

# Rehabilitation Center for Children and Adults



300 Royal Palm Way • Palm Beach, Florida 33480

Telephone (561) 655-7266 • Fax (561) 655-3269

info@rcca.org • www.rcca.org

OCTOBER 2015

## Ready, Set, Goal!



# Rehabilitation Center for Children and Adults 2015

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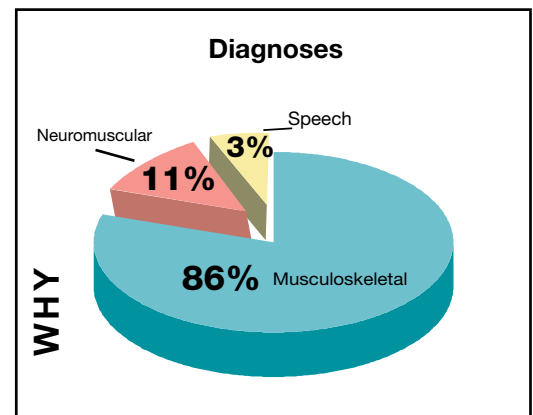
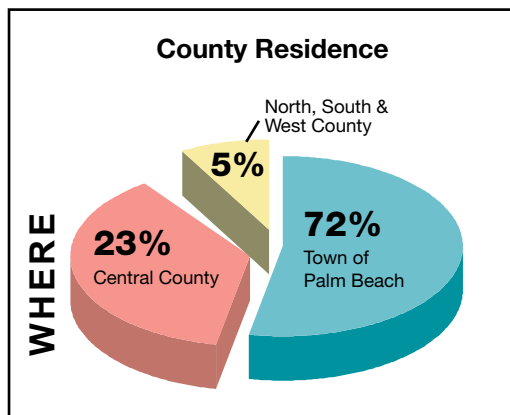
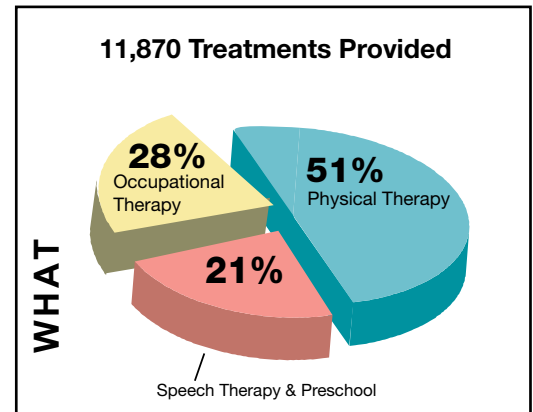
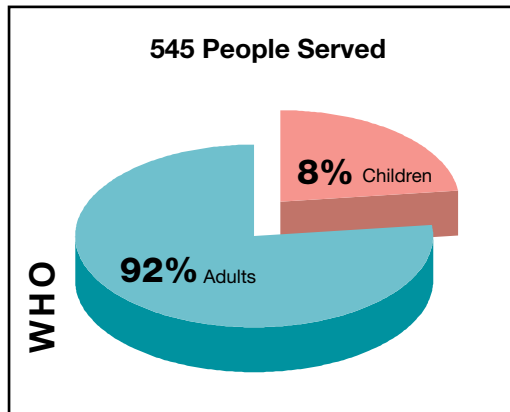
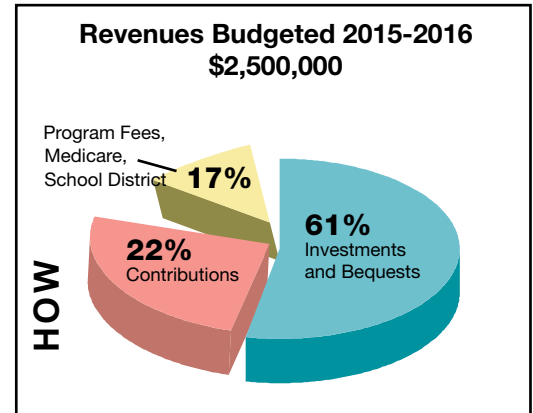
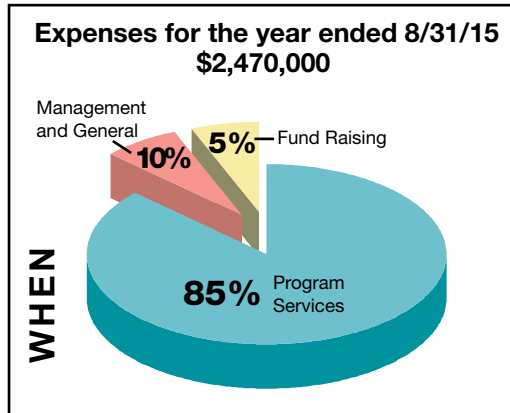
EXECUTIVE DIRECTOR  
Pamela J. Henderson

