Partner Services at Boutwells

A highlight of some important services offered at Boutwells.

A special "Thank You" goes out to our partners for serving our community!

Town Center Beauty Salon and Barber Shop

	•	
Monday	Closed	
Tuesday	8:30 AM - 3:30 PM	
Wednesday	8:30 AM - 3:30 PM	
Thursday	9:00 AM - 3:30 PM	
Friday	9:00 AM - 4:00 PM	
Boutwells Main Building - First Floor		
Phone: *5025		

Gables Beauty Salon

Monday	11:00 AM - 2:30 PM
Tuesday	9:30 AM - 3:00 PM
Wednesday	9:00 AM - 2:30 PM
Thursday	9:00 AM - 2:30 PM
Friday	9:30 AM - 1:00 PM

The Gables Lower Level
Phone: *7295

Hand and Foot Spa

8:00 AM -3:00 PM

Monday, Tuesday and Wednesday

The Gables - Lower Level

Phone: *5018

Lakeview @ Boutwells

Mini Medical Clinics Mondays and Thursdays 9:00 AM - 11:00 AM Gables Lower Level

Dignified Dental with Dr. Perpich

Tuesday 8:00 AM - 5:00 PM The Gables - Lower Level

Phone: 342-1598

www.stillwaterfamilydental.com

Mention this ad and receive \$50 off your initial new patient visit!

Chiropractic Care with Curtis C. Schmidt

FREE

Complimentary Consultation & Evaluation Tuesdays & Thursdays 9:00 AM - 4:00 PM

The Gables - Lower Level
Phone: *7307 for an appointment

Boutwells Adult Day Program Now part of PHS Family of Services

Monday through Friday 9:00 AM - 3:00 PM (extended hours available 8:00-AM - 4:00 PM)

The Commons– First Floor

Pass through Memory Care or

Drive-up Entrance

Phone: *5800

Lakeview Hospice "The Gathering at Boutwells Landing"

Open 24 hours

The Commons - First Floor

Enter - Commons Parking Lot

Phone: 275-5781



Community News & Notes . . .

Papa is Kind! By: Greg Carlson

Twenty-two years ago this April our youngest, Emily, was born, and one of the gifts she received was a child's swing. Before long, a mature Silver Maple in our back yard became its perfect partner as ropes were attached to a solid branch about 14 feet off the ground. Two years later a storm took the tree down, the swing found its way to our attic and a new Maple Tree was planted near where the one had fallen. A few weeks ago, I was in the attic assessing the damage from an ice dam when I came across this dusty old . swing. On a whim, I took the swing down and brought it to the back yard just to see if by chance it would hang from the once young Maple Tree, and wouldn't you know, it did. After twenty years of sitting silent in the attic, this little swing is bringing laughter to another little girl, my two-year old granddaughter.

With the recent stretch of nice weather, the two of us spent an afternoon enjoying the old swing. After a time she reached up and as I lifted her from the swing she said to me "Papa is kind". My heart melted. There are a few things that will warm my heart, but certainly a word of encouragement from my granddaughter ranks near the top.

As we continue to celebrate our theme Love One Another, take a moment to reflect on ways you find encouragement, and then consider how you might bring encouragement to another. "Kind words are like honey - sweet to the taste and good for your health." Proverbs 16:24.

In other news, there are a number of issues being tackled this quarter by staff and resident groups; to follow is a brief summary of these issues and initiatives.

- A change in the Independent Living Emergency Call system: A change in procedure pertaining to the Terrace apartments only provides for more clarity regarding emergency response. Residents of the Terrace and our First Responders have been notified of the change in procedure.
- New payment boxes have been installed in key locations throughout the campus. The purpose of these new boxes is to provide a more secure means of depositing a payment. Payment boxes are emptied on a regular schedule, the boxes may also be used for suggestions.
- New location for Boutwells Landing Home and Community Services office. The office will now be located next to First State Bank and Trust in the Town Center. This new location will provide a more visible and accessible location for an inquiry and/or arranging for services. Shredder service will now be provided with a secure shredder box located in the Library. This service is the same as that used by organizations such as Boutwells Landing, hospitals, banks, law firms, etc.
- A change in the Pet Policy for Assisted Living has been proposed and communicated to residents of the Commons; the new policy would make having a pet more restrictive in this area of the campus. The purpose of the change in policy is to maintain stronger control over issues related to caring for pets, sanitation, and pet allergens.

