



JULY • AUG 2015

## Annual Developing Children Through All Ages Conference

The 2nd annual Developing Children Through All Ages Conference will be held September 19, 2015 at the Sheraton Columbia Town Center from 7:30AM to 4:00PM. This unique training and networking opportunity features the latest research on brain development and how it impacts our work with children. Knowledge is power and by educating ourselves about brain development, we can effectively build brain power in young children. All early education professionals and child care providers are invited to attend the Developing Children Through All Ages Conference!

Our day will begin with Ellen Abramson, certified presenter for The Upside Down Organization, presenting a dynamic general session entitled "Change Your Language, Change Their Lives." She will discuss how the specific language used by adults who teach, mentor, counsel, and parent children has a much more profound effect on their development than previously realized. Walk away with a new way of communicating with children that builds resilience, promotes intrinsic motivation, enhances cognitive stimulation and creates kaleidoscope thinkers.

Participants will then attend breakout sessions presented by local and regional professionals focused on brain development and how it impacts our work with children. Breakout sessions will cover a variety of topics all based upon brain research including: gender differences and the environment, learning activities, effective leadership strategies, and child guidance and communication.

A Program of the Howard County Office of Children's Services

## Developing Children *through all ages*

The conference registration fee is \$65, which includes continental breakfast, morning snack, and lunch. There will also be vendor tables available throughout the day to provide information, products, and resources for conference attendees. Participants will receive 6 Core of Knowledge training hours and can submit a complete conference certificate to credentialing for 1 Professional Activity Unit (PAU).

Registration brochures will be mailed by the end of June. If you are on our eblast list, you will receive email notification with a link to online registration. Forms can be downloaded at [www.howardcountymd.gov/children](http://www.howardcountymd.gov/children) once available. To request a printed brochure, email [npierre@howardcountymd.gov](mailto:npierre@howardcountymd.gov) and please include your name and mailing address. Registration will begin July 1st and will be online or via fax/mail. Phone registrations will not be accepted.

### HOWARD COUNTY OFFICE OF CHILDREN'S SERVICES HOURS

#### RESOURCE ROOM HOURS

**Monday - Friday, 8 AM - 4:45 PM ♦ Evening Hours July 23 & August 26, 5 - 8 PM**

#### CLOSURES

**Independence Day- Friday, July 3**

**Resource Room on following Mondays: July 13 & August 10**

## From the Howard County Child Care Resource Center

**Dear Early Care and Education Professionals,**

You may notice that this issue of The Nest covers only two months, July and August. This is because starting in September, The Nest newsletter and training calendar will be published three times a year. I hope that this change will assist you in planning your training schedule by giving you more workshops to choose from. The new time periods will be Sept. – Dec., Jan. – Apr. and May – Aug. This newsletter will continue to be mailed to all licensed programs and it is always available on our website at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training).

To help you adhere to the new training requirements, the Child Care Resource Center is offering “Including All Children and the Americans with Disabilities Act” and “On Track: All Aboard for Developmental Progress” multiple times in the coming months. These workshops can also be conducted on-site at your child care program for groups of ten or more. For more information, contact Nikki Pierre at [npierre@howardcountymd.gov](mailto:npierre@howardcountymd.gov).



As you look ahead and start planning for your next school year, don't forget to access our Resource Room. Laminating services are still \$.60 per foot and die-cuts are free when you bring your own paper. We currently have over 100 die cut shapes, figures, letters and numbers on hand. A complete list is on our website at [www.howardcountymd.gov/children](http://www.howardcountymd.gov/children). Go to “Resource Room and Library” on the right side. For your convenience, the Resource Room will be open until 8:00 PM on Thursday July 23rd and Wednesday, August 26th.

*Debbie Yare*

Program Manager

Howard County Office of Children's Services

[dyare@howardcountymd.gov](mailto:dyare@howardcountymd.gov) ■ 410-313-1943

## Howard County Celebrates Successes for Children

The Department of Citizen Services honored local individuals and programs that have made a difference in the lives of children at the 16th annual “Celebrating Successes for Children” in April. The ceremony recognized the contributions and dedication of more than 100 honorees, including child care providers, local businesses, teachers, volunteers, students, and coaches. Congratulations to all of the award winners and to all nominees for the work you do with children in Howard County!

