



# YMCA of Greater High Point

## Membership Application—Carl & Linda Grubb Branch

<b>FIRST ADULT</b>	Date	Title	First Name	MI	Last Name																																																																																															
	Mailing Address					<b>Membership Types:</b> <input type="checkbox"/> Youth (18 & younger) <input type="checkbox"/> Adult (19 & up) <input type="checkbox"/> Family <input type="checkbox"/> Senior Adult (60 & up) <input type="checkbox"/> Senior Adult Couple (one over 60) <input type="checkbox"/> Silver Sneakers <input type="checkbox"/> Prime <input type="checkbox"/> Triad <input type="checkbox"/> Association																																																																																														
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<b>EMPLOYER</b>	I qualify for a corporate discount <input type="checkbox"/> Yes <input type="checkbox"/> No <i>(if yes, MUST complete company information)</i>		Company Name																																																																																																	
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Financial Assistance may be available to those who qualify.

**Waiver**

I am an adult over 18 years of age and wish to participate in YMCA of Greater High Point (the "YMCA") membership/ program activities, and if included on membership wish my children or legal wards to participate and give them permission to participate in the YMCA activities. As used in this Agreement "children" shall include legal wards and "parent" shall include legal guardian(s). As a condition to being permitted to utilize the facilities, services, and programs of the YMCA for any purpose, including but not limited to observation or use of the facilities or equipment, or participation in any off-site program affiliated with the YMCA, I, the undersigned, acknowledge, agree, and represent that I have inspected and carefully considered the facilities and programs. I understand that even when every reasonable precaution is taken, accidents can happen. As a condition to participation by me or my children in YMCA activities, on my behalf and on behalf of my children, I waive and release any claims for loss or injury incurred or suffered which I or my children might make against the YMCA, its sponsors, officers, employees, volunteers, or contractors as a result of participating in YMCA activities or using its facilities. I further agree to indemnify the YMCA against and hold it harmless from loss incurred as a result of claims against it based upon alleged actions or omissions by my children or me. I have read this authorization, waiver, and release, understand it, and am voluntarily signing it.

I understand that the YMCA of Greater High Point is not responsible for personal property lost, damaged, or stolen while members and / or program participants are using YMCA facilities, on YMCA premises, or involved in YMCA programs.

I give my permission to the YMCA of Greater High Point to use without limitation or obligation, photographs, film footage, or tape recordings, which may include my or my children's image or voice for the purposes of promotion or interpreting YMCA programs.

**Membership Agreement**

If my membership dues are paid through Credit Card draft or Electronic Funds Transfer, I understand this is a continuous membership plan. This membership will remain in effect for as long as I retain the membership card issued to me. Membership cards are the property of the YMCA and must be surrendered upon demand.

It is my complete understanding that if I wish to terminate or change my membership in any way, I must give the YMCA a 30 day written notice.

I understand it is my responsibility to check my bank statement and report any YMCA billing discrepancies within 30 days of the date of the bank statement. After 30 days there will be no refund.

All membership rates are subject to change with 30 days written notice. I understand it is my responsibility to notify the YMCA in writing of any change in address, bank account information (if utilizing bank draft for payment of dues) or credit card information / expiration date (if utilizing credit card for payment of dues).

The Joining Fee is a one-time fee as long as you remain an active member of the YMCA of Greater High Point. If you choose to cancel or discontinue your membership for more than 30 days, a Joining Fee will be charged when you reapply for membership.

I acknowledge the waiver and membership Code of Conduct set forth, and being in sympathy with the Mission Statement of the YMCA of Greater High Point, hereby apply for membership.

All adults over 18 on membership must sign and date:

Print Name \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_  
Print Name \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

## **YMCA of High Point Member/Participant Code of Conduct**

The YMCA is committed to providing a safe and welcoming environment for all members, guests and participants. To promote safety and comfort for all, all individuals are asked to act appropriately at all times when in our facility or participating in our programs.

