

Alcohol Withdrawal Severe (ICU/PCU only) [30400823]

Height _____
Weight _____
Allergies _____

If appropriate for patient condition, please consider the following order sets:

Initiate Electrolyte Replacement: Med/Surg, Med/Surg Tele Physician Order #842

Discontinue all lorazepam (Ativan) doses written prior to initiation of withdrawal regimen, except for IV dosing for PRN seizures.

General

Vital Signs

- ☒ Vital signs Routine, Every hour, Starting today, 1. Vital signs every hour while patient is awake
2. Vital signs every 2 hours while patient is sleeping
3. Vital signs every 4 hours during taper
- ☐ Other

Notify Provider

- ☒ Notify provider STAT, Until discontinued, Starting today
Respiratory rate greater than: 24
Respiratory rate less than: 10
O2 saturation less than (%): 90
Pulse greater than: 120
Pulse less than: 50
Systolic BP greater than: 160
Systolic BP less than: 90
If patient has seizures present, not arousable, ataxia, slurred/garbled speech, pasero-McCaffery Sedation Score of 3 or greater, maximum lorazepam (Ativan) dose reached (40 mg) and symptoms are not controlled.
- ☐ Other

SAH, SCH, SFH, SJMC Nursing Assessments

- ☒ Nursing communication Routine, Until discontinued, Starting today, Monitor for symptoms of alcohol withdrawal using CIWA-Ar scale. GOAL: CIWA-Ar score less than 8.
- Assess CIWA-Ar score 15-30 minutes after each IV lorazepam (Ativan) dose, and 30-60 minutes after each PO dose. Also assess at least:
1. Every 2 hours while patient is awake on Mild/Moderate regimen
 2. Every 4 hours during prophylaxis, taper, and while patient is sleeping on Mild/Moderate regimen
 3. Every 15 minutes while on Regimen C
 4. DISCONTINUE SCORING WHEN TAPER COMPLETE

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† CATHOLIC HEALTH INITIATIVES

Franciscan Health System

St. Joseph Medical Center
St. Francis Hospital · St. Clare Hospital
St. Elizabeth Hospital · St. Anthony Hospital
Highline Medical Center
Harrison Medical Center
Franciscan Medical Group
Harrison HealthPartners
Regional Hospital

PHYSICIAN ORDERS

PATIENT INFORMATION

<input checked="" type="checkbox"/> Nursing communication	Routine, Until discontinued, Starting today, Monitor for symptoms of alcohol withdrawal using Pasero-McCaffery scale. 1. Every 2 hours while patient is awake 2. Every 4 hours while patient is sleeping 3. DISCONTINUE SCORING WHEN TAPER COMPLETE
<input checked="" type="checkbox"/> Cardiac monitoring	Routine, Until discontinued, Starting today, If IV lorazepam (Ativan) is initiated.
<input checked="" type="checkbox"/> Continuous pulse oximetry	Routine, Until discontinued, Starting today Keep O2 saturation greater than or equal to: If IV lorazepam (Ativan) is initiated.
<input type="checkbox"/> Other	

Highline Nursing Assessment

<input checked="" type="checkbox"/> Nursing communication	Routine, Until discontinued, Starting today, Monitor for symptoms of alcohol withdrawal using CIWA-Ar scale. GOAL: CIWA-Ar score less than 8. Assess CIWA-Ar score 15-30 minutes after each IV lorazepam (Ativan) dose, and 30-60 minutes after each PO dose. Also assess at least: 1. Every 2 hours while patient is awake on Mild/Moderate regimen 2. Every 4 hours during prophylaxis, taper, and while patient is sleeping on Mild/Moderate regimen 3. Every 15 minutes while on Regimen C 4. DISCONTINUE SCORING WHEN TAPER COMPLETE
<input checked="" type="checkbox"/> Nursing communication	Routine, Until discontinued, Starting today, Monitor for symptoms of alcohol withdrawal using Pasero-McCaffery scale. 1. Every 2 hours while patient is awake 2. Every 4 hours while patient is sleeping 3. DISCONTINUE SCORING WHEN TAPER COMPLETE
<input checked="" type="checkbox"/> Cardiac monitoring	Routine, Until discontinued, Starting today, If IV lorazepam (Ativan) is initiated.
<input type="checkbox"/> Other	

Nursing Interventions

<input checked="" type="checkbox"/> 1:1 patient	Routine, Until discontinued, Starting today, While on Regimen D and 4 hours after Regimen E is started.
<input type="checkbox"/> Other	

