

Teen Missions Packing List



All your belongings need to be brought in a sturdy cardboard box or plastic tote that is labeled with your name and team number.

A duffel bag will be issued to you. Each person is limited to one duffel bag—**total weight limit is 35 pounds (45 pounds for non-flying teams) including bedding** (sleeping bag or blankets, sheets and air mattress). A waist pack is recommended for camera and personal items. Teen Missions will issue a carryon, NO other hand luggage is permitted. Personal backpacks are helpful at Boot Camp, but must be emptied out and placed in your duffel for travel or left behind. **Bible, boots, jacket, and the travel clothes you will be wearing are not included in your weight limit.**

If your luggage exceeds the weight limit, excess items can be donated to the Teen Missions Missionary Barrel to be distributed to those in need, or you may leave things at Boot Camp to be picked up at Debrief.

Clothing Exchange: You are required to bring to Boot Camp everything you are taking on the team. No one will be permitted to exchange clothing at Boot Camp, airports, homes, etc. What you bring is what you take. **If visitors bring you additional clothing, you will not be permitted to receive it.** Any clothing that you bring with you to Boot Camp that does not fit into your weight limit or that you don't want can be donated to the Missionary Barrel or left to be picked up at Debrief.

___ **Bible**—(with both Old and New Testaments), which can be written in for Bible marking and study. You may want a Bible cover to protect your Bible.

___ **Boots**

Teen—One pair **6"-8"** (8" preferred) **all-leather lace up construction boots**. No material or gortex on the body of the boot.

Preteen—One pair all-leather lace up boots that cover the ankle.

NO OTHER FOOTWEAR IS PERMITTED (except water shoes)

___ **Teen Travel Jeans**—1 pair new dark blue jeans (no frayed hems)

Preteen Travel Jeans—2 pair new dark blue jeans (no frayed hems)

___ **Boot Polish**—and/or mink oil or other water repellent items

___ **Socks**—6-10 pair socks

___ **One Jacket/Sweatshirt**—lightweight or heavy, depending on climate at the project site

___ **Swimsuit**—Swimsuits are for swimming and bathing only.

Girls: Modest one-piece suit (absolutely no two-piece, bikini/tankini or high-cut legs on suits). Shorts may be brought to wear over the swim suit.

Girls must wear a knee-length T-shirt or similar cover-up as they walk to and from the bathing/swimming area. Cover-ups must have sleeves.

SHORTS ARE NOT CONSIDERED A COVER-UP!

___ **Sleeping bag or sheets and a blanket**

___ **Air mattress or waterproof camping mat**—no air pump available

___ **Sleepwear**

___ **Towels and wash cloths**—1-2, lightweight

___ **Bucket**—plastic, 5 gallon (for laundry and bathing).

___ **Scrub brush, clothespins, 20-25 ft. clothesline and laundry detergent or bar**—enough for Boot Camp. You will be able to purchase more in the field.

___ **Toothpaste, soap and other personal items such as baby wipes, hand sanitizer and medicated powder**—extra large sizes will add to the weight limit

___ **Band-Aids**—One large box

___ **Mosquito repellent**—for Boot Camp and the project site as necessary

___ **Flashlight**—lightweight, but sturdy. You will need extra batteries.

___ **Camera with memory card(s) and batteries**—bring a case for protection, but no large cases or extra lenses

___ **Toilet paper**—one or more rolls

___ **Dish bag**—a hand-made bag of lightweight cotton fabric with a drawstring. A pillowcase cut in half with a small hem for the drawstring works well. No mesh bags please. (Can purchase at Boot Camp Store)

___ **Dishes/Cutlery**—You will need to bring a lightweight but sturdy bowl and tray/plate (for the project time) and silverware.

___ **Glasses safety strap**—required for those who wear prescription glasses

___ **Stuff bags or Zip Lock bags** (optional)—One or two gallon size to organize and pack items

___ **Phone Card or quarters** (optional)—One phone call is permitted before leaving the US and upon arrival back in the US before Debrief. Teen Missions does not want team members to have or store cell phones for travel to and from Boot Camp and Debrief. Teen Missions is not responsible in the event a cell phone is lost or stolen.

