



**What:**

A patient forum about preventing, treating and managing blood clots and clotting disorders. Presentations by national experts in the field.

**Who:**

Patients, their family members and friends, as well as anyone interested in learning more about blood clots and clotting disorders are welcome.

**When :**

Saturday, October 19, 2013  
7:30 am – 8:15 am Continental Breakfast  
8:15 am – 12:30 pm Program

Please register by **October 14, 2013**.  
Register online at [www.stopthecLOT.org/boston.htm](http://www.stopthecLOT.org/boston.htm)

**Where:**

O'Keeffe Auditorium  
Massachusetts General Hospital  
55 Fruit Street, Boston, MA 02114

Validated parking is available in the Fruit Street and Parkman Street garages in front of the hospital (directly off Cambridge Street.) Please bring garage ticket inside with you for validation.  
Public transportation is also available. Please visit [www.massgeneral.org/visit/directions](http://www.massgeneral.org/visit/directions) for more information.  
Use main entrance to Hospital. Follow signs for the Blake/Ellison corridor on the 1st floor to locate O'Keeffe Auditorium.

**Presenters:**

**Jack E. Ansell, MD, MACP**  
Professor of Medicine  
New York University School of Medicine  
Past Chair, NBCA Medical and Scientific Advisory Board

**Katherine P. Cabral, PharmD, BCPS, CACP**  
Assistant Professor, Pharmacy Practice  
Albany College of Pharmacy and Health Sciences  
Albany Medical Center

**Diane DeTour, BS, RN, CACP**  
Staff Nurse  
Anticoagulation Management Service  
Massachusetts General Hospital

**Michael R. Jaff, DO, FACC, FAHA**  
Associate Professor of Medicine  
Harvard Medical School  
Chair, Massachusetts General Hospital Institute for Heart, Vascular and Stroke Care

**Andra H. James, MD, MPH**  
John M. Nokes Professor of Obstetrics & Gynecology  
Division of Maternal-Fetal Medicine  
University of Virginia

**Lynn B. Oertel, MA, ANP, CACP**  
Clinical Nurse Specialist  
Anticoagulation Management Service  
Massachusetts General Hospital  
NBCA Medical and Scientific Advisory Board

120 White Plains Road  
Suite 100  
Tarrytown, NY 10591

National Blood Clot Alliance

Stop The Clot®



National  
Blood Clot  
Alliance

Stop The Clot® Forum



A Patient Forum About Blood Clots

**Saturday  
October 19, 2013  
7:30 am - 12:30 pm**



**Massachusetts General Hospital  
O'Keeffe Auditorium  
55 Fruit Street  
Boston, MA 02114**

This meeting is supported by  
Grant # 5U27DD000545-05 from the  
Centers for Disease Control and Prevention.

**Saturday, October 19, 2013**

This half-day program will offer insights into everything you ever wanted to know about blood clots and clotting disorders. Experts in the field will provide education, information and practical tips to help you take charge of your health.

**Participants will:**

- Learn about the risk factors, signs and symptoms of blood clots.
- Understand the impact of clotting disorders on blood clots.
- Gain knowledge about safe use of blood thinners.
- Learn from those who have experienced a blood clot.


**Who should attend?**

- Anyone:
  - ▶ scheduled for a hospital stay
  - ▶ considering major surgery
  - ▶ choosing hip or knee replacement
  - ▶ immobilized in bed or with a cast
  - ▶ with active cancer and on chemotherapy
  - ▶ with chronic illness
  - ▶ in a nursing home
- Women on hormonal replacement or hormonal birth control
- Pregnant women or those who recently gave birth.

**How to Register:**

 [www.stoptheclot.org/boston.htm](http://www.stoptheclot.org/boston.htm)

 617.529.1054

 National Blood Clot Alliance  
120 White Plains Road – Suite 100  
Tarrytown, NY 10591



[www.stoptheclot.org](http://www.stoptheclot.org)  
Toll Free: 877-4 NO-CLOT(466-2568)

**Stop The Clot® Forum**  
**A Patient Forum About Blood Clots**



- 7:30 am **Registration and Continental Breakfast**
- 8:15 am **Welcome and Introductions**  
Lynn Oertel, ANP
- 8:30 am **Are You at Risk for Blood Clots?**  
Jack Ansell, MD
- 9:15 am **All About Blood Clot Treatment and Prevention**  
Michael Jaff, DO
- 10:00 am **Break**
- 10:30 am **Patient Experiences with Blood Clots**  
Diane DeTour, RN
- 11:15 am **Women and Blood Clots**  
Andra James, MD
- 11:45 am **Practical Safety Tips about Blood Thinners**  
Katherine Cabral, PharmD
- 12:15 pm **Closing Remarks**



**Boston, MA**

**Stop The Clot® Forum Registration Form**

**Attendee Information:**

(Please include the names of all attendees.)

Name (1): \_\_\_\_\_

Name (2): \_\_\_\_\_

Name (3): \_\_\_\_\_

Contact Name: \_\_\_\_\_

Street: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Questions? Please contact:**

Judi Kaplan Elkin  
Director of Regional Development and Education  
National Blood Clot Alliance  
617.529.1054 or [jelkin@stoptheclot.org](mailto:jelkin@stoptheclot.org)

**Please complete this form and mail to:**

National Blood Clot Alliance  
120 White Plains Road – Suite 100  
Tarrytown, NY 10591

or

Register online at [www.stoptheclot.org/boston.htm](http://www.stoptheclot.org/boston.htm)

**Registration is due by October 14, 2013**



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