On a final note, we have received and we are analyzing the results of the recent Customer Satisfaction Survey. I have asked each housing director to prepare a summary of the survey for meetings with residents; these meetings will provide an opportunity to hear first hand how we compare to other similar organization's, and to learn of our priorities and opportunities related to these surveys. Thank you for your input into issues of interest and concern, we value the many contributions by the Citizens of Boutwells Landing.

More Community News & Notes . . .

Resident Meetings

Terrace Resident Floor Meetings

Don't miss out your next Terrace Resident Floor Meeting! It is a great opportunity to socialize with your neighbors, meet someone new, get an overall update from management, and discuss any on-going concerns. Terrace Resident Floor meetings will take place in January, March, May, July, September and November in the Steamboat Lounge at 3:00 pm, so plan to join us!

Brownstone Residents: Meetings are scheduled this month. Please find the dates and times in the Activity Calendar. I look forward to seeing you soon!

Village Home Residents: Thank you for attending the April resident meetings. As a reminder, there are no meetings scheduled for May. Next meetings are in June. Please look for dates, times and locations in the upcoming June Monthly Minder activity calendar.

Thank You. I look forward to seeing you at the next meetings!

Bill Peterson – Housing Director *5067

March Fund & Food Shelf Food Drive Valley Outreach

I want to thank everyone who participated in the March Fund and Food drive for Valley Outreach. I was so moved by the woman who spoke at the Stillwater Sunrise Rotary that I knew I wanted to be a part of helping our fellow community members in Washington County. Every dollar donated is multiplied by 10 in food buying power. Every item of food is very beneficial. Please be sure to read the letter in a two-sided flier inserted in this months Minder thanking and recognizing residents and staff from Boutwells. Once again thank you for your generosity and kindness.

Sincerely,

Georgene Gray

Regional Wellness and Recreation Director

Terrace May Meeting Schedule:

1st Floor-Wednesday, May 8th

2nd Floor-Wednesday, May 15th

3rd Floor-Wednesday, May 22nd

4th Floor-Wednesday, May 29th

Please note there will not be any floor meetings on Wednesday, May 1st.

Welcome to Boutwells!

Commons

Elaine Koob Commons #311
Karin Niemi Commons #327
Helen Bealka Commons #315
Zita McGibbon Commons #326
Virginia Strobel Commons #428
Dode Smith Commons #203

Village Homes

Timothy & Elizabeth Sands
Jim & Jean Malanaphy
Tim & Joyce Stebbing
Kathleen McDonough
Luke & Barbara Schlosser

5312 Nolan Parkway
5393 Nolan Lane
5277 Nolan Parkway
5440 Nolan Lane
5495 Nolan Avenue N

Brownstones

Dean & Mary Ann Honetschlager BS-A #117

We've Moved

Jack & MJ Custer	to Commons #412
Ada Rohlik	to Commons #201
Arvella Whitmore	to Commons #108
Bill & Eileen Krueger	to Arbor #226
George Hoel	to Gables #200
Lois Nelson	to Gables #324
Dorothy Husten	to Gables #312
Dick Kruger	to Gables #307
Rose Held	off campus
Mary Jane Lay	off campus
John Hearding	to Terrace #113
Norman/Eleanor Mears	to Terrace #400
Gene/Myra Olson	to Terrace #303
Michael Wohlhutter	off campus

~ Health and Wellness Boutwells ~

Are you excited to get out and walk this spring? As the snow melts and people get ready to venture outside once again the Wings wellness team wants to help you get the most out of your walking routine. In May we are launching our newest wellness initiative; Nordic Walking. Nordic Walking is simply fitness walking with specially designed ski-like poles. This type of walking was originally designed for off-season ski training for athletes, but it proved so easy and beneficial that people of all age groups and backgrounds caught on as well. Using these poles while walking involves your upper body muscles and can help increase your energy expenditure by as much as 40%! Proper usage of Nordic walking poles is extremely important, our guest speaker, Linda Lemke; the queen of Nordic Walking, will be here again to teach and train us how to use this equipment to kick start our spring workouts. Please speak with your Wings wellness professional to answer any questions or to find out when your community will be hosting Linda. The Wellness team will start a Nordic walking group in the spring. Nordic Walking classes will be offered at Boutwells, Stonecrest. Deerfield and Croixdale. Happy Trails!

