



# WELCOME!

At the Hammel Tennis Camp we love teaching children to play tennis! It's exhilarating to see young players grow as individuals in the process of learning and improving their tennis games. We've created an exciting program that successfully integrates a commitment to excellence, daily lessons in good sportsmanship, and a high-spirited atmosphere of fun. Our camp is beginning its 42nd summer of fun and learning. Our experience combined with the comprehensive Longfellow training system can guarantee that one week in our camp will have a significant and positive impact on a young player's tennis game. Hammel campers are coached in all aspects of the game - strokes, speed & footwork, strategy, physical conditioning, and mental & emotional skills.

Teaching students to understand the subtle nuances as well as the basic concepts of tennis makes the sport fun and ensures optimal improvement. Making progress toward an exciting goal, taking on challenges, and working hard in a fun and inspiring atmosphere is what the Hammel Tennis Camp is all about! Joining the Hammel Tennis camp for a week can make a world of difference! We hope to see you on the courts this summer!

## HAMMEL TRADITION

Tennis is in Laury Hammel's blood. His mother and father are life-long tennis players, tennis coaches, have achieved high rankings and are members of the Utah Tennis Hall of Fame. In fact, the Hammels were the USTA Family of the Year in 2000!

Laury has been a competitive tennis player for over 56 years and has consistently earned sectional rankings in junior and open divisions. In senior play, he has earned several national rankings and has been #1 in New England in six divisions.



Laury has coached hundreds of juniors to national rankings and is an innovator and cutting-edge thinker in tennis technique and philosophy. Several of his ideas that were once thought of as unorthodox are now accepted as standards in the teaching profession. He's a nationally recognized coach, industry leader, and speaker on a myriad of tennis topics.

In 2004, Laury was inducted into the New England Tennis Hall of Fame.

*Other awards include:*

- ♦ President or Vice President of the New England Tennis Foundation for ten years
- ♦ Vice President of the USPTA/New England
- ♦ Ed Serues President's Award for Outstanding Long-term Service to the USPTA New England, 1997
- ♦ Gardner Chase Memorial Award for Outstanding Contribution to Tennis in New England, 1991
- ♦ New England Tennis Pro-of-the-Year in 1979 & 2007

## WORLD CLASS FACILITIES

The Longfellow Clubs offer superior facilities and equipment that make it enjoyable and convenient for campers to focus their efforts while working to achieve their full potential as players and people. Not only do we have access to numerous outdoor hard and clay courts and over seventeen indoor courts, we also have two swimming pools, basketball courts, fitness facilities, locker rooms, and an air conditioned lounge area.

One of the most exciting features of the Hammel Tennis Camp is the first-in-the-nation Zip Zone. This unique facility has four 36' courts designed specifically for children ages 4 - 8. The Zip Zone is the ideal space for young children to learn to play and enjoy tennis.

Rain or shine, we're up and running. Hammel Tennis Camp is located at both The Longfellow Club in Wayland and the Natick Racquet Club in Natick. In addition, we will be using courts at Wellesley College and Regis College. Outdoor courts are used at other sites and transportation from Natick or Wayland is provided.



**Phil Parrish,**  
*Camp Director*

Phil is one of New England's most well-known tennis leaders. He has established many new programs at the Hammel Tennis Camp and

The Longfellow Club. He was the recipient of the USTA's Industry Excellence Award in 2007 and the Gardner Ward Chase Award for Outstanding Contribution to New England Tennis in 2011. He is a USPTA Professional along with a PTR Certified High Performance coach.



**Eric Westcott,**  
*Tournament Camp Director*

Eric has been at The Longfellow Club since April 2006. He is currently the Director of High Performance programs at the The Longfellow

Club. Eric and the Tournament Camp staff have established a program that helps develop the whole player, leading to higher rankings, better self esteem, and overall development of the whole game. He is a PTR certified High Performance Coach.



**Bill Steinroeder,**  
*12 & Under Camp Director,  
Natick*

Bill has been at the Longfellow Club and Hammel Tennis Camp since 2006. He will be running the 12 & Under Camp for his 3rd season. He

has been coaching the Weston HS Girls team for the past 5 years, winning a state championship in his 1st season, following a state championship as Concord-Carlisle HS Boys coach. He is PTR certified in High Performance, 10 & Under, and Adult. He recently completed a Master in Physical Education with a Coaching Specialization at Boston University.



**Jamey Finchum,**  
*Jr. Tournament Camp Director*

Jamey returns for his 5th season as Junior Tournament Camp Director. Jamey is the Director of Junior Development and the Zip Zone at

the Longfellow Club in Wayland and has been with us for over 17 years. Jamey is one of the top 10 & Under coaches in the country! People from all over come to see the Zip Zone and tennis program Jamey has developed. He is a PTR certified 10 & Under Coach and also a USTA 10 & Under Tennis National Trainer.