We expect persons using the YMCA to act maturely, to behave responsibly, and to respect the rights and dignity of others. Our Member/Participant Code of Conduct outlines prohibited action, but the actions listed below are *not an all-inclusive list of behaviors considered inappropriate in our facilities or programs.*

Using or possessing alcohol or illegal chemicals on YMCA property, in YMCA vehicles, or at YMCA-sponsored programs

Smoking on YMCA property – the YMCA and its property is a smoke-free environment

Carrying or concealing a weapon or any device or object that may be used as a weapon

Harassment or intimidation by words, gestures, body language, or any type of menacing behavior

Physical contact with another person in an angry, aggressive, or threatening way

Verbally abusive behavior, including angry or vulgar language, swearing, name-calling, or shouting

Sexually explicit conversation or behavior; any sexual contact with another person

Inappropriate, immodest, or sexually revealing attire

Theft or behavior that results in the destruction or loss of property

Loitering within or on the grounds of the YMCA

In addition, The YMCA reserves the right to deny access, participation or membership to any person who has been accused or convicted of any crime involving sexual abuse, is or has been a registered sex offender, has ever been convicted of any offense relating to the use, sale, possession, or transportation of narcotics or habit forming and/or dangerous drugs, or is presently or habitually under the influence of dangerous drugs or chemicals, narcotics, or intoxicating beverages per the membership policy of the YMCA of High Point..

Members, guests and participants are encouraged to take responsibility for their personal comfort and safety by asking any person whose behavior threatens their comfort to refrain from such behavior. Anyone who feels uncomfortable in confronting a person directly should report the behavior to a staff person or the Building Supervisor on duty.

YMCA staff members are eager to be of assistance. Members, guests and participants should not hesitate to notify a staff member if assistance is needed.

In order to be able to carry out these policies, we ask that members, guests and participants identify themselves to staff when asked.

The Branch Executive will investigate all reported incidents. Suspension or termination of YMCA membership, access or participation privileges may result from a determination by the Branch Executive if in his/her discretion a violation of the YMCA Member and Participant Code of Conduct has occurred.

**Association Board approved: May 27, 2008**

# YMCA Guest Policies

Carl & Linda Grubb Family YMCA  
YMCA Fees and Guest Policy

## General Guest Policy:

Each Unit (excluding Youth memberships) has 3 visiting guest passes per calendar year. Only adults on any unit may bring a guest.

## Visiting Guest (Non-YMCA Member)

**Please Note: All visiting guests must be accompanied by a current adult member of the Carl & Linda Grubb Family YMCA at all times.**

Guest Residing Inside Service Area

1. Adult (14 and older) \$15.00 per day; \$75.00 per week
2. Child (13 and under, no nursery) \$10.00 per day; \$50.00 per week
3. Child in Child Watch \$2.00 per visit

Guest residing outside Service Area

Three free visits per year with any visit after, appropriate guest fees apply.

## Carl & Linda Grubb Family YMCA Full Member visiting another Branch of the YMCA of Greater High Point

\$3.00 per visit/day

Please Note: A Grubb Family YMCA member may not use a guest pass for him/herself to visit another Branch.

## Member Away Program:

\* Outside 50 miles no charge, inside 50 miles \$5.00 per visit.

### Senior Lunch `n Learn

Seniors, come in for a pot luck lunch on the 3rd Tuesday of each month. Bring in your favorite dish and learn something new! Each month we will have a special speaker and topics could range from learning a new craft to making candy or learning about healthy living.



### Kids Night Out

The third Friday of each month is Kids Night Out from 6:30-9:30pm.

This evening of fun includes a pizza dinner, games, arts & crafts and much more. The cost is \$15 per child for Members and \$25 for Non-Members.



## Personal Training

Sometimes it is tough to get out the door to workout. Its that little extra motivation, that little push out the door and somebody to be there with you. Give yourself the opportunity to continue or begin a healthy habit with one of our personal trainers. We have male and female personal trainers who are available and excited to work with you. All personal training sessions are 1 hour in length. The fitness assessment is about 15 minutes in testing time and another 10-15 in consultation.



### Fitness Assessment Pricing

Assessment \$15.00

### Session Pricing

1 Session - \$20 (1 Person)	1 Session - \$35 (2 People)
5 Sessions - \$90 (1 Person)	5 Sessions - \$115 (2 People)
10 Sessions - \$170 (1 Person)	10 Sessions - 185 (2 People)