

Crowne Plaza Hotel
655 N 108th Avenue, Omaha NE

On the wings of

HOPE

2011 Nebraska Compassionate Friends Regional Conference
hosted by the Greater Omaha Chapter

**Thurs, March 31
For Professionals**

Darcie Sims, Ph.D., CHT, CT, GMS

more than 30 years of experience
helping others light the candle of hope

provided to you by



**THE COMPASSIONATE FRIENDS
GREATER OMAHA CHAPTER**
Supporting Family After a Child Dies


Children's
HOSPITAL & MEDICAL CENTER

**Fri & Sat, April 1 & 2
For Families**

If you have lost a child in your family
and are newly bereaved, or have been
on the grief journey a long time,
this conference is for you.

Find hope and an unforgettable healing
experience with some of the greatest minds
in the bereavement field.

We all walk this road together.

To register on-line: www.tcfomaha.org/conf.htm

Registration for March 31

Profession

Last Name First Name Middle Initial

Address

City State Zip

Phone Email

Institution

General Information

Seating is limited – register early! Registration deadline: March 11. We will refund registration fees through March 11, 2011. Dress in layers for your comfort. If you need to be reached during the conference, callers can leave a message at 402-496-0850.

ADA

Children's Hospital & Medical Center supports the Americans with Disabilities Act (ADA). We will make all reasonable efforts to accommodate persons with disabilities. Please call 402-496-0850 if special arrangements are needed.

Disclosure: Children's Hospital & Medical Center's medical education policy requires independence and objectivity for all educational activities. All faculty are expected to disclose to the planning committee and audience any significant relationships or financial interests.

Accreditation Statement

6.0 contact hours awarded by Children's Hospital & Medical Center. Children's Hospital & Medical Center is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Code: NE08-11H09. H09 – 358. This program is approved for continuing education credit through March 2013.

A certificate of attendance will be provided to all participants. No partial credit will be given.

OTHER PROFESSIONS: This seminar qualifies for 6.0 continuing education clock hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

REGISTRATION DEADLINE: MARCH 11 \$75.00

(Includes CE certificate, lectures, exhibits, breaks, lunch)

**Send check or money order to
TCF Omaha, PO Box 540852, Omaha NE 68154**

Crowne Plaza Hotel, 655 N 108th Avenue, Omaha, NE

Lighting the Candle of Hope Helping Families Cope with the Death of a Child

Program Purpose: Evaluate strategies for promoting positive grief intervention in families with the death of a child.

Target Audience: Psychologists; Counselors & Therapists; Social Workers; Educators; Hospice; Physicians; Nurses; Law Enforcement Personnel; Chaplains; Clergy

Objectives:

1. Illustrate the grief and loss process for families.
2. Explore the influence of personality traits, character, and temperament on grief coping mechanisms.
3. Recognize strategies for helping children to survive grief.
4. Demonstrate the effectiveness of positive grief support strategies from the family's perspective.

Agenda:

7:30-8:20 am	Registration
8:20-8:30 am	Welcome & Introductions
8:30 -10:00 am	Grief and Loss in the Family - Darcie Sims
10:00-10:15 am	Break
10:15-11:45 am	Does Grief Come in "One Size Fits All?" -D. Sims
11:45-12:45 pm	Lunch Provided
12:45-2:15 pm	Helping Surviving Children Grieve - Darcie Sims
2:15-2:30 pm	Break
2:30-3:45 pm	How to Help Families - Darcie Sims Family Panel
3:45-4:00 pm	Wrap Up & Evaluation

Faculty: Darcie Sims, Ph.D., CHT, CT, GMS

Family Panel Members Greg Sorgenfrei, Stacy Nelson, Janet Todd, Nicole Winton

Darcie D. Sims, Ph.D., CHT, CT, GMS is a bereaved parent, a grief management specialist, a nationally certified thanatologist, a certified pastoral bereavement specialist and a licensed psychotherapist and hypnotherapist. She is the author of *Why Are the Casseroles Always Tuna?*, *Footsteps Through the Valley*, *Touchstones* and *If I Could Just See Hope*. She is co-author of *A Place For Me: A Healing Journey for Grieving Kids*, *Footsteps Through Grief*, *The Other Side of Grief* and *Finding Your Way Through Grief* with her daughter, Alicia Sims Franklin. She also wrote and produced the videos *Handling the Holidays* and *What Color is Dead: Death From A Child's View* as well as wrote numerous chapters in professional books and textbooks. Darcie is featured in the award-winning video series "Good Grief," produced by Iowa Public Television, and has been featured in several other videos as well.

She is an internationally recognized speaker and was Coping Editor for *Bereavement* magazine for 15 years. She now writes for *Grief Digest*. She served on the national board of directors for *The Compassionate Friends*, the national board of directors for the Association of Death Education and Counseling and the board of trustees for the National Catholic Ministry to the Bereaved. Darcie received *The Compassionate Friends Professional Award* in 1999. She co-chaired the 1991, 1996 and 2005 World Gathering on Bereavement, and keynoted at all 4 World Gatherings.

Darcie is president and co-founder of GRIEF, Inc. a grief consulting business and the Director of the American Grief Academy in Seattle, Washington. She is a Diplomate in the American Psychotherapy Association, a Certified Diplomate in Clinical Hypnotherapy and is listed in *Who's Who in America*, *The World Who's Who of Women* and *The International Who's Who of Professional and Business Women*.

FRIDAY, APRIL 1

Welcome reception 7-9 pm Thursday evening for early arrivals.

Friday morning is open to visit the Angel of Hope Children's Memorial at Boys Town or other Omaha attractions. Lunch is on your own.

