

## The Good, The Bad and The Iatrogenic



Denise Link, PAC  
Dallas Nephrology  
Dallas, TX  
Disclosures: none

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

## Polling Instructions

- **To Use the CAPA Events App:** Open the CAPA App, go to "Agenda" and find this session. Click on the session and go to the tab for "Polls." Answer each polling question when instructed.
- **For Text Polling from Your Phone:** You will be provided the Question ID on upcoming poll slides. Text the Question ID to 79905 and you will be given the opportunity to provide your answer.

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

## Objectives

- 1) By CKD stage, review common medications taken by CKD patients
- 2) By CKD stage, review common dosing errors and the pathological rationale for medication selection
- 3) Using patient examples, discuss medication errors commonly found for CKD patients
- 4) A quick overview of the OTC meds dangerous for the CKD patient
- 5) AKI on CKD for the non-nephrology practitioner

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

### Q1: The Most Common Cause of AKI is

1. Contrast Induced
2. Medication Induced
3. Exercise Induced
4. Unknown



Take the poll in the CAPA App or text 37171 to 79905

**RESULTS**

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

### Q2: The FDA Package Insert renal dosing is dependent on

1. The Serum Creatinine
2. The BMI
3. The GFR
4. The trough level



Take the poll in the CAPA App or text 37172 to 79905

**RESULTS**

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

### Q3: The medication family most likely to be renal-dosed **incorrectly** is

1. Cardiac medications
2. Hypertension medications
3. Diabetic medications
4. Antibiotic medications



Take the poll in the CAPA App or text 37173 to 79905

**RESULTS**

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

## Nephrology Axiom

- First blame the drug



National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

## Nephrology Corollary

- Never Trust a Nephrology Speaker who doesn't wear Yellow....



National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

## Caveats

- All of the stories are true
- Names and faces have been changed 'to protect the innocent'
- This lecture is not to blame but to educate
- My goal is not to be inclusive of all medications
  - I want to encourage use of FDA dosing guidelines
- A pharmacist and a good list serve is everyone's best friends!
- A **HUGE** thank you to the PAs and NPs of the National Kidney Foundation for sharing their cases

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---

---


---

---

**Stages of CKD 2013**

Composite ranking for relative risks by GFR and albuminuria (KDIGO 2009)

		Albuminuria stages, description and range (mg/g)					
		A1		A2	A3		
		Optimal and high-normal	High	Very high and nephrotic			
		<10	10–29	30–299	300–1999	≥2000	
GFR stages, description and range (ml/min per 1.73 m <sup>2</sup> )	G1	High and optimal	>105 90–104				
	G2	Mild	75–89 60–74				
	G3a	Mild-moderate	45–59				
	G3b	Moderate-severe	30–44				
	G4	Severe	15–29				
	G5	Kidney failure	<15				



## SF

45 y/o male

**PMH:** HTN, IDDM, CKD (eGFR 22), PVD, smoker, diabetic retinopathy, hyperkalemia, edema, SHPT, R BKA, foot ulcer L, W/C dependent

**Labs:**

BUN 50, SCr 4.16, Na 140, K 4.5, bicarb 16, Hgb 11.3, UACR 8380, A1C 8.9%

Pt calls with c/o BP 190-180s w/pain posterior skull, referred to ED

Seen by neph in ED and Bystolic (nebivololol) increased with f/u 3days


ED labs: WBC 12.03 (nl for pt 11.6-13.7), K 4.3, bicarb 13, eGFR 15.4

---

Neph office calls house 24 hours after ED visit.


Pt refusing to let wife take BP but feels poorly, told to return to ED

Pt presents to CVS Minute Clinic



National  
Kidney  
Foundation®

Council of  
Advanced  
Practitioners



# SF

45 y/o male  
**PMH:** HTN, IDDM, CKD (eGFR 22), PVD, smoker, diabetic retinopathy, hyperkalemia, edema, SHPT, R BKA, foot ulcer L, W/C dependent  
**Labs:**  
 BUN 50, SCr 4.16, Na 140, K 4.5, bicarb 16, Hgb 11.3, UACR 8380, A1C 8.9%


---

Pt diagnosed with pneumonia at Minute Clinic  
 RX: Levofloxacin (Levofloxacin) 750mg daily X 5D

---

Neph office calls pt on Monday after no f/u in ED and he feels worse  
 Encouraged to go to ED  
 States he will wait for wife to come home to drive  
 Wife comes home 2 hours later and he is found dead and 'cold'