The following items should be carried in a waist pack or other pouch attached to the body if flying to Boot Camp. They need to be easily available upon arrival at Boot Camp for Registration, collection by the team leader, or immediate use:

___ **Passport**—unless already mailed in with visa application.

DO NOT MAIL IN PASSPORT UNLESS NOTIFIED TO DO SO.

___ **Balance of your support with donor coupons filled out**

___ **Shot Record**—record of immunizations (childhood and/or international immunizations as applicable)

___ **Deposits/Departure taxes**—Tent and literature deposits and departure taxes (see *Specific Team Fact Sheet*)

___ **Visa money**—Only those teams notified

___ **Personal spending money**

___ **Copy of list of contributors with addresses**

___ **Copy of green financial record**

___ **Airplane ticket home or explanation of how team member is getting home and Transportation Home Card if not already mailed**

___ **Unaccompanied minor fee** (if applicable)

___ **Travel home baggage fee**

The following items need to be easily available upon arrival at Boot Camp for Registration or immediate use:

___ **Tool or Gift Card**—listed in *Specific Team Fact Sheet*. If the tool is large, it may be packed separately. A gift card from a home improvement/hardware store may substitute bringing a tool to Boot Camp.

___ **Dish bag**—with silverware in it. The bowl and plate can be packed in your box.

___ **Construction DVD**—or \$15 non-refundable fee

___ **Water Shoes**—for swimming and bathing only—one-piece molded rubber and stretch fabric shoes that completely enclose the foot—no flip-flops, canvas/lace-up shoes or croc type.

**Items left at Boot Camp and will not be counted in weight limit*

WORK/EV TEAMS:

Guys: 3 work outfits—lightweight work pants or jeans and T-shirts
1 dress outfit—slacks (no denim) and collared, button-down dress shirt for church. No suits, banded-collar or polo shirts.
1 pair new dark blue jeans for travel—2 pair for Preteens
Belt—all guys must bring a belt

Girls: 3 work outfits—lightweight work pants or jeans and T-shirts
1 dress outfit—dress, blouse and skirt or jumper (no T-shirts or denim material) for church and a knee-length slip
1 pair new dark blue jeans for travel—2 for Preteens

EVANGELISTIC TEAMS:

Guys: 3 casual outfits—cotton pants/jeans and shirts (not worn for work)
2 work outfits—for Boot Camp (lightweight pants/jeans and T-shirts)
1 dress outfit—slacks (no denim) and collared, button-down dress shirt for church. No suits, banded-collar or polo shirts.
1 pair new dark blue jeans for travel—2 for Preteens

Girls: 3 casual outfits—cotton pants/jeans/skirt and shirt (not worn for work)
2 work outfits—for Boot Camp (lightweight pants or jeans and T-shirts)
1 dress outfit—dress, blouse and skirt or jumper (no T-shirts or denim material) for church and a knee-length slip
1 pair new dark blue jeans for travel—2 for Preteens

DEFINITIONS AND SUGGESTIONS:

Dress outfits—guys: For church or evangelism—dress slacks (no denim), collared button-down shirt. Dress jeans and T-shirts may *not* be worn to church. Ties optional unless otherwise stated in *Specific Team Fact Sheet*. No suits or banded-collar shirts. (No polo shirts for church)

Dress outfits—girls: For church or evangelism—dresses or skirts (no denim) must be below the knee. A knee-length slip **must** be worn with thin skirts/dresses. No sleeveless tops or blouses permitted. (No T-shirts for church)

*Work outfits—*Lightweight work pants (weigh less than jeans and are cooler and easier to wash). Consider the climate of the country where you are going when deciding on weight of clothing. T-shirts are good to work in.

*Casual outfits—*Khakis, cargo pants, cotton slacks, jeans and clean shirt—not ever worn for work.

*Boot Camp clothing—*You may want to bring clothing to be worn only at Boot Camp, then donate it to the Missionary Barrel before leaving for your project. This will enable you to keep clothing for the field clean and packed away. It can also help you to accurately determine the weight of your belongings prior to Boot Camp. *This is optional.* You may also leave clothes behind and pick them up at Debrief.

