

Mental Health Medical Documentation Requirements

The information identified in the checklist below must be included in medical documentation after providing Patient-Centered Community Care- or Veterans Choice Program-eligible Veterans with authorized mental health services.

Mental Health Medical Documentation Requirements Checklist

<input type="checkbox"/>	Psychotherapy notes are not included in the Veteran’s medical record, per HIPAA regulations. <ul style="list-style-type: none"> • Defined as “notes recorded in any medium by a mental health professional documenting or analyzing the contents of conversation during a private counseling session.”
<input type="checkbox"/>	Medication prescription and monitoring (as appropriate)
<input type="checkbox"/>	Counseling session start and stop times
<input type="checkbox"/>	Modalities and frequencies of treatment
<input type="checkbox"/>	Results of clinical tests
<input type="checkbox"/>	Summary of diagnosis, functional status, treatment plans, symptoms, prognosis, or progress must be provided in the medical record.

Using the cover sheet provided by Health Net Federal Services, LLC (Health Net), fax the mental health medical documentation requirements along with elements mentioned in the Required Content of Medical Documentation checklist to 1-855-300-1705.

Medical documentation must be returned within the timeframe indicated in the provider notification packet.

If you have additional questions on returning required medical documentation, please contact Health Net at the telephone number listed on the Veteran’s authorization.