



ENDOCRINOLOGY & DIABETES UNIT

Diabetes Clinic: 604-875-2868

Toll-free Phone: 1-888-300-3088, x2868

Fax: 604-875-3231

<http://endodiab.bcchildrens.ca>

BLOOD GLUCOSE LOG FOR TYPE 1 DIABETES

Name: _____

may be emailed to: dcnurse@cw.bc.ca

Contact Name and Phone Number: _____

Date of Birth: _____ Date of Diagnosis: _____

Date	Blood Glucose					Insulin / Medication				Comments
	AM	noon	supper	bed	night	AM	noon	supper	bed	
										exercise, illness, etc.

AM Sliding Scale	
Glucose Range	Insulin Dose

PM Sliding Scale	
Glucose Range	Insulin Dose

Your Suggestions: _____