## BOARD OF GOVERNORS

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A COPY OF THE OFFICIAL REGISTRATION (CH 83) AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING 800-435-7352 TOLL-FREE WITHIN THE STATE OR AT WWW.FRESHFROMFLORIDA.COM/DIVISIONS-OFFICES/CONSUMER-SERVICES. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE. 100% OF ALL CONTRIBUTIONS ARE MAINTAINED AND DISTRIBUTED BY THIS ORGANIZATION.



## HONORARY BOARD

Jennifer T. Bailey  
Mary Estelle Curran  
Robert M. Douglas  
Jane R. Grace  
Dianna M. Lewis  
Andree Lindow  
Janet R. Reynolds  
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# Rehabilitation Center for Children and Adults 2015 PROFESSIONAL ENDOWMENT COMMITTEE



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*Thank you for considering a gift in your will.*



*Make a Difference in the Lives that Follow*

The Professional Endowment Committee introduces the Rehabilitation Center's mission and needs to our financial neighbors. Members represent key financial institutions in the Palm Beach area. Current and future planned gifts help families who are uninsured or under insured. Thornton (Tim) Henry, an estate planning attorney with the law firm of Jones, Foster, Johnston and Stubbs, and Past President of the Board of Governors at the Rehabilitation Center, serves as Chairman of the Professional Endowment Committee. At the quarterly committee meetings, members review the latest relevant estate tax information. Annually, the committee sponsors an Estate Planners Reception for attorneys, accountants, trust officers and members of the Center's Board of Governors. Guests learn how to help the Rehabilitation Center through planned gifts such as wills and charitable trust agreements.

The Professional Endowment Committee also helps increase our neighbors' awareness of our needs and services. These professionals represent expertise our donors can call upon, as they know both the importance of endowments to our mission and the value of estate planning for the donor's family. We believe the work of this committee will help insure the financial security of the Center now and in the future. If you know of someone who might be interested in more information, please call the Rehabilitation Center at 655-7266, or contact one of the committee members pictured here. The Rehabilitation Center for Children and Adults is grateful these women and men choose to donate their professional and personal time helping children and adults with physical disabilities.



# Rehabilitation Center for Children and Adults

Dedicated to improve people's physical function, communication and independence

## PHYSICAL THERAPY



## OCCUPATIONAL THERAPY



## SPEECH-LANGUAGE PATHOLOGY



## DIAGNOSES TREATED

Arthritis  
Athletic Injury  
Back & Neck Pain  
Balance & Vestibular Problems  
Cardiac Rehabilitation  
Carpal Tunnel Syndrome  
Cerebral Palsy  
CVA, Stroke  
Developmental Delay  
Hand Injury  
Knee & Hip Replacement  
Mastectomy  
Musculoskeletal Problems  
MS, Parkinsons  
Neurological Disorders  
Orthopedic Injuries  
Rotator Cuff Tears  
Speech & Language Delay  
Spinal Cord Injury  
Tendonitis  
Traumatic Brain Injury  
Work Related Injury

- Therapeutic equipment
- Electrical stimulation
- Fluidotherapy

- Pilates
- TENS
- Ultrasound
- BTE Workstation

- Individual Services with Licensed Therapists
- Comprehensive Outpatient Medical Facility
- Private Not-for-Profit 501(c)3 Organization
- Medicare and Insurance Billed
- Located in Palm Beach

