

# Human Development & Family Studies (540) \_\_\_\_\_ Effective for Admissions 2015-2016

**Name:** \_\_\_\_\_

**Advisor:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## GENERAL EDUCATION REQUIREMENTS (GER)

The requirements in this section apply to students who first enrolled in college after May 20, 1996.

A course taken to satisfy a requirement in the GER section of the checklist may also be used to satisfy one, but only one, requirement in another section of the curriculum. All other required courses may only be used in the major once.

**Example:** Psych 210, Soc 360, Stat 301 or 371 may simultaneously be used to satisfy the GER Quantitative Reasoning B requirement **AND** the HDFS statistics requirement.

With proper planning, you may be able to fulfill many of the GER through courses that are required or allowed in other sections of the curriculum. Although it is possible that other combinations exist, specific courses or categories are listed below to provide you with some guidance in your planning.

### Communication A (unless exempt by placement exam) 0-3 \_\_\_\_\_

- Designated and searchable in Course Guide.
- COM ARTS 100 and L SC COM 100 will also fulfill the Human Ecology Speech Communication Requirement.

### Communication B 3-4 \_\_\_\_\_

- Designated and searchable in Course Guide.
- Some Literature, Humanities, and Social Science courses may also fulfill the Communication B requirement.

### Quantitative Reasoning A (QR-A) (unless exempt by placement exam) 0-3 \_\_\_\_\_

- Designated and searchable in Course Guide.
- Math 101, which fulfills the HDFS math requirement, does not fulfill the QR-A requirement.
- Math 112, 114, 130, 141, and 171 will simultaneously fulfill the QR-A and HDFS math requirements.

### Quantitative Reasoning B (QR-B) 3-5 \_\_\_\_\_

- Designated and searchable in Course Guide.
- Completion of a statistics course required in this major will satisfy the QR-B requirement.

### Ethnic Studies 3 \_\_\_\_\_

- Designated and searchable in Course Guide.
- Some Anthropology, Sociology courses, and one option in HDFS Learning Outcome 2 (HDFS 474) will satisfy the Ethnic Studies requirement.

## MATH & COMMUNICATION 2-6 credits

Math 101 (unless exempt through placement exam) 0-3 \_\_\_\_\_

Speech Communication  
COM ARTS 100, 105, or L SC COM 100 2-3 \_\_\_\_\_

## HUMAN ECOLOGY BREADTH 3 credits

Any non-HDFS class in SoHE that is not used to meet other requirements (CNSR SCI, CSCS, L SC COM, INTER-HE, DS, NUTRI SCI, FOOD SCI).

\_\_\_\_\_ 3 \_\_\_\_\_

## ARTS & HUMANITIES 9 credits

Literature  
(Choose any Literature course designated in Course Guide)

\_\_\_\_\_ 3 \_\_\_\_\_

Humanities  
(Choose from any Humanities courses designated in Course Guide, or foreign language, music, art or art history to bring total credits to 9)

\_\_\_\_\_ 3 \_\_\_\_\_

\_\_\_\_\_ 3 \_\_\_\_\_

## SOCIAL SCIENCE 9 credits

PSYCH 202 3 \_\_\_\_\_

Any 3 credits in Anthropology 3 \_\_\_\_\_

Any 3 credits in Sociology 3 \_\_\_\_\_

## PHYSICAL, BIOLOGICAL & NATURAL SCIENCES 9 credits

Physical Science  
(Choose any Physical Science course designated in Course Guide)

\_\_\_\_\_ 1-4 \_\_\_\_\_

Biological Science  
(Choose any Biological Science course designated in Course Guide)

\_\_\_\_\_ 1-4 \_\_\_\_\_

Additional Science  
(Choose from any Biological, Physical or Natural Science courses designated in Course Guide to bring total science credits to 9)

\_\_\_\_\_ \_\_\_\_\_

# Human Development & Family Studies

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## LEARNING OUTCOME 1: 6 credits

### LIFESPAN HUMAN DEVELOPMENT

Knowledge of lifespan human development (including cognitive, social, and emotional development and individual differences) in social and ecological contexts

<sup>1</sup>HDFS 362 Development of the Young Child

OR

ED PSYCH 320 Human Dev in Infancy & Early Childhood

OR

PSYCH 560 Child Psychology

3 \_\_\_\_\_

AND

<sup>1</sup>HDFS 363 Development from Adolescence to Old Age 3 \_\_\_\_\_

## LEARNING OUTCOME 2: 3 credits

### FAMILY AND COMMUNITY DIVERSITY

Knowledge of family and community diversity

<sup>1</sup>HDFS 474 Racial Ethnic Families in the U.S.

