

**OUR LADY OF GOOD COUNSEL HIGH SCHOOL**  
**OVER THE COUNTER MEDICATION CONSENT FORM 2015-2016**

STUDENT NAME \_\_\_\_\_ GRADE \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

REACTION: \_\_\_\_\_

List **ALL** PRESCRIPTION medication your child takes on a regular basis both at home and school.  
**All medications that are taken at school must be delivered by a parent or guardian.**

Medication	Dose/frequency	Diagnosis/Reason for medication

The following medications are available in the Health Room and in the Athletic Training Room. Please check those medications your child is authorized to receive from the OLGC Registered Nurses or Athletic Trainers.

- |                          |   |             |
|--------------------------|---|-------------|
| <input type="checkbox"/> | Acetaminophen 325mg ( <i>generic for Tylenol</i> )  | 1-2 tablets |
| <input type="checkbox"/> | Ibuprofen 200mg ( <i>generic for Advil/Motrin</i> ) | 1-2 tablets |
| <input type="checkbox"/> | Naproxen 220mg ( <i>generic for Aleve</i> )         | 1-2 tablets |
| <input type="checkbox"/> | Sudafed PE 10mg ( <i>non- drowsy decongestant</i> ) | 1 tablet    |
| <input type="checkbox"/> | Benadryl 25 mg ( <i>anti-histamine, allergies</i> ) | 1-2 tablets |
| <input type="checkbox"/> | Diotame (Pepto Bismol) ( <i>anti-nausea</i> )       | 1-2 tablets |
| <input type="checkbox"/> | Tums ( <i>antacid</i> )                             | 1-2 tablets |
| <input type="checkbox"/> | Cough drops   |             |
| <input type="checkbox"/> | Neosporin Ointment ( <i>antibiotic ointment</i> )   |             |
| <input type="checkbox"/> | Hydrocortisone Cream 1% ( <i>anti-itch cream</i> )  |             |

In addition to the above medications, the following items may be used in the Athletic Trainer’s Office. Please cross out those items that your child is NOT authorized to receive from the Athletic Trainers.

- |  |            |                                 |
|--|------------|---------------------------------|
| Afrin Nasal Spray (Hydrochloride)        | Bacitracin | Lotrimin 1%                     |
| Betadine Solution (Providone-iodine 10%) |            | Isopropyl Alcohol               |
| Biofreeze (analgesic)                    |            | Gatorade                        |
| Gold Bond Powder                         |            | New skin Liquid Bandage         |
| Medi-Lyte / Heat Aid                     |            | Sterile Saline solution         |
| Hydrogen Peroxide                        |            | Tuff skin (tape adhesive spray) |
|  |            | Zinc Oxide Ointment             |

I authorize the OLGC Registered Nurses and Certified Athletic Trainers to administer the above selected medications/items as specified by the manufacturer of the “over-the-counter” product or as directed by the prescribing physician. This form must be on file for the authorized administration of OTC medications as outlined in the Guidelines for Use of Protocols for School Nursing Practice.

The OLGCHS Medication Policy is found in the Parent/Student Handbook and the back of this form.

PARENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

***THIS INFORMATION IS ALSO AVAILABLE ON OLGC WEBSITE***

**OUR LADY OF GOOD COUNSEL HIGH SCHOOL**  
**MEDICATION POLICY**

- The Maryland State School Medication Administration Authorization Form is available on the school website. If your child is on a prescription medication, please have your physician fill out this form for each prescription medication your child will be taking at school.
- Medications must be delivered to the school by the parent/guardian in the original prescription container, with the pharmacist's label attached. If the medicine is an over-the-counter medication, it must be unopened and delivered in the manufacturer's original packaging.
- Students are NEVER permitted to carry any medications other than prescribed emergency medicines. (Inhalers for asthma or Epi-pens for allergic reactions.)
- Students are NEVER permitted to return to school on narcotic medication for pain management. These medications may cause dizziness, light-headedness, sedation, as well as other symptoms which make it unsafe for them to be in school. If the pain is severe enough to require a narcotic, the student should not be in school.
- Over the Counter medications are available in the Health Room for those students who have a current Medication Consent form on file. The Medication Consent form is required every year for every student and is available online.
- Any change in dosage of a prescription medication must be authorized in writing by the prescribing physician.
- The parent/guardian is responsible for collecting any unused portion of medication within one week after expiration of the physician's order and /or the end of the school year. Medications not claimed at that time will be destroyed.
- Please notify the Nurse in writing if your child has had a change in his/her health status.