

2016 Wisconsin Chapter Community Grants

Request for Proposals (RFP)

March of Dimes Wisconsin Chapter 5215 N. Ironwood Rd., Suite 101 Milwaukee, WI 53217-4908

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I. MARCH OF DIMES CHAPTER COMMUNITY GRANTS PROGRAM

Founded in 1938, the mission of the March of Dimes is to improve the health of babies by preventing birth defects, premature birth, and infant mortality. We do this by funding research to understand the problem and discover answers, helping moms have full-term pregnancies and healthy babies, and supporting families and comforting them when their baby needs help to survive and thrive.

Premature birth is the leading cause of newborn death worldwide. Even babies born just a few weeks too soon can face serious health challenges and are at risk of lifelong disabilities. In 2003, the March of Dimes launched the Prematurity Campaign to address the crisis and help families have healthy, full-term babies. The campaign funds research to find the causes of premature birth, and to identify and test promising interventions; educates health care providers and women about risk-reduction strategies; advocates to expand access to health care coverage to improve maternity care and infant health outcomes; provides information and emotional support to families affected by prematurity; and generates concern and action around the problem.

As part of this effort, the Wisconsin Chapter Community Grants Program is designed to invest in priority projects that further the March of Dimes mission, support campaign objectives, and further our strategic goal of promoting equity in birth outcomes.

II. AVAILABLE FUNDING AND 2016 FUNDING PRIORITY AREAS

The chapter community grants fund for 2016 is approximately \$35,000. It is anticipated that two (2) to three (3) projects will be funded, with grants ranging from \$10,000 to \$25,000 each.

All grant proposals must address the March of Dimes mission of improving the health of babies by preventing birth defects, premature birth and infant mortality and should support our Strategic Mission Investment Plan. Priority will be given to projects that meet one or more of the following criteria: a) are evidence-based; b) include measurable outcomes; c) promote equity in birth outcomes. Projects may focus on consumers and/or health care providers. The March of dimes does *not* fund billable health care provider services.

Projects will be considered that address the following focus areas:

- 1. Providing or enhancing premature birth **risk reduction** education and/or services. Risk reduction projects include, but are not limited to:
 - Providing smoking cessation education and/or services to pregnant women. Preference will be given to prenatal health education and information/referral services that utilize the "5A's" counseling approach. For more information, go to the American Congress of Obstetrician and Gynecology website and read the following article: http://www.acog.org/Resources And Publications?Committe Opinions/Committee on Health Care for Underserved Women/Smoking Cessation During Pregnanc

- Focusing on premature birth **recurrence prevention** such as education about "17P" (17α hydroxyprogesterone caproate) treatment for women who have had a previous singleton premature birth.
- Implementing community programs that aim to **promote equity** in birth outcomes. This may include March of Dimes programs like Stork's Nest®¹, Project Alpha, Becoming a Mom/Comenzando bien®, and The Coming of the Blessing®.
- 2. Providing or enhancing preconception health education and/or services. For more information, see the Centers for Disease Control and Prevention Preconception Health and Health Care resources for health professionals at: www.cdc.gov/preconception.
- 3. Enhancing care through the group prenatal care model (e.g. CenteringPregnancy®).
- 4. Supporting a **quality improvement program** related to premature birth prevention with the goal of catalyzing systems change.
 - Reducing Early Elective Deliveries

III. ELIGIBILITY

In order to be eligible to receive a March of Dimes chapter grant, the applicant must provide services in the state of Wisconsin. The applicant organization must be an incorporated not-for-profit 501(c)(3) or for profit organization or government agency. The March of Dimes does not award grants to individuals. Applicants must disclose any conflict of interest due to representation by their organization on the chapter's Program Services Committee or the Chapter or Division Board of Directors.

The March of Dimes does not fund billable health care provider services. The March of Dimes chapter community grants also do not fund scientific research projects. For information about research grants funded by the March of Dimes national office, please go to marchofdimes.org/research.

All grantees must (i) certify that they are not presently listed on the Federal Excluded Party List, debarred or suspended from the award of any federal or state contracts, or excluded from participation in any governmental medical reimbursement programs; and must (ii) attest that they /will comply with all laws and regulations (to include federal, state and local laws and regulations). Additionally, March of Dimes grantees may be screened to ensure that they are not debarred or suspended by the Federal Government and/or local State agencies.

