Healthy Living Poster/Calendar Contest

Sponsored by the Saint Louis County Department of Health

Who: All St. Louis County students in grades K-12

Why: To promote healthy living among your peers

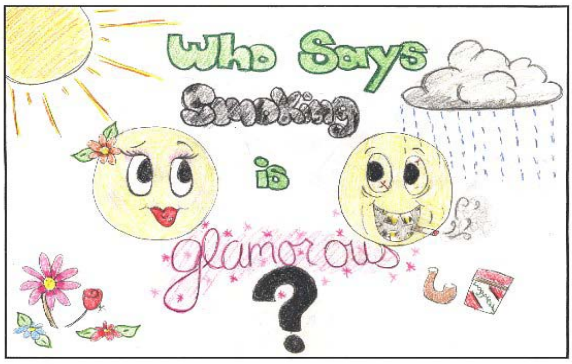
How: Draw a healthy living poster using color on a plain, white, 8 ½" X 11" sheet of paper. There must be a one-half (1/2") inch border on each side. A template has been enclosed. Include on the poster a slogan that compliments the drawing and complete the entry form below. Make sure all words are spelled correctly. **Please attach the entry form to the back of your poster with tape. No staples please.**

Send your poster and entry form to: Saint Louis County Department of Health, Health Education, Attn: Barbara Ballard, 6121 N. Hanley Rd., Berkeley, MO 63134. Entries must be **post marked by November 3rd, 2014. Judges will look for original and creative posters that promote the benefits of one of these topics:**

- **Being physically active**
- **Eating healthy foods**
- **Being alcohol, tobacco or drug-free**

The top 13 entries will receive a certificate, a full-size poster for display, and have their work featured throughout the county at health promotions and on the County's Health Education website. All participating teachers will receive a calendar of winners.

GOOD LUCK!



Student's Name: _____ **Grade:** _____ **Age:** _____

School Name: _____ **School Address:** _____

School Phone: _____ **Teacher's Name:** _____

School District: _____ **Zip Code:** _____