### CATEGORY WINNERS

- **Infants and Toddlers:** Yonetta Johnson and Jennifer Gilbert, Bet Yeladim Preschool
- **Preschool:** Deirdre Gorton, Howard County Head Start
- **Elementary:** Lindsay Kolesar, Waterloo Elementary School
- **Middle School:** Dan Blue, Dunloggin Middle School
- **High School:** Project SEARCH
- **Mixed Age Group:** Chiara D'Amore
- **Youth Making a Difference:** Helen and Marie Sgouros
- **Family Friendly Business:** Columbia Center for the Theatrical Arts
- **O'Donnell Family Award:** Camp Attaway



The Nest and Training Calendar is published three times per year by the Howard County Office of Children's Services.

To contact us, or to join our email subscriber list, email [children@howardcountymd.gov](mailto:children@howardcountymd.gov)

[www.howardcountymd.gov/children](http://www.howardcountymd.gov/children)

Visit us online for information on programs and services; to sign up for classes & workshops; and for updates on training classes, parent workshops and upcoming events.

Howard County Office of Children's Services  
3300 North Ridge Road, Suite 380  
Ellicott City, MD 21043  
410-313-1940 (VOICE/RELAY)

### RESOURCE ROOM HOURS

MONDAY – FRIDAY, 8:00 AM – 4:45 PM

Find us  [www.Facebook.com/HoCoCitizen](https://www.facebook.com/HoCoCitizen)

This information is available in alternate formats upon request.  
PLEASE FEEL FREE TO SHARE THIS PUBLICATION

# Get Up, Get Out and Get Active!

Below is a list of local fun places around Howard County to take the children in your programs this summer!

## Centennial Park, South Entrance

10000 Route 108, Ellicott City, MD 21042

[www.howardcountymd.gov/centennialpark.htm](http://www.howardcountymd.gov/centennialpark.htm)

This 337-acre park features a 54-acre, man-made, stocked lake and is home to a variety of wildlife. Walk, run, or bike the paved pathway around the lake. Amenities include fishing, nine picnic pavilions, three picnic areas, boat rentals, and more.

## High Ridge Park

10100 Superior Avenue, Laurel, MD 20723

[www.howardcountymd.gov/highridgepark.htm](http://www.howardcountymd.gov/highridgepark.htm)

This 88-acre park borders the Patuxent River. Enjoy a tennis court, basketball court, gazebo, picnic pavilion, and playground. Only six acres are developed so be sure to watch for wandering wildlife!

## Meadowbrook Park

5001 Meadowbrook Lane, Ellicott City, MD 21043

[www.howardcountymd.gov/meadowbrookpark.htm](http://www.howardcountymd.gov/meadowbrookpark.htm)

This 77-acre park features three baseball fields, an open-play area, a large playground, two tennis courts, two basketball courts, two picnic pavilions, and restroom facilities.

## Waterloo Park

6951 Old Waterloo Road, Elkridge, MD 21075

[www.howardcountymd.gov/waterloopark.htm](http://www.howardcountymd.gov/waterloopark.htm)

This 22-acre park is a great setting for a family get-together! There are two picnic pavilions, a playground, a basketball court, two tennis courts, a ball diamond, and a multipurpose field.

**For a listing of parks and playgrounds in Howard County please visit:**

[www.mapofplay.kaboom.org](http://www.mapofplay.kaboom.org)

[www.howardcountymd.gov/RAP](http://www.howardcountymd.gov/RAP)

[www.visithowardcounty.com/outdoors/popular-parks](http://www.visithowardcounty.com/outdoors/popular-parks)

## QUICK REFERENCE GUIDE TO SERVICES

### Local Resource Numbers (voice/relay)

Howard County Office of Children's Services  
410-313-1940

Child Care Food Program  
410-767-0214

Locate: Child Care Line (for parents)  
877-261-0060

Locate: Child Care Line (for providers)  
866-752-1614

Child Care Subsidy  
410-872-8700

Child Protective Services  
410-872-4203

Early Intervention Services  
410-313-7017

The Family Institute  
410-313-1440

Howard County Family Child Care Association  
301-776-4841

Howard County Health Department  
410-313-6300

Howard County Office of Child Care  
410-750-8771

MSDE Credentialing Help Desk  
410-767-7852

Maryland Children's Health Program  
410-313-7500

Maryland Poison Center  
800-222-1222

Subsidy Payment Questions  
866-243-8796

The CARE Center  
410-313-CARE (2273)

## Professional Development Planning Tips

As you are planning your professional development for the next year, keep in mind that the following new training regulations are scheduled to take effect between January and July 2016:

- Family child care providers will be required to take Medication Administration which is a 6 hour workshop and is currently being offered in our training calendar. If you have taken this class in the past, you do not have to repeat it. We are offering as many sessions of this workshop as we can to meet demand.
- All providers will have to complete two other trainings. The first training is “Including all Children and the Americans with Disabilities Act” (if you have taken this class in the past, you do not have to retake.) The second training is the developmental screenings overview entitled “On Track: All Aboard for Developmental Progress”. In addition, tool specific training will be available for programs once they have selected their developmental screening tool.
- Family child care providers and Infant/Toddler center staff will be required to complete a Breastfeeding Support Training. In addition to the training, this regulation also requires each program to provide a space for mothers to breastfeed or pump.

