

MINERALS EXPLORATION



Issued by: Global Operations Manager	Variations, which may have regional or locational significance, are contained in SOP Documents as specific appendices.		
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1. DEFINITIONS AND INTRODUCTION	Project:
Risks to Health, Safety, Environment, or Community Relations may arise whenever there is exposure to activities in the field. Controls may depend upon a number of options, and references should be made to specific SOP's where these exist.	Location: Date:
Staff are not to work alone when undertaking fieldwork!	Reviewer:
BHP Billiton Minerals Exploration requires that risk assessments are carried out prior to the commencement of field activities, and this assessment should be as broad as necessary to encompass all likely risks associated with any particular project.	Comments
The application of BHPB Standards and procedures is required on activities that are owned /operated by BHPB, and are to be made available in joint venture and contract situations which may not be under direct BHPB control.	
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2. SUPERVISION	Comments
All work must be supervised by a person competent to give assurance that correct procedures are being followed, and that there is compliance with the requirements of this SOP. The on-site supervisor must be able to provide clear communication in the required language(s), with site personnel.	
Non-compliance with HSEC requirements shall be regarded as serious, and any such events reviewed to establish the reasons. Where no valid reason exists then the matter may be treated as a disciplinary matter.	

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3. TRAINING	Comments
Medical conditions, which may affect a person's ability to perform work contemplated, shall be reported to the appropriate manager prior to commencement of work.	
All persons on a project shall receive induction to enable them to work safely and responsibly, and must be trained in safe and responsible work procedures for their job. There should be evidence of periodic refresher training.	
Contractors must demonstrate employee competency to fulfill the assigned tasks. Contractors should hold records on employees' work experience and training courses.	
In locations where trained contractors' employees are unavailable, BHP Billiton will assist in providing appropriate training and expect these employees to follow the BHP Billiton standard operating procedures.	
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4. CAMP AND FIELD EQUIPMENT SAFETY	Comments
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 Report all equipment breakages or malfunctions to supervisors so they can be repaired or replaced. Using worn or damaged tools, etc., may result in injury if the tool fails during use. 	
 Never use electrical tools in wet conditions or near flammable liquids or gases where a spark may ignite fumes/vapours. 	
 Operate compressed air tools only through a pressure regulator. 	
 Follow the manufacturer's instructions for the use, maintenance and storage of welding equipment. 	
• When using electrical tools a trip switch or Residual Current Device (RCD) must be used.	
 All electrical equipment should be inspected and tagged prior to use by qualified person. 	
4.1.1 Axes	Comments
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Clear the work area of branches, etc., before you begin working with an axe. If you are clearing a path with an axe, beware of branches that will interfere with your axe strokes. Only use axes that are in good condition, properly sharpened and fitted with good handles. Exercise caution when using an axe. Maintain your body in a position so the blade will hit the ground if you miss your target. A long-handled axe is safer to use than a short-handled axe. It is less likely to hit your leg if you	

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 Keep the axe in a sheath when it is not in use. Insert the axe into a magazine or wrap the axe in paper if no sheath is available. 	
 Carry an unsheathed axe safely. Hold it by the handle close to the axe head. Point the blade down and away from your body. 	
 Never carry an unsheathed axe over your shoulder. 	
 Never use an axe to pull over a log or push over a standing tree. 	
4.1.2 Machetes (Pangas)	Comments
 Carry a machete or panga in a scabbard attached to your belt. Do not grip the side of the scabbard that houses the cutting edge of the machete. 	
 Wear cut resistant protective leggings. 	
 Use a wrist loop when using a machete. 	
 Keep well away from others when using a machete. Never swing it in the direct path of someone in case you lose your grip. 	
If you are working with an unsheathed machete in steep terrain, try to carry it on the downhill side of your body. Then, your uphill hand is free to stabilise yourself if you lose your footing.	
4.1.3 Rock (geology) Hammers and Chisels	Comments
 Always wear eye protection when you chip rock samples or are near other employees doing so. Make sure flying rock or metal fragments, due to your actions, will not injure members of your party. Flying slivers can cause eye injuries. 	