## Q4: What Killed Him?



National  
Kidney  
Foundation®

Council of  
Advanced  
Practitioners



D.  
nia,  
C  
p 16,

**D'OH!**

**His Heart Stopped**

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---


---

---

---

---

---



1. Fast eGFR drop with antibiotics in CKD
2. QT interval increased with Levaquin (Levofloxacin)
3. Sudden death in a poorly controlled IDDM
4. Infectious death from pneumonia

National  
Kidney  
Foundation™

Take the poll in the CAPAApp or text 37174 to 79905

**RESULTS**

Council of  
Advanced  
Practitioners

---

---

---

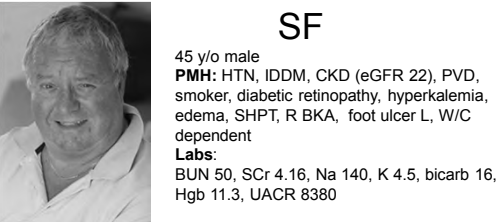
---

---

---

---

---



**SF**

45 y/o male  
**PMH:** HTN, IDDM, CKD (eGFR 22), PVD, smoker, diabetic retinopathy, hyperkalemia, edema, SHPT, R BKA, foot ulcer L, W/C dependent

**Labs:**  
BUN 50, SCr 4.16, Na 140, K 4.5, bicarb 16, Hgb 11.3, UACR 8380

Pt diagnosed with pneumonia at Minute Clinic  
RX: Levaquin (Levofloxacin) 750mg daily X 5D

**All Fluroquinolones increase QT intervals**  
**IE: Cipro (Ciprofloxacin) /Levaquin(Levofloxacin)**  
**Black Box Warning**  
**Renal Dosing is ½ to ¼ 'normal dose'**  
**Loading Doses are OK**

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

**AJKD**  
AMERICAN JOURNAL OF KIDNEY DISEASES

**You are NOT alone!!!  
2/3 had errors in dosing!**

**Dosing errors in prescribed antibiotics for older persons with CKD: A retrospective time series analysis**  
AJKD 2014; 63:422-428

**JASN**  
Journal of the American Society of Nephrology

**69.3% of patients in a Maryland University setting had a safety event related to medication dosing**  
JASN 25:1564-1573, 2014

**PubMed**  
National Library of Medicine

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---

---

---

---

---

---

**MG**

66 y/o female  
**PMH:** HTN, DM, HLD, PVD, COPD.  
CKD (eGFR 21)  
**Meds:** Maxide (triamterene/HCTZ), Coreg (carvedilol)  
Norvasc (amlodipine), Nasonex (mometasone furoate)  
Allegra (fexofenadine), Glucophage (metformin)  
Lipitor (atorvastatin), ASA, Plavix (clopidogrel)

Presents to the ED with sudden-onset CP, SOB, nausea, diaphoresis,  
EKG shows junctional bradycardia with hypotension

**Q5: What is her metabolic abnormality?**

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---


---

---

---

---

---



1. Hyperkalemia
2. Hyponatremia
3. Metabolic alkalosis
4. OMG!!! You are kidding-It is too late in the day!!

Take the poll in the CAPA App or text 37175 to 79905 **RESULTS**

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---

---

---

---

---

---



## MG

66 y/o female

**PMH:** HTN, DM, HLD, PVD, COPD, CKD (eGFR 21)

**Meds:** Maxide (triamterene/HCTZ), Coreg (carvedilol) Norvasc (amlodipine), Nasonex (mometasone furoate) Allegra (fexofenadine), Glucophage (metformin) Lipitor (atorvastatin), ASA, Plavix (clopidogrel)

K 7.8

Maxide is a combination of triamterene and HCTZ

**Q6: At what eGFR is HCTZ to be stopped?**



Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---



1. eGFR 50
2. eGFR 30
3. Stopping Maxide (triamterene/HCTZ) is dependent on age
4. The nephrology office stops it and I never quite know why or when. It is a mystery!



Take the poll in the CAPAApp or text 37176 to 79905

**RESULTS**

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---



## LB

32 y/o female with c/o freq, burning w/urination  
PMH: sickle cell, HTN, ESRD  
Pt states no one asked her about medical history  
Unable to give urine specimen  
Pt treated with Nitrofurantoin 100mg bid

**Q7: What question was obviously missed PRIOR to antibiotic selection?**



Council of  
Advanced  
Practitioners

---

---

---


---

---

---

---

---



## LB

32 y/o female with c/o freq, burning w/urination  
 PMH: sickle cell, HTN, ESRD  
 Pt states no one asked her about medical history  
 Unable to give urine specimen  
 Pt treated with Nitrofurantoin 100mg bid

1. Are you allergic to any antibiotic?
2. Why is there a catheter hanging from your chest?
3. Are you on any medications?
4. Can you bring in a urine specimen another day?