These workshops are all offered on a regular basis in our training calendar and are available as on-site trainings for 10 or more people. If you are interested in having an on-site training, contact Nikki Pierre at 410-313-1923 or [npierre@howardcountymd.gov](mailto:npierre@howardcountymd.gov). **If you need assistance in planning your professional development, contact Joan Johnson at 410-313-1432 or [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov).**

## MARYLAND EXCELS

Participation in Maryland EXCELS continues to increase in Howard County. Monthly support group sessions are held by Rena Dubensky and Joan Johnson on Saturdays from 8:30 – 10:30 AM. During these sessions, we work one-on-one or in small groups identifying, producing, and uploading documentation necessary to meet the requirements of your EXCELS level. You are welcome to join us for one or more of these sessions. **Upcoming meeting dates are Aug. 1, Sept. 12, Oct. 3, Nov. 7 and Dec. 5, 2015.** We are also available to meet with you on an individual basis.

## Resource Center Events

### DEVELOPMENTAL SCREENING TOOLS SHOWCASES

The new regulation requiring all child care providers to conduct Developmental Screenings on children enrolled in their program will take effect around July 2016. MSDE has approved five screening tools that providers may select from to meet this regulation. In order to assist you in your selection of a screening tool, we will be providing you with several opportunities to come and examine each tool and compare their features.

**The Developmental Screening Tools Showcases will be held on June 17, July 14, and Aug. 10, 2015 from 4:00 – 7:30 PM in our training room at 3300 N. Ridge Road #360, Ellicott City, MD. 21043.** Providers must complete their application for a free screening tool by Dec. 31, 2015. For more information, contact Joan Johnson at 410-313-1432 or [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov).



### SUPPORTING BREASTFEEDING IN CHILD CARE SESSIONS

In response to the upcoming regulations for child care providers who care for infants, we are offering information sessions which give you a certificate of attendance to meet the new requirement. You may receive a completion certificate by attending the Family Child Care Training Day (see page 6 for more information) on Nov. 21 or one of the training sessions below. In addition, we will be offering sessions several times this Fall.

**Registration fee is \$5. Half hour sessions will be held on Thursday, July 23. Register for your preferred session: 5:30, 6:30 or 7:30 PM.**

The resource room will also be open for extended hours that evening until 8PM for your use before or after your session. These sessions will fill fast so register online at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training) or use the registration form at the back of the training calendar to ensure your spot. Make sure to choose your preferred time slot.



## Resources for Early Care and Education Professionals

### Did you know...

The Maryland Child Care Mapping Tool is an online GIS application developed primarily to help parents in need of child care services locate services in relation to their homes or to local public schools. The user can set a search radius, select the type and schedule of care desired, and filter the results according to providers' quality rating levels. Search results display as "pins" on a map and can be printed out as text with or without the display map. Visit <http://geodata.md.gov/mdcc/>.

### Consumer Product Safety Commission

Keep your program safe by getting information and updates about product recalls and product safety issues from the Consumer Product Safety Commission. To see current recalls and subscribe to notifications visit <http://www.cpsc.gov/en/Recalls/>.

### The Maryland Poison Center

The Maryland Poison Center is certified by the American Association of Poison Control Centers as a regional poison center. It has provided poisoning treatment advice, education, and prevention services to Marylanders since 1972. The center has educational brochures, stickers, magnets, and posters available for order. Visit their store to access their downloadable information sheets at <http://www.mdpoison.com/education/materials.html>.

### Family Fun Day at the Mall in Columbia

Every Thursday morning features lively children's entertainment at The Mall in Columbia. Kids can sing, dance and laugh with popular entertainers. 10 to 11 a.m. in the Lord & Taylor lower court. For additional information visit [www.themallincolumbia.com/events](http://www.themallincolumbia.com/events) or call 410-730-3300.

