



3<sup>rd</sup> Annual  
Alana “Bug” Land  
5k and “memory  
walk”  
August 15th, 2015

Schedule of events: Registration begins at 6:30 am. Alana Land 5-K starts 7:30 am. The memory walk begins at 8:30 am. The 5K and Memory walk will take place at the Jones County High School Football field parking area.

Awards will be given to the first overall male/female, overall Master's male/female. Also to three male and female finishers in each of the following age groups: under age 10, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and Over.

PLEASE COMPLETE ONE (1) FORM PER PARTICIPANT:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M/F: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Phone #: \_\_\_\_\_

\$ 25.00 for the 5k and \$20.00 for the memory walk. **Mail to Trey Smith 322 Graystone Pointe Drive, Macon, GA, 31211**, Race day registration \$30.00

**T Shirt Size (Circle One) YS YM YL S M L XL XXL**, Race day registrations will receive the Alana Land T-shirt while supplies last.....

Please make checks payable to : Jones County Middle School Cross Country

Questions: email Trey Smith: [treysmith@jones.k12.ga.us](mailto:treysmith@jones.k12.ga.us)

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive and release all rights and claims for damages I may have against the committee members, sponsors, organizers, coordinating groups and individuals associated with this event and will hold them harmless from any injury suffered in this event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I understand that road racing is a potentially hazardous activity. I verify that I am physically fit to participate in this event. In addition, I grant permission to all of the foregoing to use any photographs, motion pictures, videos or any other recordings of this event for reporting, advertising, or any other legitimate purpose without written or verbal consent.

Signature (Parent's if under 18) \_\_\_\_\_

Date \_\_\_\_\_