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<u>Trauma</u> Gerri Muller See Secretary/Newsletter

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Official Newsletter of the Michigan Emergency Nurses Association

Summer 05

Message from the President by Pat Manion



The annual spring Conference held on May 24 and 25 at Soaring Eagle was an unqualified success. The participant evaluations were consistently favorable with many, many appreciative comments as to the quality of the speakers and the conference. The evaluations overwhelmingly indicated that Soaring Eagle is the venue of choice.

Marilyn Sprague has been the Conference chairperson for the



past few years and has provided stellar leadership in that role. The quality of the conference has consistently improved during her tenure and Michigan ENA and myself owe her a great debt of gratitude. As all good leaders do, she has planned for her successor, and it is a pleasure to announce

that the new Education Chairperson is **Deb Cannatti.** Deb has been conference chair in the past and has been a member of the current

committee. Marilyn and Deb have already been doing preliminary planning for next year's conference. The dates will be May 2 and 3. Because the conference has sold out early the past 2 years, the committee is

www.michiganena.org

working with Soaring Eagle to make space for another 50 attendees. Watch for further information in upcoming newsletters and www.michiganena.org.

The Excellence in Emergency Nursing and the ENCARE award were presented at the awards banquet. Sue O'Brien of McLaren Regional Medical Center and Valerie Petrich of Hurley Medical Center were both winners of the Excellence in Emergency Nursing award. These two nurses planned and provided a CEN Review class for 46 participants.

Honorable Mention was awarded to Laurel Paradise, also of



Hurley Medical Center, for recruiting 21 new members to the Emergency Nurses Association.

The ENCARE award for Injury

<u>Prevention</u> was presented to **Kathy Wolowiec** of McLaren Regional Medical Center. Information regarding the details of their achievements can be found at www.michiganena.org.

General and Scientific Assembly

One of the duties and responsibilities of Michigan State Council is to send delegates to the ENA General Assembly each year. This is the forum where all of the rules and policies of the Emergency Nurses Association are discussed and voted upon. This year Michigan has 15 delegates plus the president and two alternates. These delegates have been chosen based upon a point system. See Michiganena.org for the Delegate Application tool.

The delegates are: Marilyn Sprague from Mt Pleasant, Sue O'Brien from Durand, Dan Andrews from Saginaw, Barb Smith from White Lake, Gerri Muller from Oak Park, Kathy Clarke from Canton, Janet O' Bear from Ann Arbor, Mikki Favor from Livonia, Laraine Moody from Brighton, Diane Benson of Harrison Twp, Elaine Whipp from Petosky, Deb Cannatti of Macomb, Valerie Petrich of Flint Laurel Paradise of Flint Penny Endres of Mt. Pleasant and Pat Manion of Fenton. The alternates are Judy Halpern of Kalamazoo and Paula Pallazolo of Bruce.

These delegates will help shape the future of National Emergency Nurses Association.

Chapter News

The Pacesetter Chapter has schedule its next meeting and evening program for Tuesday, October 12, 2005, 6pm -7:30 pm at the Genesys East Flint Campus Conference Center, Burton, MI. The guest speaker will be presenting 12 lead EKG interpretations. CEU's and dinner will be provided. More information will be forthcoming at www.michiganena.org or Sueo@mclaren.org.









The Emergency Nurses Association is pleased to offer your State Council a free, online 10-question survey for recruiting *ten* ED managers who submit an *ENA 2005 Benchmark survey* beginning July 1 – November 1, 2005.

In order to record your recruitment efforts, we ask that you provide the ED manager with the attached page and ask him/her to fax it back to ENA after submitting their Benchmark survey to ENA.

Survey Administration Offer:

1) Your State Council is responsible for question design of your survey.

- 2) Surveys may include:
- Both closed-ended (i.e. rating scales, yes/no, multiple choice, etc.) and open-ended questions.
- State Council logos, if applicable.

3) Surveys must be sent to ENA via email at res@ena.org in MS Word format.

- 4) You are responsible for:
- Providing ENA with an email contact list or a description of the state members that you wish to survey.
- Promotion and follow-up of the survey.
- Determining the necessary sample size.
- Determining the start and end dates of the survey.
- 5) Summary reports provided to be provided include:
- Frequencies/summary statistics for closed-ended questions.
- Open-ended questions will not be coded.
- The raw data file for further data analysis on your part

To: Leslie Gates, Senior Administrative Research Asst. Fax number: 847/460.4005 From:

Email:

This fax is to certify that

(Please print name of person who recruited you) of the ______ ENA State Council recruited me to complete the (Please indicate state) *ENA 2005 ED Benchmark Survey.* I submitted the survey to ENA on

(Date) By: Online Fax US Mail Kids Korner

SUMMER SAFETY TIPS

The following summer safety tips are from the American Academy of Pediatrics (AAP)

FUN IN THE SUN

Babies less than 6 months:

 Avoiding sun exposure and dressing infants in lightweight long pants, long-sleeved shirts, and brimmed hats are still the top recommendations from the AAP to prevent sunburn. However when adequate clothing and shade are not available, parents can apply a minimal amount of sunscreen to small areas, such as the infant's face and the back of the hands.

