



past the interchange. The hotel is just north of the Wynnsong Theater complex.

**State of Iowa OA
Convention is
sponsored by these
fine intergroups:**



**Central Iowa
Northeast Iowa
Promises of Eastern Iowa
Quad Cities
Tri-State Siouland**

Directions:

The Inn is off the 86th Street exit of Interstate 80/35. Go north on 86th Street and turn right at the first light

**Stoney Creek Inn and
Conference Center**

515-334-9000

www.stoneycreekinn.com

"Any action, no matter how small, will help us to overcome deadly procrastination."
OA 12 and 12, p. 31

"If we are to experience permanent recovery from compulsive eating, we will have to repeat, day after day, the actions that have already brought us so much healing."
OA 12 and 12, p. 83

State of Iowa OA

Convention 2011

Sept. 16-18, 2011

READY...

SET...

ACTION!

A Plan of Eating

"God is not my arms and legs. It is up to me to do the footwork. Ours is a program of action."

For Today, p. 136

Stoney Creek Inn and Conference

Center

5291 Stoney Creek Court

Johnston, Iowa 50131

515-334-9000

www.stoneycreekinn.com

"I started the program by doing everything I was supposed to do...Action is the magic word."

Overeaters Anonymous, 2nd edition, p. 151

"Our Higher Power gives us the power, providing we do the footwork."

Convention

Registration Form

Please mail this by **Sept. 4, 2011.**

Otherwise register at convention.

Send this registration to:

Betty Warywoda

805 29th Street

West Des Moines, IA 50265-3217

515-221-3559

Name _____

Address _____

City _____

State, Zip _____

Telephone _____

Registration:

Before Sept. 4 \$15 _____

At the door \$20 _____

One Day Only \$12 _____

Banquet \$23 _____

TOTAL _____

NOTE: You MUST PRE-PURCHASE a banquet ticket – NO MEALS SOLD AT DOOR.

Make checks payable to Iowa State

Convention.

Are you willing to give service?

___ Speaker ___ Hospitality

___ Timer ___ Hugger

Hotel Registration

Stoney Creek Inn and

Conference Center

Accommodations include mini-fridge,
microwave and breakfast.

Deluxe Double – 2 double beds

Deluxe King– 1 king-size bed

\$89.00 a night plus tax

3 PM check-in

11AM checkout

Call for reservations stating that you
are with the OA Convention and
that you want a deluxe room:

(515) 334-9000

1-800-659-2220

*Deadline to register for rooms at
conference rate is:*

August 30, 2011

Saturday Night Banquet

\$23.00 per person

Menu:

Italian Roasted Chicken

Roasted New Potatoes

Steamed California Medley
Mixed Greens (dressing on the side)
Fresh Rolls
Fresh Fruit
Tea, Water

11:30–1:00 Lunch
Speakers
4:00–5:00 Planning Meeting
6:00 PM Banquet, Speaker and
Entertainment
9:00 PM Open candlelight OA
meeting

*Projected Schedule of
Events*

Friday, September 16

6:00 PM Registration Opens
7:00 PM Opening
Speakers
9:00 PM Open OA meeting

Saturday, September 17

7:15 AM Meditation
8:00 AM Registration Opens
9:00 AM Opening
Speakers

Sunday, September 18

8:30 AM Speakers
10:30 AM Closing

Ready...Set....Action!