

2011 UND SOCCER SCHEDULE

<i>Date</i>	<i>Opponent/ Location</i>	<i>Time</i>
August		
8-19	USD Grand Forks	11am
8-20	Alumni Game Grand Forks	2pm
8-26	UNI Tourney Dekalb, IL	1:30pm
8-28	UNI Tourney Dekalb, IL	1:30pm
September		
9-2	Green Bay Green Bay, WI	7pm
9-4	Marquette Marquette, WI	1pm
9-9	USD Vermillion, SD	4pm
9-11	SDSU Brookings, SD	1pm
9-18	Montana Grand Forks	12pm
9-23	NDSU Fargo, ND	12pm
9-29	Delaware State* Dover, DE	7pm
October		
10-1	South Carolina State* Orangeburg, SC	7pm
10-7	Utah Valley University* Grand Forks	3pm
10-15	Howard University* Grand Forks	1pm
10-22	Houston Baptist University* Houston, TX	7pm
10-27	New Jersey Institute of Tech* Grand Forks	3pm
November		
11-4	GW Conference Tournament NJIT	TBA



UNIVERSITY OF NORTH DAKOTA WOMEN'S SOCCER

2751 2nd Ave. N. Stop 9013
Hyslop Sports Center
Phone: 701-777-3684
Fax: 701-777-0697
E-mail: nicholetiggs@athletics.und.edu

University of North Dakota Women's Soccer

2011 Summer Camps



Boys & Girls Evening • May 23-25
Girls High School Residential • July 31– August 2

REGISTRATION

PLEASE PRINT ALL INFORMATION

Name _____

Street _____

City/State/Zip _____

Phone _____

School _____

Email _____

Age _____ Grade in fall _____

Parent (s) Name _____

*All camp participants must complete a consent form and return with their registration. Consent forms may be downloaded at www.fightingsioux.com/info/camps/

CHOOSE CAMP BELOW:

Evening Camp: May 23— May 25

Boys and Girls Ages 5-13; 5:30 PM - 8:30 PM Daily

_____ \$60.00 (US)

High School Residential: July 31— August 2

Girls Ages 14-18; Arrive @ noon 7/31, Depart @ 3pm 8/2

_____ \$225.00 (US) - \$ 275.00 after June 30, 2011

Only faxed registrations will be accepted after 6/20/2011

Team camps arranged upon request

Please circle desired T-shirt size

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Make checks payable to University of North Dakota

Please return completed registration form, consent form, and payment to:

2011 UND SOCCER CAMP

2751 2nd Ave N., Stop 9013

Grand Forks, ND 58202

For questions regarding camp please contact Nichole Tiggs at 701-777-3684 or nichole.tiggs@athletics.und.edu

CAMP INFORMATION

EVENING CAMP

Our evening camp is designed to help you improve your technical ability (dribbling, passing, shooting, heading, etc.) in a fun and positive learning environment. It is open for boys and girls between the ages of 5-13. These skills will be taught to the players through exciting exercises, games, and contests.

HIGH SCHOOL RESIDENTIAL

Our High School Residential camp offers the full UND Soccer experience. This camp is open to any girls entering their freshman year of high school or above. The camp will allow you an opportunity to develop your skills and receive a high level of soccer training from UND Coaches, former, and current players.

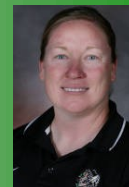
Campers will be housed in our student dormitories and experience the daily life of a UND student athlete. The training schedule is designed to prepare players to compete at the college level while experiencing many of the training techniques utilized by the UND women's soccer program. Our camp curriculum will include individual instruction, small-sided games, and full field 11 v. 11 games. Our camp also offers specialized goalkeeper training.



CAMP STAFF

Kristen Gay -

Head Coach/Camp Director



Kristen Gay is entering her fourth season as head coach of the Fighting Sioux. Prior to joining the UND Soccer program, Gay spent two seasons as an assistant coach at Indiana State University. Before that she was the head soccer coach at Dana College, where she also served as sports information director.

Gay is a 2000 graduate of the University of Nebraska, where she played soccer from 1995-98 and led the Cornhuskers to a Big 8 tournament championship in 1995 and Big XII regular season titles in 1996 and 1997. She was also part of a program that made the NCAA Sweet Sixteen twice and an NCAA Elite Eight Appearance in 1996.

Nichole Tiggs -

Assistant Coach



Nichole Tiggs is entering her third season as an assistant coach for the Fighting Sioux, bringing significant playing and coaching experience. Tiggs was a four-year starter at Indiana State University from 2002-2005 where she won numerous Missouri Valley Conference honors along with becoming the Sycamores all-time point scorer, all-time goal scorer and holds records for shots in a single season.

Lauren Sera -

Assistant Coach



Former UND soccer goalkeeper Lauren Sera is entering her second year as an assistant coach for the Fighting Sioux.

Sera was named to the 2009 Great West Fall All-Academic team in her senior season. She was also named to the 2006-07 North Central Conference Commissioner's Academic Honor Roll.