When using hammers and chisels, beware of flying splinters of steel that may spall off the hammer. Never use another hammer in place of a chisel as the hardened steel of the hammer may splinter. Wear appropriate eye protection when using chisels and hammers.	
 Use the largest chisel suitable for the job. 	
• File off any rough edges or "mushrooms" that develop on rock hammers or chisels.	
 Make sure no vegetation will obstruct your swing. 	
 Carry a rock hammer carefully. Falling on the sharp end has injured people. 	
4.1.4 Ice Augers	Comments
Maintain ice augers in good working condition. Ensure the clutch works properly before use.	
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 Two people should handle an ice auger, as it is easy to lose control if only one person is operating the machine. Use ice augers that have a "safety arm", as it will stop the rotation if you lose control of the auger. Always stand on the ice when operating the auger. Never stand on an oil drum, etc., 	

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4.1.5 Wrenches, Tongs and Spanners	Comments
These tools are essential at drill sites for handling pipes, tubing, etc. They can be dangerous if used incorrectly or if they are not kept in good condition.	
 Use the correct tool for the job. Make sure the fit is correct. 	
 Keep tools clean, well lubricated and in their designated storage place when not in use. 	
 Replace gripping parts (jaws) when the teeth are worn on tools with replaceable parts. 	
 Pull the spanner toward you; never push. 	
 Never use a hammer on a wrench or spanner, except on a striking spanner that is designed for the hammer strike. 	
 Never allow any part of you to come between wrenches, tongs, or break out spanners, and the mast or drill frame. You may be severely injured or killed. 	
4.1.6 Power Tools	Comments
 Always use three-wire core extension cords (leads) for connecting power tools unless you are using a double insulated power tool. 	
 Double insulated power tools should be labelled as such. Do not ground (earth) the casing of these tools. These tools require only a two-wire power cord. 	
 Keep electric tools away from water, chemicals, gasoline, diesel, oil, etc., and hot surfaces. 	
 Use a power cord that is as short as possible for the job. Keep the power cord out of the way while you work. It should never be near your feet. 	

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To avoid kickback:	Comments
• Inspect the chain to make sure it is in acceptable working condition. Ensure that the cutting teeth of the chainsaw are properly sharpened. Dull chainsaws will kickback more frequently and with greater force. Wear leather gloves when you sharpen or manually move the chain.	
 Ensure that the depth gauges are correctly set. 	
 Make sure that all parts are tight and the chain is at the proper tension. 	
 Adjust the idle correctly. The blade must stop when you release your fingers from the trigger. 	
■ <u>NEVER</u> CUT WITH THE TIP OF THE BLADE.	
 Never cut with the upper side of the blade unless it is absolutely necessary (e.g., when making an undercut on a limb to relieve tension or rarely, when making a back cut). 	
 Make sure your footing is stable and that you will not slip while cutting. Clear debris or deep snow away from your work area before using a chainsaw. 	
 Never straddle the saw or stand directly behind the saw while cutting. Stand slightly to the side to reduce the chance of injury due to kickback. 	
Maintain full control over the saw at all times.	
 When limbing, make sure the saw tip does not touch another branch. 	
Never cut above chest height.	

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These additional guidelines will help you work safely with chainsaws.	Comments
 Start the chainsaw on the ground or on a stump with the chain break applied – not on your knee. 	
 Never use a chainsaw to cut brush or strip bark. 	
 Carry the saw with the motor stopped (or chain brake applied) and the blade pointed to the rear. Carry it with the sheath on the saw, whenever possible. Never walk with the saw motor running. 	
 Always keep a first aid kit nearby. This kit should include a large pressure bandage. 	
 Keep a fire extinguisher nearby if there is a fire hazard. 	
 Beware of branches and limbs that are bent or "pre-stressed", as they may spring back or break. 	
Refuelling a chainsaw	Comments
■ Do not smoke while refuelling.	
 Do not refuel a hot chainsaw; let it cool a while. Clear the organic material away from the immediate area. 	
 Use the correct oil and gas ratio for the chainsaw. Mix and keep the fuel in an accurately labeled container. Use a funnel and filter. 	
 Use oil of the correct viscosity for the season of the year. 	
Set the chainsaw onto non-flammable material to refill the gas tank.	