Spring Wellness Initiative

(C)

Hearing and Eye Glasses Check Provided by Associated Eye

Wednesday, may 8
9:00 AM - 12:00 PM
Sign-up on sign-up day.
Home and Community Based Services Office
Gables Lower Level
Questions: call 275.5006

Senior Scams How to Protect Yourself

Presented by

Joy E. Gullikson, MBA, JD Maser, Amundson and Price Law

Monday, May 20

3:00 PM - 4:00 PM

Boutwells Landing Town Hall

Did you know that consumer fraud among seniors occurs at a disproportional rate. In fact 60% of all callers to the National Fraud Information Center describe themselves as seniors.

Telemarketing fraud alone is a \$40 billion a year business. Every year millions of elders are targeted by scam-mers, often resulting in thousands of dollars in losses.

This presentation covers information vital to prevent seniors from falling victim to scams, including:

- Common forms of senior scams.
- How to spot and report scams.
- How to protect yourself and loved ones from becoming the victim of senior scams.

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Dementia 101: The Overview

Dr. Stan Smith

Stillwater Medical Group

Monday May 20th

5:30 PM - 7:00 PM • Auditorium C

(Light supper provided)

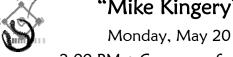
Cost: Free (registration required by May 13, 2013)

Dr. Smith discusses different types of dementia and how they may affect you or your loved one. For more information or to register: 651-275-5000 or ddufrene@preshomes.org

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~ Music, Special Events and More ~

Professional Baseball Speaker "Mike Kingery"



2:00 PM • Commons Sunroom

Mike played professional baseball for 17 years, including stints with the KC Royals, Seattle Mariners and the Colorado Rockies. During his career, he nearly won the National League batting title before the strike shortened the season in 1994. He was hitting .349 at the time! Mike is a father of 8 children and has a family bluegrass band. If you'd like to do more research on Mike, here is his website! http://solidfoundationbaseball.com/mikekingery.htm We hope you join us! Popcorn and soda will be served.

"How We Get Nuclear Energy from the Inside of Atoms"

(an important Minnesota interest)

Presentation by Boutwells Resident

Jim Johnson

Wednesday, May 22 Monday, June 5

10:00 AM - 11:00 AM • Town Hall

A Very Little Bit About Neutrinos....John Hearding has actually seen the capture of a neutrino. It didn't stay around long enough for John to ask it what it was or what it did. So he asked Jim Johnson to say a few words about them. Jim couldn't tell him much but launched off into some entertaining stuff about atomic (nuclear) energy and agreed to tell us about how we get energy from the inside of atoms, a bit about radioactivity, nuclear power, and everything you ever wanted to know about the sex life of atoms (not very exciting, really, except for the bomb). You are advised not to sit up front because you might get wet!

"Happy Birthday Party!"



Music with Mark Stillman Friday, May 24 2:00 PM • Town Hall

Taylor Marie's Summer Fashion

Wednesday, May 29 10:00-2:00 PM • Town Hall

Taylor Marie's offers 20% off retail! Taylor Marie's has from size 2 petites to 3X and a great selection of jewelry and accessories. Beautiful and affordable fashion brought directly to you!

Perky Actors to perform!

...........

Friday, May 31 2:00 PM • Town Hall



Perky Actors have 3 funny and heartwarming skits that create lots of laughter. Ice Cream will be served following the performance.

