

Registration Form

Please print:

Name: _____

Employer Name _____

Job Title _____

License #: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Please print this form and mail with payment to:

Flagler Hospital, Life Institute
400 Health Park Blvd.
St. Augustine, FL 32086

Make checks payable to Flagler Hospital

If paying with credit card provide the following:

Card Type _____

Card Number _____

Expiration Date _____

Security Code _____

Name on card _____

Billing Address, if different than above:

Course Details

September 13-14, 2014

September 13: Registration at 7:30, 8am-5:30pm

September 14: 8am-4:00pm

Suggested Audience:

PTs, OTs, PTAs, COTAs

Registration /Course Fee:

\$ 300.00: Early Bird (until 08/1/14)

\$ 250.00: Student Rate until 8/1/14

\$ 330.00: From 8/1/14 to 9/13/2014

Enrollment:

Limited enrollment. Register early.

Contact Hours:

17 PT contact hours – approved for FL; GA pending

14.5 OT contact hours – approved (FL)

Location:

Flagler Hospital
Osceola Conference Room
400 Health Park Blvd.
St. Augustine, FL 32086
Free Parking

**Registration form attached. To register by phone
or for additional information:**

Rebecca Davis

904-819-4787

Rebecca.Davis@flaglerhospital.org

<http://www.flaglerhospital.org/About-Flagler/Events-Calendar/Event-Details.aspx?Event=51>

Hotel Information

Sleep Inn St. Augustine Beach

601 Anastasia Blvd.

St. Augustine, FL 32080

904-825-4535

99.95 + tax/night (inc: breakfast, wifi, parking)



Fundamentals of ICU Rehab

September 13-14, 2014
St. Augustine, Florida 32086

Presented by:
Christiane Perme, PT CCS



Fundamentals of ICU Rehab

Therapists working with patients in ICU face a complex challenge. These patients have limited mobility due to life support, monitoring equipment, multiple medical problems and muscle weakness. Early mobility and ICU Rehab can lead to an increase in the patient's quality of life and higher functional capability. The content of this course will provide basic information that will guide clinicians through the process of managing adult ICU patients. Case reports will be presented to demonstrate how the early mobility and walking program in ICU can positively impact the recovery of selected patients.

Objectives:

Upon completion of this course participants will be able to:

- Identify and state function of basic equipment, lines, and tubes used in the ICU
- Identify different modes of ventilation and ventilator settings
- Identify ICU patients who would benefit from early mobility and ICU rehab using clinical decision making skills
- Understand the importance and demonstrate the ability to write function oriented goals for ICU patients
- Identify the role of multidisciplinary team members in the management of critical care patients
- Synthesize information for use in clinical and academic practice.

Course Content

DAY 1 - FUNDAMENTALS OF ICU CARE

- Introduction
- Early Mobility in ICU: Evidence Based Practice
- Complications Secondary to Primary Diagnosis in ICU
- Lines/Tubes – Dealing with Monitoring and ICU Equipment
- Mechanical Ventilation

DAY 2 - ESSENTIALS OF ICU REHAB

- Medications commonly used in the ICU
- Interpreting Laboratory Values
- Weakness in the critically ill
- Assessment of the critically ill patient
- Inspiratory muscle training
- Therapy Interventions: Function oriented treatment from Positioning and Exercises to Transfers and Ambulation in ICU
- Final Thoughts



Speaker Biography

Christiane Perme, PT CCS is a 1981 graduate from the Catholic University in Brazil where she received a Bachelor of Science degree in Physical Therapy. In 2005 she became a Board Certified Cardiovascular and Pulmonary Clinical Specialist by the American Physical Therapy Association.

Mrs. Perme is currently a Senior Physical Therapist at the Methodist Hospital in Houston, where she has practiced for the past 26 years with a variety of complex acute care patients. Mrs. Perme has published 7 articles and is co-author in nine book chapters.

Mrs. Perme has extensive experience in treating adult patients in Intensive Care Unit with special interest in patients requiring mechanical ventilation. She is an experienced speaker nationally and internationally, including Brazil (2010, 2012), Africa, and at the World Physical Therapy Congress in Spain (2003), Canada (2007), and in Netherlands (2011).

About Flagler Hospital:

Flagler Hospital is a 335 bed, acute care hospital that has been ranked among the top hospitals in the nation for both clinical excellence and patient safety for the past eight consecutive years. The hospital has operated as a not-for-profit healthcare institution in St. Augustine, Florida since its founding in 1889.

Flagler was Northeast Florida's first hospital to receive the ANCC Magnet hospital award. In recent years, the hospital has earned the Gold Seal of Approval™ from The Joint Commission for Primary Stroke Care Centers, National accreditation for its total hip and total knee replacement programs, accreditation for the American College of Surgeons Commission on Cancer and Center of Excellence Designation for its Bariatric Surgery Center. To learn more about all of our services, visit www.FlaglerHospital.org