## CARE Center Corner Brain Growth and Play

### "Play is the work of a child."-Piaget

If you want to see children succeed in the classroom, our answer is to let them play. How can that be? Don't we want our children to excel academically across the board? Yes, we do. So let them play!

Children love to play and they especially love to pretend when they play. Pretend play is crucial in helping the brain develop executive functioning skills. These are skills that are necessary for academic success and success in the adult years. Executive functioning skills include the working memory, cognitive flexibility, inhibitory control and self-regulation or self-control.

Research shows that the developing brain needs play, especially pretend play, to form neurological connections which in turn enable children to make meaning of the world. In her book, "Mind In The Making: The Seven Essential Life Skills Every Child Needs" (2010), author Ellen Galinsky notes that children need to learn a lot of information. Children need to learn facts, figures, concepts, and insights, but Galinsky emphasizes that children also need life skills. Life skills include the executive functions which are so powerfully developed through pretend play.

In a preschool or kindergarten setting, children should be provided with play-based activities for extended periods throughout the day. Children need to explore, touch, question, and interact. They need to be curious and learn by doing. Allowing children to have sustained unstructured play is essential for a child's development and academic success.

**So go ahead....have fun and play!**



## ADDITIONAL REGULATION CHANGES

As of our publication date, we have not received notification of the effective dates for the new regulations – Screen Time Activities and Nutrition and Food Served. Please look for further information on these regulations in our next NEST, in MSDE's PARTNERS newsletter or in an upcoming email from our office.

## Infant & Toddler Training

### 45-HOUR INFANT/TODDLER CAREGIVER CERTIFICATE

Gain the skills necessary to work with infants and toddlers in a family or center child care program. Topics include growth and development, selecting materials, health and safety, temperament, and working with families.

**DATES:** Tuesdays, Sept. 29 - Dec. 15, 6:30-9:30 PM  
Thursdays (Nov. 12 and Dec. 3 only)

**LOCATION:** 3300 N. Ridge Rd, Suite 240,  
Ellicott City, MD 21043  
Thursday meetings are in Ste 360

**COST:** \$250- register online for 10% discount at  
[www.howardcountymd.gov/training](http://www.howardcountymd.gov/training)

This certification course satisfies the MSDE requirement of 45 hours of infant-toddler training for child care teachers, directors, and family providers working with infants and toddlers. Register online or download form at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training) or call 410 313-1940.

## Family Child Care Training Day

### Save the Date! Featuring Developmental Screening and Breastfeeding Support

Join us for a family child care training day on November 21, 2015 at the North Laurel Community Center. Attendance will satisfy two upcoming training requirements for family child care providers. Registration will open when the next NEST is published at the beginning of August.



All participants will receive 4 Core of Knowledge hours (2P, 2CD) for the developmental screening training entitled "On Track: All Aboard for Developmental Screening." In addition, attendees will receive a completion certificate for Breastfeeding Support in Childcare. Please contact Nikki Pierre for more information at [npierre@howardcountymd.gov](mailto:npierre@howardcountymd.gov).

**COST:** \$35

**DATE:** November 21

**TIME:** 8:30AM - 1:00 PM (morning snack provided)

**LOCATION:** North Laurel Community Center  
9411 Whiskey Bottom Road  
Laurel, MD 20723



## The Family Institute

A PARENT EDUCATION PROGRAM • Howard County Office of Children's Services

The Family Institute offers Informational Sessions, Training Workshops and Resources for Parents on Child Development, Positive Discipline and Adolescent Issues

The Family Institute kicked off 2015 by increasing the number of trainings provided to families in the Howard County community. With topics such as nutrition, discipline, school readiness and adolescent issues, many parental concerns are addressed next quarter and the topics will continue to expand. How does this benefit you?

- Host your own family information night by scheduling a training at your location
- Refer to specific classes when there are concerns addressed at parent teacher conferences
- Share the Family Institute Workshop Calendar with your families as a community resource
- Encourage families to attend together and grow your engaged and educated community

In working with families daily, you may hear parents' frustrations and see their struggles. Happy families bring happy children, which makes for a happy environment. If you see a need that doesn't have a corresponding workshop, please submit topic suggestions to [lrhodes@howardcountymd.gov](mailto:lrhodes@howardcountymd.gov). Be a part of the Family Engagement movement and share resources to help families prosper!

Visit the Family Institute at [www.howardcountymd.gov/familyinstitute](http://www.howardcountymd.gov/familyinstitute) for the current workshop schedule!