Take the poll in the CAPA App or text 37177 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---


---

---

---

---

---



## LB

32 y/o female with c/o freq, burning w/urination  
 PMH: sickle cell, HTN, ESRD  
 Pt states no one asked her about medical history  
 Unable to give urine specimen  
 Pt treated with Nitrofurantoin 100mg bid

**Nitrofurantoin Major Contraindications**  
 Anuria, oliguria, or significant impairment of renal function (creatinine clearance under 60 mL per minute or clinically significant elevated serum creatinine) are contraindications. Treatment of this type of patient carries an increased risk of toxicity because of impaired excretion of the drug.

National Kidney Foundation Advanced Practitioners

---

---

---


---

---

---

---

---



## AF

72 y/o female  
**PMH:** CAD, CHF, CKD (eGFR 28), cataracts, orthostatic hypotension, HLD  
**Meds:** Zocor (simvastatin), Lanoxin (digoxin), Cozaar (losartan), eye drops, vitamins, MVI

S: Presents to the office complaining of SOB and increased 'tiredness'  
 Upon questioning, she admits to vision changes ('yellow lights') but thinks they occur when she gets up too fast  
 O: Bradycardia is present with a rate of 48 beats/min, no edema, lungs clear, no vision complaints today

**Q8: Which medication is causing her problems?**

National Kidney Foundation Council of Advanced Practitioners

---

---

---

---



---

---

---

---



1. Zocor (simvastatin)
2. Cozaar (losartan)
3. Lanoxin (digoxin)
4. Eye drops
5. Vitamins

Take the poll in the CAPA App or text 37178 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---


---

---

---

---

---



## AF

72 y/o female  
**PMH:** CAD, CHF, CKD (eGFR 28), cataracts  
 orthostatic hypotension, HLD  
**Meds:** Zocor (simvastatin), Lanoxin (digoxin),  
 Cozaar (losartan), eye drops, I vitamins, MVI

You get AF through her Lanoxin (digoxin) toxicity but she is still feeling weak after she leaves the hospital.  
 She returns to the office complaining about having trouble walking  
 She cannot go to her weekly bridge game

**Q9: You are suspicious of what?**

National Kidney Foundation Council of Advanced Practitioners

---

---

---



---

---

---

---

---

1. Respiratory Acidosis
2. Hyperkalemia
3. Medication Overdose (look at the title of the talk!!)
4. Lanoxin (digoxin) Toxicity because she may be confused about her new dose

Take the poll in the CAPA App or text 37179 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---

---

---

---

---

---



## AF

72 y/o female  
**PMH:** CAD, CHF, CKD (eGFR 28), cataracts  
 orthostatic hypotension, HLD  
**Meds:** Zocor (simvastatin,) Lanoxin (digoxin),  
 Cozaar (losartan), eye drops, I vitamins, MVI

You get AF through her Lanoxin (digoxin) toxicity but she is still feeling weak after she leaves the hospital.  
 She returns to the office complaining about having trouble walking  
 She cannot go to her weekly bridge game

Tea and Toast in the Elderly  
 More common in females  
 More common with ACE/ARB  
**Do consider mild rhabdo with statins!!**



Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---



## TK

81 y/o male admitted thru ED  
 Complete heart block, hypotension,  
 Intubated in the field  
**PMH:** CKD 3, DM, CAD  
**Labs:** SCr 2.5mg/dL, K 5.5mg/dL, Bicarb  
 10meq/dL

**Q10: What is the most likely cause of his  
 Metabolic Acidosis?**



Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---



## TK

81 y/o male admitted thru ED  
 Complete heart block, hypotension,  
 Intubated in the field  
**PMH:** CKD 3, DM, CAD  
**Labs:** SCr 2.5mg/dL, K 5.5mg/dL, Bicarb  
 10meq/dL

1. Must be a medication in this talk...
2. Seriously I have no idea
3. Diabetic Ketoacidosis
4. Alcohol-induced metabolic acidosis



Take the poll in the CAPAApp or text 37180 to 79905

**RESULTS**

Council of  
Advanced  
Practitioners

---

---

---


---

---

---

---

---



## TK

81 y/o male admitted thru ED  
Complete heart block, hypotension,  
Intubated in the field  
PMH: CKD 3, DM, CAD  
Labs: SCr 2.5mg/dL, K 5.5mg/dL, Bicarb  
10meq/dL