IV. APPLICATION TIMELINE AND FUNDING PERIOD

Proposals due:	09/25/2015
Notification of awards:	01/04/2016
Grant period:	01/15/16 - 12/31/16

¹ In conjunction with Zeta Phi Beta Sorority, Inc. only and with a signed cooperative agreement.

All chapter community grants are approved for one year only. Applicants may choose to submit a proposal that covers a two or three year project period. However, <u>March of Dimes only awards</u> <u>funds for one year at a time</u> (maximum three consecutive years). <u>Funding for years two and</u> <u>three is not guaranteed and will be based upon March of Dimes review of progress and</u> <u>expenditures and the availability of funds</u>.

Multi-year project proposals must include a budget request and objectives for the two or three year time period under consideration, as well as a copy of the applicant's most recently audited financial statement.

V. APPLICANT INSTRUCTIONS

Interested applicants must submit a proposal by September 25, 2015. Late submissions will not be reviewed. Proposals must:

- Adhere to the "Proposal Template" listed below
- Be no longer than 15 double-spaced pages (excluding Appendices); proposals that exceed 15 pages will not be reviewed
- Have a font size of 12 points or greater
- Have margins of at least 1 inch on all four sides

Applicants must submit one original proposal (with original signatures in appropriate places) to the address below by 4:00 PM on 9/25/15. Applicants should also send an electronic copy of the proposal to the address below by 9/25/15 no later than 4:00 PM. The electronic copy should be one complete file, either a PDF document (recommended) or a Microsoft Word document. Do NOT fax applications.

Applications must be received by 4:00PM on 09/25/15. Late applications will not be accepted. Proposals should be sent to:

Marilyn Noll Director of Programs, Advocacy & Government Affairs March of Dimes Wisconsin Chapter 5215 N. Ironwood, Suite 101 Milwaukee, WI 53217-4908 <u>mnoll@marchofdimes.org</u> 414-203-3118

You will receive an email confirming that your application has been received. If you do not receive this email, please call the person listed above to verify that your application was received.

The Chapter's multi-disciplinary Program Services Committee will review proposals. All applicants will be notified in writing of their application's status by 01/04/16.

All grant proposals must address the March of Dimes mission of improving the health of babies by preventing birth defects, premature birth and infant mortality. Priority will be given to projects

that meet one or more of the following criteria: a) are evidence-based; b) include measurable outcomes; and c) promote equity in birth outcomes. Projects may focus on *consumers* and/or *health care providers*.

VI. PROPOSAL TEMPLATE

The full proposal template can be found in Appendix A. Applicants should answer all questions and include all components in submitted proposals. Submitted proposal with incomplete information will not be reviewed.

- Project Overview
- Project Abstract
- Project Description
- Project Objectives/Activities/Evaluation Methods/Outcomes Template
- Budget
- Optional Supplemental Information

VII. GRANTEE REQUIREMENTS

Upon notification of grant award, grantee must sign the March of Dimes chapter grant agreement. If you are interested in reviewing the March of Dimes chapter grant agreement prior to being notified if you have received a March of Dimes grant, contact the March of Dimes chapter.

March of Dimes grantees are required to report on project progress and results six months into the grant agreement and at project end.

Grantees must also get written approval from the March of Dimes chapter for any changes in project design or implementation, variance from the submitted budget, or changes in staff overseeing the project.

Appendix A: March of Dimes Proposal Template

Refer to the following checklist to ensure that your proposal is complete before submitting. Incomplete proposals will **not** be reviewed.

Application Cover Sheet/Project Overview (2 pages)

- Completely filled out *and* signed by the appropriate person
- Project Abstract (1 page)
 - Completely filled out
- Project Narrative (5-7 pages)
 - Addresses all items listed in that section
 - Includes at least one outcome objective that seeks to change knowledge, behavior or birth outcome
- Project Objectives/Activities/Evaluation Methods/Outcomes Template (3 pages)
 - Completely filled out
 - Proposal includes at least one outcome objective that seeks to change knowledge, behavior or birth outcome

Budget (2 pages)