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■ Do not refuel a chainsaw on a vinyl truck bed liner. Refuel the chainsaw on the ground. Vinyl bed liners prevent the grounding (earthing) of the chainsaw so static builds up when the fuel flows from a container through a hose or nozzle. A spark may occur as the nozzle is withdrawn and cause vapours to ignite.	
 Clean any spilled fuel from the machine after refuelling. Make sure there is no gas left on the muffler. 	
 Move the chainsaw at least 3 metres (10 feet) from the refuelling site before you start the motor again. 	
When using a chainsaw, it is mandatory to use and wear the following equipment.	Comments
 Safety boots 	
 Cut-resistant gloves 	
 Hard hat, with face screen (shield) 	
Eye and hearing protection	
Chainsaw pants or "chaps" made of kevlar or other equivalent safety material.	
Felling Trees	Comments
If you are felling a tree for the first time, have someone with experience demonstrate the proper notching techniques.	
 Wear safety boots. 	
 Do not fell or blaze trees unless it is necessary. 	
 Do not fell trees when the wind is strong enough to make them sway. Only experienced employees may fell large trees. 	

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Keep your cutting equipment sharp. Sharpen your axe as needed. Use a saw file regularly to keep the chainsaw blade cutting cleanly. A sharp chain is less likely to become embedded in the tree or to "kickback".	
Before you begin felling:	Comments
 Check aloft for dead branches, snags, dead treetops or chicots (dead trees). 	
Check aloft for other hazards that might fall when the tree is felled. Remove all hazards before you begin felling a tree. Changes in wind or even the vibrations of a saw may cause dead branches or trees to suddenly fall.	
 Determine the direction of the lean of the tree so you can plan the direction of fall. Make sure the tree does not lean in a direction opposed to the direction of your planned cut. 	
 Before cutting, plan your path of retreat. The path of retreat is usually 45° to the rear of the planned direction of fall. Clear any obstructions from the area and from your path of retreat. Make sure no branches or objects will impede your movements. 	
• Make certain no one is in the area when you are felling. If anyone is present, make certain they know your plans. Keep people at least 60 metres (200 feet) from the tree being felled.	
 If it is necessary to fell a tree across a road, post people on the road to issue warnings. Remember you cannot hear anyone approaching once your chainsaw motor starts. 	
• Make deep notches – one-third the diameter of the tree. Place the felling cut 5 cm (2 inches) above the bottom of the notch. Do not cut right through to the notch; a tree must have some wood to hinge on or it will kick back when it falls.	

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Just before the tree begins to fall shout "TIMBER". When the tree begins to topple, remove your saw and place it at the base of the stump directly behind the line of fall of the tree. You are then free to move rapidly away. Watch out for objects that might be knocked down by the falling tree.	
4.1.8 Firearms	Comments
There are very limited circumstances where the need may exist to use firearms to protect employees from wild animal attacks while they are conducting BHP Billiton business. If it is deemed necessary to keep firearms in camp and to carry a firearm in the field (i.e., on traverse), the situation must be reviewed by the appropriate ELT manager and written approval received.	
 The carrying and use of weapons must be done in accordance with the BHP Billiton Minerals Exploration Firearms Policy. 	
 All employees required to use firearms must have appropriate training and a license in accordance with the codes, statutes or laws of the local jurisdiction (e.g., Firearms Acquisition Certificate). 	
 BHP Billiton employees and contractors may not possess, carry or use personal firearms on Company premises or while on Company business except with the express written approval of their appropriate ELT manager. 	
 Firearms must never be used for sport or hunting while in or around BHP Billiton camps or field operations. 	
 Firearms must only be used for the protection of life. They must not be drawn or discharged to defend BHP Billiton Minerals Exploration property. If property destruction is a problem or threat, engage the help of the government wildlife officials in the region. 	
 Contractors must follow the BHP Billiton Firearms Policy and rules when employed by BHP Billiton. 	

