

**Air Pistol (Doug Boris) NF R&G Club**

Learn safe pistol handling and the fundamentals of pistol shooting, along with several different hand held positions, using an air pistol, taught by NRA Certified Instructor Doug Boris

**Archery Recurve (Rich Evans) NYSDEC Certified Bow Instructor/ NF R&G Club**

Rich will explain safe bow handling and teach you to shoot compound and recurve bows, just like Robin Hood!

**Archery Crossbow (Chris Schots) Wilson Conservation Club**

Chris will be demonstrating and instructing you with his expertise on the crossbow using a scope site.

**Authentic Outdoor Cooking (Rose Shaeffer) Newfane Historical Society**

Step back in time, as Rose shares her recipes with you and teaches you how to prepare our dessert for the day. Tripod cooking, Dutch oven cooking and how to use a 3 tiered oven, just as your Great Grandmothers had in the past.

**Fly Fishing (Jim Guidi) WNY Fly Fishing Instructor**

Come learn the graceful casting method used in fly fishing, as well as determine the proper fly to use in the different seasons to help catch the "Big One"!

**Outdoor Digital Photography (Barbara Wenke) Professional Photographer and Artist**

**"BRING YOUR OWN CAMERA"** and let Barbara show you how to compose pleasing outdoor photos and compositions by using lighting, interesting subject matter and searching out different forms of textures and colors.

**Introduction to Personal Protection (Jim Carr) Carr Personal Safety Consulting LLC**

Know the ground rules and reality of lawful self protection even before you take a self defense class or get a Pistol Permit. Learn useful information on dynamics of crime, pre-assault behavior, legal aspects of lawful self defense, and much more. KNOWING THE TRUTH COULD SAVE YOUR LIFE.

**Basic Shotgun Certified instructors of NF R&G Club**

Learn safe gun handling of shotgun shooting, taught by NRA Certified Instructors of our own North Forest Rod & Gun Club. You will be introduced to 2 different disciplines: Trap Shooting and 5 Stand. Seize the moment, and take the opportunity to try something you might never have done before! It's a HOOT. Just ask the NFR&G/Shoot & Hoot Gals.

**Gardening for Wildlife (Colleen Gaskill) NYS Certified Nursery & Landscape Professional**

This course will take you to the Wild Side! Colleen, a Horticulturist / Landscape Design Specialist, will show you how to create & put together a wonderful wildlife garden for your favorite guests, whether they be songbirds, butterflies or hummingbirds.

**Orienteering (Tom Parks) / (Ed Grabowski) Trained Scout Masters w/ Boy Scouts of America Troop 40 Wrights Corners**

Tom will teach you the reliable art of compass reading, which has been used and trusted for thousands of years, while Ed will instruct you in how to use a modern day GPS to navigate yourself whether in the woods, on a Treasure Hunt, or trying your hand at orienteering around the United States.

**Basic Rifle (Stan Noon) Certified Instructor/Lockport Conservation Club**

Stan will teach you the fundamentals of shooting a rifle from 4 different positions: Standing, Kneeling, Sitting and Prone positions. You will also have a chance to experience the use of different sights.

**Tomahawk/Knife Throwing (Allen Leaderhouse) / (Dave Lavery)**

Learn how to safely and properly execute a throw, and hit targets presented at various distances. This is truly a lost art.

# NORTH FOREST ROD & GUN CLUB'S

## LADIES SHOOT 'N HOOT & NRA WOMEN ON TARGET

Presents

### 2nd Annual Women Conquering Outdoor Adventures

Saturday September 17, 2011

6257 Old Niagara Rd  
Lockport, NY 14094

Registration	8:30 - 9:00
Welcome and safety talk	9:00 - 9:30
Session 1	9:45 - 11:00
Session 2	11:15 - 12:30
Trick Shooting Demonstration by Doug Thomson 2 x State Champion Sporting Clay Shooter and instructor	12:30 - 1:00
Lunch	1:00 - 2:00
Session 3	2:15 - 3:30
Session 4	3:45 - 5:00
Wrap up, door prizes, basket raffles	5:00 - 6:00

Lunch is graciously supplied by  
One Eyed Jack's Smokehouse Grill  
Lockport, NY

Pulled pork, BBQ chicken with all the fixing's

Dessert supplied by our Outdoor Cooking Class!

Registration Form      Sept. 17, 2011 clinic  
Please choose 6 activities in order of preference  
(You will be scheduled for 4)

Upon receipt of this registration you will receive a confirmation.

1 \_\_\_\_\_  
 2 \_\_\_\_\_  
 3 \_\_\_\_\_  
 4 \_\_\_\_\_  
 5 \_\_\_\_\_  
 6 \_\_\_\_\_

**For shotgun session** (please circle answer)

I am bringing my own shotgun	Yes	No
Gauge	12	20

Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

\*\* If you would like to schedule your class with a friend, please send your registrations in together and note on your form. We will try to accommodate your request.

Please send this registration form along with your check in the amount of \$60.00 payable to North Forest Rod & Gun Club to:

North Forest Rod & Gun Club  
c/o Colleen Gaskill  
4035 Purdy Rd  
Lockport, NY 14094

For any questions or special needs contact either:

Colleen Gaskill      (716) 439-1464

Kathy Kristy      (716) 696-2434



Shoot and Hoot was founded 3 years ago by Colleen Gaskill and Kathy Kristy, two of the few women members of the club. Along with the monumental support of North Forest Rod & Gun Club, they brought the joys of this sport to women who wanted a safe, fun environment for recreational shooting with other ladies. It has grown by leaps and bounds, **proving** that enjoying the outdoors is not just your daddy's sport!

We do not care about scores, and take great joy in "hooting" when a fellow shooter hits their target.

**Safety** is first and foremost, followed by the bonds created by sharing the love of this sport with other women.... (and it's a lot of FUN too!)

NRA Certified Instructors volunteer their time and skills to teach basic shooting fundamentals that encourage success.

This event was created to introduce women to a few of the many outdoor activities available, and to provide a safe fun environment to participate alongside other women.

We gratefully thank the NRA for their support and grant money that helps make events like this successful.



**We are grateful to the following groups.**

**Their involvement ensures our success!**

## North Forest Rod & Gun Club

- Friends of the NRA
- NRA Women on Target
- Wilson Conservation Club
- Lockport Conservation Club
- Newfane Historical Society
- Carr Personal Safety Consulting
- One Eyed Jack's Smokehouse Grill

**All our Instructors:**

- Doug Boris
- Chris Schots
- Rich Evans
- Rose Shaeffer
- Jim Guidi
- Barbara Wenke
- Jim Carr
- Colleen Gaskill
- Tom Parks
- Ed Grabowski
- Stan Noon
- NRA Certified Instructors

**ALL THE VOLUNTEERS NOT MENTIONED BUT  
INVALUABLE TO OUR DAY**



From the Women of the NRA.

# Ladies Shoot 'n Hoot Conquering Outdoor Adventures!



Spend a fun-filled informative day with other women learning about various aspects of the outdoors; from shooting, cooking, photography, and wildlife gardening just to name a few. A delicious lunch, raffles and door prizes will round out the day. All classes taught by certified/experienced instructors.

**RSVP by 9/1/11**

\$60.00 pre-registration is required. Fee includes all equipment, lunch and 4 sessions.

Event space is limited to 100  
Please apply early, classes fill up quickly.

**Saturday  
September 17, 2011**

North Forest Rod & Gun Club  
6257 Old Niagara Rd  
Lockport, NY 14094  
716-438-2009