Workshops are held at the Office of Children's Services, 3300 N. Ridge Road, Suite 360, Ellicott City, MD 21043, unless otherwise noted.

JULY • AUGUST 2015

## Conflict Resolution Strategies

Wed, July 1 / 6:30-9:30 PM / \$23

T. Green / 3 hrs PRO

When conflicts arise in child care, it's important to know how to professionally and appropriately address the situation. Come examine what causes conflict, how to prevent conflict, strategies for handling a conflict, and ways to build and maintain positive relationships with coworkers, families, and friends.

## Including All Children and the ADA

Tues, July 7 / 6:30-9:30 PM / \$23

T. Harris / 3 hrs SN

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.

## NEW! Why Play Matters

Thu, July 9 / 6:30-8:30 PM / \$15

Project Act / 2 hrs CD

This interactive training will seek to build participants knowledge and understanding of the importance of play in the physical, cognitive and social development of children. This training will discuss the various aspects of play and the roles that each type plays in the growth and development in children. This training will conclude with discussing strategies for integrating developmentally appropriate practices into curriculum and daily activities to meet the individual needs of children.

## On Track: All Aboard for Developmental Progress

Sat, July 11 / 8:30 AM-12:30 PM / \$30

J. Johnson / 4 hrs (2 PRO, 2 CD)

Join us for an overview of the developmental screening tools and the benefits of using one. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children.

## MMSR Domains: Physical

Mon, July 13 & 20 / 6:30-9:30 PM / \$40

C. Bethke / 6 hrs (4 CUR, 2 CD)

Get up and get moving! Physical development is an essential part of a child's well-being. Learn exciting ways to help children develop gross motor skills that help a child to control, balance, and coordinate movement. In addition, we will explore ways to develop fine motor skills, which lay the foundation for writing, artistic expression, and self-care. **Must attend both nights to receive a certificate.**

## Emergency and Disaster Preparedness

Wed, July 15 & 22 / 6:30-9:30 PM / \$40

J. Johnson / 6 hrs (3 PRO, 3 HSN)

Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs, notifying parents, sheltering, resources, evacuation, and other possibilities! **Must attend both nights to receive a certificate.**

## NEW! Marketing Your Family Child Care

Thu, July 16 / 6:30-9:30 PM / \$23

N. Pierre / 3 hrs PRO

Participants will learn how to market their family child care programs by focusing on the features of their program and utilizing efficient and effective marketing strategies to promote their business. **This workshop is for Family Child Care providers only.**

## Medication Administration

Sat, July 18 / 8:30 AM-3:00 PM / \$50

C. Kemp / 6 hrs HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Participants learn how to give oral, topical, inhaled, and emergency medicines to children. Workshop also covers how to keep accurate records, regulations for hygiene, safety, and medication measurement. **Please bring a bagged lunch.**



# Training Calendar

## FCCP: Professionalism Module

**Tues, July 21 / 8:30 AM-12:30 PM / \$25**

**N. Pierre / 4 hrs PRO**

Explore and understand specific concepts and practices that will lay the foundation for a successful program, including supervision, abuse/neglect, appropriate guidance, record keeping, marketing, contracts, and policies and procedures. This class is part of the Initial Training Series required for family child care applicants. Current family providers may also attend.

## FCCP: Child Development Module

**Tues, July 21 / 1:00-5:00 PM / \$25**

**J. Johnson / 4 hrs CD**

This workshop covers child development concepts including stages of growth and development, leading child theorists, and an overview of learning theories. This class is part of the Initial Training Series required for family child care applicants. Current family providers may also attend.

## Infant/Child and Adult CPR/AED Certification

**Sat, July 25 / 8:00-10:30 AM / \$40**

**Certification Only- Approved for Licensing / 1st Alert CPR**

Certified by the American Heart Association, valid for two years.

## First Aid Certification

**Sat, July 25 / 10:45 AM-1:15 PM / \$40**

**Certification Only- Approved for Licensing / 1st Alert CPR**

Certified by the American Heart Association, valid for two years.

## FCCP: Special Needs Module

**Tues, July 28 / 8:30 AM-12:30 PM / \$25**

**N. Pierre / 4 hrs SN**

Basic concepts of inclusive care for family providers. Topics include the Americans with Disabilities Act and how it applies to child care, plus health, behavioral, and developmental issues that must be addressed. This class is part of the Initial Training Series required for family child care applicants. Current family providers may also attend.

