

The Holiday Goaltender Clinic

The Belmont Complex is very proud to announce this unique Goaltending program. We are excited to present this exceptional learning experience to the Goaltenders of the tri-state area for the first time.

The Director of the Clinic...World renowned Goaltending Coach Sean Moloney

Currently the Goaltending Coach at Indiana University of Pennsylvania, Coach Moloney has been Coaching Goaltenders throughout the USA and Canada for over 15 years. His students are playing at all levels of Hockey throughout North America and Europe. For the last 6 years he's been the director of Building Blocks Goaltending Summer Goaltending school, and his first book "Modern Goaltending, Modern Game: a handbook for Goaltenders, parents, coaches, and fans." will be published in 2012.

The School's Objective

Goaltending is far more than just stopping pucks. This program will teach and drill all the **physical skills** related to modern goaltending. In addition, **mental skills** will be taught along with off-ice conditioning and many other elements to make each student a better Goaltender.

On and Off Ice Program

The Holiday clinic includes a variety of teaching techniques to improve a Goaltender's performance. Ice sessions are conducted in small groups, utilizing intense movement-oriented drills. Classroom discussions on the technical game, off-ice conditioning, and mental toughness are a critical part of the program. An extensive video session breaking down, in detail, the proper techniques that will be taught during the on-ice sessions is also included.



Equipment

All goalies must supply their own equipment. If needed, the clinic staff will provide assistance getting their equipment on to any young Goaltenders.

Ages and Structures

We will accept all ages with the Goaltenders grouped in teams by age and ability. All ice work is done in groups of 3 or 4, with emphasis on what each individual student needs to work on. **Enrollment is strictly limited to 16 Goaltenders.** Applications are accepted on a first-come, first-serve, basis with accompanying payment. A confirmation will be sent upon receipt of your application.

Costs and Refund Policy

The cost per goaltender is \$175. A \$20 discount is offered to all Goaltenders playing for any organization based out of the Belmont Complex. (Armstrong Amateur Hockey Association, Ford City, Kittanning and Freeport High School programs). A deposit of \$100.00 is required with registration. Cancellations must be made within a week of the clinic or the deposit will be non-refundable. **Checks should be made out to Sean Moloney and mailed to:**

Sean Moloney
Belmont Holiday Goaltending Clinic
1412 3rd Ave.
Ford City, PA 16226

CLINIC SCHEDULE

Tuesday	1:00PM Registration 1:30-2:30PM Classroom 2:30-2:45PM Stretching 3:15-4:45PM On-Ice
Wednesday	1:30-2:30PM Classroom 2:30-2:45PM Stretching 3:15-4:45PM On-Ice
Thursday	1:00-2:30PM Video session 2:30-2:45PM Stretching 3:15-4:45PM On-Ice

Insurance/Medical – All participants must have their own medical insurance. Neither the County of Armstrong, nor anyone associated with the Belmont Complex, Sean Moloney, or any individual associated with the Holiday clinic will be responsible for any medical or dental insurance payments. Any accidents or illness will be treated at a hospital near the ice facility.

To ensure enrollment, return this application as soon as possible.

For more information call the Belmont at (724) 548-1067, Sean Moloney at (412)436-6540, or email us at belmont@co.armstrong.pa.us

ACCIDENT/INJURY RELEASE

I/we the parents of _____
do hereby release the Holiday Goaltending Program, Belmont
Complex, County of Armstrong, Sean Moloney, the Directors,
Instructors, and Volunteers from all possible claims, obligations
or responsibility for personal property losses, accidents, or injuries
of any kind occurring while my child is participating in the program.
As a parent, I am aware of the dangers and risks of ice hockey
and playing and training for the goaltending position.

Parent
Signature _____

Application Form

Date _____ **Age** _____

Goalie's Name _____

Address _____

City _____

State _____ **Zip** _____

Team Name for Discount _____

Phone number _____

Emergency Contact _____

Phone number _____

Email _____



Belmont Complex
& the Armstrong Amateur Hockey Association

Presents

**Belmont Complex
Holiday
Goaltending Clinic**

**December 27th, 28th, and 29th
2011**

Belmont Complex
415 Butler Road
Kittanning, PA
724-548-1067
www.co.armstrong.pa.us/belmont-complex