

Learning Objectives

Upon completion of this program the participant will be able to:

- Explore the influences of anatomy and physiology of human lactation on breastfeeding success.
- Discuss barriers to breastfeeding.
- Know strategies that facilitate breastfeeding during the postpartum stay in the birth hospital.
- Provide strategies for successful breastfeeding that ease the transition to employment or school.

The March of Dimes is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission of Accreditation.

It has been assigned Code: 6R2GNS-PRV-06.

Adirondack Health Institute, Inc.
Greater Adirondack Perinatal Network
9 Carey Road
Queensbury, NY 12804



The Greater Adirondack Perinatal Network is funded through a grant from the NYS Department of Health, Division of Family Health, Bureau of Women's Health.

BREASTFEEDING THE HEALTHY NEWBORN



A Dinner Training

**Monday
September 10, 2012
4:30 to 7:15 PM**

**Crandall Public
Library
Community Room
Glens Falls, NY**

GAP-Net is able to offer this program through funding by an award from the March of Dimes NYS Chapter.

Our Presenter

Kirsten Berggren, PhD, FNP, IBCLC comes to lactation from a diverse background. She received her PhD in Anatomy and Neurobiology in 2001 from the University of Vermont. She has worked with the Dept. of Health on its Breastfeeding Friendly Employer Project. Certified as an IBCLC, Kirsten has taught in the UVM Dept. of Nursing, conducting educational seminars for medical students, residents and physicians on issues regarding human lactation. She recently completed her Master's in Nursing, and works as a Family Nurse Practitioner.

Directions to Crandall Library 251 Glen Street, Glens Falls, NY 12801

- Take I-87 to Exit 19, go east toward Glens Falls. Go down hill, past Aviation Mall, turn right onto Route 9 (Glen Street).
- Stay on Glen Street into the City of Glens Falls.
- Library is on corner of Glen, Bay and Maple Streets in City Park.
- Free parking is on the street or in the Elm Street lot. Follow signs for Public Parking across the street from the Library.

Our Program

The March of Dimes ***Breastfeeding the Healthy Newborn*** Module presents breastfeeding information for the professional nurse and other breastfeeding advocates to provide evidence-based care to women and healthy full-term infants. Key concepts are presented that influence breastfeeding initiation and duration. Professional nurses are provided with techniques for encouraging breastfeeding among women pre- and post-birth. Providing evidence-based breastfeeding care is a skill set that is essential to all professionals who work with childbearing or childrearing families across care settings.

Upon completion of this module, nurses may apply for CNE credit directly from the March of Dimes online or by mail. *Breastfeeding the Healthy Newborn* is valid for 4.3 contact hours through 10/12/2012.

Agenda

4-4:30 pm	Registration & Networking
4:30-5:30 pm	First Half of Program
5:30-7 pm	Dinner Buffet & Remainder of Program
7-7:15 pm	Evaluation

Registration

**REGISTRATION FEE \$ 35.00
3 OR MORE FROM THE SAME
WORKPLACE OR AGENCY \$30 EACH**
Includes dinner buffet with
vegetarian option, training
module and related materials.
REGISTRATION DEADLINE 9-4-12

___September 10th (Glens Falls)

___September 18th (Plattsburgh)

Payment may be made by check,
voucher or purchase order to:
**Adirondack Health Institute,
Inc. (AHI)**

Please mail with completed form
to:

Greater Adirondack Perinatal Network
9 Carey Road
Queensbury, NY 12804

If you are unable to arrange for
payment prior to 9-4-12, please call
518-761-0300 ext. 31250, or e-mail
javignonahi@medserv.net to pre-
register.

Name & Title:

Agency/Organization:

Business Address:

Business Phone:

E-mail:

Payment Method:

Please send separate form for each registrant