Patient was on Glucophage (metformin) as noted in the bag  
brought in by the paramedics  
Family states he had been feeling 'poorly' for last week  
Eating less but taking all his medications

**Q11: When is Glucophage (Metformin) to be stopped?**

National  
Kidney  
Foundation Council of  
Advanced  
Practitioners

---

---

---


---

---

---

---

---



## TK

81 y/o male admitted thru ED  
Complete heart block, hypotension,  
Intubated in the field  
PMH: CKD 3, DM, CAD  
Labs: SCr 2.5mg/dL, K 5.5mg/dL, Bicarb  
10meq/dL

1. GFR 50ml/min
2. GFR 30ml/min
3. SCr 1.5 mg/dL
4. GFR 40 ml/min

\*Metformin in Patients With Type 2 Diabetes and Kidney Disease-A Systematic Review  
JAMA. 2014;312(24):2668-2675

National  
Kidney  
Foundation Council of  
Advanced  
Practitioners

Take the poll in the CAPA App or text **37181** to 79905 **RESULTS**

---

---

---


---

---

---

---

---



## TK

81 y/o male admitted thru ED  
Complete heart block, hypotension,  
Intubated in the field  
PMH: CKD 3, DM, CAD  
Labs: SCr 2.5mg/dL, K 5.5mg/dL, Bicarb  
10meq/dL

- 1) GFR 50ml/min
- 2) GFR 30ml/min
- 3) SCr 1.5 mg/dL**
- 4) GFR 40 ml/min

National  
Kidney  
Foundation Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---

**TK**

	SCr	Race	Age	eGFR	CKD Stage
Male	1.5	non-white	17	80	1
Male	1.5	non-white	70	60	2
Female	1.5	white	45	39	3a
Female	1.5	white	70	36	3b

*GFR calculator at NKf.org*

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---

---

---

---

---

---

**TK**

81 y/o male admitted thru ED  
Complete heart block, hypotension,  
Intubated in the field  
PMH: CKD 3, DM, CAD  
Labs: SCr 2.5mg/dL, K 5.5mg/dL, Bicarb 16 mEq/L

**TK did not survive his hospital admission  
He was placed on comfort care  
He died 2 weeks before Christmas**

2) GFR 30ml/min  
3) SCr 1.5 mg/dL  
4) GFR 40 ml/min

*\*Metformin in Patients With Type 2 Diabetes and Kidney Disease-A Systematic Review  
JAMA. 2014;312(24):2668-2675  
KDIGO guidelines, 2013*

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---

---

---

---

---

---

**MS**

64 y/o female  
**PMH:** DM, PVD, morbid obesity, CKD (eGFR 32)  
CAD, CHF, HTN  
**Meds:** Lantus (glargine), Humalog (insulin lispro)  
Zestril (lisinopril), Lasix (furosemide), Neurontin (gabapentin), Lipitor (atorvastatin), ASA, Plavix (clopidogrel), Procardia (nifedipine), Lopressor (metoprolol)

Presents to the ED with an open wound on her L foot  
States that her shoes are too small  
**Labs:** WBC 11, K 4.5, SCr 2 (eGFR?), BG 289

Pt is treated with Bactrim DS (sulfamethoxazole/trimethoprim)  
(MRSA is part of the antibiogram in this area)

**Q12: Why does nephrology get so upset?**

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---


---

---

---

---

---




1. They always do. We never can figure out why
2. Poor coverage for foot infections
3. We gave too high a dose
4. We picked the wrong drug

Take the poll in the CAPA App or text 37182 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---


---

---

---

---

---



## MS

64 y/o female  
**PMH:** DM, PVD, morbid obesity, CKD (eGFR 32)  
 CAD, CHF, HTN  
**Meds:** Lantus (glargine), Humalog (insulin lispro)  
 Zestril (lisinopril), Lasix (furosemide), Neurontin  
 (gabapentin), Lipitor (atorvastatin), ASA, Plavix  
 (clopidogrel), Procardia (nifedipine), Lopressor  
 (metoprolol)

Bactrim (sulfamethoxazole/trimethoprim) works as a potassium competitor in the loop of Henle  
 K is retained with Bactrim (sulfamethoxazole/trimethoprim)  
 CKD causes an increase in the half-lives of the drug and its metabolite

