Fidelity INVESTMENTS

Fidelity Advisor

SIMPLE IRA Contribution Allocation and Exchange

Use this form to establish or revise the manner in which your Fidelity Advisor SIMPLE IRA contributions or your current account balances are invested.

Type on screen or fill in using CAPITAL letters and black ink.

1. Account Information

Account Owner Name *First, M.I., Last*	SSN *required*

Account Number	Date of Birth *MM DD YYYY*	Daytime Phone

2. Contribution Allocation

Indicate allocation changes to future SIMPLE IRA Elective Deferrals (if any) and Employer Matching or Employer Nonelective Contributions.

Percentages must be whole numbers. If total does not equal 100%, the percentage of the first fund selected will be adjusted to the extent necessary to bring the total to 100%.

To allocate into more than 10 funds, attach a separate sheet with additional instructions.

Fund Number	Percentage	Fund Number	Percentage
	%		%
	%		%
	%		%
	%		%
	%		%

Total must equal 100%: %

3. Exchange Instructions

To exchange among more than five funds, attach a separate sheet with additional allocation instructions.

You may also perform this transaction at advisor.fidelity.com.

Reallocate your existing balances by exchanging monies from one fund to another fund. Exchanges will be made into the same class of shares of an identically registered Fidelity Advisor Fund. Refer to the prospectus for any sales charges or short-term trading fees that may apply due to this transaction.

From: Fund #	To: Fund #	Dollar Amount		Number of Shares		Percentage
		$.	OR	.	OR	%
		$.	OR	.	OR	%
		$.	OR	.	OR	%
		$.	OR	.	OR	%
		$.	OR	.	OR	%

4. Signature and Date *Form cannot be processed without signature and date.*

- I have received and read the prospectus(es) for the fund(s) into which I am making my contribution(s), and I understand that it is my responsibility to read the prospectus(es) for any mutual fund(s) into which I exchange.
- I authorize and request Fidelity Investments Institutional Operations Company, Inc. (FIIOC), as agent for Fidelity Management Trust Company (FMTC) (or their agents, affiliates, or successor custodians, as applicable), to make the above changes I have indicated. I hereby direct Fidelity Management Trust Company (FMTC) (or its successor(s)), Custodian of the Fidelity Advisor SIMPLE IRA, to establish a new fund position, as applicable, and to process contribution(s) and investment transaction(s), as set forth above, for the Fidelity Advisor SIMPLE IRA identified above. I understand that my Fidelity Advisor SIMPLE IRA will be invested in the class of shares that I previously selected on the Fidelity Advisor SIMPLE IRA Application.

Print Shareholder Name *First, M.I., Last*

SIGN

Shareholder or Authorized Signer Signature

Date *MM - DD - YYYY*

Did you print and sign the form, and attach any necessary documents? Send the form and any necessary documents to Fidelity.

Questions? For help completing this form, contact your Financial Advisor.

Regular mail

Fidelity Investments Institutional Operations Company, Inc. (FIIOC)
P.O. Box 770002
Cincinnati, OH 45277-0082

Overnight mail

Fidelity Investments Institutional Operations Company, Inc. (FIIOC)
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