

September 2014

Nurses' Notes

Newsletter of the Yukon Registered Nurses Association

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Message from the President

Sean Secord, RN, MN



My daughter is tucked in bed, promising to get up early as she wants to shower before her first day of school tomorrow, put on new clothes, and get there early enough to ensure her desk is next to, in front of, or behind her BFF! Tomorrow will be filled with her classmates' stories of summer adventures. It seems like just a few weeks ago that I was picking her up on her last day before summer holidays. Time goes by so quickly, it makes me ponder what accomplishments occurred this summer for me, YRNA, and nursing.

We said good-bye to Joy this summer as she has moved to BC to share all that she's learned in the Yukon (and elsewhere) with those at ARNBC who will be sure to benefit from this knowledge (<http://www.arnbc.ca/images/pdfs/news-arnbc/ARNBC-new-ED-Aug-05.pdf>). A hiring committee was struck and meetings have continued all summer that will lead to recommendations to the YRNA board and our hiring of the next Executive Director.

The Canadian Nurses Association AGM and Biennial Convention was held in Winnipeg this summer, and attended by several YRNA members. I am very proud to report back to the Yukon that Jackie MacLaren did a fantastic job as a member of a panel leading a forum called *Indigenous Knowledge: A Policy and Practice Imperative*, where she was touted as 'Yukon RN; expert in trauma-informed care and aboriginal communities'. I was equally proud of Carol Chiasson whose poster presentation entitled *First Nations Cultural Workshops: One Size Does Not Fit All* was not only well received, but a fabulous source of information that is so relevant to the Yukon.

Karima Velji RN PhD CHE was also sworn in as the new president of CNA during the Biennium. Karima has an admiration for the Yukon –having attended our last two AGMs. She often brags to audiences across the country about the Yukon, our small piece of picturesque paradise in the north, and a land where nursing definitely makes a huge difference. In fact, Karima's presidency tagline and her area of focus for the next two years were inspired during the trip that her and I took around the Carcross/Tagish loop back in May of this year. While in Carcross, touring the Community Health Centre and witnessing the Community Nurses in action, we had a wonderful conversation with Brook Davis –long time Yukon nurse, with experience in several communities. As Karima was visibly impressed with what Brook does for the community members, I made a comment about what Yukon RNs can and actually do in various settings, saying 'what if all RNs worked to their full potential? How much more healthcare could we deliver?! Thus was born Karima's tagline: *Unleash the power of registered nurses.* (http://cna-aiic.ca/~media/cna/files/en/karima_velji_incoming_speech_e.pdf)

This summer also saw the launch of the national RN public awareness campaign. If you haven't seen any of the ads, look them up on youtube, the CNA site (<http://cna-aiic.ca/>), or have a look at the June edition of the Canadian Nurse (<http://www.canadian-nurse.com/>). We had local RNs in the final stages of possibly being showcased in this campaign. The ads are very powerful and I'm sure many of you can relate to the images, situations, and emotions portrayed.

Also in this issue of the Canadian Nurse are the names of the three nurses honoured by the First Nations & Inuit Health Branch of Health Canada for nursing excellence. This is done in conjunction with the National Aboriginal Day of June 21st. Please help me remember this recognition next year because I can think of several local deserving nurses.

Message from the President, continued

Still speaking from a national perspective, during my last two years on the CNA board, much of our time has been occupied with governance and bylaw changes that were needed for CNA to comply with new federal legislation. As of July 30, 2014, CNA's new *Articles of Continuance* and bylaws, approved at the June AGM in Winnipeg, were enacted under the new *Canada Not-for-profit Corporations Act*. Although that probably means little to most people, it means that CNA can continue as an entity –which was actually at risk because of this change in legislation. It also led to a new 'family of nurses' member class with CNA which will welcome independent and retired nurses as members of CNA for the first time in its 108 year history. Student nurses now have their own membership class as well. From a local perspective, YRNA as a jurisdictional member of CNA now has about three times the 'voice' at the national stage through a new voting structure which was initiated by your representative at CNA –me.

If tomorrow were my first day of school and I needed to give a presentation on what happened this summer with nursing, I think I'd have to concentrate on how YRNA, as Canada's smallest jurisdiction of nurses, plays an integral role nationally. We not only do amazing work affecting the lives and healthcare of Yukoners or those visiting our territory (that I've run out of room to showcase in my 'what happened this summer presentation'), but we also are represented extremely well on the national stage –something that makes me very proud.