Creative Arts

Wednesday May 1 • May Baskets

Wednesday May 8 • Card Making

Wednesday May 15 • Open Craft

Wednesday May 22 • Card Making

Wednesday May29 • No Class

Harp and Piano Recital

Denise Boczek Students Saturday, June 1 4:00 PM • Town Hall



"Neighbors Helping Neighbors" Benevolence – How it Works

The purpose of the Boutwells Benevolence Program is to enable people to continue to live at Boutwells Landing when they can no longer meet their monthly rent and services obligation. The first step in the process: residents who may need Benevolence Funds in the next 12 months should discuss their situation with their housing director. The next step is to complete an application and for the resident and housing director to identify other funding sources, including:

- Rent reduction through a move to a less expensive unit, if possible.
- Savings, bonds, investments, and other valuable property.
- Entrance deposit (if applicable).
- Federal, state and county support, including Elderly Waiver.
- Family support.

Once all sources have been utilized to the fullest extent, the Benevolence Fund is made available to the resident to "fill the gap" between his/her available monthly income (Social Security, pension, etc.) and his/her monthly rent and services expense. This could be any amount – from \$5 to \$500. The shortfall is met each month for as long as the resident chooses to live at Boutwells Landing. Housing directors will work confidentially and compassionately to ensure the charitable gifts from Boutwells neighbors can help their neighbors stay in the Boutwells community they hold dear.

Benevolence Fund dollars provided by Presbyterian Homes and Services come from two donors and the organization's annual surplus. Great care is taken to ensure that these dollars are well-managed and made available with compassion to the resident in need. Here at Boutwells, a growing source of the dollars is

the Boutwells Benevolence Endowment Fund, which will be covered in more detail in an upcoming "Monthly Minder".

Neighbors Helping Neighbors Committee Mary Japs, Chair; Ray Hunder, Vice-chair; Allen Hicks, Vice-chair; John Baird; Glen Brolander; Bob Hagstrom; Hugh Madson; Sally Prill; Mary- Spencer; Molly Taylor; Greg Carlson (staff); Steve Preus (staff).



Annual Garage & Parking Lot Cleaning

Beginning May 7th, Boutwells Engineering staff will clean the Brownstone and Terrace garages as well as the parking lots around campus. This process generally creates a fair amount of parking congestion and we apologize in advance for the inconvenience this may cause residents and visitors.

Storage Lockers

AM on Tuesday, May 7

The following items cannot be stored in the garages or storage lockers: cardboard boxes; flammable, corrosive and hazardous materials.

<u>Tuesday, May 7 – Brownstone A Garage Cleaned</u>
All vehicles must be out of the garage *before* 6:30

Wednesday, May 8 - Terrace Garage Cleaned

All vehicles must be out of the garage *befor*e 6:30 AM on Wednesday, May 8

<u>Thursday, May 9 – Brownstone B & C Garages</u> <u>Cleaned</u>

All vehicles must be out of the garage *before* 6:30 AM on Thursday, May 9

<u>Friday, May 10 - Tuesday, May 14 - Parking Lots</u> <u>Swept</u>

Please note that schedules may change for parking lot cleaning based on weather conditions.

Contact Liz Jefferson *5040 with questions.

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Chaplains Corner . . .



Ultimate Purpose

The questions for the ages are: where did we come from, why are we here and where are we going?

Bertrand Russell, the atheist, said, "Unless you assume a God, the question of Life's purpose is meaningless."

The Bible says, "It is God who directs the lives of his creatures; everyone's life is in his power." Job 12:10. Rick Warren said, "You were made by God and for God – and until you understand that, life will never make sense."

The Bible declares a profound truth: "For everything, absolutely everything, above and below, visible and invisible... everything got started in Him and finds its purpose in Him." Col.1:16.

I can't handle tragedy, disaster, death and grief very well. I do not have the capacity to comprehend massive evil and the depths of grief. I do not have the answers... but God does! He made us and he can help us come to grips with these questions and find some comfort and answers.