**Q13: What is a symptom that the patient is toxic from Bactrim (sulfamethoxazole/trimethoprim)?**

National Kidney Foundation Council of Advanced Practitioners

---

---

---



---

---

---

---

---

1. Sudden death
2. Tachycardia
3. Severe leg cramps
4. Peaked T waves

Take the poll in the CAPA App or text 37183 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---



---

---

---

---

---

- 1) Sudden death
- 2) Tachycardia
- 3) Severe leg cramps
- 4) Peaked T waves (this is a sign, not symptom)

National Kidney Foundation

Council of Advanced Practitioners

---

---

---


---

---

---

---

---



## AB

78 y/o male  
**PMH:** DM, CAD, PVD, CKD (eGFR 26), CABG  
 CHF, edema, HLD, gout  
**Meds:** Altace (ramipril), Lasix (furosemide), plavix (clopidogrel), ASA, Colcrys (colchicine), Calan (verapamil)  
 Lopressor (metoprolol), Lipitor (atorvastatin)

Presents to his primary care office with complaints of leg/foot pain  
 Follows stocking glove distribution  
 Decreased sensitivity with severe pain  
 Described as 'pins and needles' since he had just seen the commercial on TV!  
 You agree to start him on Neurontin (gabapentin) and give him 300mg tid  
 You tell him to take it for 1 week before increasing the dose  
 You get a call from his son 5 days later telling you Dad is not making sense

### Q14: What Happened?

National Kidney Foundation

Council of Advanced Practitioners

---

---

---



---

---

---

---

---

1. TIA
2. Medication overdose by elderly patient
3. Iatrogenic
4. Tea and toast

Take the poll in the CAPA App or text **37184** to 79905 **RESULTS**

National Kidney Foundation

Council of Advanced Practitioners

---

---

---


---

---

---

---

---



**AB**

78 y/o male  
**PMH:** DM, CAD, PVD, CKD (eGFR 26), CABG  
 CHF, edema, HLD, gout  
**Meds:** Altace (ramipril), Lasix (furosemide), plavix  
 (clopidogrel), ASA, Colcrys (colchicine), Calan (verapamil)  
 Lopressor (metoprolol), Lipitor (atorvastatin)

**FDA insert:**  
 Usual Dosing (Adults): 300mg q8h.  
 Usual maintenance dose: 300-600mg q8h. Maximum dosage/day: 3600 mg  
 Renal Dosing  
 eGFR >60ml/min: Give usual dosage  
 eGFR 30-59ml/min: Dosage range: 400-1400mg/day in divided doses - Usually bid  
 eGFR 15-29ml/min: Dosage range: 200-700mg/day  
 eGFR <15ml/min: Dosage 100-300 mg/day. Use lower end of this range for CRCL  
 <7.5 ml/min.  
 Hemodialysis: 100-300 mg/day. Give supplemental dose of 125-350mg after each  
 dialysis.

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---


---

---

---

---

---



**AB**

78 y/o male  
**PMH:** DM, CAD, PVD, CKD (eGFR 26), CABG  
 CHF, edema, HLD, gout  
**Meds:** Altace (ramipril), Lasix (furosemide), plavix, colchicine,  
 atorvastatin

**FDA insert:**  
 Usual Dosing (Adults): 300mg q8h.  
 Usual maintenance dose: 300-600mg q8h. Maximum dosage/day: 3600 mg  
 Renal Dosing  
 eGFR >60ml/min: Give usual dosage  
 eGFR 30-59ml/min: Dosage range: 400-1400mg/day in divided doses - Usually bid  
 eGFR 15-29ml/min: Dosage range: 200-700mg/day  
 eGFR <15ml/min: Dosage 100-300 mg/day. Use lower end of this range for CRCL  
 <7.5 ml/min.  
 Hemodialysis: 100-300 mg/day. Give supplemental dose of 125-350mg after each  
 dialysis.