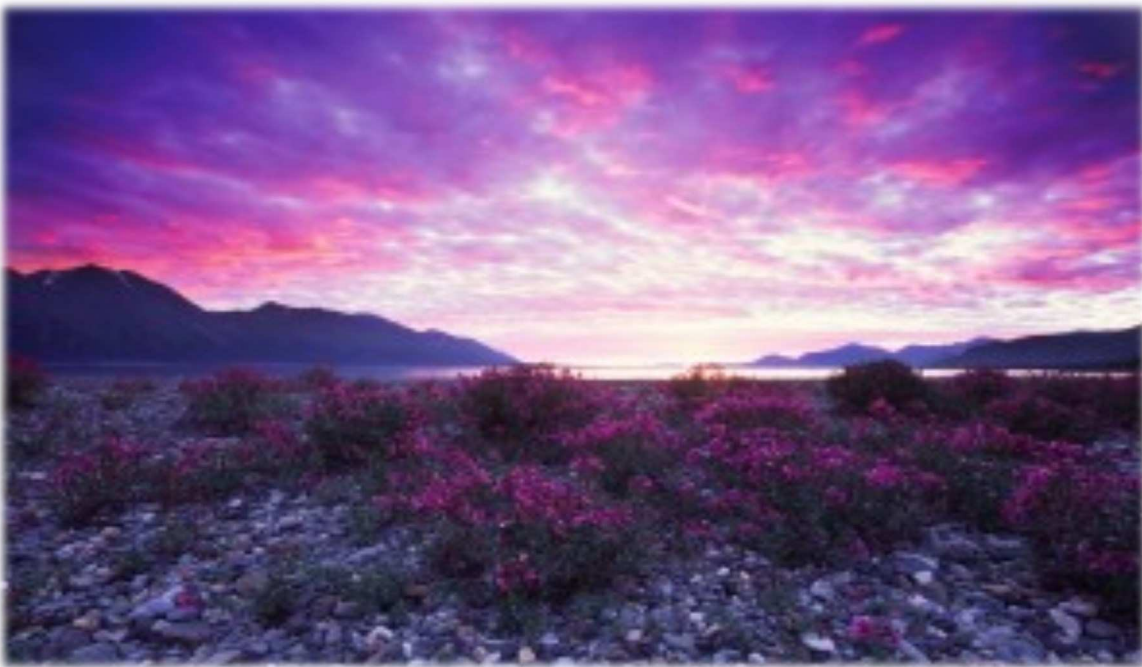


Photo courtesy of Robert Postma, RN

From the Desk of the Registrar & A/Executive Director

Mieke Leonard, RN, BScN



Ah Autumn.

My favorite time for berry picking, pickling, and photographing the beautiful colors in the Yukon. It is a time to reflect on all the growth and change that has occurred over the summer. YRNA is going through a transition of leadership, however, using the same consistent relational leadership approach, we continue to forge relationships with nurses, government, and other partners in an effort to maintain current relationships and build new ones too.

In August 2014, the Yukon Registered Nurses Association was accepted as an Associate Member to the National Council of State Boards of Nursing (NCSBN). YRNA is now a part of an international network along with fifty nine American boards, eight Canadian jurisdictions, and six international nursing councils.

Who is the NCSBN?

NCSBN is an independent, non-profit organization composed of member boards which are charged with the responsibility of providing regulatory excellence for public health, safety, and welfare. The organization has collaborated with member boards in exploring issues related to health care, government policy, nursing practice, and regulatory processes and initiatives. For more information, please visit the website at www.ncsbn.org.

So what does this mean for YRNA?

It means that we now belong to a forum where we can learn, share, and have a dialogue with regulatory bodies from around the globe. This gives YRNA staff and its Board access to many NCSBN programs and services. This includes resources on how to delegate effectively, disciplinary action, documentation, ethics, critical thinking, cultural competence, and professional boundaries. We are connected to a collaborative leadership network which can assist the Association and its members in ensuring patient safety and public protection.

As the work of the Yukon RN moves closer and closer to the national and global stage, the Association is strategically collaborating with partners in the interest of public protection, patient safety, and the education of nurses. This proactive approach will assist the YRNA in ensuring that nursing regulation in the Yukon is timely, thoughtful, and responsive to the ever changing needs of Yukoners and our health care system.

With our induction, I am very excited to move the Association and its membership into regulatory innovation and nursing excellence, and most importantly, communicating this information back to the membership through outreach and engagement.



YRNA is very pleased to present our Board Members for 2014/15

Sean Secord	- President
Rachel Burkhart	- Secretary
Andrea Malner	- Treasurer
Sheila Thompson	- Member at Large
Julie Tipping	- Member at Large ***
Krystal Feres	- Member at Large ***
Alexandra de Jong Westman	- Public Representative
Mieke Leonard	- Registrar & A/Executive Director

*** Watch for Bios of our new Board Members in the next issue of Nurses' Notes



CALL FOR NOMINATIONS: YRNA HONOURARY MEMBERSHIP

Honourary membership is the highest honour to be conferred on an individual by the Yukon Registered Nurses Association. It recognizes outstanding contribution to the advancement of the nursing profession at the territorial, national and/or international level.