We were made for more than this world. We are made for eternity. So no matter what this life ...or evil people... throw at us we have a hope and a future beyond this life. Abraham Lincoln said, "Surely God would not have created such a being as man to exist only for a day! No, no, man was made for immortality." This life is a preparation for the next. Death is not the end but a transition into eternity. So whether we have a short life, troubled life or a blessed life it is just the beginning. Jesus said, "I am the resurrection and the life; he who believes in me will never die," Do you believe this?

We may not get all our questions answered but this one thing I know. The Apostle Paul summed it up best when he said, "That I may know Him and the power of His resurrection and the fellowship of His suffering." And I know that all things work together for good to those who love God and are called to His purposes. May God grant you His peace and grace.

Chaplain Larry Forsberg *5055

ALL ABOARD for CAMP LEBANON! U.S.S. "Senior Day Camp Outing"

Tuesday, May 14

Depart: 8:30 AM • Free Admission

Speaker: **Reverend Art Robbins**Hayden Heights Baptist – St. Paul



"Roy Hope & Granddaughters"

Share a blend of hymns and contemporary gospel songs with a touch of country western,

SENIOR DAY SCHEDULE:

9:30 Coffee Fellowship

10:15 AM Chapel – Hymns, Reports, Message 12:15 PM - Lunch

Afternoon Options

Vision Tour • Pontoon Rides
Trading Post • Screamin' Eagle Zip Line

3:15 Concert of Praise: Roy Hope
5:15 Dinner & Relaxed Departure
A love offering will be received to bless the ministry.

Camp Lebanon is 40 miles NW of St. Cloud. Volunteer drivers needed for carpooling.

Call Chaplain Larry for further details.

651.275.5055

Friends We Have Lost



Bernice Vandenberg 12/25/1911 - 03/23/2013 Mary Barrows 11/22/1922 - 03/24/2013 Barbara Held 07/09/1934 - 03/18/2013 Richard Bindie 07/01/1927 - 03/23/2013 Faye Hanson 06/07/1926 - 04/05/2013 Alvin Mohr 09/11/1916 - 04/06/2013 09/22/1926 - 04/24/2013 Don Scheel Dorothy "Dot" Romoser 10/22/1926 - 04/24/1926

~ Music, Special Events and More ~

St. Croix Valley Symphony Orchestra "Donor Appreciation Event"

4)

Sunday, May 5

3:00 PM • Auditorium

Listen to beautiful music and enjoy refreshments. These musicians, a quartet, harpist, oboe duo and flutist are here to thank many of you who supported the Orchestra here and throughout the St. Croix Valley. Past donors will be honored and have reserved seats. Residents are invited to listen to these fine musicians play exciting and lovely music from several famous composers. Looking forward to thanking and welcoming you on May 5!



"St. Croix Catholic Concert"

Friday, May 10
10:00 AM • Town Hall
Join Jim Woodhouse and his students for a
wonderful concert.



You're invited "Mother's Day Tea!"

Monday, May 13

12:00 PM • Town Hall

Finger Sandwiches • Fruit • Tea

Deadline is May 8.

Sign-up registration day, Thursday, May 2. Limit of 72 people.

Music of WWII - Celebrating Our Freedom "Minneapolis Southside Singers "

Thursday, May 16 7:00 PM • Town Hall

Come and enjoy the golden oldies, patriotic tunes and other songs that honor our Veterans. This program is free to the public and is sponsored by the Daughters of the American Revolution.

"Spring Dance Showcase"

Thursday, May 16
6:30 PM - Auditoriums
Inspiration Performing Arts Center



"Spring Dance" John Kujda Band

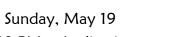


Friday, May 17 6:30 PM • Auditorium

John Kujda is back to perform some of our favorites. Wine and appetizers will be served. Tickets required; space is limited. Sign-up and get your tickets on sign-up day or at the front desk.



"Velvet Tones"



2:00 PM • Auditorium

Velvet Tones is a non-profit community choral group of senior adults who love to sing. It includes more than 60 vocalists from around the metro. They sing a variety of music including pop, Broadway, rock & roll, swing, patriotic, inspirational and seasonal music.

