## Conference Registration Form

## **LivingWell@50+** September 8, 2015

Card No.

The Inn at Virginia Tech and Skelton Conference Center - Blackburg, Virginia

Please print or type—complete a separate form for each participant

Name			
Title			
Organization	*Org.'s FID	#	
Mailing Address			
City	State	Zip	
Daytime Phone No.	Fax No.		
Email	Signature	Signature	
Registration fee: \$30			
Workshop Session I, 10:30-11:30 (Check one preference):  ☐ 1. Laughter Never Gets Old: Improvisation 101  ☐ 3. Optimizing Your Health across the Lifespan  ☐ 5. Appalachian Spring Initiative  ☐ 7. Life of the Mind: Taster Sessions for the Lifelong Learning Institu	☐ 2. Introduction to Mindfulness Practice ☐ 4. Staying in Touch with Family and Friends (Limit: 20) ☐ 6. Finding Your Passion in the Arts		
Workshop Session II, 12:00-1:00 (Check one preference)  ☐ 1. The Crooked Road – Music from the Mountains  ☐ 3. What's Really in Our Food?  ☐ 5. Great Ways to Enjoy the Outdoors in the NRV  ☐ 7. Life of the Mind: Taster Sessions for the Lifelong Learning Institu	☐ 2. Taiji for Everyone ☐ 4. So What's a Blog and How Do I Do One? (Limit: 20) *SESSION FULL* 6. Wine, Food, and the Good Life (Limit: 20)		
refund and Cancellation Policy nother person may be substituted at any time for this program. In the unlikely event at this program is cancelled or postponed due to insufficient enrollments or unforeseen recumstances, the university cannot be held responsible for any other expenses, including uncellation or change charges assessed by airlines, hotels, travel agencies, or other ganizations.  The weather or disaster-related program cancellation or postponement information, please all 540-231-9489.  The program is cancellation or postponement information, please and ance. Registration will be processed when payment is received.  The pay a fee by a VT department via HokieMart, you must select "VT CPE agistration fee" as your vendor and attach this completed form.  The check enclosed (Make payable to: Treasurer, Virginia Tech CE)  Checks must be drawn on U.S. bank in U.S. dollars.		Return with payment by August 31, 2015 (no staples, tape, or paper clips, please) to: Conference Registrar Continuing and Professional Education Virginia Tech, Mail Code 0272 702 University City Blvd. Blacksburg, VA 24061 phone: 540/231–5182 fax: 540/231–3306 (for credit card registrations only)  *Necessary to process a refund payable to any company, agency or government. The information you provide is subject to the Freedom of Information Act guidelines.	
Cardholder signature Date		<del></del>	livingwell 568363 webpdf

Exp. Date