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 Violation of the Firearms Policy may result in Company disciplinary actions up to and including dismissal. 	
4.2 Camp Lanterns and Heating Stoves	Comments
Most camps contain a variety of lanterns and heaters. Each type has different controls and idiosyncrasies. If you have not used a particular type before, read the instructions and ask questions of someone experienced with its use. Propane or battery-powered lanterns are safest. Lanterns that run on flammable liquid can be knocked over and spill fuel that may result in a rapidly spreading fire. Hang lanterns from the ceiling. They are more easily overturned if they are placed on a table.	
Follow these precautions when using lanterns:	
■ Use the correct fuel.	
■ Light your lantern outside the tent.	
 Light your match before turning on the fuel. 	
■ Do not pump the lantern too hard at first.	
 Pump a lantern carefully once the flame is going smoothly. 	
 Never smoke while lighting lanterns and stoves. 	
 Place lanterns far enough away from the walls and ceiling so the heat radiating from them does not set the tent on fire. 	
 Keep burning lanterns away from fuel drums, cans or tanks that contain (or have contained) flammable liquids. 	
 Be careful when you take down a hanging lantern. Use a glove or stick, as the handle may be very hot. 	

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 If a lantern runs dry, let it cool off and make sure it is out before you open and refuel it. Fuel will vapourise when poured into a hot lamp and an explosion may result. 	
 When lighting a new mantle let it burn in the open air for 15 minutes. This will allow toxic amounts of beryllium and thorium to dissipate. 	
Heating stoves in tents	Comments
 New stoves and pipes will smoke as the protective coating burns off. Make sure there is good ventilation as this smoke may be toxic. 	
 When you use any heaters, always check that your tent is well ventilated but where there are no drafts. Carbon monoxide and toxic fumes are significant hazards. 	
 Place oil and wood stoves at least 1 metre from any flammable material (e.g., tents, beds and clothes). 	
 Place a heat resistant barrier on the walls nearest the stove. Use aluminium foil, which will also reflect heat around the tent. 	
Place insulation between the chimney and the support pole whenever an outside chimney needs a support pole. Brace and wire all pipes until they are solid enough to withstand a windstorm. Make sure the chimney does not touch the tent and that the chimney vent that passes through the tent is made of adequate insulating material.	
 Use a heat-resistant spark arrester on oil and wood stoves. 	
• If an oil stove is HOT, turn off the oil and do not light it again until the fire pot cools. Oil evaporates when it seeps into a hot fire pot and this may cause an explosion.	
■ Do not move kerosene heaters when lit.	
 Clean oil stove filters regularly. Use a soot remover and vacuum at least once a week when stoves are frequently used. 	

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 Frequently inspect all fuel lines (hoses). 	
 Remember to turn stoves down or off when the tent or camp is not occupied. 	
Meltdowns have occurred from the misuse of heaters when:	Comments
• `The wrong type of fuel was used.	
 The operator was smoking while fuelling up. 	
 Insufficient care was taken when lighting them. 	
4.3 Fuel Handling	Comments
Camps often require a variety of fuels. These are commonly stored in 45-gallon (200 litre) fuel drums or in smaller drums and jerry cans. Some fuels are compressed gases and are stored in cylinders that require special handling (e.g., propane).	
• Fuel storage areas must be at least 100 metres away from the camp. Clear vegetation to reduce the risk of fire and create a berm around the area, if necessary.	
• Store each type of fuel in a separate pile. It is important not to mix them up.	
 Most drums are clearly marked but occasionally markings are erased. If in doubt about the identity of a fuel – DO NOT USE IT. Report it to your camp manager. 	
 Drums should be stored lying down with both bungs horizontal when not in use. This prevents air and moisture from entering. 	
When a drum is in use, store it with the bung elevated by raising one side of the base (use a rock, piece of wood). Then, any water that falls cannot run into the fuel through the bung.	