**George Conlin,**  
*High School Training Camp  
Director*

George is one of our top professional and high school coaches in Massachusetts. He has coached the Weston

Varsity Boy's tennis team for the past four years, leading them to two State Championships! In 2011, he was voted "Division 3 Boston Globe Coach of the Year". He has the ability to inspire teams to love tennis at a level that allows them to play the sport for a lifetime.



**Drew Goldstein,**  
*Zip Tennis Camp Director,  
Natick*

Drew is a USPTA certified tennis professional. Prior to working at the Natick Racquet Club, he was the assistant head professional at the

International Tennis Hall of Fame in Newport, RI. for 8 years. While at the Hall of Fame, Drew led 5 junior teams to the National Championships. In 2009, Drew won USTA Junior Team Coach of the Year for New England. He also assisted as director of the junior program for the Hall of Fame. Drew played college tennis at Union College in Schenectady, NY.



# ZIP TENNIS CAMP (RED BALL)

**ZIP TENNIS CAMP** is offered at Natick and Wayland. Using lower compression balls and smaller courts is an exciting introduction to the great sport of tennis for children ages 4 - 8. Longfellow's Zip Tennis programs, part of the USTA 10 & Under Program, are not only fun, but give young people a solid foundation, modern technique, and excellent strategy! They will be playing matches and competitions on 36' courts by week's end.

Extended day is an option at Wayland and Natick locations. Campers transition to extended day for games, arts & crafts, and swimming. See application for schedule details.

For more information or an application for Natick and Wayland go to our website at [www.longfellowclubs.com](http://www.longfellowclubs.com).



## A DAY IN ZIP TENNIS CAMP

9 a.m.	Check in @ Zip Tennis Center in Wayland or the Natick Racquet Club
9 - 10:30 a.m.	On court activities
10:30 a.m.	Break (games in Zip lobby)
10:45 - 11:30 a.m.	More on court fun!
11:30 a.m. - Noon	Lunch (provided)
Noon - 12:50 p.m.	Supervised swim at the pool
1 p.m.	Check out
1 - 5 p.m.	Extended Day option





# 12 & UNDER CAMP (ORANGE & GREEN BALL)

**THE 12 & UNDER CAMP** is offered at the Natick Racquet Club this year and is organized by age and skill. The camp follows the USTA 12 & Under Program. Using 60' and full courts, along with softer balls, allows our kids to play tennis immediately. All levels are welcome! Juniors ages 8 - 12 are taught the basic strokes and strategies of tennis in a fun and highly effective manner.

- ♦ Chaperoned travel to selected interclub matches
- ♦ Age appropriate fitness programs
- ♦ Pick up and drop off available at Wayland for Natick location only
- ♦ Half day option also available (9am - 1pm)



## A DAY IN 12 & UNDER CAMP

9 am	Check in @ Natick Racquet Club
9:15 - Noon	On Court Activities
Noon - 1:30 pm	Lunch (provided) & opportunity for swimming & off court activities
1:30 - 3:15 pm	Match Play
3:15 - 3:30 pm	Snack (provided)
3:30 - 4:45 pm	On Court Games
4:45 - 5:00 pm	Check Out

There are 10, 5-day sessions and one 4-day session (no camp July 3rd).

The Hammel Tennis Camp will refund 100% of all fees for cancelled camp weeks (minus a \$25/week/camper fee) if notified by 4/1/15. After 4/1/15 refunds are given

ONLY for medical reasons with a note from a doctor.

Credit will be given for camp weeks for the summer of 2016!

Sign up for 6 weeks of camp and receive a 20%/week discount for members of the same family. For more information, contact The Longfellow Club at (508)358-7355 or email Phil Parrish at [hammeltenniscamp@hotmail.com](mailto:hammeltenniscamp@hotmail.com).

### TRANSPORTATION FEE

See application for details. The fee is \$25 extra/week

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Application packets for all camps are available at The Longfellow Clubs, Wayland, The Natick Racquet Club, Natick, The Longfellow Sports Club, Natick or online at [www.longfellowclubs.com](http://www.longfellowclubs.com)

# HIGH SCHOOL/PRE HIGH SCHOOL TRAINING CAMP (YELLOW BALL)

The High School/Pre High School Training Camp has become the camp of choice for players wanting to play high school tennis or currently playing junior varsity or varsity tennis for their high school team. In addition to structured training in the fundamental strokes of the modern tennis game, the camp places special emphasis on singles and doubles skills, strategies and tactics. We offer both a full day and a half day option to fit into your busy schedule. Campers will participate in interclub matches in the Sudbury Valley League a few afternoons during the week, to help the kids learn how to play for and be part of a productive team.

