

Events:

5K Run / Walk	8:00 am
Quarter Mile Kid's Fun Run	9:00 am

Entry Fee:

Early Registration	\$25
Race Day / Late Registration	\$30
Kid's Fun Run	\$15
Early registration (prior to 9/15) guarantees T-shirt size!	

Awards:

5K

Top 3 Overall Male & Female Finishers
Top 3 Male & Female Masters (40+)
Top 3 Male & Female in Each Age Group:
9 & under, 10-14, 15-19, 20-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70+

Awards to Start ASAP after Race.
Sorry, No Duplication of Awards

Quarter Mile Kids Fun Run

Medallions for:
Top 3 female Finishers
Ages 3-4, 5-6, 7-8, 9-10

Top 3 male Finishers
Ages 3-4, 5-6, 7-8, 9-10

Packet Pick-Up & Late Registration:

- **Friday, 10/3/2014 5pm - 8pm**
Ft. Inn First Baptist Church, Hellams & N. Weston
- **RACE DAY, Saturday, 10/4/2014 6:30-7:15am**
Ft. Inn First Baptist Church, Hellams & N. Weston

Certified Course (SC 13064DW)

The course is a key-hole configuration and relatively flat. There are a few hills at about 1.5 and 2.0 miles. The course is paved and starts at Trade Street and North Weston, and finishes in front of Palmetto Bank at North Weston and Hellams.

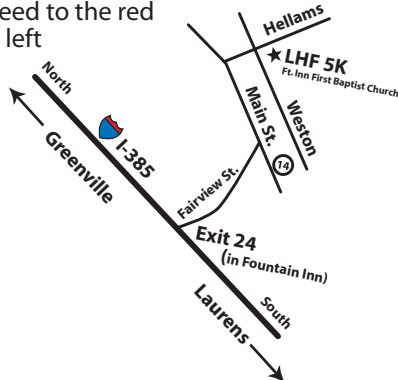
Refreshments:

Water will be offered on the course. Bagels, cookies, fruit, drinks, and coffee will be provided at the finish in the church fellowship hall.

Directions:

From I-385 take Exit #24 Fairview Street in Fountain Inn. South bound traffic turn right from exit & North bound turn left from exit. Proceed to the red light at Main St. turning left on Main Street. Turn right on Hellams Road and Fountain Inn First Baptist Church will be straight ahead.

GOOD LUCK ON
RACE DAY!!



Lauren's Hope Foundation
P. O. Box 80081
Simpsonville, South Carolina 29680



Chip Timing!
provided by:
Strictly Running



12th Annual Lauren's Hope Foundation



501(c)(3)
non-profit organization

5K Run / Walk Kid's Fun Run

October 4, 2014
Fountain Inn, SC

www.LaurensHope.org

Lauren's Hope 5K / Kid's Fun Run

To register, mail completed form and check payable to:

Lauren's Hope Foundation
PO Box 80081
Simpsonville, SC 29680
OR

Register online at www.StrictlyRunning.com

Phone: 864.228.1168

TIMING: Timing Chips must be worn to be eligible to win an award.
(Chip Timing provided by *Strictly Running*)

Please select the following:

☐ 5K (early registration before 9/15) \$25

☐ 5K (after 9/15) \$30

Early registration guarantees t-shirt size

☐ **5K (**Group Rate)** \$20

****New:** Groups of 10 or more may register at a discounted rate. *Registration forms must be received together on or before 9/15/2014 to be eligible.* Timing Chips will be assigned to all group participants.

☐ Quarter Mile Kid's Fun Run (10 and Under) \$15

☐ T-Shirt Only \$20
(Must order by 9/15/2014. Must pick up during Packet Pick-Up)

☐ Additional Contribution _____

Today's Date:

Name _____ Male/Female _____

Email _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ YS YM YL - S M L XL XXL
Youth or Adult Size Shirt

Date of Birth _____ Age on 10/04/2014 _____

Waiver: I hereby release Lauren's Hope Foundation, all other sponsors, directors, agents and volunteers from any and all claims of injury, illness, or damages from participation in this event. I understand this is a strenuous activity, and I certify that I am in good physical health and condition. I accept the risk of running in traffic and understand that the registration fee is nonrefundable. I give my permission for the use of my name and picture in any written account or broadcast of this event.

Signature (Parent or Guardian if under 18) _____

Emergency Contact and Phone Number _____

HOPE you join the fight for this worthy cause!



Meet children affected by Sanfilippo in South Carolina.

Quarter Mile Kids Fun Run



Kids you can help too!

Children ages 3 to 10 are joining the campaign for "Kids Helping Kids". With your entry fee of \$15, you will receive a long sleeve t-shirt and a chance to win a medallion by placing in the top three of your age group.

Costume Contest

Come dressed in your best costume for a chance to win our "Best Costume" Award. Winner receives \$50 Fleet Feet Gift Card



Awards Ceremony

Stick around after the finish to learn more about the disease and cause that you are supporting.

Special Thanks to our Lead Sponsors



Garrett
and
Garrett

Who is Lauren?

Welcome to the 12th annual Lauren's Hope Foundation 5K Run/Walk. Lauren was a little girl from Fountain Inn who at the age of three was diagnosed with Sanfilippo Syndrome. This rare genetic disease decreases its victim's life span to 10-14 years of age. This disease took Lauren's life at the young age of 10. Approximately 1 in 75,000 children are born with Sanfilippo Syndrome. These children are born lacking an essential enzyme that breaks down certain chemicals in the body. Without this enzyme these chemicals build up in the body and cripple the normal function of cells.

Between the ages of two and six enough damage has been done that symptoms appear. Loss of speech and coordination is the beginning. As the disease progresses, complications arise. Seizure activity, hearing impairment, liver and spleen enlargement, sleeping difficulties, loss of mobility, difficulty in treating common illnesses, problems with swallowing, pneumonia, vomiting, and diarrhea are all common concerns with Sanfilippo Syndrome. The effects of this disorder cause serious damage to the central nervous system resulting in profound brain damage.

All proceeds from this race benefit research in finding a cure for this terrible disease. Please run or walk with us on October 4th. You can join our cause to raise awareness for this disorder, fund research for a cure and meet Sanfilippo children affected in South Carolina.

We sincerely thank you for your time well invested!!!

So I run straight to the goal with purpose in every step.
1 Corinthians 9:26