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 Do not expect pilots to use fuel that is more than two years old or if the bung seals are damaged. 	
 When transferring fuel to smaller containers, label each container clearly. 	
Use hand or power pumps to empty the drums into jerry cans. Use a flash or spark arrester when transferring fuel between containers to prevent a static spark from occurring. Try to use metal fuel containers; avoid the use of plastic fuel containers whenever possible. Never use your mouth to siphon fuel.	
■ If you must use the same pump for various fuels, make sure you flush it out first and empty the waste into a bucket – never onto the ground. Label the waste fuel container.	
 Smoking is never permitted around fuel storage areas. 	
Know the correct fuel for each piece of mechanical equipment. Check the manual or ask someone who knows. All fuel required for machinery must be properly filtered.	
• Refrain from refilling drums. If refilling a drum is unavoidable, do the following:	
a. Use the same type of drum.	
 Closely inspect the drum for cleanliness inside and out and ensure it is not damaged. 	
c. Thoroughly rinse the drum with the fuel that will fill the drum. This avoids contamination.	
d. Label the contents on the outside of the drum with indelible markings.	
e. Properly dispose of the fuel used to rinse the drum.	
 Transport fuel drums and gas cylinders upright in the back of pickup trucks – never in the cab. Carefully secure all drums and tanks so they cannot shift while underway. 	

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• Ensure that the drums or any fuel storage area are bunded (dyked) to catch any spills.	
Propane (liquefied petroleum gas – LPG)	Comments
Propane gas is compressed into liquid and stored in special cylinders.	
 Handle propane tanks carefully. Propane cylinders must be used, transported and stored in an upright position. Place cylinders on a solid base and secure them so they cannot tip over. Place protecting collars on cylinders. 	
 As propane gas is heavier than air, escaping gas will accumulate in low areas. It is essential to have proper ventilation around all equipment that burns propane. 	
The pressure of the propane varies with the temperature of the liquid propane, not with the amount of propane in the cylinder. Never heat up a propane tank (using a torch, etc.) to try to increase the flow of gas from the tank.	
 Use only the correct installation methods, the correct tools and the proper fittings (regulators, hoses, etc.) when you connect propane cylinders to fuel lines. 	
a. Secure the propane cylinder upright against the outside wall of the building, tent or drill shack, etc.	
b. Connect the feed hose (from the stove, refrigerator, torch, etc.) to the regulator of the cylinder.	
c. Open the shut-off valve on the propane cylinder.	
d. Use soapy water to check for leaks at the joints and fittings. Never use a flame to check for leaks.	
e. Turn the shut-off valve a quarter turn to light the pilot light of the heater, stove, refrigerator or the torch, etc.	

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 Ensure the safety shut-off valve works properly. 	
Shield propane tanks from radiant or blower heat sources, and shield hoses from excessive heat and traffic.	
Store full and empty gas cylinders separately outdoors. Never store propane tanks inside living or working quarters. Protect tanks from weather and heat, including direct sunlight.	
Propane tanks have a limited life span. Do not use corroded or rusty tanks or those with expired dates.	
Propane tiger torches are useful to heat drilling equipment in very cold weather. Use them carefully as it is easy to start a fire.	
NOTE, If in doubt about the identity of a fuel DO NOT USE IT	
NOTE: If in doubt about the identity of a fuel – DO NOT USE IT. Report it to your camp manager.	
· · · · · · · · · · · · · · · · · · ·	Comments
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Report it to your camp manager. 4.4 Generators and Electrical Equipment Exploration field camps and geophysical ground surveys use a wide variety of generators in exploration activities. Small camps usually use small gasoline powered generators with a generating capacity of 300-2000 Watts (W). Permanent camps commonly use larger diesel	Comments
Report it to your camp manager. 4.4 Generators and Electrical Equipment Exploration field camps and geophysical ground surveys use a wide variety of generators in exploration activities. Small camps usually use small gasoline powered generators with a generating capacity of 300-2000 Watts (W). Permanent camps commonly use larger diesel powered generators with capacities of 2-50 kW.	Comments