- ♦ Check in for the High School/Pre High School Training Camp will be at the Longfellow Club in Wayland
- ♦ Intermediate & advanced players ages 11 - 16
- ♦ A nutritious lunch every day
- ♦ Age appropriate fitness programs
- ♦ Instant teen tennis for beginners
- ♦ Grouped by age and ability level
- ♦ Full day: Monday - Friday 9 am - 4 pm
- ♦ Half day: Monday - Friday 9 am - 1 pm



***All Hammel Tennis Camps comply with the regulations of the Massachusetts Department of Public Health (105 CMR 430), and are licensed by the Sudbury and Natick Boards of Health. Information on these regulations can be obtained at (617) 983-6761. Regulation 190(D) in regards to information documented of parents having the right to review background check, health care, discipline policies and grievance procedures upon request.***

# TOURNAMENT TRAINING CAMP

(YELLOW BALL - WELLESLEY COLLEGE, REGIS COLLEGE)

## JUNIOR TOURNAMENT CAMP

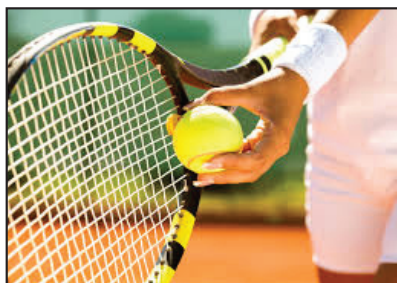
(RED, ORANGE & GREEN BALL - THE LONGFELLOW CLUB IN WAYLAND)

The Longfellow Clubs Tournament Training Camps have been the number one training camps for competitive juniors for over thirty years. Players from all over New England attend because they enjoy the high level of competition and seek a deeper and broader understanding of what it takes to move their game to a higher competitive level.

This year, we will be introducing a new format for our tournament camp focusing on themes that will help your focus you camp weeks. New England's finest coaches, led by Laury Hammel, Eric Westcott, Jamey Finchum, Mike Chinn, and Phil Parrish, will make your camp experience more productive in the development of your game. From video stroke analysis and clay court play to doubles tactics and strategy, we have created a program to unleash your potential.

The great drills that we do at Tournament Training Camp will still be there, and we have added specific drills to help focus on the theme of the week and improve your game at a more rapid rate.

The Tournament Training Camp and Junior Training Camp will meet for 11 weeks beginning the week of June 15th and running through the week of August 24th. The time will be 9 am - 4 pm. Check in for the Tournament Training Camp will be at Regis College. Check in for the Junior Tournament Camp will be at The Longfellow Club in Wayland. See application for half day and match play options.



The Junior Tournament Camp is for red, orange and green ball tournament players. The Tournament Camp is for yellow ball tournament players.



## TOURNAMENT TRAINING CAMPS

### DROP OFF/PICK UP @ REGIS COLLEGE

Full Day Weekly Rate (Before 4/1/15)	\$550
Full Day Weekly Rate (After 4/1/15)	\$595
Full Day Daily Rate (9 am - 4 pm)	\$125/day
Half Day Daily Rate (9 am - 1 pm)	\$75/day
Half Day Daily Rate (1 pm - 4 pm)	\$75/day

## JUNIOR TOURNAMENT CAMPS

### DROP OFF/PICK UP

#### @ THE LONGFELLOW CLUB, WAYLAND

Full Day Weekly Rate (Before 4/1/15)	\$550
Full Day Weekly Rate (After 4/1/15)	\$595
Full Day Daily Rate (9 am - 4 pm)	\$125/day
Half Day Daily Rate (9 am - 1 pm)	\$75/day
Half Day Daily Rate (1 pm - 4 pm)	\$75/day

## HIGH SCHOOL/PRE HIGH SCHOOL CAMP

### DROP OFF/PICK UP @ THE LONGFELLOW CLUB, WAYLAND

Full Day Weekly Rate (Before 4/1/15)	\$495
Full Day Weekly Rate (After 4/1/15)	\$550
Full Day Daily Rate (9 am - 4 pm)	\$110/day
Half Day Daily Rate (9 am - 1 pm)	\$60/day

## 12 & UNDER CAMP

### DROP OFF/PICK UP AT THE NATICK RACQUET CLUB

Full Day Weekly Rate (Before 4/1/15)	\$495
Full Day Weekly Rate (After 4/1/15)	\$550
Full Day Daily Rate (9 am - 5 pm)	\$110/day
Half Day Daily Rate (9 am - 1 pm)	\$60/day

## ZIP NATICK CAMP

### DROP OFF/PICK UP AT THE NATICK RACQUET CLUB

Weekly Rate 9 am - 1 pm (Before 4/1/15)	\$255
Weekly Rate 9 am - 1 pm (After 4/1/15)	\$275

## ZIP WAYLAND CAMP

### DROP OFF/PICK UP AT THE ZIP ZONE, WAYLAND

Weekly Rate 9 am - 1 pm (Before 4/1/15)	\$255
Weekly Rate 9 am - 1 pm (After 4/1/15)	\$275

## EXTENDED DAY CAMP

### FOR ZIP CAMPERS ONLY

Weekly Rate 1 pm - 5 pm	\$300
Daily Rate 1 pm - 5 pm	\$60/day



**BE AN EARLY BIRD  
AND SAVE!**