Ancillary Consults

<input checked="" type="checkbox"/> Pharmacy general consult - Ativan	Routine, Once, Starting today, Verify all prior dose of ativan are discontinued EXCEPT IV dosing for PRN seizures
<input checked="" type="checkbox"/> Inpatient consult to Care Management	Reason for Consult? To assess potential for admittance to support groups and treatment programs upon discharge RN/Secretary to contact the consulting provider? Yes
<input type="checkbox"/> Other	

Labs

Substance Level

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<input checked="" type="checkbox"/> Nursing communication	Routine, Once, Starting today For 1 Occurrences, If blood alcohol greater than 250 mg/dL, draw blood alcohol level PRN every 4 hours until level is less than 250 mg/dL.
<input type="checkbox"/> Other	

IV Fluids

IV Fluids

<input checked="" type="checkbox"/> IV Fluids Taper	"Followed by" Linked Panel
<input checked="" type="checkbox"/> 1000ml 5% dextrose in 0.45% sodium chloride (D5 1/2 Normal Saline) + Thiamine 100mg + Folic Acid 1mg + Magnesium Sulfate 2 g + MVI	100 mL/hr, IntraVENous, Continuous, For 10 Hours 1 bag ONLY. Initiate IV fluids ONLY after first thiamine is given. Routine Routine
<input checked="" type="checkbox"/> 1000ml 5% dextrose in 0.45% sodium chloride (D5 1/2 Normal Saline) + Magnesium Sulfate 2g	100 mL/hr, IntraVENous, Continuous, For 10 Hours 1 bag ONLY. Routine Routine
<input checked="" type="checkbox"/> dextrose 5 % and NaCl 0.45 % infusion	100 mL/hr, IntraVENous, Continuous Routine Routine
<input type="checkbox"/> Other	

Medications

Antihypertensive

<input checked="" type="checkbox"/> Antihypertensive (Single Response)	
<input checked="" type="checkbox"/> Clonidine (Catapress) tablet	0.1 mg, Oral, Every 6 hours PRN, adrenergic symptoms (i.e. sweating, itching, nausea, tremors). Hold for systolic BP less than 90 mmHg. Routine
<input type="checkbox"/> Clonidine (Catapress) transdermal patch	1 patch, TransDermal, for 7 Days, Weekly If patient unable to tolerate oral medications. Hold for systolic BP less than 90 mmHg. Routine
<input type="checkbox"/> Other	

Antipsychotic

<input checked="" type="checkbox"/> Haloperidol (Haldol) 1mg IV every 30 minutes PRN hallucinations	1 mg, IntraVENous, Every 30 min PRN, agitation, hallucinations Not to exceed 4 mg in 4 hours. Routine
<input type="checkbox"/> Other	

Antacids

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<input type="checkbox"/>	aluminum/magnesium hydroxide & simethicone (MAALOX MAX) oral suspension	30 mL, Oral, Every 4 hours PRN, indigestion "Shake Well" Do not use if serum creatinine greater than 1.8 mg/dL Routine
<input type="checkbox"/>	Other	

Vitamins

<input checked="" type="checkbox"/>	Vitamin Panel	"Followed by" Linked Panel
<input checked="" type="checkbox"/>	Thiamine 100mg IV daily times 2 doses (if not previously ordered) even if included in maintenance IV (May give IM if no IV access)	100 mg, IntraVENous, for 30 Minutes, Daily, For 2 Doses Administer Thiamine as soon as possible, especially before any meals or dextrose infusions, in order to avoid precipitation of Wernicke's encephalopathy. Routine
<input checked="" type="checkbox"/>	thiamine (vitamin B-1) tablet	100 mg, Oral, Daily, Routine
<input type="checkbox"/>	Other	

Multivitamin

<input type="checkbox"/>	prenatal vitamin - ferrous fumarate 27mg -folic acid 800mcg tablet	1 tablet, Oral, Daily, Routine
<input type="checkbox"/>	Other	

Benzodiazapine

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SEVERE ALCOHOL WITHDRAWAL REGIMEN:

RECOMMENDED MAXIMUM TOTAL DAILY DOSE OF LORAZEPAM (ATIVAN) IV IS 40 MG. IF EXCEEDED CONTACT MD.

