

# Dominican Republic Mission Trip 2015 - Packing List



## Paperwork

- Passport! – it's your photo ID (Driver's License is optional)
- Shot records (Hep A, Typhoid) - ???
- Airline tickets
- International Calling Cards or phone
- Medical insurance card
- Credit card (shouldn't need, but you may want the security)
- Copies of passport, credit cards, driver's license, emergency contact list, insurance card, etc. (store separately from the originals)
- Money (only needed for shopping)

## Backpack/Carry-on:

- Water bottle (after security)
- Snacks for plane trip and possibly the week – beef jerky, nuts, candy (no dried fruit)
- Camera
- Hand sanitizer/wipes/travel TP
- Kleenex
- Cell phone and charger (for airports)
- Alarm clock
- Flash light
- Electronic devices
- Batteries
- Books/reading light
- Raincoat/umbrella
- Jacket
- Pillow or neck pillow
- Earplugs
- Eye cover
- Toiletries
- All medications (malaria, cipro...prescription meds must be in your name)*
- Change of clothes

## Clothes:

- Comfortable clothes and team t-shirt for plane ride there and back
- Jeans/capris/long shorts
- Short sleeve T-shirts (light colors)
- Dress clothes for church (pants/polos – males; pants/capris or skirts/top or dress below knee - females)
- Light weight long-sleeved shirt
- Pajamas and underthings
- Socks
- Close-toed work shoes
- Tennis shoes
- Swimsuit – *remember FBCHSV swimsuit policy*

## Toiletries:

- (dryers not provided at mission house)
- Shampoo, soap, etc.
  - Hair dryer, curling iron
  - Contacts/glasses/solution
  - Medicines (malaria, cipro)
  - Shower shoes

## Linens:

- Washcloths (mission house doesn't furnish)
- Towel (just in case)
- Pillow (sheets and towels provided but you may want your own pillow)

## Miscellaneous:

- Bug spray with deet
  - Sunblock (at least 30)
  - Hat/visor
  - Sunglasses
  - Garbage bags dirty clothes
  - Extension cord
  - 3prong to 2 prong connection
  - Thermometer
  - Anti-nausea meds
- No plug adaptors needed – 110 available

## Construction workers:

- Work gloves
- Safety glasses
- Work clothes
- Rain jacket and hat

## Carry-on baggage limits:

- 1 carry-on (45" h+l+w)
- 1 personal item
- Liquids must be 3.4 oz. or less and all in a quart size clear plastic bag
- No multi-tools

## Checked baggage: (62" h+l+w and 50 lbs)

- 1 personal suitcase
- 1 construction/ministry supply suitcase

## May want to cross pack with someone:

Put half of your items in one suitcase and half in someone else's in case your luggage is lost.

## Note:

You will not need to bring sheets or towels.  
If you have a specific type of pillow please feel free to bring it along.  
If you are a light sleeper don't forget ear plugs.  
If you have any skin sensitivities don't forget to bring your own soap.

## Examples of Liquids/Gels/Aerosols

Where noted in the chart above, the following items may be transported in carry-on baggage only if in a 3.4-oz container or smaller and transported in a one-quart clear, plastic, zip-top bag. Otherwise, these items must be packed in checked baggage.

- Toiletries – shampoo, toothpaste, mouthwash, perfume, shaving foam, aerosols, deodorant, eye care products
- Cosmetic products – perfume, hair spray/gel, lip gloss, mascara, nail polish, makeup removers/cleansers, foundation
- Non-solid food items – soups, syrups, pressurized food containers (cheese or whipped cream), gelatin, pudding, yogurt
- Liquid soaps, sanitizers, bath oils, bubble bath
- Any creams, ointments or lotions
- All other liquids/gels not listed here



### To Simplify Your Security Screening:

- Place all liquid containers in a separate clear plastic, zip-top bag no larger than 8in x 8in (20cm x 20cm) or is quart size. Items must fit in the bag comfortably so that it closes completely.
- Individual liquid containers should be no larger than 3.4 ounces/100 ml.
- Remove the plastic bag from the cabin bag at the security checkpoint for separate x-ray screening.

Customers carrying liquids in their cabin bags may be subject to secondary searches before boarding.

### How Much Can I Carry On?



You can carry on one bag plus one personal item per passenger as long as the carry-on bag fits in the size and does not exceed overall dimensions of 45 inches (length + width + height). The maximum dimensions cannot exceed any of the following measurements: 22" long x 14" wide x 9" tall or 114cm (56 x 35 x 23 cm). All carry-on items should be stowed in an overhead bin.

Personal item - includes: purse, briefcase, laptop bag OR a similar item such as book bag or tote that does not exceed 36 inches (length+width+height) and must fit under the seat.

Additional items that will be allowed above and beyond the restrictions listed above include:

- Outerwear such as coats/wraps/hats
- Book or newspaper
- Small bag of food to eat on the flight – see guidelines for liquids
- Approved safety seat for lap or ticketed child
- Pillow or blanket
- Umbrella stroller for lap or ticketed child
- Diaper bag for lap or ticketed child
- Assistive devices for passengers such as wheelchairs, walkers and CPAP machines
- Therapeutic oxygen provided by the airline