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

**AI FDA inserts  
after 1998  
MUST include  
renal dosing**

---

---

---

---

---


---

---

---

---

---



**BF**

52 y/o male  
**PMH:** ADPKD, HTN, edema secondary to kidney  
 volume, mild CKD (eGFR 40)  
**Meds:** ASA, HCTZ, Zestril (lisinopril), Lipitor  
 (atorvastatin)

Pt coaches baseball for Gallaudet University  
 While trying to catch a ball and outrun a 19 y/o, falls and sustains a Colles fracture of  
 the L wrist  
 Pre-op labs show Ca of 10.9 with a hemoglobin of 10.9  
 Patient is referred to hem/onc for hypercalcemia work-up  
 Bone marrow biopsy and skeletal survey is negative

**Q15: What is the cause of the hypercalcemia in CKD  
 patient?**

National  
Kidney  
Foundation™

Council of  
Advanced  
Practitioners

---

---

---

---

---



---

---

---

---

---

1. ADPKD
2. Gout (undiagnosed)
3. Medications
4. Fracture

Take the poll in the CAPA App or text 37185 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---



---

---

---

---

---

**Q16: Of course it is a med!**  
Just look at the title of the talk  
Which medication? And Why?

1. HCTZ
2. ASA
3. Zestril (lisinopril)
4. Lipitor (atorvastatin)

Take the poll in the CAPA App or text 37186 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---


---

---

---

---

---



**BF**

52 y/o male  
**PMH:** ADPKD, HTN, edema secondary to kidney volume, mild CKD (eGFR 40)  
**Meds:** ASA, HCTZ, Zestril (lisinopril), Lipitor (atorvastatin)

HCTZ affects  
HCTZ increases  
There may be  
**Thiazides**  
Thiazides  
absence of  
may be even  
**Thiazides**  
patients

**Sometimes the  
Package insert  
Can be your  
Best Friend!**

National Kidney Foundation Council of Advanced Practitioners

---

---

---

---


---

---

---

---





**YC**

48 y/ female  
PMH: HTN, CAD, CKD (eGFR 25)  
Meds: Diovan (valsartan), ASA, Lasix (furosemide)  
Prozac (fluoxetine), Calan (verapamil)

Patient presents to the urgent care section of the ED  
She has new onset partial paralysis of the L side of her face  
She is petrified that she is having a stroke  
A STAT CT scan rules out a stroke  
Her facial paralysis follows CN VII  
Since she fits the 'classic' symptoms of Bell's palsy, you reassure her  
She is discharged on prednisone (20mg/day) and Zovirax (acyclovir) 400mg tid)  
72 hours later she returns to the urgent care with mental status changes

**Q17: What happened?**

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---



---

---

---

---

---

1. We gave too high a dose
2. We picked the wrong drug
3. Hard to say-I am just randomly guessing at this point
4. She is having an evolving stroke

Take the poll in the CAPAApp or text 37187 to 79905 **RESULTS**

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---

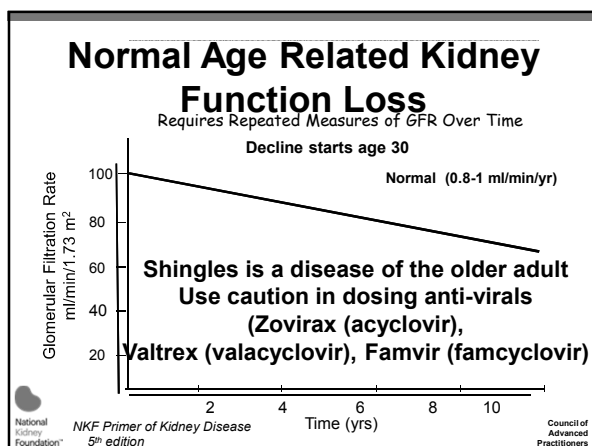
---

---

---

---

---




---

---

---

---

---

---

---

---



TT

64 y/o male  
 PMH: smoker (previous), CKD (eGFR 45),  
 CAD (1 stent), BPH  
 Meds: ASA, Plavix (clopidogrel), Zestril (lisinopril)  
 Lipitor (atorvastatin)

Works as the head PA in the OR  
 Was seen by cardiology recently who doubled his Zestril (lisinopril)  
 Is having palpitations during surgery and steps away from the OR table  
 Collapses in the midst of surgery  
 Anesthesia calls a code and he is rolled the 200 ft to the ED



**Q18: What abnormality is seen on his EKG?**

Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

---



1. Prolongation of the QT interval
2. 2<sup>nd</sup> degree heart block
3. Atrial fibrillation
4. Peaked T waves



Take the poll in the CAPAApp or text 37188 to 79905

**RESULTS**

Council of  
Advanced  
Practitioners

---

---

---

---

---

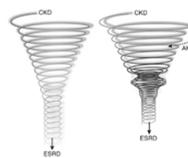
---

---

---



TT



His K corrects to 4.5 from **6.8** with IV fluids and a foley  
 His GFR drops to 12 and rebounds to 15  
 He undergoes a TURP  
 He starts the work-up for a kidney transplant  
 At 5 months post AKI, his eGFR rises to 24!  
 However, he will be at continued risk of ESRD due to his AKI