YRNA currently has 11 honorary members: **Eileen Heinen, Ida Duriez, Kay Campbell, Linda Pringle, Kathryn Secord, Dorothy Sorensen, Lorraine Hoyt, Irene Sova, Dorothy Martin, Donna Rowland and Laurie Hidinger.**

Have you worked with a colleague who has served as a mentor; a nursing leader; an expert in her practice?

Nominations for Honourary membership are accepted prior to **December 31st** each year.

The YRNA Board will review the nominations early in the new year and, if granted, new Honourary Members are recognized at the association's Annual General Meeting in the spring.

For more information and nomination forms go to the website at www.yrna.ca or call 867-667-4062.



YRNA Committees

YRNA has eight standing committees:

Registration Committee

Nursing Practice Committee

Education Approval Committee (inactive)

Complaints Committee

Discipline Committee (inactive)

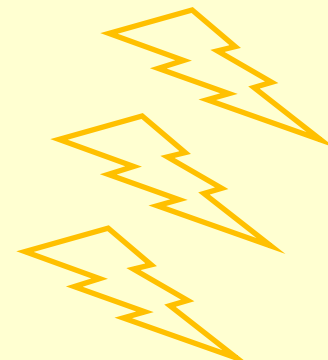
Nominations Committee

Nurse Practitioner Advisory Committee

Education Fund Management Committee

The first seven committees derive their mandate from the Bylaws of the Association. Part 8 of the Bylaws gives direction to these committees as do the Terms of Reference established by the committees themselves.

The creation of an Education Fund Management committee was authorized by Board resolution in January 2003.



Become a Committee Member!

YRNA encourages its members to consider being part of one or the other committee. Be involved in decisions and changes of your association. YRNA welcomes your insights and input.

Nurse Practitioners given ability to order specific diagnostic tests and program referrals in Yukon's hospitals

August 8, 2014

Yukon's Minister of Health and Social Services recently approved amendments to Yukon Hospital Corporation Medical Staff Rules, giving the territory's nurse practitioners (NPs) specific diagnostics ordering privileges within their expanded scopes.

This is a positive step forward in establishing a more collaborative care environment in Yukon and utilizing the expertise of all providers in our health system to provide timely, accessible and quality care. Effective immediately, these changes mean that NPs can now practice within more of their extended scope in Yukon hospitals, but will be limited to ordering specific diagnostic tests and program referrals. This includes:

On-site lab testing at Whitehorse General Hospital

On-site microbiology testing at Whitehorse General Hospital

Referred out testing at Whitehorse General Hospital

Public health serology screening

Tumour marker requisition (with confirmed diagnosis of cancer)

PHSA stool cultures

Non-contrast plain radiography

Ultrasound

Screening and diagnostic mammography

Refer to diabetes education program, therapy program, and dietician

At this time, NPs do not have "privileges" that would allow them to admit/discharge, order MRI or CT scans or prescribe medications. These changes require more in-depth discussions and additional amendments, which will be reviewed in a next phase after further consultation.

There are two NPs in Yukon. One has been approved and can now order these specific tests and make program referrals. The other individual has applied and we are now assessing credentials and scope of practice. On an interim basis, NPs will work under the review of our hospitals' Chief of Staff. NPs are also encouraged to use a health clinic's established processes for ordering and referrals in hospitals.

Thank you,
Karen Girling
Director, Allied Patient Services

www.yrna.ca

Check us out!

The YRNA newsletter is published four times a year. Publication dates are early March, June, September and December. Timeline for submissions is the middle of the month prior to publication.

Please send your articles and letters to admin@yrna.ca. Inclusion of items in the newsletter does not imply endorsement or approval by the YRNA.

Yukon Registered Nurses Association
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E-mail: admin@yrna.ca Web: www.yrna.ca

NCLEX is coming!

The last CRNE is being held on the 1st of October 2014. YRNA is pleased to be able to proctor three graduate students in Whitehorse next month — this is for the very last time. Many thanks go to Sean Hopkins for being our invigilator during the exam throughout the years.

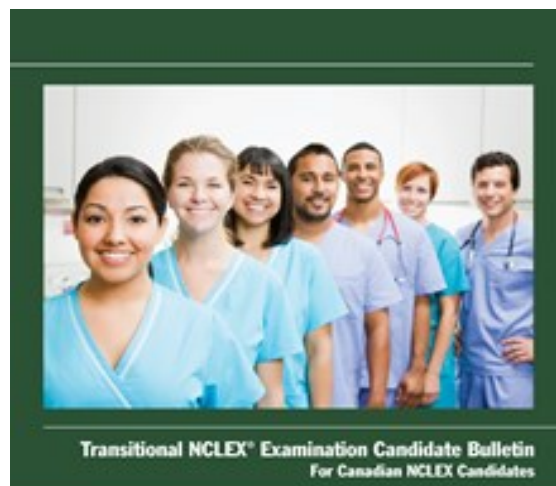
Notes on NCLEX (from the 7th Issue of the NCLEX Communiqué):

The NCLEX is developed by NCSBN to ensure public safety and protection through a fair, comprehensive and entry-level assessment that accurately reflects current nursing practice. NCSBN gathers information from nurses that represent regulatory bodies that utilize the NCLEX through detailed exam development activities. These data are used to develop and review item content that is found on the NCLEX.