Clothing Must Be Modest and Neat

Neither males nor females may tie up the bottom of their shirts to expose the midriff, nor can they roll up their sleeves to create a sleeveless shirt. **DO NOT BRING TIGHT CLOTHES** that give the poured-in look—you will **NOT** be allowed to wear them. The following clothing guidelines apply the moment you enter Boot Camp, arrive at the airport or bus station and apply until you reach home. Please come prepared and do not bring any of the following items, as you will not be permitted to wear them in order that we may uphold our witness both as a ministry and as Christians.

Guys

- You are to wear shirts at all times (with the exception of swimming).
- Trousers must be at the waist with no undergarments showing.
- No skimpy swim trunks
- No skinny jeans
- Spacers are NOT allowed at ANY time for piercings or gauges

Girls

- Girls must wear bras. The midriff should not show when bending over or raising your arms. When either standing or bending, you must be modest on top.
- ALL trousers/pants need to touch your ankle
- Do not bring two-piece swimsuits (no French-cut high cut legs, thong, or tankinis)—swim shorts may be worn and you will be asked to wear a T-shirt if the top is not modest (swim shorts and a T-shirt are NOT considered a cover-up).
- No split skirts that look like shorts or capris
- No sleeveless shirts, blouses, dresses or tops— Sleeves must be at least four inches below where the shoulder and arm meet. (no cap sleeves)
- No sheer or see-through skirts or dresses unless worn with a knee-length slip
- No dresses or skirts above the knee—slits cannot go above the knee
- No sun dresses. No strapless clothing, even if something is worn over it.
- No low-cut (front or back) dresses, blouses/T-shirts including V-necks, scoop necks and any deep front cut in which any cleavage shows. Necklines cannot be any lower than four fingers below neck line (regular, v-neck or scoop neck)
- No showing of undergarments (sport bras, etc.)
- No tight or form-fitting tee shirts or pants. Shirts must be somewhat loose.
- No skinny jeans
- Spacers are NOT allowed at ANY time for piercings or gauges

Label Your Belongings

Every item you bring to Boot Camp should be labeled with your name and team number. Use permanent ink markers, iron-on or sew-on labels.

Clothing NOT to Bring

- Any footwear other than boots and water shoes
- Tank tops
- Shorts (unless used as sleep wear or over ladies' bathing suits)
- Jogging-type pants or sweat pants
- Military-like clothing
- Oversized or baggy jeans or pants—unless elasticized or worn with a belt
- Clothing or other items that may be offensive to our Christian testimony are not permitted. This includes screen-printed/decaded items like *Hard Rock Café*, cigarette and beer advertisements, secular rock groups, rude or suggestive phrases, or anything that would be a poor Christian testimony. This also includes those resembling cigarettes, beer or rock groups even if they may be Christian.
- Skinny jeans
- Tight clothing (shirts or pants)
- Pajama pants are allowed at Boot Camp and Debrief ONLY. They must adhere to the following standards:
 - a. Must be dark in color
 - b. Can be plain
 - c. Can be plaid or have stripes
 - d. No "character" or worded PJs (as they are not plain, striped or plaid)

Items NOT to Bring

- Extreme trendy-type reflective sunglasses
- Valuables, jewelry, expensive clothes, excessive makeup
- Electric, butane gas, or battery-operated curling irons, hair dryers, or shavers
- Christian or secular books and magazines (this includes any books that you may have been assigned by a school to read over the summer)

Please do not call and ask for exceptions.

There is nothing wrong with owning these things; however, they are not permitted while serving with Teen Missions as they tend to distract teens from the purpose of the team.

The following items will be confiscated upon your arrival at Boot Camp, as you will not be allowed to have them at Boot Camp, on the field or at Debrief. You will be required to sign a statement in the presence of a witness stating you do not possess these items: hunting knives, switchblades, guns, lighters, matches, fireworks or weapons of any kind. CD players, MP3 players, radios, tape recorders, video cameras, palm pilots, cell phones, DVD players, laptop computers or tablets, or any electronic games.