## FCCP: Curriculum Module

**Tues, July 28 / 1:00-5:00 PM / \$25**

**J. Johnson / 4 hrs CUR**

Participants will gain a better understanding of the components of a family child care curriculum, how to create a developmentally appropriate curriculum, and how to plan and design a family child care home. This class is part of the Initial Training Series required for family child care applicants. Current family providers may also attend.

## SIDS: Sudden Infant Death Syndrome

**Wed, July 29 / 6:30-9:30 PM / \$23**

**J. Johnson / 3 hrs (2 HSN, Breastfeeding Support Certificate)**

SIDS is the sudden, unexplained death of a healthy infant under 12 months. The cause of SIDS is unknown, but there are ways to make babies in your care safer. A SIDS class is required for family child care applicants and for any family provider seeking to become licensed for infant care. **This workshop includes "Supporting Breastfeeding in Child Care" Certificate.**

## Playground Safety

**Thu, July 30 / 6:30-9:30 PM / \$23**

**T. Green / 3 hrs HSN**

Come enhance your knowledge of playground safety and the role you play in the supervision and implementation of safety measures. Identify appropriate materials and equipment, examine appropriately designed and accessible playgrounds, and develop strategies for conducting safety checks.

## Anti-Bias/Cultural Competence Awareness

**Mon, Aug 3 / 6:30-9:30 PM / \$23**

**C. Bethke / 3 hrs COM**

Understanding diversity and inclusion is an important part of providing high quality child care. Gain a greater understanding of the value of a child's family and community dynamics. Identify materials and activities which will promote children's self-esteem and demonstrate an appreciation of similarities and differences.

## FCCP: Health, Safety, Nutrition Module

**Tues, Aug 4 / 8:30 AM-12:30 PM / \$25**

**N. Pierre / 4 hrs HSN**

Learn the basic concepts of health, safety and nutrition for family care programs. Topics include emergency preparedness, menu planning, and specific issues of concern for the health and safety needs of young children. This class is part of the Initial Training Series required for family child care applicants. Current family providers may also attend.



## FCCP: Community Module

**Tues, Aug 4 / 1:00-5:00 PM / \$25**

**J. Johnson / 4 hrs COM**

This workshop will focus on developing and maintaining relationships with children, families, and the community. This class is part of the Initial Training Series required for family child care applicants. Current family providers may also attend.





# Training Calendar

## Including All Children and the ADA

Wed, Aug 5 / 6:30-9:30 PM / \$23

J. Johnson / 3 hrs SN

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.

## Center Aide Orientation

Thu, Aug 6 / 6:30-9:30 PM / \$23

T. Harris / 3 hrs PRO

As a new Aide in the world of child care, there is a lot to know about your new career! Learn strategies for appropriate supervision, get tips on communicating professionally with parents, and discuss an aides role in child care. **This workshop meets the Center Aide Orientation requirement.**

## On Track: All Aboard for Developmental Progress

Sat, Aug 8 / 8:30 AM-12:30 PM / \$30

J. Johnson / 4 hrs (2 PRO, 2 CD)

Join us for an overview of the developmental screening tools and the benefits of using one. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children.

## NEW! Using Positive Approach to Approach Challenging Behavior

Tues, Aug 11 / 6:30-9:30 PM / \$23

Project Act / 3 hrs (2 SN, 1 CD)

This interactive training will define the term "behavior" and discuss the four main motivators for behaviors. This training will engage participants to discover how to redirect and shape behavior while encouraging positive social and emotional skill-building in children. Participants will leave this training with several strategies they can choose to implement immediately in their educational setting.

## How to Teach Mindfulness & Relaxation Skills to Children

Thu, Aug 13 / 6:30-9:30 PM / \$23

B. Cassels / 3 hrs (1 CUR, 1 CD, 1 SN)

Participants will learn how to incorporate mindful techniques and activities into their environment to help children feel more relaxed, aware, and focused. This workshop will be interactive and participants are encouraged to dress comfortably to participate fully in activities such as simple stretches and relaxation techniques.

## Medication Administration

Sat, Aug 15 / 8:30 AM-3:00 PM / \$50

C. Fleming / 6 hrs HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Participants learn how to give oral, topical, inhaled, and emergency medicines to children. Workshop also covers how to keep accurate records, regulations for hygiene, safety, and medication measurement. **Please bring a bagged lunch.**

## Sign Language for Everyday Activities: Part 1

Tues, Aug 18 / 6:30-9:30 PM / \$23

T. James / 3 hrs (2 CUR, 1 CD)

Sign language is a valuable tool for anyone working with young children. Learn signs to use during everyday activities such as meal times, nap time, circle time, and play time.