**Remember: All males above 50 have some BPH**

Council of  
Advanced  
Practitioners

---

---

---


---

---

---

---

---





## GG

78 y/o male  
 PMH: HDL, HTN, neuropathy, CKD (eGFR 48)  
 BPH, hypothyroidism  
 Meds: HCTZ, Synthroid (levothyroxine), Cymbalta (duloxetine), Lipitor (atorvastatin), Fosamax (alendronate), Zestril (lisinopril), omega 3, Norvasc (amlodipine), MVI, CoQ10, Percocet (oxycodone)

Retired military who still works full time @ golf shop  
 Presents to ED with unsteadiness, sleepiness, sluggish  
 Confusion and difficulty concentrating  
 Recently started on Percocet (oxycodone) & Cymbalta (duloxetine) for neuropathy  
 Serum Na is **108**

**Q19: What is causing the hyponatremia?**

---

---

---


---


---

---

---



---





1. HCTZ
2. Percocet
3. Atorvastatin
4. Cymbalta

Take the poll in the CAPAApp or text **37189** to 79905 **RESULTS**

---

---

---


---

---

---

---

---





## GG

78 y/o male  
 PMH: HDL, HTN, neuropathy, CKD (eGFR 48)  
 BPH, hypothyroidism  
 Meds: HCTZ, Synthroid (levothyroxine), Cymbalta (duloxetine), Lipitor (atorvastatin), Fosamax (alendronate), Zestril (lisinopril), omega 3, Norvasc (amlodipine), MVI, CoQ10, Percocet (oxycodone)

SSRIs and SRNIs can cause hyponatremia  
 More common in the elderly  
 While considered rare per the literature\* (9%)  
     we see 4-5/year  
 Mechanism of action felt to be SIADH or polydipsia

\*Characteristics, prevalence, risk factors, and underlying mechanism of hyponatremia in elderly patients treated with antidepressants: a cross-sectional study. Maturitas. 2013 Dec;76(4):357-63.

---

---

---

---


---

---

---

---

**MC**



32 y/o female  
**PMH:** diabetes  
**Meds:** Lantus (glargine), Humalog (insulin lispro), Lipitor (atorvastatin)

On her quarterly visit to office  
 A1C 7.2%, UACR 45mg/24H (or microalbuminuria)  
 Because you went to CKD lecture, you know to add RAAS

**Q20: What is the most important thing to do now to protect her kidneys?**

National Kidney Foundation Council of Advanced Practitioners

---

---

---

---


---

---

---

---

**MC**



32 y/o female  
**PMH:** diabetes  
**Meds:** Lantus (glargine), Humalog (insulin lispro), Lipitor (atorvastatin)

1. Increase the Lantus (glargine)
2. Cover with BCP
3. Decrease the Lipitor (atorvastatin)
4. I really have no idea.....

Take the poll in the CAPAApp or text 37190 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---

---


---

---

---

---

**MC**



32 y/o female  
**PMH:** diabetes  
**Meds:** Lantus (glargine), Humalog (insulin lispro), Lipitor (atorvastatin)  
 A1C 7.2%, UACR 45mg/24H

You start Zestril (lisinopril) - 10mg/day  
 You also add BCPs - Choose Yaz (*drospirenone / ethinyl estradiol*)

Because you just started RAAS, you have her repeat CMP in 2 weeks  
**Her K is 6.0**

**Q21: After *your* heart starts again, you try to figure out what happened**

National Kidney Foundation Council of Advanced Practitioners

---

---

---

---


---

---

---

---

**MC**



32 y/o female  
**PMH:** diabetes  
**Meds:** Lantus (glargine), Humalog (insulin lispro), Lipitor (atorvastatin)

1. Shipment of oranges from Florida
2. Zestril (lisinopril)
3. Yaz (*drospirenone / ethinyl estradiol*)
4. UTI

Take the poll in the CAPA App or text **37191** to 79905 **RESULTS**

National Kidney Foundation® Council of Advanced Practitioners

---

---

---

---


---

---

---

---

**MC**



32 y/o female  
**PMH:** diabetes  
**Meds:** Lantus (glargine), Humalog (insulin lispro), Lipitor (atorvastatin)

Yaz (*drospirenone / ethinyl estradiol*) is related to Aldactone (spironolactone). Spironolactone inhibits the action of aldosterone thereby causing the kidneys to excrete salt and fluid in the urine while retaining potassium. That means if spironolactone is classified as a K-sparing diuretic, **then so is Yaz (*drospirenone / ethinyl estradiol*)**. Don't worry, it took the acid/base guru from UT Dallas to solve this one!