- Budget form is completely filled out *and* signed by appropriate person
- Grant amount requested falls within the allowable range, and requested line items fall within allowable cost items
- Budget totals have been checked for accuracy
- One page written justification *must be* included
- For multi-year project proposals, a copy of most currently audited financial statement including Statement of Income and Expenditure and Balance Sheet is included (not included in overall 15 page maximum)
- Optional supplemental information (not included in overall 15 page maximum)
- Application is no longer than 15 double-spaced pages (excluding a copy of most currently audited financial statement including Statement of Income and Expenditure and Balance Sheet for multi-year project proposals and optional supplemental information)
- Font size is at least 12 points
- □ Margins are at least 1 inch on all four sides
- Applications may **not** be faxed. *Faxed applications will not be reviewed*.
- Submit one original proposal (with original signatures in appropriate places) to Marilyn Noll, Director of Programs, Advocacy & Government Affairs 5215 N. Ironwood Rd., Suite 101, Milwaukee, WI 53217-4908
- ☐ In addition, **send an electronic copy** of the proposal to: <u>mnoll@marchofdimes.org</u>. The electronic copy should be one complete file, either a PDF document (recommended) or a Microsoft Word document.

Applications must be received by 4:00 PM on 09/25/15. Late applications will not be accepted.

You are encouraged to contact the Director of Program Services if you have any questions regarding the March of Dimes Wisconsin Chapter community grants application or need additional application forms. Marilyn Noll, Director of Programs, Advocacy & Government Affairs, mnoll@marchofdimes.org or 414-203-3118.

2016 Wisconsin Chapter Community Grant Program APPLICATION COVER SHEET

Project Overview (2 pages)

Applicant Organization:			
Address:			
City:	State:	Z	ïp:
Project Title:			
Contact Name :			
Phone:	Fax:		
E-mail:			
Institution Type (choose one): Clinic Community-based Organization Educational Institution Health Department (State/Local) Hospital Other For-Profit Organization Professional Association Other Have you previously received March or (5) years? Yes, please specify years	f Dimes grant fu	inding for the sam	e project in the last five
Is this a proposal for a multi-year proje	ct? 🔲 Yes, plea	ase specify # of ye	ears 🗖 No

Please provide a brief synopsis of your project (2 sentences are sufficient):

Please list the <u>one primary March of Dimes priority funding area</u> that the proposal addresses (funding priority areas listed in Section II):

Please list the one primary and one secondary pur	pose category that the proposal addresses
(categories listed in Appendix B):	
Primary:	
Secondary:	

Approximately how many **unduplicated** individuals will be served during year one?

Does this project target adolescents (17 and under)?
Yes No

Does this project aim to reduce disparities?
Yes No

Select the race/ethnicity of the majority of individuals expected to be served by this project (in	f
applicable):	

RACE:
□ White
Black or African American
American Indian or Alaska Native
□ Asian
Native Hawaiian or Other Pacific Islander
☐ Other
ETHNICITY:
Hispanic Hispanic
Please indicate what will be measured and reported on throughout the project:
☐ Change in knowledge ☐ Change in behavior ☐ Change in birth outcomes
Other
Will grant funding be used to support an evaluation of this project? [] Yes [] No
Total amount requested: \$ Cost per individual: \$
Is your agency willing to accept partial funding? [] Yes [] No
If awarded, check should be made out to:
Signature - Primary Staff Person /_/_/ Date Type Name and Title
Signature - Primary Staff Person Date Type Name and Title

Project Abstract (1 page)

Problem Statement: What is the problem that this project will try to address? Why do we care about the problem? What gaps will the project fill?

Methods: What activities will you undertake to achieve results?

Expected Results: What changes do you expect to occur as a result of the activities described above?

Conclusions/implications: What are the larger implications of your findings? What impact will this project have on the problem identified above?

Project Narrative (5-7 pages)

- **Project goal**: What is the goal of the project?
- **Target population**: What is the target population? What needs of the target population are you addressing with this project? How will the project have an impact on these needs?
- **Project objectives**: What are the measurable objective(s) the proposed project aims to achieve? Proposals are expected to include at least one objective that seeks to change knowledge, behavior or birth outcomes. Additional information about objectives and outcomes can be found in Appendix C.
- **Project activities**: What activities will you undertake to achieve results?
- **Expected results**: What do you expect to change as a result of this project?
- **Expected outcomes**: What impact will this project have on the problem identified above?
- **Organizational capacity and staffing**: Description of the organization's capacity to carry out the project. Include agency's mission, key staff, clientele, and experience working with the target population group. What will be the responsibilities of the staff members listed in the proposal?
- **Project timeline:** Provide the timeline on which project activities and results are expected to occur.
- **Evaluation plan**: How will you measure whether the project objective(s) was achieved? What data or information will be needed to measure this?
- **Evaluation tools**: What tools will be used to measure whether objective(s) have been achieved? Include any evaluation tools that will be used (e.g. surveys, attendance sheets, summary health information)
- **Sustainability**: Describe the plan for sustainability beyond the funding period through alternate sources of funding or a change in organizational systems or procedures that will sustain the project's impact.
- **Collaborating organizations**: If applicable, list names and roles of collaborating organizations.
- **Sharing results and outcomes**: In addition to the March of Dimes, *with whom* and *how* will project impact be shared?
- **Visibility**: Describe the ways in which March of Dimes will be visible throughout the project period?

