

Advance directive documents, such as a living will or a health care proxy statement, let you share your wishes about your care with loved ones and health care providers if you become incapacitated. A living will can convey thoughts about your values and what you consider quality of life. Helpful information on preparing an advance directive can be found online at <u>liv-will1.uslivingwillregistry.com/forms.html</u>.

GEHA Personal Health Records (PHR) help you keep track of your health data, such as allergies, immunizations, medications, surgeries, health conditions and diseases. GEHA will automatically update your Personal Health Record with your claims data. GEHA health plan members can set up a secure PHR online when they register for a member web account at <u>geha.com</u>.

If you wish to add an advance directive document to your GEHA Personal Health Record, please complete and submit the form below.

Authorization to add Advance Directive to GEHA Personal Health Record (PHR)

I would like to add the attached Advance Directive to my personal health record (PHR). I understand that I am responsible for keeping this document up-to-date and ensuring the version available on my PHR is current.

Member ID	
Last Name	
First Name	
Middle Initial	
Date of Birth	
Signature	

Here's how to have GEHA connect your advance directives to your personal health record:

- 1. Establish a Personal Health Record (PHR) after signing in to your member web account at geha.com.
- 2. Download this Advanced Directive Authorization form from geha.com/ad.
- 3. Print and complete a copy of this form.
- 4. Fax your advance directive and this authorization to (816) 257-3213.
- 5. You can also mail this completed authorization and your advance directive documents to:

GEHA, P.O. Box 431, Independence, MO 64051

Note: Please only send copies. Your papers will not be returned to you. They will be copied into your PHR, and the hard copies will be destroyed.