## AQUATIC PROGRAM



## PRESCHOOL



## THERAPY GOALS

Activities of Daily Living  
Ambulation  
Balance  
Communication  
Coordination  
Muscle Function  
Range of Motion  
Self Care  
Strength

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# Rehabilitation Center for Children and Adults

## READY, SET, GOAL!



**READY.** Twenty-four year old *Sean Dorsey* was attending the University of Florida. In February 2014 he was hospitalized with bacterial meningitis, had brain surgeries, months of inpatient rehabilitation, then discharged to his family in Palm Beach Gardens. His parents have transported him to the RCCA for a year of physical, occupational and speech therapy. Occupational Therapist *Donna Holmstock* reports his left side has improved so much that he is golfing again and **READY** to plan his return to college.

**SET.** Palm Beach Day Academy elementary students *Mary* and *Griffin Arp* have worked with Speech-Language Pathologist *Leslie Kelly* on fluency and articulation. Their teachers report they are **SET** for an excellent academic course. Their parents said “the therapy has been fun for the children and they are much more confident.”



**GOAL.** Left knee arthritis pain brought *Siri Mortimer* to the RCCA for intensive therapy a few years ago when she quickly met her initial **GOAL**. She continues her physical therapy wellness program with *Paul Hughes* in addition to an amazing 45 minutes on the elliptical machine. Now she also volunteers in the preschool commenting that “I have witnessed extraordinary things happening at the RCCA.”

# Rehabilitation Center for Children and Adults

## RCCA Staff

### Physical Therapy

Ellen O'Bannon  
Paul Hughes  
Miriam Diaz  
Susan Holmes  
Rich Sylvester  
Kat Shealy  
Perrie Susman

### Occupational Therapy

Donna Holmstock  
Camy Dreifuss  
Kelli Jacobs

### Speech-Language Pathology & Preschool

Leslie Kelly  
Kelly Skillestad  
Arjean Hitchcock  
Vicky Onofry

### Administration

Sheree Davis  
Pam Henderson  
Marybeth Hight  
Themis Quiros

## SAVE THE DATE

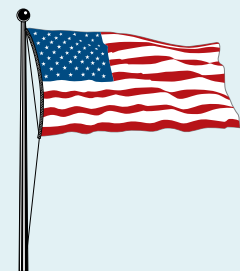
Spring Luncheon  
April 27, 2016  
Beach Club



**Roshan Massoumi**  
*Chairwoman*



**Alice Randolph**  
*Co-Chairwoman*



## WELCOME

### Vicky Onofry

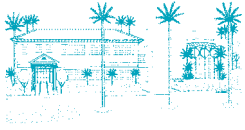
*Preschool Teacher*



*Executive Director Pam Henderson and  
PT Assistant Sue Holmes welcome new preschool  
teacher Vicky Onofry under the new awning.*

Ten years ago Tristen Onofry was in our RCCA preschool, then his sister Olivia also attended. As a parent of a child with cerebral palsy, Vicky obtained unique insights and appreciation for therapists and teachers and decided to return to school obtaining her bachelors' degree in Elementary

Education at FAU. After working for eight years for the School District with first and fourth grade students at Meadow Park and Clifford O. Taylor Kirklane Elementary, she heard of our Preschool Teacher opening, she was first to apply as she said she always wanted to come back 'home' to work with the 'gurus.'



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Palm Beach, Florida 33480



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### CHOICE MATTERS

As a consumer, if you need therapy, you can choose where you go and whom you see. You may ask your friend, your neighbor, or your physician. Ultimately, you are the one who chooses.

You can initiate therapy at the RCCA by calling 655-7266, or by asking your doctor to fax a prescription to 655-3269.

For more information  
go to [www.rcca.org](http://www.rcca.org)  
or come in anytime for a tour.

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Patient's Name: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Onset: \_\_\_\_\_

- Physical Therapy
- Occupational Therapy
- Speech-Language Therapy

\_\_\_\_\_  
Physician's Signature & Date

You can now choose to receive this newsletter via email; please call 655-7266 or email [info@rcca.org](mailto:info@rcca.org)