~ Valley Tours ~

"War Horse" at the Orpheum

Sunday, June 23
Depart 5:15 PM • Return 10:15 PM
Cost \$87 • Payment deadline - May 3.

Winner of Five 2011 Tony Awards including Best Play! "War Horse" travels from the English countryside to the fields of France and Germany at the outbreak of World War I. A boy's beloved horse is sold to the cavalry and shipped to France. Years later, he cannot forget his horse, and embarks on a treacherous mission to find him and bring him home. "War Horse" is a magnificent drama, filled with stirring music and beautiful songs.



~ Valley Tours Reminders ~

"Anything Goes" Musical Ordway
Saturday, May 11

Depart 12:45 PM • Return 5:30 PM

History Theater "This Side of Paradise"

Thursday, May 2
Depart 9:00 AM • Return 3:00 PM

Twins vs. Chicago White Sox

Wednesday, May 15
Depart 10:30 AM • Return 4:30 PM
Cost \$57 • Deadline April 16.

Looking Ahead Wings Wellness FUNd Run 2013

Get ready to run, walk or roll with Presbyterian Homes! Boutwells Landing is set to host our third annual PHS 5k event in June. Money raised from this event through registrations and donations will benefit the general Mission Benevolence Fund.

~ Music, Special Events and More ~



"The Larks"

Wednesday, May 1 2:00 PM • Auditorium

Come listen to "The Larks" welcome Spring. This ladies choir sings a variety of songs including Ragtime, Show Tunes, Spirituals, Oldies, and even a little Rock n' Roll. We hope you join us!



"Cinco de Mayo Celebration!"

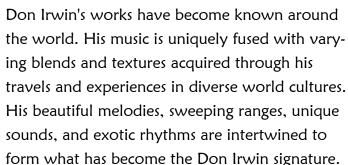
Friday, May 3

2:00 PM • Auditorium

Ole! Ole! It's a fiesta! You won't have to go south of the border to celebrate! Put on your sombreros and celebrate Cinco de Mayo with us! Great food and beverages will be served, along with an authentic Mariachi Band!

At the Piano "Don Irwin"

Saturday, May 4 6:30 PM • Town Hall



Early Spring

Spring arrived right on schedule March 20, 2013; however as I reflect on this eleventh day in April, the snow continues to fall, and Paul Douglas, *STAR* meteorologist, forecasts 4 - 8 inches. Robins arrived on March 1st, but no bluebirds, so far. So the signs of spring are few and elusive.

On the other hand, the Perky Actors are alive, well, and anxious to entertain Boutwells residents. Our latest survey identified 16 souls committed to educate residents and others about aging issues

At our April meeting we agreed to:

- Identify skits and performers to perform in the Commons/Terrace dining rooms on Fridays.
- Perform a series of skits on <u>Friday</u>, <u>May 31</u>
 at 2:00 p.m. in the Town Center.
- Perform skits in the Gables on Friday, May 31 at 3:15 p.m.

These activities were planned by Perky Actor activists. They remind us that our entertainment focuses on presenting skits about aging that are funny, heartwarming and also what is annoying about it.

Our track record at Boutwells illustrates our sensitivity regarding aging with regard to our residents.

We always welcome new members. If you would like to take part, call Les at *3481 or Margo at *3605.

Shredding Service



New shredding services are now available!
We now have a secure drop-box in the library, located near the copier that replaces the shredding machine located next to the bank and is available 24 hours per day, 7

days per week. No need to feed anything into a shredder; simply drop your papers into the slot in the front of the box and they will remain secure until the box is emptied. A licensed, bonded company regularly empties the box and takes all materials in it away for shredding. Very easy, no mess!

~ Computer Adventures ~

More Tips for Using Your Computer

Here are topics to encourage more computer questions and suggestions during Computer Club meeting Thursday, May 16 at 2:30 pm in Classroom 2.



- Change print size when printing web pages
- How to copy/paste or print part of a web page
- Use keys to close a page that freezes up
- How to create a document template
- Restore a computer to an earlier date
- Downloading and installing updates.
- USB, Camera, and Bluetooth connections
- Create folders for items you want to keep
- What to consider when buying a new computer
 Stop by an Open Computer Lab with questions about any of the topics mentioned in this article.