10:00 a.m. - 9:00 p.m. Registration**1:00 p.m. Opening: Darcie Sims****2:30 - 3:45 Workshop I- Choose 1**

- A Spirituality Panel (Rev. Alvin Johnson, Rev. John Stanley, Fr. Donald Shane, Rabbi Aryeh Azriel, Evangelist Kellye Douglas)
- B Journal Keeping (Maureen Williams)
- C The Healing Power of Ritual (Susan Chan)
- D Creative Healing (Alan Pedersen)
- E Heart Hands & Ears (Sarita Cunningham)
- F The Journey - It's Okay to Laugh (Maribeth Ditmars)

4:00 - 5:15 p.m. Workshop II - Choose 1

- G Faces of Grief (Mitch Carmody)
- H Foundations, Memorials, Taking Action (Bob Schmill)
- I Chapter Communication Tools (Susan Chan)
- J Chapter Management (Sarita Cunningham)
- K The First Two Years (Cindy Tomcak)
- L Facilitating the Meeting (Cathy Fox)

6:30 p.m. Dinner provided**7:15 p.m. Keynote: Mitch Carmody****8:15 p.m. Candle Lighting: Alan Pedersen****9:00 p.m. Sharing Session- Choose 1**

- | | |
|---|--|
| <input type="checkbox"/> 1 Grandparents | <input type="checkbox"/> 7 Adult Siblings |
| <input type="checkbox"/> 2 Violent Crime | <input type="checkbox"/> 8 Fallen Heroes |
| <input type="checkbox"/> 3 Suicide | <input type="checkbox"/> 9 Multiple Deaths |
| <input type="checkbox"/> 4 Sudden Death Non-Veh | <input type="checkbox"/> 10 Addiction |
| <input type="checkbox"/> 5 Long Term Illness | <input type="checkbox"/> 11 20+ years ago |
| <input type="checkbox"/> 6 Infant Loss | <input type="checkbox"/> 12 Vehicle |

SATURDAY, APRIL 2**7:00 a.m. - 9:00 a.m. Registration****9:00 a.m. Keynote: Chris Munsch & Jeff Fouquet****10:30 -11:45 a.m. Workshop III - Choose 1**

- M Moving On-What Does the Other Side of Grief Look Like (Darcie Sims)
- N For Men Only (Mitch Carmody & Alan Pedersen)
- O For Women Only (Denise Pedersen)
- P Children Grieve Too (Cathy Fox)
- Q Adult Siblings (Stacy Nelson)
- R After Death Communication: The Good, the Bad, and the Simply Amazing (Sandy Goodman)

12:00 Lunch provided**12:45 p.m. Keynote: John Stanley****2:15 - 3:30 p.m. Workshop IV - Choose 1**

- S One Fine Thread (Marty Weaver)
- T 25 Questions-Flowers on a Child's Grave- (Lisa Epperson)
- U Calming the Inner Chaos-Reuniting Your Body & Spirit with Pilates (JoAnn Smith)
- V Forgiveness (The Rev. Alvin C. Johnson)
- W Handling the Holidays Panel (Hastings Chapter)
- X Now We Have Oreos ~Childless (John Stanley)
- Y Stress Reduction ...Guided Imagery (Mitch Carmody)

4:00-5:00 p.m. Closing: Darcie Sims & Alan Pedersenregister on-line: www.tcfomaha.org/conf.htm**Registration for April 1-2***Complete a form for each person attending*
 PARENT GRANDPARENT SIBLING PROFESSIONAL OTHER
Last Name First Name Address City State Zip Phone Email Leadership role past or present Chapter child, grandchild or sibling on your name badge Year of Birth/Death child, grandchild or sibling on your name badge Year of Birth/Death child, grandchild or sibling on your name badge Year of Birth/Death **Registration includes sessions, Friday dinner & Saturday lunch**Friday Dinner Choice: Chicken Salmon Vegetarian**Photo for Slide Show (if registered before March 11)**
 Copy enclosed On file [jpg to Conf@TCFOmaha.org](mailto:jpg_to_Conf@TCFOmaha.org)

Label with your name and address. DO NOT send originals.

Volunteers Many volunteers are needed to ensure a successful conference, and it's a great way to meet people. Please print the form on www.tcfomaha.org/conf and submit it with your registration.

Sponsorships - Check our website www.tcfomaha.org/conf**PAYMENT****Before March 11** \$75 Eligible for free registration drawing Workshop Presenter Sharing Group Facilitator**After March 11** \$85 Slide show closed

**Select workshops. Send check or money order to
TCF Omaha, PO Box 540852, Omaha NE 68154**



Hotel Front Desk: 402-496-0850
RESERVATIONS: 800 971 4654
Discounted rate through March 11
Make your reservations directly with the hotel.
Mention you are coming to the conference
for the special rate of \$89.00 per night + tax
Complimentary breakfast & airport shuttle



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Omaha NE 68154-0852

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KEYNOTE SPEAKERS



Darcie D. Sims, Ph.D., CHT, CT, GMS
Puyallup, WA
Bereaved Parent
Internationally recognized speaker
Past TCF Board of Directors



Mitch Carmody
Hastings, MN
Bereaved Parent & Sibling
Author, Speaker



Kris Munsch Bereaved parent & educator
Jeff Fouquet Educator & writer
Olathe, KS

John Stanley
Gastonia, NC
Bereaved Parent, speaker,
Past TCF Board of Directors



Alan Pedersen
Rosewood, CA
Bereaved Parent
Singer/recording artist
Angels Across the USA Tour