## Infant/Child and Adult CPR/AED Certification

Sat, Aug 22 / 8:00-10:30 AM / \$40

Certification Only- Approved for Licensing / 1st Alert CPR

Certified by the American Heart Association, valid for two years.



## First Aid Certification

Sat, Aug 22 / 10:45 AM-1:15 PM / \$40

Certification Only- Approved for Licensing / 1st Alert CPR

Certified by the American Heart Association, valid for two years.

## CPR and First Aid Re-Certification

Sat, Aug 22 / 1:30-5:00 PM / \$80

Certification Only- Approved for Licensing / 1st Alert CPR

Certified by the American Heart Association, valid for two years.

## Resources That Guide Daily Planning

Wed, Aug 26 / 6:30-9:30 PM / \$23

J. Johnson / 3 hrs CUR

There are many resources available for child care programs to promote quality programming and enhance learning for children. Explore school readiness resources, curriculum, and lesson planning resources to support ongoing development.



# Training Calendar

## SETTING THE STAGE: ASSESSMENT IN EARLY EDUCATION AND CARE

We will be offering this training opportunity during the day on select Fridays this Fall. Formerly known as Maryland Model for School Readiness 2013, this training has been updated to better reflect the child care providers, children and families of today's early care and education communities. The training consists of five, six-hour modules totaling 30 hours of high quality training. The training is perfect if you have never taken MMSR training before, did not complete the 9 modules, have never implemented MMSR in your program or took MMSR over five years ago. **If you are interested in attending or registering staff (discount for multiple registrations) please email Nikki Pierre at [npierre@howardcountymd.gov](mailto:npierre@howardcountymd.gov).**

## CORE OF KNOWLEDGE KEY

Each training workshop listing indicates the approved Core of Knowledge area(s), which identifies specific topics of interest you may need to achieve or maintain levels within the Maryland Child Care Credential program. The Core areas are abbreviated as:

CD: Child Development    COM: Community  
CUR: Curriculum    HSN: Health, Safety, Nutrition  
PRO: Professionalism    SN: Special Needs

## FAMILY PROVIDER INITIAL TRAINING

Each module provides an introduction to best practices for family child care providers in areas such as supervision, regulations, safety, nutrition, building relationships, professionalism, setting up your environment and materials, handbooks/policies, parent interviews, and much more!

### TUES. JULY 21

FCCP: Professionalism- 8:30AM-12:30PM

FCCP: Child Development- 1-5PM

### TUES. JULY 28

FCCP: Special Needs- 8:30AM-12:30PM

FCCP: Curriculum- 1-5PM

### TUES. AUGUST 4

FCCP: Health and Safety- 8:30AM-12:30PM

FCCP: Community- 1-5PM

This series is required for all family child care applicants. For additional workshop details, see page 8 of The Nest. FCCP Modules are open to all currently registered family child care providers for renewal training hours if you have not previously taken the workshop. All modules are \$25 and meet at 3300 N. Ridge Road, Suite 360, Ellicott City, Maryland, 21043. Register online at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training) to receive a 10% discount or you may download the Family Child Care Initial Training registration form to mail/fax in registration.

## OCC Workshop Training Requirements

### Family Child Care - New Applicant

- All six 4-hour Initial Training Modules
- 6-hour class in Emergency and Disaster Preparedness
- Infant/Child/Adult CPR and First Aid Certifications
- SIDS: Sudden Infant Death Syndrome

### Family Child Care - First Renewal Year

- 3 hours training in each of 4 areas: Child Development, Mixed Age Groups, Health/Safety/Nutrition, and Professionalism
- 6 additional hours of approved training in any area
- Current First Aid and CPR certifications

### Family Child Care - After First Renewal

- 6 hours of approved Core of Knowledge training
- 6 additional hours of approved training in any area
- Current First Aid and CPR certifications

### Child Care Center Staff

For current staff staying in the same positions:

- Aide/Assistant 6 hours per year
- Child Care Teacher 12 hours per year
- Child Care Director 12 hours per year

New hires and staff moving to new positions are subject to additional requirements.

### Questions about Training Requirements?

- Contact Joan Johnson, Technical Assistance Specialist [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov) or 410-313-1432.
- Contact the Howard County Office of Child Care at 410-750-8771.
- Contact your county's Child Care Resource Center or the Maryland State Department of Education at MSDE Office of Child Care.