OR

HDFS 465 Families and Poverty

3 \_\_\_\_\_

## LEARNING OUTCOME 3: 3 credits

### INTERNAL FAMILY PROCESSES

Knowledge of internal family processes, including parenting and parent-child relations, couples and family relationships across generations and family health and well-being

<sup>2</sup>HDFS 471 Parent/Child Relations

OR

<sup>1</sup>HDFS 516 Family Stress and Resilience

OR

<sup>1</sup>HDFS 517 Couple Relationships

3 \_\_\_\_\_

## LEARNING OUTCOME 4: 3 credits

### SOCIAL INSTITUTION INFLUENCES

Ability to consider and evaluate how children, adults, individual families and family as an institution affect and are affected by policies, media or other social institutions

<sup>1</sup>HDFS 535 Family Perspective in Policymaking

OR

HDFS 469 Family & Community Influences on the Young Child

OR

HDFS 616 Mass Media and Youth

3 \_\_\_\_\_

## FOOTNOTES

1. Students seeking Certified Family Life Educator (CFLE) Certification must take these courses, plus complete the following: PSYCH 160/SOC 160 or GEN&WS 103; CNSR SCI 275; PHILOS 241 or PHILOS 341 (preferred); INTER-HE 427 or INTER-HE 428.

2. Students seeking CFLE Certification must take one of these two courses: HDFS 471 or HDFS 650

## LEARNING OUTCOME 5: 3 credits

### ASSESSMENT, PREVENTION, INTERVENTION AND OUTREACH

Knowledge about the effective and ethical practice of assessment, prevention, intervention or outreach for individual and families

<sup>2</sup>HDFS 650 Parent Education & Support Programs

OR

HDFS 663 Developmental & Family Assessment

3 \_\_\_\_\_

## LEARNING OUTCOME 6: 6 credits

### UNDERSTANDING SOCIAL SCIENCE RESEARCH

Ability to understand, evaluate, and ethically conduct social science research

## STATISTICS

PSYCH 210 Basic Statistics for Psychology

OR

SOC 360 Statistics for Sociologists

OR

STAT 301 Introduction to Statistical Methods

OR

STAT 371 Intro Applied Stats – Life Science

3 \_\_\_\_\_

## RESEARCH METHODS

<sup>1</sup>HDFS 425 Research Methods in HDFS

OR

PSYCH 225 Experimental Psychology

OR

SOC 357 Methods of Sociological Inquiry

3 \_\_\_\_\_

## PROFESSIONAL DEVELOPMENT

7 credits

HDFS 501 SoHE Career & Leadership Orientation

1 \_\_\_\_\_

AND

<sup>1</sup>HDFS 601 Internship

3 \_\_\_\_\_

AND

HIGH IMPACT PRACTICE-BASED COURSE TO BE APPROVED BY YOUR SOHE ACADEMIC ADVISOR

Service learning course OR Research experience OR Second internship OR Study abroad experience OR Behavior skill training course OR Undergraduate teaching assistantship experience OR Other high-impact course.

View possible ways of meeting this requirement on page 3 (“High Impact Practice-Based Courses”).

3 \_\_\_\_\_

**HIGH IMPACT PRACTICE-BASED COURSES**

These credits cannot be used to simultaneously fulfill another HDFS major requirement.

These credits can be obtained from ANY department across campus.

Example	Description
<b>Service Learning Course</b>	Any course listed in the course guide as a Service Learning course  To find service learning courses, check Schedule of Classes course descriptions or the Morgridge Center web site: <a href="http://www.morgridge.wisc.edu/programs/servicelearning/List.html">http://www.morgridge.wisc.edu/programs/servicelearning/List.html</a> or on the MyCourse Guide web site: <a href="http://public.my.wisc.edu/portal/render.userLayoutRootNode.uP">http://public.my.wisc.edu/portal/render.userLayoutRootNode.uP</a>
<b>Research Experience</b>	Includes supervised work on a faculty member's research project, but may also be a project initiated by students (e.g. HDFS 592) May be announced by faculty member during a class meeting, initiated by student, or by email announcement sent to HDFS majors
<b>HDFS 601: Internship</b>	A second semester of internship, in either the same or a new placement
<b>Study Abroad Experience</b>	Any 3-credit course taken as part of a study abroad experience
<b>Additional courses with strong components of learning-by-doing or behavioral skills training</b>	For example, HDFS 469, HDFS 535, HDFS 616, HDFS 647, HDFS 650, HDFS 663 -OR- Additional statistics course beyond the 3-cr requirement -OR- Additional research methods course beyond the 3-cr requirement
<b>Undergraduate Teaching Assistant or Course Mentor</b>	Typically an invited position for a course already completed at a high level of mastery  It should be performed under a 3-credit course number (for example as an independent study or a topics course)
<b>Graduate Level Course</b>	To request permission to register for a graduate level course, write directly to the instructor indicating your preparation and reason for requesting their specific course. Please note that not all faculty will allow undergraduates students to enroll in graduate level courses  (In the HDFS department, there are courses numbered 700 and higher; in other departments, any course listed in the course catalog as graduate level)
<b>Courses You Can Justify</b>	You may petition your SoHE academic advisor to approve any course as meeting this requirement. Your written justification should focus on (a) the professional skills training provided by the course, and/or (b) the high-impact nature of the teaching/learning situation (as in internships, skill training courses, and other learning-by-doing situations). This includes independent study credits (HDFS 299 or 501) for such activities as conducting a community service project related to the HDFS field of study. (Any independent study should be proposed by the student and approved by a faculty sponsor during the prior semester.)

