

Name
Street Address
City, State, and Zip
Home Phone Number
Appropriate Email Address

HONORS AND AWARDS

	GRADES	DESCRIPTION
Academic Letter	(9-12)	Maintained above 3.5 GPA throughout high school and lettered in academics
Published Article	(12)	Article appeared in local Kansas City publication, iTeenKC Magazine (September 2010)
Fox 4 Young Achiever	(11)	Local award presented to the School of Rock House Band from Fox 4 News in Kansas City

SCHOOL CLUBS AND ORGANIZATIONS

	GRADES	TIME COMMITMENT	DESCRIPTION
A+ Program	(9-12)	12 hours	Tutored/mentored students in Park Hill School District
Student Council	(9-11)	1-2 hours per week	Met to discuss and organize school-wide events, promote school spirit and participate in community service projects to better the school and community
National Honor Society	(11-12)	1-2 meetings per month, plus 12 hours of community service	Serves to honor students who have demonstrated excellence in the areas of scholarship, leadership, service, and character
Yearbook	(12)	7 hours per week in class, plus time outside of class for interviews and pictures	Copy Editor of the 2010-2011 Park Hill yearbook; responsible for writing and editing articles for the publication

OUTSIDE OF SCHOOL ACTIVITIES

	GRADES	TIME COMMITMENT	DESCRIPTION
School of Rock House Band	(9-12)	5 hours (+gigs) per week	Keyboardist and guitarist for this "honor band" that combines weekly private lessons with structured group rehearsals and live shows in front of live audiences, including performing on Shiprocked Cruise to Jamaica and Grand Cayman Islands (November 2009) and at the Rock and Roll Hall of Fame in Cleveland, OH (August 2010)
Guitar Lessons	(9-12)	1-2 hours per week	Lessons for both acoustic and electric guitar
Piano Lessons	(9-12)	1 hour per week	Lessons in classical, rock, and blues/jazz piano; gained appreciation for basic composition and theory; also able to read sheet music with some memorization required
The Tempest	(11-12)	3-6 hours (+gigs) per week	Play piano and keyboards for an original band that meets to write, rehearse and perform music locally

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ATHLETICS

	GRADES	TIME COMMITMENT	DESCRIPTION
First Degree Black Belt in Tae Kwon Do	(9-10)	2-3 hours per week, plus testing and exhibition	Intense, highly-disciplined practices; testing required demonstrated understanding of stances, kicking, striking, blocking and sparring techniques as well as memorizing a Poomse (form) for each belt level and breaking with a specified kick or strike; participated on leadership team for exhibition, an additional commitment and honor that included more advanced kicking, sparring, and sword techniques

COMMUNITY SERVICE

	GRADES	TIME COMMITMENT	DESCRIPTION
Ian's Rainbow Flu Foundation	(9-12)	20 hours	Volunteer at the Walk to Fight the Flu; have provided musical entertainment, face painting, and photography
American Brain Tumor Association	(11-12)	3 hours	Sold raffle tickets for David Cook autographed guitar at various events to benefit the American Brain Tumor Association
Juvenile Diabetes Research Foundation	(10-11)	4 hours	Performed with a band at two annual Walks to Cure Diabetes benefiting diabetes research
Riverside Blast Festival	(12)	4.5 hours	Worked as parking attendant at fundraiser for Ozanam Home
Harvesters	(11)	4 hours	Sorted food and drinks donated to assist local families in need
Park Hill Clothing Center	(11)	8 hours	Sorted donated clothing for disadvantaged families in the Park Hill School District

EMPLOYMENT

	GRADES	TIME COMMITMENT	DESCRIPTION
Lauren's Hope Medical ID Bracelets/Fashion Alert	(11-12)	16 hours per week in summer, minimum four hours per week during school year	Work in office filing invoices, stuffing envelopes, and helping with organization and maintenance; string bracelet kits for Laruen's Hope and bead wholesale bracelets for Fashion Alert; design beauty shot layouts to display products and edit "Behind the Design" videos for the Laruen's Hope blog
Babysat Full-Time	(9-10)	10am - 5pm Mondays through Fridays (summer)	Responsible for the care of an elementary-aged child