



**Annual Meeting**  
Saturday, May 2, 2015

260 Town Hall Drive, Suite A  
Morrisville, NC 27560



# Hemophilia of North Carolina 42nd Annual Meeting



**Saturday, May 2, 2015**  
**9:00am–5:30pm**

*(First-time Attendee Orientation at 8:30am)*

**Holiday Inn Fayetteville-Bordeaux**  
1707 Owen Drive  
Fayetteville, NC 28304  
(910) 323-0111

**FREE PARKING**

**“A great opportunity to hear from the experts, and to network with friends, old and new . . . always a day well-spent. ”**

The Hemophilia of North Carolina Annual Meeting will include child care for all ages, special programs for children ages 2-17, meals and refreshments, and is presented free of charge to the HNC membership through the support of generous grants and contributions from our community.

*Traductores estaran disponible en la reunion para asistirle en Español.*



**IMPORTANT:**  
**Changes to the HNC Bylaws will be presented to the membership for approval.**

The HNC Board is proposing a new bylaws structure that will help HNC continue to grow and better support its mission. The current bylaws were a good fit when HNC was a smaller organization, but HNC has grown substantially in the last decade. With that growth has come the need for more appropriate bylaws, including robust safeguards and accountability, and a move from a membership organization to a self-perpetuating board. The end goal, of course, is for HNC to best serve all people in North Carolina with bleeding disorders.

*The complete proposed new bylaws, along with a side-by-side comparison with the existing bylaws, can be found on the HNC website at [www.hemophilia-nc.org](http://www.hemophilia-nc.org)*

### ◀ For First-time Attendees ▶

Once again, we'll have a special session in the morning for anyone who has never been to one of HNC's Annual Meetings. Whether you're new to the community or have just never experienced our Annual Meeting, we encourage you to join us from 8:30am-9:00am for the "First-time Attendee" session. You can grab your breakfast from the buffet and enjoy it with fellow first-timers.



If you are a first-time attendee, please indicate this on your registration application form. HNC will contact you about a hotel room for Friday night and about BP gas cards to help with your travel costs (these will be handed out during the session).

We'll have a lot of great information that will help to make your first HNC Annual Meeting more meaningful!

**You must register on or before April 16th in order to secure a hotel room.**

# HNC Annual Meeting — May 2, 2015

## Being Creative Beyond Our Community

### ◀ General Sessions ▶

- ▷ Orientation for First-time Attendees (8:30am)
- ▷ *Telling Our Stories*  
With acclaimed writers from our own bleeding disorders community: Jim Grimsley, Craig McLaughlin, and Shelby Smoak
- ▷ *Beyond Our Community: Breaking Barriers, Reaching Dreams, and Staying Positive*

### ◀ Meeting of the Membership ▶

- ▷ Annual and Financial Reports
- ▷ Nomination and election of members of the Board of Directors
- ▷ Discussion and vote on proposed changes to the HNC Bylaws

### ◀ Breakout Sessions ▶


- ▷ Morning Sessions
  - ▷ Writing Workshop
  - ▷ Meditation for Stress Management
  - ▷ *El Poder de Empoderamiento (The Power of Empowerment)* (en Español)
- ▷ HNC Focus Programs
  - ▷ HOPE (for parents of children with bleeding disorders)
  - ▷ SOAR (for women and girls with bleeding disorders)
  - ▷ Blood Brotherhood (for adult men with bleeding disorders)
  - ▷ Spouses and Loved Ones (supporting our partners)
- ▷ Afternoon Sessions
  - ▷ Constructive Conversations
  - ▷ *Auto Defensa (Self-Advocacy)* (en Español)
  - ▷ Living Well with Inhibitors

### ◀ Youth Programs ▶

- We will have child care for kids of **all ages**.
- **Ages 2-5 & 6-11:** We will have special programs and fun activities for these two groups.
- **Teens:** We will have activities for teens (ages 12-17), including a bowling outing.

Check the HNC website for more details on our youth programs.

### ◀ Accommodations ▶

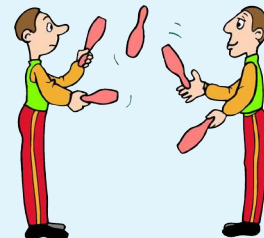
*Dinner, overnight stay, and breakfast on Sunday* – After the meeting we hope you will to stay for dinner and some special entertainment.  **Holiday Inn** HNC members are invited to stay overnight as HNC's guest, then have breakfast on Sunday and head home fresh and fulfilled. See the HNC website for more information, including discounted room rates for non-members.

*The latest speaker and session topic information will be published, as available, on the HNC website at [www.hemophilia-nc.org](http://www.hemophilia-nc.org)*

### ◀ Afterwards ▶

#### Door Prizes and Raffle Drawings Dinner & Camp Academy

We hope everyone will stay after the meeting for a relaxing dinner at the hotel. After dinner, we'll join facilitators from Beyond Recreation in an exciting evening of circus arts activities, from plate spinning to partner juggling, and much more!



# Register Today!

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

Check here if this is your **first time** attending an HNC Annual Meeting.

(\_\_\_) Number of **adults** attending \_\_\_\_\_

(\_\_\_) Number of **children under 2** \_\_\_\_\_  
Please list names and ages: \_\_\_\_\_

(\_\_\_) Number of **children ages 2-11** \_\_\_\_\_  
Please list names and ages: \_\_\_\_\_

(\_\_\_) Number of **teens ages 12-17** \_\_\_\_\_  
Please list names and ages: \_\_\_\_\_

Check here if any of the children or teens listed above will NOT be attending the Youth Programs.

(\_\_\_) **Hotel room** needed (Saturday, for HNC members) \_\_\_\_\_

(\_\_\_) Total number of **people** (children and adults) attending the **dinner event**. \_\_\_\_\_

**Special needs:** \_\_\_\_\_

Please return completed form and by mail to:

» Hemophilia of North Carolina  
260 Town Hall Drive, Suite A  
Morrisville, NC 27560

» or fax to: (919) 319-0016

You may also register by telephone:  
(800) 990-5557 (toll free)

or e-mail: [info@hemophilia-nc.org](mailto:info@hemophilia-nc.org)

Sign up online: [www.hemophilia-nc.org](http://www.hemophilia-nc.org)

Meeting Registration Deadline is  
Thursday, April 16, 2015.