For Young Children:

 Apply sunscreen at least 30 minutes before going outside, and use sunscreen even on cloudy days. The SPF should be at least 15.

For Older Children:

- The first, and best, line of defense against the sun is covering up. Wear a hat with a three-inch brim or a bill facing forward, sunglasses (look for sunglasses that block 99-100% of ultraviolet rays), and cotton clothing with a tight weave.
- Stay in the shade whenever possible, and avoid sun exposure during the peak intensity hours - between 10 a.m. and 4 p.m.
- Use a sunscreen with an SPF (sun protection factor) of 15 or greater. Be sure to apply enough sunscreen - about one ounce per sitting for a young adult.
- Reapply sunscreen every two hours, or after swimming or sweating.

Source: http://www.aap.org/advocacy/archives/tanninghtm

HEAT STRESS IN EXERCISING CHILDREN

- The intensity of activities that last 15 minutes or more should be reduced whenever high heat and humidity reach critical levels.
- At the beginning of a strenuous exercise program or after traveling to a warmer climate, the intensity and duration of exercise should be limited initially and then gradually increased during a period of 10 to 14 days to accomplish acclimatization to the heat.

Source: http://www.aap.org/policy/re9845.html

BUG SAFETY

- Don't use scented soaps, perfumes or hair sprays on your child.
- Avoid areas where insects nest or congregate, such as stagnant pools of water, uncovered foods and gardens where flowers are in bloom.
- Avoid dressing your child in clothing with bright colors or flowery prints.
- Insect repellents containing DEET are the most effective.
- The concentration of DEET in products may range from less than 10 percent to over 30 percent. The benefits of DEET reach a peak at a concentration of 30 percent, the maximum concentration currently recommended for infants and children. DEET should not be used on children under 2 months of age.
- The concentration of DEET varies significantly from product to product, so read the label of any product you purchase.
- For more information on DEET: <u>http://www.aapnews.org/cgi/content/full/e200399v1</u>

LAWN MOWER SAFETY

- Try to use a mower with a control that stops the mower from moving forward if the handle is let go.
- Children younger than 16 years should not be allowed to use ride-on mowers. Children younger than 12 years should not use walk-behind mowers.
- Make sure that sturdy shoes (not sandals or sneakers) are worn while mowing.
- Prevent injuries from flying objects, such as stones or toys, by picking up objects from the lawn before mowing begins. Have anyone who uses a mower wear hearing and eye protection.
- Do not pull the mower backward or mow in reverse unless absolutely necessary, and carefully look for children behind you when you mow in reverse.
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- Always turn off the mower and wait for the blades to stop completely before removing the grass catcher, unclogging the discharge chute, or crossing gravel paths, roads, or other areas.
- Do not allow children to ride as passengers on ride-on mowers.

ALL-TERRAIN VEHICLES

- Off-road vehicles are particularly dangerous for children younger than 16 years who may have immature judgment and motor skills. Children who are not licensed to drive a car should not be allowed to operate off-road vehicles.
- Injuries frequently occur to passengers; therefore riding double should not be permitted.
- All riders should wear helmets, eye protection and protective reflective clothing. Appropriate helmets are

those designed for motorcycle (not bicycle) use, and should include safety visors/face shields for eye protection.

- Parents should never permit the street use of off-road vehicles, and nighttime riding should not be allowed.
- Flags, reflectors and lights should be used to make vehicles more visible.
- Drivers of recreational vehicles should not drive after drinking alcohol. Parents should set an example for their children in this regard.
- Young drivers should be discouraged from on-road riding of any 2-wheeled motorized cycle, even when they are able to be licensed to do so, because they are inherently more dangerous than passenger cars.
- Source: <u>http://aappolicy.aappublications.org/cgi/content/full/pediat</u> <u>rics;105/6/1352</u>

NEWSLETTER

Classes

TNCC

August 20, 21 Detroit Gerri Muller, gerrimuller@prodigy.net

August 23, 2005 Ann Arbor Deb Sullivan, 734.647.4627

September 3, 2005 Monroe Marilyn Merkle, 734.242.7132

September 6, 2005 Marquette Gail Schneider, 906.225.3470

September 13, 14, 2005 Saginaw Jean Kahl, 989.583.6082

September 23, 2005 Pontiac Mary Berry Bovia, 734.936.6283

September 23, 24, 2005 Grand Rapids Sherrie Veurink-Balicki, 616-752.6798

October 3, 4, 2005 Mt. Clemens Gerri Muller, gerrimuller@prodigy.net

October 5, 6, 2005 Kalamazoo Amy Koestner, 616.226.6798

October 6, 7, 2005 Grand Blanc Pat Manion, 810.606.7891

October 11, 12, 2005 Saginaw Jean Kahl, 989.583.6082

November 2, 3, 2005 Grand Blanc Pat Manion, 810.606.7891

Classes

TNCC November 9, 10, 2005 Royal Oak Holly Bair, 248.898.1994

November 11, 14, 2005 Grand Rapids Sherrie Veurink-Balicki, 616-752.6798

November 17, 18, 2005 Detroit Tim Hayes, 313.916.8875

November 18, 22, 2005 Southfield Joanne McCall, 248.465.4223

December 2, 2005 Detroit Donna Gajewski,

December 6, 2005 Marquette Gail Schneider, 906.225.3470

December 16, 2005 Detroit Tim Hayes, 313.916.8875

Instructor Classes

October 15, 2005 ENPC Instructor Course Novi Sherrie Veurink-Balicki, 616-752.6798

