

**GULF SWIMMING**  
**8&Younger SHORT COURSE CHAMPS III**  
 Hosted By  
**SHARKS SWIM TEAM & TYR**  
**A Short Course Timed Finals Meet**  
**Saturday, February 15, 2014**  
**SANCTION # GUSC 14-071R**

<p><b>LOCATION:</b></p> <p>Friendswood Natatorium        1115 Falling Leaf Drive        Friendswood, TX 77546        281.992.2505</p>	<p><b>DIRECTIONS:</b> Going South on I-45 towards Galveston from Downtown Houston: Take Exit 29 FM 2351/Friendswood/Clear Lake City Blvd. Take right onto FM 2351 S. Travel 4.1 miles. Turn left onto Sunset Dr. After 0.7 miles on Sunset Dr, turn right on Falling Leaf Dr. After 0.7 miles, you can see the Friendswood ISD Natatorium on the left. Map is included with invitation.</p>
<p><b>POOL:</b></p>	<p>Eight lane, 25 yard indoor pool with non-turbulent lane lines. There are four separate lanes in the shallow end of the pool three of which will be available for warm- up and warm-down during the competition.</p> <p>There is limited seating in the bleachers and other areas that are not roped off. Wet swimmers are not allowed in the bleacher area. Swimmers are encouraged to sit on deck as a team in order to allow more room for spectators. There is ample lawn space outside for set up.</p>
<p><b>TIME AND DATE:</b></p>	<p>This is a timed finals meet.</p> <p>SAT FEB 15, 2014:        Warm-up 10:00 am., meet starts at 11:15am.</p> <p>Split warm-ups will be in effect with assignments posted on the Gulf Swimming website.</p> <p>Lane assignments for warm-ups and timing will be designated in the psych sheet and posted on the Gulf Swimming website by MON, FEB 10, 2014.</p>
<p><b>FORMAT:</b></p>	<p>This meet will be run using the "Flyover Start" procedures unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of each non-backstroke heat, the swimmers shall remain in the water until after the next heat is started.</p>
<p><b>MEET REFEREE:</b></p>	<p>Tom O'Brien <a href="mailto:tobrien930@earthlink.net">tobrien930@earthlink.net</a></p>
<p><b>MEET DIRECTOR:</b></p>	<p>Jim Crampton <a href="mailto:EightandYoungerCHAMPS@hotmail.com">EightandYoungerCHAMPS@hotmail.com</a></p>
<p><b>ADMINISTRATIVE OFFICIAL:</b></p>	<p>Jim McMichael <a href="mailto:mcmicha@sbcglobal.net">mcmicha@sbcglobal.net</a></p>
<p><b>OFFICIALS:</b></p>	<p>Glenn Jue, Hesham Soliman, Aaron Kovach, Toni Kovach, and others to be determined.</p>

<b>TIMING SYSTEM OPERATORS:</b>	Debra Tomerlin and Mike Nagle.
<b>SAFETY MARSHALS:</b>	Cherie Wiley.
<b>SAFETY GUIDELINES AND WARM-UP PROCEDURES:</b>	See attached Safety Guidelines and Warm-Up Procedures.
<b>SEEDING:</b>	The meet will be a pre-seeded meet. All events will be seeded with heats in the order of fastest to slowest, including relays. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used to fill on deck entries. Relay cards due by 11:30 am or the entry will be considered scratched.
<b>ON DECK ENTRIES:</b>	Late entries will be accepted each day up to 45 minutes before the start of the session. Those swimmers missing <b>the 6:00 p.m. Saturday, January 25, 2014</b> deadline may enter the meet on deck in the following manner: <ol style="list-style-type: none"> <li>1. Swimmers must pay double the entry fee at the time of entry.</li> <li>2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes.</li> <li>3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.</li> <li>4. Swimmers must be qualified to swim the event entered.</li> <li>5. Swimmers must not exceed the allotted number of events allowed each day.</li> <li>6. A heat will be added, if necessary AND if the timeline permits.</li> </ol>
<b>ENTRY TIMES:</b>	Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert <i>meter (yard)</i> times to <i>yard (meter)</i> times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.
<b>QUALIFYING TIMES:</b>	None.
<b>CUT-OFF TIMES:</b>	None.
<b>AGE:</b>	Age as FEB 15, 2014. Swimmers must be 8 or Younger as of FEB 15, 2014
<b>NUMBER OF EVENTS:</b>	Swimmers may compete in up to five (5) individual events and one (1) freestyle and one (1) medley relay event.

