FROZEN CHOZEN SK RUNEWALK

TIME and DATE - SATURDAY, JANUARY 24TH at 10:00 AM

LOCATION: ST. JOHN'S LUTHERAN CHURCH 4536 SOUTH BUFFALO STREET ORCHARD PARK, NY 14127

RACE SCHEDULE: 9:00 AM REGISTRATION

10:00 AM 5K RUN&WALK

11:00 AM AWARDS

(Overall Male & Female and Top 3 Finishers (M&F) <14, 15-19, 20-24, 25-29,

30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+)

11:30 AM FOOD AND FUN IN ST JOHN'S FELLOWSHIP HALL



(PACKET INCLUDES: T-SHIRT, RACE BIB, AND

Signature

EVENT INFORMATION OR JUST PICK UP ON RACE DAY)

ST. JOHN'S LUTHERAN CHURCH

5 PM - 8 PM

CONTACT INFO: Eric Hauan: 716.662.4747 ext 314

eric@stjohnsop.com

<u>www.stjohnsop.com</u> - (YOU CAN ALSO PRINT THE REGISTRATION FROM OUR CHURCH WEBSITE)

http://www.mapmyrun.com/routes/view/543345568 - (CHECK OUT THE COURSE)

ALL PROCEEDS OF THE RACE WILL BE GOING TO:

Family Promise of WNY is a cost-efficient, effective, and replicable community response to homelessness. We bring together existing community resources, especially faith congregations to assist us with our mission. Family Promise of WNY is committed to keeping families together during their time of homelessness. Most emergency shelters separate men and women, which increases the stress of their situation. Family Promise is one of only three emergency shelter providers in Erie County that solely focuses on keeping families together during the crisis of homelessness.

Frozen Chozen	n 5K Entry Form	Make checks payable to: St. John's Lutheran Church Mail to: 4536 S. Buffalo Street
\$20.00 per racer if		Orchard Park, NY 14127
received before 01/20/2015 Registration after		
01/20/2015, or on the day	LAST NAME	FIRST NAME M.I.
of the race will cost $\$25$		
First 100 registered racers will receive a Frozen Chozen T-Shirt T-Shirt Size (check one)	NUMBER AND STREET TOWN/CITY Check one:	STATE/PROV ZIP/POSTCODE RACE USE ONLY
2XL XL L M S	SEX AGE Run Walk	EMAIL PHONE:
In consideration of my entry being accepted, I, intending to be legally bound, do hereby, waive, release and forever discharge any and all rights and claims for damage which hereafter occur to me against St. John's Lutheran Church, Family Promise of WNY, the Village of Orchard Park or its members, officers, games directors or agents, representatives, successors, and or assigns, in connection with my association with or entry in or returning from said events held by St John's Lutheran Church.		

Parent/Guardian if under 18