There is still time to sign up for this great event. The race is open to all skills of paddlers and all canoes and kayaks, with thirteen different race classes to participate in and all spectators welcome. It is a 26-mile marathon race that the recreation classes paddle over two equal days and the pro classes blasting down the river on Sunday in an incredible one-day race. Paddlers can choose to do the whole Marathon, half Marathon either day or the short "Paddle for a Cure" race on Sunday. It starts at the Rohr's canoe resort and campground on the Headwaters of the Wisconsin River in Conover Saturday June 11th and ends at the Eagle River Inn on Sunday June 12th. The Headwater of the Wisconsin River is a great little wild and beautiful stream, The Rohr's say "This is an exciting event to come watch and is open to all spectators so don't hesitate to come and paddle. You can choose to do a half marathon either day or paddle in the short "Paddle For A Cure", having a hoot with all the



media people. This is a very fun event to participate in, volunteer for, or attend, with lots of fun stuff to do and see".

The Rohrs say that this is a complicated event to put on and welcome all volunteers who want to join us in this important fight against brain cancer. We need people to help with either day of the race, before the race, and to go to events to sell raffle tickets after the race. They are doing a summer long raffle of a 14-foot Current Design Kayak, along with some great accommodation packages. The Rohr's say, "we have a lot of great volunteers, and without them we could not put on this great event and raise the money that we do".

If you are interested in participating, watching, donating, or volunteering you can get more information by going to their website at [www.RWTCanoer.com](http://www.RWTCanoer.com) and click on the race page. Find the race on Facebook, email them at [info@rwtcanoer.com](mailto:info@rwtcanoer.com), call 715-547-3639, or stop by at Rohr's Wilderness Tours, 5230 Razorback Rd, Conover WI, 54519. They are open every day from 9 a.m.-6 p.m.

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# From the PASTOR'S WINDOW

by Pastor Skip Pullen

In court, a witness is sworn in promising to tell the truth, the whole truth, and nothing but the truth. As I look across the landscape at what is called Christianity in our country, I wonder if some believers have lost the truth and the ability to be credible witnesses for the Lord Jesus Christ in whom they profess to trust. I see and hear "half gospels". Paul wrote that believers were to be speaking the truth in love. What I hear is either truth without love or love without truth.

Across much of mainline Christianity, and now more alarmingly in evangelical circles, is a gospel that preaches "love" and "belief", but not repentance or hell. Now certainly they are part of the gospel, but it isn't the whole of the gospel. In the love and belief paradigm, we are told that God loves us and has a wonderful plan for our lives; you need to believe in Jesus and He will bless you. This is what I would call a "life enhancement gospel". Sometimes a person will say, "I believe in Jesus." Meaning they believe that Jesus existed. They may even believe that He died on a cross for people's sins, though many just think He was showing us how to be a martyr and die for a cause one believes in and to be the Savior of sinners. James writes, "You believe that there is one God. You do well. Even the demons believe—and tremble!" (James 2:19). It is not just an awareness of Him, but a trust in Him. When we preach God's love and forgiveness without laying a foundation for the need of salva-

tion, we at best share a nice sentiment. Many gospel presentations omit any mention of hell or eternal condemnation. I've found people embrace the Christian faith until something better comes along. This gospel is a half gospel, because it doesn't present the full truth and may even lead a person to believe that they are saved and okay with God when they aren't.

On the other side, there are those who speak only about hell and eternal condemnation, and fail to speak of God's love and desire to forgive. I watched several videos from a website of one of these churches. They almost seem happy to point the finger at the lost. They misguidedly believe that they are taking a stand for the truth, but truth without mention of God's love and what He did to reconcile people to Himself is only a half truth. They miss that apart from Jesus Christ they, too, would stand condemned. These are like the church of Ephesus that Jesus rebuked by saying, "You have persevered and have patience, and have labored for My name's sake and have not become weary. Nevertheless I have this against you, that you have left your first love." (Rev 2:3-4). The Ephesian church was known for its love. (cf. Eph. 1:15) It is easy to lose our love for the people. Truly hell is a terrible place, and no sane person should want anyone to go there. God doesn't even delight in the death of the wicked. Once a person understands that they are lost sinners, we need to point them to the

Savior. This must be understood first. Paul said that he preached, "Repentance to God and faith in Jesus Christ."

Christians need to learn how to tell the truth, the whole truth, and nothing but the truth. Before God, everyone is a lawbreaker. Our sins, our crimes against God, demand to be punished, be it murder, hatred, lying, theft, or lust. Some people think just because they are basically "good people" or turned over a new leaf or stopped sinning, they will get into heaven. That may keep them from wrong doing in the future, but what about the sins of the past? They still cry out for justice. They still need to be punished and dealt with. Though we can't pay the price of our sin, Jesus took the punishment for all our sin on the cross. Each person needs to recognize that they are sinners and unable to get things right before God on their own. They need to humbly turn to God and put their faith in the fact that Jesus took the punishment we each deserve by dying on the cross in our place. We need to put on the "new man" and put off the "old man", choosing to walk in the newness of life in Jesus. Like the judges in the Bible, they first saved and delivered the people and then they reigned over them. It is the same with Jesus. If He has delivered us and saved us from our sin, He is now our Lord and Master. Have you really believed the whole gospel, or do you have only a deficient half gospel? Trust in the Lord Jesus Christ. Know I'm praying for you.



## The Illusionist

Land O' Lakes Library movie matinée  
Friday, June 10, 1:00 p.m.

This flick is about a down-on-his-luck illusionist befriends a pretty admirer, and finds that his constant quest to impress her may be his ultimate downfall in this animated fable based on an original screenplay by Jacques Tati and directed by Sylvain Chomet. The movie, popcorn, and coffee are free of charge. Children must be attended by an adult.

The Land O' Lakes Library is located at 4242 County B Land O'Lakes, WI. More info at 715.547.6006 or landolakes.wislib.org.

## Tenorissimo!

Three Tenors in an Electrifying Performance  
submitted by Barbara Wilkinson

There is nothing more captivating than a well-trained classical tenor voice, and the three talented young musicians from "Romanza" did not let the audience down. On Friday, April 29, at the Northland Pines High School Auditorium in Eagle River the Headwaters Council for the Performing Arts sponsored, the gifted trio Phil Grant, Paul Ouellette,

and Ken Lavigne. Accompanied by talented musicians, pianist Oleg Levin, violinist David Triaze and double bass player Matt Moley they presented a repertoire of songs entitled "Tenorissimo" that appealed to every age. From beginning to end the music was inspiring and harmonic, and the ambience was intimate, yet full of humor.



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