<b>ENTRY DEADLINE:</b>	<p>Entries must be in the hands of the Meet Entry Chair no later than 6:00 p.m. on Saturday, January, 25, 2014. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand deliver entries to the Meet Entry Chair at:</p> <p>Joel Beard 1519 Park Wind Drive Katy, TX 77450 Cell 309-333-8822  <a href="mailto:gulftpc@gmail.com">gulftpc@gmail.com</a></p>
<b>ENTRIES:</b>	<p>All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the Hy-Tek Meet Manager/Hy-Tek Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files). Include relays and relay- only swimmers on your completed entry form, diskette, or electronic submission.</p> <p>Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Announcement.</p>
<b>ELIGIBLE TEAMS:</b>	<p><b>SHARKS and other Gulf teams as assigned by Gulf Swimming. Only swimmers attached to these Gulf Swimming teams or swimmers in the documented process of transferring to one of these Gulf teams may participate in this competition.</b></p>
<b>FEES:</b>	<p>\$5.50 per Individual Event &amp; \$9.00 for each relay event &amp; \$2.00 per swimmer Facility Surcharge Fee. Make checks payable to SHARKS Swim Team. Entry fees must accompany entries, if delivered by any method other than email.</p> <p>Entry fees must be postmarked by <b>SAT February 8, 2014</b> to the address below:</p> <p>SHARKS Swim Team  PO Box 1123  Friendswood, TX 77549  <a href="mailto:EightandYoungerCHAMPS@hotmail.com">EightandYoungerCHAMPS@hotmail.com</a></p> <p>281.753.2252  Make checks payable to: <b>SHARKS Swim Team</b></p>
<b>AWARDS:</b>	<p>Individual events:  GULF Custom Medals 1st – 3rd place GULF Custom Ribbons 4<sup>th</sup> – 8<sup>th</sup> place</p> <p>Relay Events:  GULF Custom Medals 1<sup>st</sup> place GULF Custom Ribbons 2<sup>nd</sup>-3<sup>rd</sup> place</p> <p>High point Award: The top scoring boy &amp; girl in each age group 6&amp;Under, 7, and 8.</p> <p>Team Award: 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place teams</p>

<b>SCORING:</b>	<p>Individual Events: 9-7-6-5-4-3-2-1 Relay Events: 18-14-12-10-8-6-4-2</p> <p>All individual 8 &amp; under events will be swum combined but scored separately as 8, 7 and 6 &amp; under.</p> <p>All relays are 8&amp;Younger events.</p>
<b>RULES &amp; SANCTIONS:</b>	<p>The 2013-14 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted.</p>
<b>POOL MEASUREMENT:</b>	<p>The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.</p> <p>The water depth of the competition course is 13.0 feet measured from 1 meter to 5 meters on the starting end of the course 6.0 feet measured from 1 meter to 5 meters on the bulkhead end of the competition course.</p>
<b>TIMING SYSTEM:</b>	<p>A Daktronics Omnisport 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the heat sheet.</p>
<b>POOL DECK RESTRICTIONS:</b>	<p>Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card.</p> <p>Coaches and Officials must present their membership cards in order to receive complimentary Psych Sheets and for admission to the Hospitality Room.</p>
<b>AUDIO/VIDEO RECORDING DEVICES:</b>	<p>Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.</p>
<b>DECK CHANGING:</b>	<p>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>
<b>PROOF OF TIME:</b>	<p>Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Jason Wedlick.</p>

<b>UNACCOMPANIED SWIMMERS:</b>	Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>SWIMMERS WITH DISABILITIES:</b>	Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. Coaches/Swimmers may contact Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).
<b>CONCESSIONS:</b>	Concessions will be available at this meet.
<b>HOSPITALITY:</b>	A hospitality room will be available. Coaches and Officials may be required to present their membership cards in order to receive complimentary Psych Sheets and/or for admission to the Hospitality Room.
<b>MERCHANDISE:</b>	Swimming merchandise will be available for purchase.
<b>MEET RESULTS:</b>	Meet results will be posted on the Gulf Swimming Web Page ( <a href="http://www.gulfswimming.org">www.gulfswimming.org</a> ), within three days after the conclusion of the meet.

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**Entry Rules:**

**Type of Meet:** Timed Finals  
**Max # individual events per day:** Five (5)  
**Swimmers Eligible:** GULF only - SHARKS & teams assigned by GULF Swimming  
**Entry Times:** SCY/SCM/LCM  
**Qualifying Times:** None  
**Cut-Off Times:** None  
**Entry With No Time:** Yes  
**GULF "three event" rule applies:** No  
**GULF "up-down" rule applies:** No  
**Fees:** Individual - \$5.50; Relays - \$9.00  
**Facility Surcharge:** \$2.00 per swimmer

**ORDER OF EVENTS**  
**SATURDAY MORNING**

GIRLS #		BOYS #
1	8 & Younger 100 Free	2
3	8 & Younger 25 Back	4
5	8 & Younger 50 Fly	6
7	8 & Younger 25 Free	8
9	8 & Younger 50 Breast	10
11	8 & Younger 100 Medley Relay	12
13	8 & Younger 50 Back	14
15	8 & Younger 25 Fly	16
17	8 & Younger 50 Free	18
19	8 & Younger 25 Breast	20
21	8 & Younger 100 I.M	22
23	8 & Younger 100 Free Relay	24

**All sessions will be seeded fastest to slowest.**

**All Relays are 8&Younger events.**

**Individual 8&Younger events will be swum combined but scored separately as 8, 7, 6&Younger**

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I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that all the on-deck coaches have met the current certification requirements.

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Signature

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Title

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Date

# SAFETY GUIDELINES & WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

## SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal, or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.

## Safety Marshals

- 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**

## D. Miscellaneous

- 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
- 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
- 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
- 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
- 6. All diving boards and equipment are **OFF LIMITS**.

## E. Pool Rules

- 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
- 2. Glass containers are prohibited.
- 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.