Project Objectives/Activities/Evaluation Methods/Outcomes Template. Proposals are expected to include at least one objective that seeks to change knowledge, behavior or birth outcomes. Additional information about objectives and outcomes can be found in Appendix C.

Description of Objective and Activities to Achieve Objectives	Person/ Agency Responsible	Start/End Dates	Number of Individuals <u>Expected</u> to be Served/ Reached/ Educated	Description of <u>Expected</u> Outcomes/Impact
OBJECTIVE # 1				
1. Activity				
2. Activity				
3. Activity				
Describe the methods that will be used to evaluate th project period. Include source of baseline data.	e success of these acti	vities and whethe	er or not the objective	will be achieved at the end of the

Description of Objective and Activities to Achieve Objectives	Person/ Agency Responsible	Start/End Dates	Number of Individuals <u>Expected</u> to be Served/ Reached/ Educated	Description of <u>Expected</u> Outcomes/Impact
OBJECTIVE # 2				
1. Activity				
2. Activity				
3. Activity				
Describe the methods that will be used to evaluate the project period. Include source of baseline data.	success of these acti	vities and whethe	er or not the objective	will be achieved at the end of the

Description of Objective and Activities to Achieve Objectives	Person/ Agency Responsible	Start/End Dates	Number of Individuals <u>Expected</u> to be Served/ Reached/ Educated	Description of <u>Expected</u> Outcomes/Impact
OBJECTIVE # 3				
1. Activity				
2. Activity				
3. Activity				
Describe the methods that will be used to evaluate the project period. Include source of baseline data.	success of these acti	vities and whethe	er or not the objective	will be achieved at the end of the

Budget Form and Written Justification (2 pages) Complete the budget form *and* provide a <u>one-page</u> written budget justification to detail the items on the budget form. Please include the calculation(s) used to estimate costs. <u>The attached budget form is not acceptable</u> without a written budget justification.

Allowable and non-allowable costs are described in Appendix D.

If you are submitting a multi-year proposal, include a copy of your agency's most currently audited financial statement including Statement of Income and Expenditure and Balance Sheet.

BUDGET	PROPOSED		
(see application guidelines for an explanation of allowable/not allowable expenses)	Year 1	Year 2 (if submitting a multi-year proposal)	Year 3 (if submitting a multi-year proposal)
A. Salaries (include name, position, and FTE)			
Sub-total A			
B. Expendable Supplies			
Sub-total B C. Equipment			
Sub-total C D. Other Expenses/Fees			
Sub-total D			
TOTAL COSTS (Sub-total A+B+C+D)			
Indirect Costs 10% (only for proposals \$25,000 or over)			
TOTAL AMOUNT REQUESTED			

Signature - Primary Staff Person

_/__/_ Date

Type Name and Title

March of Dimes Wisconsin Chapter Chapter Community Grant Application -2016 **Optional Supplemental Information.** No page limit. Please submit additional information that supports your proposal. Additional items may include the following:

- Letters of Support from collaborating organizations.
- Evidence of Institutional Review Board (IRB) submission as deemed appropriate.
- Other supporting materials relevant to the proposed project.