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•	Place large generators further away from the camp and in an insulated housing to reduce noise. Whenever possible, locate them downwind from camp to reduce noise and emission pollution.	
•	Exhaust emissions contain poisonous carbon monoxide. Never run a generator in an enclosed area unless the exhaust pipe discharges outside the area so those fumes cannot re-enter the enclosure.	
•	Carry out regular maintenance and repairs. This includes regular oil changes and coolant level checks. Shut off the engine before you perform any maintenance. Keep a written log of maintenance and servicing.	
•	Operate the generator on a level surface. Otherwise, as the generator is filled, fuel and oil spillages may result.	
•	Small generators should be placed in and operated within a metal pan. This container will catch spills that frequently occur during refuelling. Larger generators should be placed in a bunded (dyked) area.	
•	Know how to stop the generator quickly. Label the emergency shut-off and understand the operation of all the controls.	
•	A generator is a potential source of electrical shock should you misuse it. Do not use a generator if your hands are wet. Do not allow the generator to get wet. Cover it to protect it from rain or snow.	
•	To prevent damage to the generator, make certain that the generator is grounded. Connect a length of heavy wire from the ground terminal to the ground spike. Grounding protects the generator from damage due to lightning, etc. Be aware, however, that grounding the generator may increase the danger of shock to a person standing near the generator if the soil or flooring beneath the generator is very wet.	
•	Install a Ground Fault Circuit Interrupter (GFCI) / Residual Current Device (RCD) at the generator and plug all cords into it.	

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Refuelling procedures for generators	Comments
Refuel generators during daylight hours. Never allow a generator to run dry of fuel (unless you intend to do so). Each evening there should be enough fuel present to last until morning.	
 If refuelling must be done in darkness (e.g., Arctic winter), ensure there is adequate lighting to do the job safely. 	
 Gasoline is extremely flammable and explosive. Refuel only in a well-ventilated area with the generator engine stopped. 	
 Do not smoke or allow flames or sparks in the area where the generator is being refuelled. 	
 Take care not to overfill the fuel tank and cause spillage. Replace the filler cap tightly after refuelling. Clean up any spillage. 	
 If diesel generators are fed directly from 45-gallon drums, ensure that you have an appropriate emergency spill clean-up kit available nearby. 	
 Use only well filtered fuel. 	
Follow these guidelines for safe operation of electrical equipment.	Comments
 Treat every wire as if it were energised or "live" until you confirm that it is not. 	
Ensure all electrical systems are correctly grounded. All circuits must be equipped with Ground Fault Circuit Interrupters (GFCIs) or Residual current device (RCD). GFCIs/RCDs protect people from electrical shock, as they will trip and interrupt the circuit before a fuse in a circuit breaker panel will trigger.	
Electrical cords should contain inline GFCIs/ RCD and must have no taped splices. To use electrical cords that lack GFCIs/ RCDs may require a documented inspection program; it is cheaper and safer to purchase and use cords with inline GFCIs/ RCDs.	

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 Use electrical cords with ratings that are appropriate for the job. 	
■ Electrical cords must be free of breaks in the insulation. Inspect them frequently.	
 Minimise the hazards caused by electrical cabling (i.e., bury, elevate or barricade exposed cables). Protect cords from damage when they must cross roads or passageways. Secure or suspend electrical cords with non-conducting materials. Ensure that cables do not get wet. 	
 All electrical and repair work must be carried out by authorised personnel only. Do not attempt to repair electrical equipment. Tag out defective tools and bring them to the attention of your supervisor for repair work. 	
Camp procedures must comply with BHP Billiton Lock-out/Tag-out standard procedures when circuits are de-energised for maintenance, repair or other activity.	
 Use extreme caution when handling aluminium ladders or other conductive materials near any electrical source. You must prevent them from touching exposed overhead electrical wires, light bulbs or other electrical conductors. 	
As core saws operate with water, operators must be especially careful to guard against electrocution. The electrical circuit containing the core saw must contain a GFCI / RCD and be grounded (earthed). Operators must use all required PPE, which may include a full face shield, complete hearing protection, a waterproof apron, gloves and steel-toed rubber work boots.	
5. PERSONAL CONSIDERATIONS	Comments
Before you begin fieldwork:	
 Have a general medical checkup if it has been a year or more since you had one. This may be a mandatory procedure depending on where you work. Your immunisations should be up-to-date. 	

