Behavioral Contract

Kid Section

I _____, (the kid) and we _____, (the parents) enter into the following behavioral contract in order to create order and harmony in our home. This contract will be reviewed thirty days from the date of signing, at which time it is subject to either being continued or renegotiated.

By our agreeing to the terms and conditions of this behavioral contract, all parties understand and accept that they are bound by the contract and are not free to vary from the terms and conditions.

I _____, (the kid) agree that I will perform the behaviors listed below in the manner they are set forth and described.

(Insert operationally defined behaviors, such as completing homework in a timely manner, being home on time, addressing my mother and father in a respectful tone, not getting online or on the phone during the homework hours of eight to ten, etc.)

I _____, (the kid) agree that should I violate the contract by failing to perform the behaviors set out above that I will be choosing to suffer the following consequences.

(Insert penalties or loss of privileges associated with poor performance about the specified target behaviors.)

Parent Section

We, _____ (the parents), agree that if _____ (the kid) performs the behaviors as outlined above, that in addition to escaping any of the negative consequences outlined above, he/she will have earned the right to the following privileges.

(Insert privilege to be earned, such as free time to watch television, use of the family car, sleepover, movie, toy, etc.)

Both parties acknowledge that this contract is entered into voluntarily and that the terms and conditions will be respected. If performance is accomplished, parents agree that the child shall not be denied privileges and other consequences.

Kid agrees that if he/she fails to perform that it is him/her and not his/her parents who have chosen to forfeit the consequences, and he/she will not whine, complain or rebel.

_____

_____   _____
The Parents   The Child

_____
Date