Appendix B: Primary and Secondary Purpose Categories

Primary purpose category (select one):

- Interconception education and healthcare
- Preconception education and healthcare
- Prenatal care services
- Prenatal adjunct services
- Prenatal education and social support
- Professional education and training
- Quality improvement
- Other (please specify)

Secondary purpose category (*select one*):

- Becoming a Mom/Comenzando bien
- Care coordination (case management, patient navigator, medical home, etc.)
- Chronic disease management in pregnancy (hypertension, diabetes, obesity, etc.)
- Coming of the Blessing
- Early elective delivery prevention
- Early entry into prenatal care
- Education materials
- Folic acid
- Group prenatal care (CenteringPregnancy®)
- Group prenatal care (other than CenteringPregnancy)
- Home visiting
- Interconception education
- Maternal/Child Health (MCH) program enrollment (getting women into WIC, Medicaid, CHIP, etc.)
- Newborn screening
- Preconception education
- Prenatal education/incentive (Stork's Nest®)
- Prenatal education/incentive (models other than Stork's Nest)
- Preterm labor prevention
- Project Alpha
- Preterm birth recurrence prevention education (about 17P)
- Preterm birth recurrence prevention education (other than 17P)
- Risk reduction education/services (alcohol and drug use)
- Risk reduction education/services (smoking cessation)
- Sudden Infant Death Syndrome (SIDS) prevention
- Other (please specify)

Appendix C: Additional Information about Project Objectives and Outcomes

Project objectives should be specific and measurable. For example:

- One measurable objective of this project is to increase the percentage of pregnant women enrolled who have a prenatal visit in the first trimester of pregnancy from 40% (baseline) to 50% as measured by medical records review.
- One measurable objective of this project is to decrease the percentage of preterm births among women enrolled in the project from 18% (baseline) to 16.5% as measured by medical records review.

Outcomes are benefits to clients from participation in the program, yet are often mistaken with program outputs or units of services such as the number of clients who went through a program. Outcomes for March of Dimes projects are usually in terms of changes in knowledge, behavior, or birth outcomes. To measure outcomes, baseline data is needed for comparison with data collected during and after project implementation. Below are sample objectives to give you ideas for content and wording about outcomes. Please notice the references to baseline data.

- <u>Knowledge Change</u> By MM/YY, 60% of program participants will demonstrate an increase in the perinatal knowledge test as measured by pre/post-tests. (Baseline will come from pre-test results.)
- <u>Intent to Change Behavior</u> By MM/YY, 80% of participants will agree to make at least one positive behavior change as a result of attending the prenatal classes as measured by client interviews. (Baseline will come from intake interviews.)
- <u>Behavior Change</u> By MM/YY, the number of women accessing adequate perinatal care (at least 13 prenatal visits beginning in the first trimester of pregnancy) at XYZ Health Center will increase from 125/year (baseline) to 150/year through the services of a Patient Navigator as measured by a review of client records.
- <u>Change in Birth Outcome</u> By MM/YY, decrease the percentage of preterm births among women enrolled in the project from 18% (baseline) to 16.5% as measured by medical records review.

Appendix D: Allowable and Non-allowable Costs

Allowable Costs Include:

- Salary grant funds may be used to cover salaries for project-related employees, but <u>cannot be used to pay salary costs for employees who are already employed full-time.</u> Exceptions may be made in circumstances where a specified position is supported primarily by grant funds and the applicant can demonstrate that the requested funds would replace existing grant funds.
- Consultant fees.
- Materials and supplies (e.g. office supplies, health-related materials, refreshments, incentives) necessary to accomplish the specific objectives of the proposal that are usually "used up" in the course of the project. Incentives are items used to enable or ensure participants are able to take advantage of services provided by grantees, for example metro or bus cards to assist women in attending prenatal care appointments or educational sessions.
- Printing and travel that are reasonable and necessary for project implementation. March of Dimes funds may NOT be used to pay for first class travel.
- Facilities rental costs associated with using a physical location for an activity necessary to accomplish the specific objectives of the proposal are permitted.

Non-Allowable Costs Include:

- Salary costs for staff who are already employed full-time by their organization (see exceptions above).
- Construction, alteration, maintenance of buildings or building space.
- Dues for organizational membership in professional societies.
- Tuition, conference fees or awards for individuals.
- Cash stipends for individuals.
- Billable services provided by physicians or other providers.
- Permanent equipment (e.g. computers, video monitors, software printers, furniture) unless essential to project implementation and not available from other sources.
- Educational materials that do not meet the quality or evidence-based standards provided by March of Dimes.

- Indirect costs for grants under \$25,000.
- Advertising materials and purchase of media time/space: Budget costs relating to these items may not be allowable depending on project specifics. Please consult with the chapter contact listed in this application regarding whether proposed items are allowable.