

Angel Healthcare
Competency Exam
CENA / CNA

Test Score _____

Name: _____

Date: _____

Multiple Choice (1 point each)

1. When should universal precautions be used?
☐ a. once during the shift
☐ b. at all times
☐ c. twice during the shift
☐ d. only when necessary

2. You are caring for a resident, the resident in the next bed request that you adjust his pillows. What would you do **first**?
☐ a. adjust the pillow
☐ b. call for the nurse
☐ c. wash your hands
☐ d. all of the above

3. When caring for a patient, who is in isolation, how would you handle the residents soiled linen?
☐ a. throw it in the trash
☐ b. place it in red biohazard bags
☐ c. take it to the laundry
☐ d. all of the above

4. What is the very first thing you would do if you found a resident on the floor?
☐ a. pick the resident up off the floor
☐ b. get the charge nurse
☐ c. place the resident in the bed
☐ d. none of the above

5. What would you report to your charge nurse?
☐ a. an open area on the resident's skin
☐ b. a resident refusing care
☐ c. a resident complaining of pain
☐ d. all of the above

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6. A nurse asks you to assist with a resident who has stopped breathing. The nurse asks you to call 911, you would:
- ☐ a. tell the nurse you are busy and it is not your job to call 911
 - ☐ b. tell the nurse your resident is on the toilet and to get someone else to do it
 - ☐ c. call 911 and assist the nurse
 - ☐ d. go on your 15 minute break
7. When giving oral care to an unconscious resident you would use:
- ☐ a. mouthwash
 - ☐ b. toothpaste and a toothbrush
 - ☐ c. glycerin swabs and toothettes
 - ☐ d. what the facility has available
8. Your resident needs finger nail care. You would:
- ☐ a. clip, clean and polish their nails
 - ☐ b. make an appointment with a manicurist at Mr. Lees Salon
 - ☐ c. check your residents care plan to see if they are diabetic and ask the nurse if they are on blood thinning medication
 - ☐ d. all of the above
9. If a resident has long toenails, what step(s) do you need to complete?
- ☐ a. clip the toenails and clean the residents feet
 - ☐ b. file the toenails
 - ☐ c. report to the charge nurse
 - ☐ d. report to the charge nurse to make the podiatrist aware
10. Resident in chair alarms should be checked:
- ☐ a. every 20 minutes
 - ☐ b. every 15 minutes
 - ☐ c. every 30 minutes
 - ☐ d. as needed
11. When feeding a resident what should you do **first**?
- ☐ a. place a small amount of food in the residents mouth
 - ☐ b. offer a beverage before the food
 - ☐ c. open all condiments and liquids and cut up all the meats and vegetables
 - ☐ d. introduce yourself and tell the resident what you will be doing

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12. When assisting a resident with meals, you must:

- ☐ a. let them do as much as they can first
- ☐ b. open up liquids and condiments
- ☐ c. cut up all meats and vegetables
- ☐ d. all of the above

13. What should you report to your agency?

- ☐ a. threats of violence from facility staff
- ☐ b. threats of violence from the residents
- ☐ c. if you are going to cancel your shift or be late
- ☐ d. all of the above

14. If a resident offers you money, you should:

- ☐ a. take it and run
- ☐ b. order a pizza
- ☐ c. refuse, say "thank you" and report to the charge nurse that a resident is offering money
- ☐ d. all of the above

15. When transferring a resident from the bed to the wheelchair, what is the first thing you do?

- ☐ a. make sure the resident is clean and dressed
- ☐ b. make sure the resident has socks on
- ☐ c. check the equipment on the wheelchair and lock the wheels
- ☐ d. offer the resident fluids

16. When should you use latex gloves?

- ☐ a. when giving a bath or shower
- ☐ b. changing soiled linen
- ☐ c. giving oral care
- ☐ d. all of the above

17. What is the average temperature of the human body?

- ☐ a. 98.6 degrees F
- ☐ b. 98.6 degrees C
- ☐ c. 98.3 degrees F
- ☐ d. 98.3 degrees C

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True or False (1 point each)

18. ☐T ☐F You should never report on and off your shift.
19. ☐T ☐F After receiving report, you should review the resident care plan.
20. ☐T ☐F During a fire drill, you should open all of the resident's doors to their room.
21. ☐T ☐F During a tornado, you should close all windows and open all drapes to expose the resident.
22. ☐T ☐F You should make your resident wear their dentures to bed at night, and never clean them.
23. ☐T ☐F If a resident tells you to call them "Grandma" or "Grandpa" it is okay.
24. ☐T ☐F The purpose of universal precautions is to prevent or minimize exposure to blood-borne pathogens.
25. ☐T ☐F You should handle all patients as if they are HIV or HBV infectious.
26. ☐T ☐F Universal precautions apply to tissues, blood, and other body fluids containing visible blood.
27. ☐T ☐F You should handle all needles and sharp objects as if they have been contaminated with HIV or HBV.
28. ☐T ☐F Blood is the single most important source of HIV, HBV, and other blood-borne pathogens in the workplace.
29. ☐T ☐F Universal precautions do not apply to feces, nasal secretions, breast milk, sputum, sweat, tears, urine, and vomit unless they contain visible blood. (Precaution: do not apply to saliva, except in dentistry.)
30. ☐T ☐F You should anticipate the type of patient contact and use appropriate personal protective equipment.
31. ☐T ☐F It is acceptable to check a resident's adult brief in the hallway.
32. ☐T ☐F You can always enter a resident's room at anytime without knocking.