# Workshop Registration and Participation Guidelines



**REGISTRATION** is on a first-come, first-served basis. Payment is required at the time of registration. All receipts are e-mailed to the address provided at registration. This receipt is your confirmation of registration. Reminder emails are a courtesy and should not be viewed as the sole indication of registration. Pre-registration is required for all workshops. Your registration and payment must be received by 4:00 pm on the day of the workshop for all weekday workshops (by Friday for weekend workshops). Same-day registrations are accepted online until noon and by phone until 4:00 pm if space permits; call 410-313-1442 to check availability. Walk-ins will not be permitted to stay.

**PAYMENT TYPES/FEES:** You may register online, by phone (credit cards only), by mail or in-person (credit card, check, or money order). Credit card charges may appear as ACT\*Registration on your statement. There is a \$25 fee for returned checks.

**LATE ARRIVALS:** Workshops begin at the time stated in the calendar and your receipt. Plan to arrive 10-15 minutes early to sign in. If you arrive after the workshop begins, you will be asked to leave. You will not be eligible for a certificate, credit, or refund.

**CERTIFICATES:** Certificates will be mailed to participants who attend a workshop within 10 business days. All workshops are open to the public and are approved by the MSDE under training approval number CKO-30733.

**CHANGE/CANCELLATION:** If you cannot attend a workshop you have registered for, notify us at least 24 hours in advance to receive a credit for future use. Refunds will not be given unless OCS cancels the workshop. If there are extenuating circumstances which require you to cancel, call 410-313-1442 and leave a detailed message. Messages must be left on the day of the workshop to be considered, and are handled on a case-by-case basis. OCS reserves the right to change the location or instructor of a workshop. If a workshop is cancelled due to weather, instructor illness, etc., participants will be notified by phone by 4:00 pm. If possible, the workshop will be rescheduled; and participants will be notified by phone or email. You may call our main line 410-313-1940 for weather updates.

**REPLACEMENT CERTIFICATES** may be requested by calling 410-313-1442 or emailing [children@howardcountymd.gov](mailto:children@howardcountymd.gov). There is a \$5 fee per certificate reprint within the past 12 months and \$10 for older than 12 months.

**WORKSHOPS DESIGNED FOR ADULTS ONLY;** please make child care arrangements in advance.

This publication was produced as a work for hire for the benefit of, and with funds from, the Maryland State Department of Education.



MARYLAND  
FAMILY  
NETWORK



## Howard County OCS Training Workshop Registration

NAME \_\_\_\_\_ BIRTHDATE (MM/DD/YY) \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

PHONES (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

EMAIL \_\_\_\_\_

POSITION TYPE ☐ FAMILY CC ☐ CENTER STAFF ☐ OWNER/DIRECTOR ☐ OTHER \_\_\_\_\_

WORKSHOP	TITLE DATE	COST
1) _____	_____	_____
2) _____	_____	_____
3) _____	_____	_____
4) _____	_____	_____

Please indicate if you require any special accommodations and our staff will contact you \_\_\_\_\_

Credit Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV \_\_\_\_\_

Name on Card \_\_\_\_\_

**Registration and payment are required in advance for all classes and workshops.**

Make Check/Money Order Payable to: Howard County Director of Finance

Mail Form and Total Payment to: Howard County OCS, 3300 N Ridge Rd, Suite 380, Ellicott City, MD 21043

# CHILD AND ADOLESCENT RESOURCES AND EDUCATION for Howard County Families

## THE CARE CENTER

- Behavior Issues
  - Finding Child Care
  - Child Care Assistance
  - County Resources
  - Special Needs
  - Parenting Classes
  - Health Care
- Mental Health Concerns
  - Grandparents Support
  - Financial Assistance
  - Support Groups
  - Adolescent Concerns
  - School Age Programs
  - Camps



**410-313-CARE (2273)**

[children@howardcountymd.gov](mailto:children@howardcountymd.gov) • [www.howardcountymd.gov/children](http://www.howardcountymd.gov/children)

This free service is provided by the Howard County Office of Children's Services, with the support of Howard County Department of Citizen Services, the Howard County Local Children's Board, Maryland State Department of Education, Howard County Mental Health Authority and the Governor's Office for Children.

If you wish to opt out of receiving this publication,  
email [children@howardcountymd.gov](mailto:children@howardcountymd.gov) or call 410-313-1940 (voice/relay)



Howard County Office of Children's Services  
3300 North Ridge Road, Suite 380  
Ellicott City, MD 21043