## Complementing Your Human Development & Family Studies Degree

All degrees require a minimum of 120 credits for graduation. The HDFS degree requirements do not equal 120 credits, so elective courses will be necessary. This worksheet includes several ways to frame your elective credits to complement your HDFS degree.

### Additional Majors through the College of Letters & Science

SoHE students may complete any additional major through the College of Letters & Science, excluding Social Work, Journalism and Music. Additional majors are typically around 30 credits, but may include additional prerequisites.

Examples include:

- Psychology
- Sociology
- Social Welfare
- Communication Arts
- Gender & Women's Studies
- Foreign Language

### Campus Certificate Programs

SoHE students may complete any campus certificate program, provided they meet the admission/declaration requirements. Campus certificates are typically around 15-18 credits.

Examples include:

- Criminal Justice Certificate
- Asian American Studies Certificate
- Chicano/a and Latina/o Studies Certificate
- Gender & Women's Studies Certificate
- Global Health Certificate
- Educational Policy Certificate
- Education and Educational Services Certificate
- Specialist in Gerontology Certificate

## Non-Transcripted Concentrations

Select courses from one of the concentrations below. A concentration will not appear on your transcript.

### Aging and Families

HDFS 763 Aging and the Family  
 ISYE 662 Design and Human Disability and Aging  
 PSYCH 564 Adult Development and Aging  
 SOC WORK 422/SOC 422 The Social Problems of Aging and Old Age  
 SOC 575 Sociological Perspectives on the Life Course and Aging

### Child Development

HDFS 464 Play Development and Role Across the Lifespan  
 CS&D 440 Child Language Disorders, Assessment and Intervention  
 ED POL 478 Comparative History of Childhood and Adolescence  
 SOC WORK 646 Child Abuse and Neglect  
 SOC WORK 462 Child Welfare  
 CURRIC 660 Early Childhood Education  
 SOC 446 Juvenile Delinquency  
 PSYCH 503 Social Development  
 RP&SE 300 Individuals with Disabilities

**Families,  
Culture, and  
Race/Ethnicity**

HDFS 474 Racial Ethnic Families in the U.S.  
HDFS 478 Development of Black Children and Their Families  
HDFS 521 African American Families  
HDFS 522 American Indian Families  
ANTHRO 104 Cultural Anthropology and Human Diversity  
ASIAN AM 240 Hmong Experiences in the U.S.  
CHICLA 201 Introduction to Chicana/o and Latina/o Studies  
GEN & WS 101 Gender, Women, and Cultural Representation  
GEN & WS 200 Introduction to Lesbian, Gay, Bisexual, & Transgender Studies  
GEN & WS 323 Gender, Race, and Class: Women in U.S. History  
GEN & WS 420 Women in Cross-Societal Perspective  
SOC 134 Problems of American Racial and Ethnic Minorities  
SOC 578/C & E SOC 578 Rural Minority Groups and Poverty in the U.S.  
SOC 640 Sociology of the Family  
Select courses from any of the following departments: ANTHRO, AMER IN, AFRA  
AMER, CHICLA, ASIAN AMER, JEWISH, AFRICAN, EAST ASIAN

**Health**

Students may also  
choose to complete  
prerequisite courses  
for Pre-Med, Pre-  
OT, Pre-PT, Pre-  
PA, etc.

ANTHRO 365 Medical Anthropology  
GEN & WS 103 Women and Their Bodies in Health and Disease  
GEN & WS 533 Special Topics in Women & Health  
MED HIST 212 The Physician in History  
MED HIST 504 Society and Health Care in American History  
MED HIST 508 Health, Disease and Healing II  
MED HIST 509 The Development of Public Health in America  
MED HIST 523 Race, American Medicine and Public Health  
MED HIST 531 Women and Health in American History  
NUTR SCI 132 Nutrition Today  
NUTR SCI 350 World Hunger and Malnutrition  
POP HLTH 553 International Health and Global Society  
SOC WORK 105 Health Care Systems: Interdisciplinary Approach  
SOC 533/C & E SOC 533 Public Health in Rural & Urban Communities

**Relationships  
Science**

HDFS 471 Parent-Child Relations  
HDFS 517 Couple Relationships  
HDFS 592 A Lab-Based Research Course that Focuses on Relationships  
COM ARTS 272 Introduction to Interpersonal Communication  
PSYCH 160/SOC 160 Human Sexuality: Social and Psychological Issues  
SOC WORK 523 Family Violence  
SOC 120 Marriage and Family