National Kidney Foundation® Council of Advanced Practitioners

---

---

---

---


---

---

---

---

**KB**



35 y/o JAG officer with family hx ADPKD  
 Preeclampsia with 2 pregnancies  
 Nephrology consult TN – SCr 1.9 (GFR 32)  
 Recently moved to your area

Presents with URI sx, has 2 kids in elementary school  
 Volunteers at elementary school  
 Temp 102, feels 'horrible', rales, crackles, looks 'wiped out'  
 You cover for flu with Tamiflu (oseltamivir phosphate) 75mg bid X 5d  
 On day 4, she returns with severe GI symptoms  
 Can't keep anything down

**Q22: What is going on?**

National Kidney Foundation® Council of Advanced Practitioners

---

---

---


---

---

---

---

---



**KB**

35 y/o JAG officer with family hx ADPKD  
 Preeclampsia with 2 pregnancies  
 Nephrology consult TN – SCr 1.9 (GFR 32)  
 Recently moved to your area

1. GI bug (those kids are little bug factories)
2. Food poisoning
3. Acute Kidney Injury (AKI)
4. Toxic dose of Tamiflu (oseltamivir phosphate)

Take the poll in the CAPA App or text 37192 to 79905 **RESULTS**

National Kidney Foundation Council of Advanced Practitioners

---

---

---


---

---

---

---

---



**KB**

35 y/o JAG officer with family hx ADPKD  
 Preeclampsia with 2 pregnancies  
 Nephrology consult TN – SCr 1.9 (GFR 32)  
 Recently moved to your area

Presents with URI sx  
 Temp 102, feels 'horrible', rales, crackles, looks 'wiped out'  
 SCr in ED 2.9 (GFR 19)

Think dehydration!!!!  
 AKI on CKD along with toxic levels of  
 Tamiflu (oseltamivir phosphate)

National Kidney Foundation Council of Advanced Practitioners

---

---

---


---

---

---

---

---



**KB**

35 y/o JAG officer with family hx ADPKD

GFR	Dose
GFR >60-90 mL/min	75mg daily
GFR >30-60 mL/min	30mg daily
GFR 10-30ml/min	30mg every other day
ESRD	30mg after dialysis cycle
	30 mg qweek for PD

AKI on CKD along with toxic levels of Tamiflu

National Kidney Foundation Council of Advanced Practitioners

---

---

---

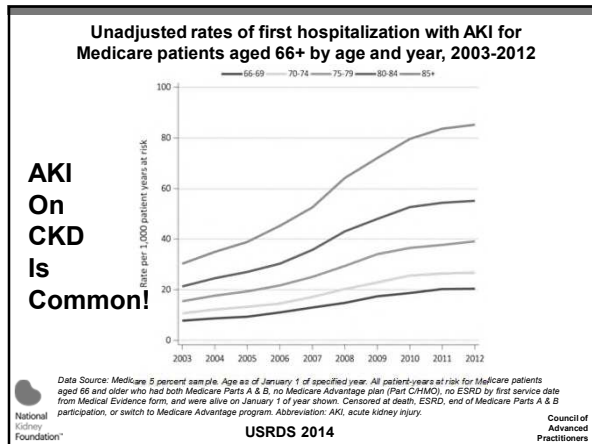
---

---

---

---

---




---

---

---

---

---

---

---

---

---

---

**Conclusions**

- Medication dosing errors are common in CKD
- A pharmacist can be your best friend
- When in doubt, look it up! (*I do!!*)
- CKD = go low, go slow and recheck labs often
- All FDA inserts have renal dosing protocols

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---

---

---

---

---

---

---

---

**The Most Common Cause of AKI is**

A. Contrast Induced  
B. Medication Induced  
C. Exercise Induced  
D. Unknown

National Kidney Foundation<sup>®</sup> Council of Advanced Practitioners

---

---

---

---

---

---

---

---

---

---

The FDA Package Insert renal dosing is dependent on

- A. The Serum Creatinine
- B. The BMI
- C. The GFR
- D. The trough level



Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---

The medication family most likely to be renal-dosed **incorrectly** is

- A. Cardiac medications
- B. Hypertension medications
- C. Diabetic medications
- D. Antibiotic medications



Council of  
Advanced  
Practitioners

---

---

---

---

---

---

---