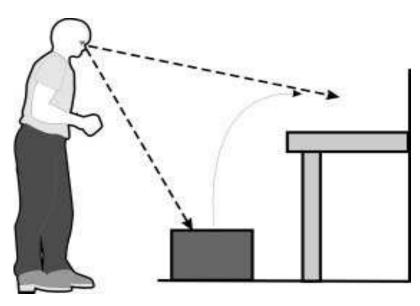
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Make note of any specific conditions which will apply, and inform your (travel) medical advisor of these –i.e. high altitude working. Have a dental checkup if you will be working in a remote area for a long time. Inform your supervisor and co-workers about all allergies, medication requirements or adverse reactions and special dietary requirements. Occasionally, allergies to certain foods, insect bites, or medications can cause fatal reactions. If you have a special medical condition or allergy, teach co-workers to recognise symptoms of an impending attack. Get their consent for you to know how to administer medication (e.g., insulin) because they may be unable to administer medication to themselves. A stressful situation can trigger symptoms of some disorders such as diabetes or asthma. If you require such medical provisions, keep them on your person at all times. Make sure you have an adequate supply of any required medication. Learn to swim if you will be working on or near water. Do some physical training to strengthen weak muscles. Comments BHP Billiton provides training for employees in correct lifting procedures. Employees must know how to avoid unnecessary physical stress and strain and how to recognise factors that might contribute to an accident.		
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	how to avoid unnecessary physical stress and strain and how to recognise factors that might	

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Follow these correct lifting procedures when you lift any object, especially a heavy one.

a.	Plan the lift before you begin. Make sure your footing is secure and the route is clear if you must carry the object.	
b.	The best stance is to position your legs shoulder-width apart with one foot slightly ahead of the other. This position forces you to bend the knees rather than the back.	
c.	Bend your knees and get a good grip. Use gloves if your hands are sweaty or if the object is slippery.	
d.	Lift with your legs, not with your back. Keep your back straight, avoid twisting and never jerk when you lift. Cradle heavy objects close to your body when carrying them.	

e.	Lift within your ability. Try not to exceed 50 pounds (22 kg) per lift. Get assistance if there is any possibility that you might injure yourself if you do the job alone. Don't "show off" by doing the job alone.	
f.	When you lift with a team, make sure you plan the lift together and execute the lift according to your plan.	







Lift with your legs, not with your back. Cradle heavy objects.

6. GROUND SURVEY SAFETY	Comments
Geophysical and geochemical surveys have special hazards.	
 Follow all BHP Billiton Mineral Exploration safety rules and guidelines for the various transportation methods you employ. 	

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 Be fully prepared for the weather/climate with an appropriate survival kit, clothing, extra water, etc. 	
■ The heavy equipment you carry hinders good balance. Be very cautious when you traverse along cut lines. Take care to keep your footing secure and be vigilant when you climb over logs or debris. If you fall, "pungies" or stubs may impale you.	
When you work in insect infested areas and must use insect repellent, take care not to apply it to your eyes and mouth. Do not overuse repellent as it is absorbed through your skin. Be vigilant if you use head nets as they restrict your visibility.	
 Take care of your feet by wearing good quality boots appropriate for the terrain where you work. Use leather boots with good ankle support or waterproof boots if you work in wet areas. 	
6.1 Ground Geophysical Survey Field Safety	
 Be sure all personnel who operate geophysical transmitters are fully aware of the hazards associated with high voltage equipment. 	
 Place High Voltage signs on any unsupervised geophysical electrode sites that carry high voltage or currents exceeding the milliampere range. Place them in populated areas where electrodes are out of sight. 	
 Be sure the transmitter power is off at all times except when actual measurements are being made. Always verify that the power is off before you remove or connect electrodes, change personnel on a task, or attempt any field repairs. 	
 Never apply electrical current to grounded wires or ungrounded loops of wire unless you notify the rest of the crew and receive confirmation that they know the system will be energised. 	
When pulling electrical cables across terrain, use a 4-wheel ATV rather than a motorbike. Before pulling, carefully check the cable to ensure it has no kinks or knots and very few splices as these may catch on roots, etc. If the cable breaks while being pulled, it will stretch first and then whip back at the driver when it breaks.	

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