

Students must complete 10 hours of service/quarter. Up to 20 hours can be completed during the summer. If students do not complete 10 hours of service per/quarter, they will be assigned an additional 3 hours of service. Volunteer experience must encompass 4 different organizations during the course of the 50 total hours.

Drop off completed service slips in the box inside Mrs. Oppold's or Mrs. Zabel's room in the 3A pod.

NHS Member:	_____	
Number of Hours:	_____	Date: _____
Volunteer Advisor (print):	_____	
Volunteer Advisor (signature):	_____	
Advisor phone# or email:	_____	
Parent/Guardian (print):	_____	
Parent/Guardian (signature):	_____	
Detailed description of service:	_____	
	_____	
	_____	
	_____	
	_____	



**What counts as service? Ask yourself these questions:**

- 1) *Am I paid or compensated in any way?*
- 2) *Am I working with a population that is truly in need?*
- 3) *Is this work associated with membership in another organization?*

You cannot get paid or compensated for volunteer work. You need to work with vulnerable populations. Helping your grandparents with their lawn is not volunteer work (it does, however, mean you are a great grandkid). Babysitting, even if it is for free, does not count. Working on your own Eagle Scout award will not count; however, volunteering for another's Eagle Scout project will count. If the work is in any way associated with another HHS activity, it can NOT be used. This includes, but is not limited to: Youth First Planning Council, Youth First, language honor societies, YIG, Student Council, etc. When in doubt, send an email to an advisor, and she can tell you if the service "counts" for the NHS hour requirement.

You need to volunteer with 4 different organizations, and you may accumulate 20 hours over the summer. Service hour slips are available under "Student Activities" located on the Hastings High School webpage <http://hs.hastings.k12.mn.us/NHS.html>.

Be detailed in your description of service and be sure to include contact information. We do random calls throughout the semester to verify the hours.