During the preparation of the NCLEX for use in Canada, a concerted effort has been made to guarantee that item content is fair and accurately represents entry-level nursing practice in Canada. In order to assure this information is relevant to entry-level nursing in Canada, nurses from Canadian provinces were included in Item Review and Item Writing panels. The input of these volunteers has been instrumental in the preparation of the NCLEX for Canadian delivery.

Please use the link below for further information:

https://www.ncsbn.org/2014_NCLEX_Candidate_Bulletin.pdf



The Transitional NCLEX® Candidate Bulletin contains information for Canadian candidates creating a registration for the NCLEX between November 3, 2014 and December 31, 2014. Canadian NCLEX candidates registering during this time will be scheduling appointments for after January 5, 2015. The 2015 NCLEX Candidate Bulletin will be available in December 2014. Additional information is available at www.ncsbn.org.

PEARSON

NCSBN
COMMUNITY

YRNA NEWS

⇒ 2015 Fees

RN Practising Full Year	\$847.50
RN Practising 1/2 Year	\$565.00 (after Sept 30)
NP License Full Year	\$963.00
NP 1/2 Year	\$642.00
Non-practising	\$112.00
Associate	\$163.00
Associate Plus	\$189.00
Special Practice	\$282.00
Processing Fee	\$ 52.50
Late Fee on renewal	\$ 52.50
Re-instalment Fee	\$150.00 (late renewal after 3 months)

⇒ CNPS Delegate for the Yukon

All of us at YRNA would like to congratulate Jackie MacLaren on having been re-elected to the CNPS Board as our Yukon delegate.

⇒ CASL

The Canadian Anti Spam Legislation has come into effect on July 1, 2014. As an organization, YRNA is required to have your consent to receive emails from your association. We will be sending out an email to all of you asking that you respond with yes or no to the question whether you would like to receive YRNA emails. If you do not respond either way, your answer will be considered a no and you will not receive any updates from your association.



Hospice Yukon Presents...

A Will for the Woods



Join us for a thought-provoking film and discussion about the 'green burial' movement.

A green burial is the act of returning a body as naturally as possible to the earth, often without embalming or cremation, but instead burying in a simple wooden casket or wrapped in a shroud, in a protected greenspace.

Join us for a screening of the newly released documentary *A Will for the Woods*. This will be followed by a discussion about the film with local representatives who can answer questions about burial options in Yukon.

About the film...

This is a mature-themed film with scenes depicting death and dying that some may find difficult to watch. To see a preview and find out more please visit www.awillforthewoods.com

WWW.HOSPICEYUKON.NET

Thurs October 16
Old Fire Hall
Doors open
6:30pm
Movie starts
7pm
Tickets \$12

Available at the door
and at Hospice Yukon,
409 Jarvis St.



Coming Events . . .

Mayer Legal Nurse Consulting Workshops 2014: Legal Risks in Nursing

info@mayerlegalnurseconsulting.com

Sept 18th : Regina, Wascana Rehabilitation Center, Classroom #5

November 1st, Regina, Wascana Rehabilitation Center, Auditorium

Mayer Legal Nurse Consulting Workshops 2014: Legal Risks in Emergency Nursing

info@mayerlegalnurseconsulting.com

October 4th, 2014, Winnipeg, Delta Winnipeg Hotel

GOLD Conferences International: 2nd Annual Perinatal Online Conference

andrew@goldconf.com

October 14, 2014, online

CTRI: De-Escalating Potentially Violent Situations

delayne@ctrinstitute.com

October 28, 2014 Whitehorse, Coast High Country Inn

ACHIEVE Training Centre: Emotional Intelligence-Expanding Influence

heather@achievecentre.com

October 29, 2014 Whitehorse, Coast High Country Inn

Moving? Please let us know . . .

Name: _____

NEW Address: _____

Postal Code: _____ Phone: _____

Old Address: _____

Send to:

YRNA, 204—4133—4th Avenue, Whitehorse, Yukon Y1A 1H8

Phone: 867-667-4062 Fax: 867-668-5123 e-mail: admin@yrna.ca

www.cnps.ca

Canadian Nurses Protective Society



www.cna-aiic.ca

Canadian Nurses Association