November 4, 2005 TNCC Instructor Course Farmington Hills Gerri Muller, gerrimuller@prodigy.net

PALS

September 8, 9, 2005 Detroit Gerri Muller, <u>gerrimuller@prodigy.net</u>

November 10, 11, 2005 Detroit Gerri Muller, gerrimuller@prodigy.net

Classes

ENPC

August 26, 27, 2005 Grand Rapids Sherrie Veurink-Balicki, 616-752.6798

September 27, 2005 Grand Blanc Mary Pritchard, 810.606.5753

September 29, 20, 2005 Ann Arbor Gerri Muller, gerrimuller@prodigy.net

October 5, 7, 2005 Novi Joanne McCall, 248.465.4223

October 6, 7, 2005 Detroit Tim Hayes, 313.916.8875

October 7, 10, 2005 Holland Kristi Potts, 616.94.3681

October 11, 2005 Ann Arbor Deb Sullivan, 734.647.4627

October 26, 27, 2005 Royal Oak Gerri Muller, gerrimuller@prodigy.net

November 8, 2005 Ann Arbor Mary Berry Bovia, 734.936.6283

December 8, 9, 2005 Ann Arbor Gerri Muller, gerrimuller@prodigy.net

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FALLING FOR EMERGENCY NURSING: 3rd West Michigan ENA Symposium October 13, 2005 Frederik Meijer Gardens, Grand Rapids

7.00	October 13, 2005 Freuerik meijer Garueris, Granu Kapius				
7:30	Registration				
8:00	Welcome - Michele Pena – West Michigan ENA Chapter President				
8:10	<i>Keynote Speaker</i> E - Records in the ED - Nancy Bonalumi RN, MS, CEN, President Elect Emergency Nursing Association				
9:10	Break				
9:45	Special Address – Strategic Planning Needs of MI Emergency Nurses – Jeanette Klemczak, MSN, Chief Nurse Executive –State of MI				
10:45	Breakout Session One				
	A. Victims of Violent Encounters – Chris Dunnuck, MSN, CS				
	B. Use of Recombinant Factor VII in Trauma: Pediatric Case Study - Penny Stevens, MSN, CPNP, CS				
	C. Procedural Sedation in the ED - Kathleen Robinson FNP, MSN				
11:45	Lunches, provided, and visit the Gardens.				
1:00	Breakout Session Two				
	A. Spinal Cord Injury: Mechanism to Management - Scott Russo, M.D.				
	B. Radiology interpretation for the ED RN - Maureen Ryan, FNP				
	C. MRSA in the Pediatric Population - Caroline Rich CPNP				
2:00	Breakout Session Three				
	A. Pediatric Abdominal Assessment – Avoiding catastrophe - Kristin Norris, PA-C				
	B. Geriatric Trauma - Pat Manion, RN, MS				
	C. Utilizing 12 Lead EKG Interpretation to Anticipate Physiological Response - Julie Kruithof, MSN				
3:00	Break				
3:15	Against Medical Advice: Making Butter out of Sour Milk – Eric Boie. M.D.				

October 12th Free Pre-conference Session: Lessons From Lawyers - Eric Boie, MD

Dr. Boie is a Consultant for the Department of Emergency Medicine, Mayo Clinic & Assistant Professor of Emergency Medicine, Mayo Clinic College of Medicine, Rochester, MN

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Medical Education and Research Center – 1000 Monroe Ave Grand Rapids – starting at 6 p.m.

Symposium: October 13th, Frederik Meijer Gardens, 1000 East Beltline SE, Grand Rapids, Michigan 49525

Cost: ENA members \$75.00 All others \$100.00 Continuing education contact hours have been applied for.

Address:	Name:	Title:	
City:	Address:		
Phone: Email: Employer: Department Yes, I will be attending the free Pre-conference celebration with guest speaker Dr. Eric Boie on October 12 th Yes, I will be attending the Clinical Symposium on October 13 th .	City:	 State	Zip
Employer:	Phone:		
Yes, I will be attending the Clinical Symposium on October 13 th .	Employer:		
	, i i i i i i i i i i i i i i i i i i i		
Amount enclosed: ENA member # Checks made payable to: West Michigan E			payable to: West Michigan ENA

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July 2005

Gerri Muller 13660 Nadine St. Oak Park, MI 48237-1124

ADDRESS CORRECTION REQUESTED

BULK RATE US POSTAGE PAID CITY, STATE PERMIT NO. 000

Subscriber Name Number Street Address City, State Postal Code Country

2005 State Council Meetings

September 9, 2005, MCEP Office December 2, 2005, MCEP Office

Meetings start at 11: am

Directions: MCEP Office 6647 West St. Joseph Highway, Lansing http://www.mcep.org

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