GOAL: CIWA-Ar SCORE LESS THAN 8

Assess CIWA-Ar score 15-30 minutes after each IV lorazepam (Ativan) dose

Assess CIWA-Ar score 30-60 minutes after each PO lorazepam (Ativan) dose

D. FOR CIWA-Ar SCORE GREATER THAN OR EQUAL TO 20

REGIMEN D:

Administer lorazepam (Ativan) based on CIWA-Ar score as needed every 30 minutes until CIWA-Ar score less than 20

Lorazepam (Ativan) Dosing Scale for Severe Alcohol Withdrawal Regimen

CIWA-Ar Severity Score Lorazepam (Ativan) Dose

50 or greater **6 mg IV

40-49 **5 mg IV

30-39 4 mg IV

20-29 3 mg IV

Less than 20 2 mg IV THEN Use Regimen E

MAY GIVE IN DIVIDED DOSES EVERY 10-15 MINUTES

IF PATIENT UNCONTROLLED AFTER 2 DOSES, CONTACT PROVIDER FOR ACCELERATED DOSING

E. FOR CIWA-Ar SCORE LESS THAN 20

REGIMEN E:

CIWA-Ar SCORE LORAZEPAM (ATIVAN) DOSING NOTES

CIWA-Ar Score 8-19

2 mg PO/IV every 1 hour until CIWA-Ar score less than 10

THEN

2 mg PO/IV every 2 hours to keep

CIWA-Ar score less than 8 for 24 hours,

THEN

go to taper If score increase by 2 or more or any CIWA-Ar score greater than or equal to

20 resume Lorazepam (Ativan) dosing scale for Regimen (D)

Hold for Pasero-McCaffery

Sedation Score 3 or greater

NURSING TO WRITE CLARIFICATION ORDER TO INDICATE TAPER START DATE

AND TIME ON PHYSICIAN ORDER # 111640

LORAZEPAM (ATIVAN) DOSING NOTES

TAPER

2 mg PO every 4 hours THEN times 6 doses, If CIWA-Ar score increases to greater than or equal to 8 restart the appropriate Regimen: (D or E)

Hold for Pasero-McCaffery

Sedation Score 3 or greater

2 mg PO every 8 hours THEN times 3 doses,

2 mg PO every 12 hours THEN STOP times 2 doses,

DISCONTINUE ALCOHOL WITHDRAWAL REGIMEN/SCORING WHEN TAPER COMPLETE

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<input checked="" type="checkbox"/> Lorazepam (Ativan) Regimen D	2 mg, IntraVENous, Every 30 min PRN, anxiety CIWA-Ar Severity Score 50 or greater 40-49 30-39 20-29 Less than 20 Regimen E ** May give in divided doses every 10-15 minutes Routine
<div> <div>Lorazepam (Ativan) Dose</div> <div>**6 mg IV</div> <div>**5 mg IV</div> <div>4 mg IV</div> <div>3 mg IV</div> <div>2 mg IV then use</div> </div>	
<input type="checkbox"/> Lorazepam (Ativan) Regimen E	
<input type="checkbox"/> Lorazepam (Ativan) Regimen (E) 2 mg PO PRN every 1 hour until CIWA-Ar less than 10	2 mg, Oral, Every 1 hour PRN, anxiety, until CIWA-Ar score less than 10 IV or PO dose Once CIWA-Ar score less than 10, implement order decreasing administration frequency to every 2 hours PRN Routine
<input type="checkbox"/> Lorazepam (Ativan) 2mg PO PRN every 2 hours to keep CIWA-Ar less than 8 for 24 hours, then go to Regimen (E) taper	2 mg, Oral, Every 2 hour PRN, anxiety, to keep CIWA-Ar score less than 8 IV or PO Once CIWA-Ar score less than 8 for 24 hours, implement order for lorazepam (Ativan) taper Routine
<input type="checkbox"/> Lorazepam (Ativan) Regimen (E) 2 mg IV PRN every 1 hour until CIWA-Ar less than 10	2 mg, IntraVENous, Every 1 hour PRN, anxiety, until CIWA-Ar score less than 10 IV or PO dose Once CIWA-Ar score less than 10, implement order decreasing administration frequency to every 2 hours PRN Routine
<input type="checkbox"/> Lorazepam (Ativan) 2mg IV PRN every 2 hours to keep CIWA-Ar less than 8 for 24 hours, then go to Regimen (E) taper	2 mg, IntraVENous, Every 2 hour PRN, anxiety, to keep CIWA-Ar score less than 8 IV or PO Once CIWA-Ar score less than 8 for 24 hours, implement order for lorazepam (Ativan) taper Routine
<input type="checkbox"/> Other	

Date: _____ Time: _____ Printed Name of Ordering Provider: _____

Provider Signature: _____

Date: _____ Time: _____ RN Acknowledged: _____

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