

# The Real Dope on Drug Abuse

December 17, 2015

Edwin W. Monroe AHEC Conference Center Venture Tower Drive, Greenville



#### ABOUT THE WORKSHOP:

Abuse of drugs, particularly prescription drugs, is a growing threat in the United States. This workshop will explore commonly abused drugs and their effects. The presentation will pay particular attention to current and emerging threats including: bath salts (mephedrone), 2-CI, 2-CB, synthetic marijuana, prescription drugs, alcopops, and psychedelics. Participants will also come to understand how these trends differ due to demographic characteristics such as age and gender. The workshop will provide information about the effects of these drugs and treatment implications, from policy to practice.

## **OBJECTIVES:**

Upon completion of this workshop, participants should increase their ability to effectively care for clients by being able to:

- Recognize demographic trends in drug abuse
- Examine the societal costs of drug abuse
- Identify commonly abused drugs
- Explain the short-term and long-term effects of these drugs
- Explore implications for treatment;

as well as implement these skills in their daily practice.

## TARGET AUDIENCE:

This workshop will be very helpful for mental health and healthcare clinicians, including social workers, psychologists, licensed professional counselors, substance abuse counselors, integrated care professionals, marriage and family therapists, nurses, case managers, criminal justice and juvenile justice professionals, school personnel, law enforcement, clergy and pastoral care, public health workers, rehabilitation counselors, and other interested mental health/healthcare providers.

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#### ABOUT THE FACULTY:

*Marty Weems, LCSW, LCAS,* is a Clinical Assistant Professor at the University of North Carolina at Chapel Hill School of Social Work. Marty joined the faculty at the School of Social Work in 2003, and teaches graduate students in direct practice social work. Prior to her tenure at the School of Social Work, Marty worked as a treatment provider, with a focus on substance use disorders. In 2008 she founded *e-daptivity Learned and Performance Solutions,* an organizational development company that specializes in providing services to behavioral healthcare agencies. Marty receives excellent evaluations from workshop participants, providing useful information in an engaging manner.

## AGENDA:

8:30 am	REGISTRATION
9:00 am	Demographic Trends & Societal Costs
10:30 am	BREAK
10:45 am	Commonly Abused Drugs & Their Effects
12:00 pm	LUNCH (on your own)
1:15 pm	Commonly Abused Drugs & Their Effects (continued)
2:45 pm	BREAK
3:00 pm	Treatment Implications
4:30 pm	Summary & Closing
4:45 pm	ADJOURNMENT

## CREDIT:

**Category A-NC Psychology Credit:** This program will provide 6.0 hours of (Category A) continuing education for North Carolina psychologists. **No partial credit will be given.** 

**Contact Hours:** Certificates reflecting 6.0 contact hours of education will be awarded at the completion of the program.

National Board for Certified Counselors Credit (NBCC): Eastern AHEC is an NBCC Approved Continuing Education Provider and may offer NBCC- approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (Provider #5645)

**North Carolina Public School Personnel Credit:** Certificates reflecting 6.0 contact hours of education will be awarded at the completion of the program.

**Substance Abuse Counselor Certification (SAC):** Application has been made to the North Carolina Substance Abuse Professional Practice Board for 6.0 hours of Substance Abuse Specific hours.

#### **PROGRAM LOCATION:**

This program is being held at the Edwin W. Monroe AHEC Conference Center (adjacent to the Eastern AHEC Office Building-Venture Tower) located on Venture Tower Drive in Greenville, NC. *Parking is available in the lots marked Monroe Conference Center Parking Only (two rows in front of the building and in the lot located to the right of the building).* 

Maps at <a href="http://eahec.ecu.edu/map\_directions.cfm">http://eahec.ecu.edu/map\_directions.cfm</a>

## HANDOUTS AND EVALUATION:

You will receive handouts for this workshop in your confirmation email. Please be sure we have your correct email so that you will receive the handouts. Please be sure to print your handouts **prior** to the event and bring them to the workshop, as there will be none available at the event. The program evaluation will be sent immediately following the program to the email address on your registration form. Once the evaluation has been completed, your certificate will be available.

Please bring a sweater or jacket to ensure your comfort.

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#### **REGISTRATION INFORMATION:**

Online registration is available at http://eahec.ecu.edu.

Received by December 10.	\$80.00
Received after December 10.	\$105.00

The registration fee includes program materials, credit, and refreshments. Participants are encouraged to take advantage of the reduced registration fee by registering on or before December 10, 2015. If you register early and must subsequently cancel, a full refund will be made through December 10, 2015. No refunds will be made thereafter, but a substitute may attend. We would appreciate advance notification of any substitutes so that we can prepare materials in that person's name. NOTE: If you register, do not attend, and do not cancel by the December 10 deadline, you or your agency will be billed for the full amount.

Participants who pay with a credit card may fax their completed registration form to (252)744-5229. Those paying with check (made payable to **Eastern AHEC)** should mail the completed registration form and check to:

> Eastern AHEC, Attn: Registration PO Box 7224 Greenville, NC 27835-7224

If you would like more information on the program, please call Mental Health Education at (252) 744-5215.

#### AMERICANS WITH DISABILITIES ACT:



Individuals with disabilities, requesting accommodations under the Americans with Disabilities Act (ADA), should contact the Department of Disability Support Services at (252) 737-1016 (V/ TTY) by December 3, 2015.

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Register online at http://eahec.ecu.edu