PLEASE NOTE: Complete 2013 schedules are available in the bins located just outside of Classroom 2 for the Open Computer Labs, Mac Computer Club and PC Computer Club.

Ray Hunder, ext. *5326 rhunder@boutwellslanding.com

Gardening Volunteers Needed

As I write this article, we are expecting another 5-8 inches of snowfall overnight. Winter just won't let go this year! However, being the eternal optimist that I am, I expect to see flowers around the grounds again soon. Flowers need water and I need a number of volunteers each summer to keep the outside flowers in the planters watered. Please call me if you are interested in helping with this task. The duties involve watering the large planters that are at the main entrances of our buildings. If you enjoy being outdoors and enjoy taking care of flowers, you will enjoy this volunteer job.

Liz Jefferson *5040

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Out & About . .

Out & About . .

All outings depart from the main entrance unless otherwise noted.

Don't Forget! • Sign-up Day • Thursday, May 2 8:45 AM • Terrace Atrium

Sign-up required for the following outings
All outings depart from the main entrance unless otherwise noted.

No bus service Memorial Day Monday, May 27 Don't Forget! • Sign-up Day • Thursday, May 2
8:45 AM • Terrace Atrium
Sign-up required for the following outings

Saint Paul River Centre "Gang



"Festival of Nations"

Saturday, May 4

Depart: 12:30 PM • Return 3:30 PM

Cost: \$13.50 - cash only

pay at the River Centre

plus money for spending

This year's theme, Children Our Past and Future, will be supported throughout the Festival and displayed in over 60 exhibits. This family-friendly festival features world-class entertainment and brings together people from a vast array of backgrounds to celebrate their ethnic heritage, learn about other cultures and enjoy great music, dance and food from around the world. Limit 10. This trip is not wheelchair accessible.

Saturday, May 11
Depart 12:30 PM • Return 2:30 PM
Shoppers will be dropped off first at JC Penney,
then at Trader Joe's. Sign-up if you wish to go to
either store! Limit 11 plus 2 wheelchair spaces.

"Gangster Tour"

Tuesday, May 14
Depart 12:30 PM • Return 3:00 PM

This is a free tour of some of the places where famous gangsters lived and had gun fights in the 1930s. This narrated tour will include views of the Commodore Hotel where Al Capone and Fred Barker lived; the Dale Apartments, where the Barker-Karpis gang did their planning; The Lincoln Court Apartments where there was a shootout, The Summit-Dale Apartments and three other places. We hope you join us! Limit 11 plus 2 wheel-



Lunch Bunch "Keys Café"

Tuesday, May 21

Depart: 11:00 AM • Return: 1:30 PM 11:30 AM Reservations

Pay and Order from a limited menu. Tax and tip are included in your bill. Limit 11 plus 2 wheelchair spaces. If driving separately, please list so on sign-up sheet.

840 Carmichael Road, Hudson, WI 54016

Outing and Event Cancellation Policy:

Refunds will not be given for cancellations made after an event sign-up deadline.

History Center "The U.S.-Dakota War of 1862"

Tuesday, May 28

Depart 12:30 PM • Return: 3:30 PM

Cost: \$9.00, payable to Boutwells Landing Learn about the darkest chapter in Minnesota history--the U.S.-Dakota War of 1862, and how it changed the state and nation forever. View the evidence: documents, images and artifacts related to the war's causes and aftermath, and hear the personal stories of people whose lives were torn apart. Limit 11 plus 2 wheelchair spaces.



"Lake Minnetonka Cruise"

Wednesday, June 19

Depart 10:00 AM • Return 3:00 PM (boarding at 9:45)

COST: \$53.00 • Maximum: 47

Payment due at sign-up and is NOT refundable. This is a two-hour cruise. Enjoy a tasty lunch of sautéed chicken on rice w/ mornay sauce and two salad sides while viewing beautiful Lake Minnetonka's incredible shoreline, islands, and homes. Our boat is named Isabella, a larger boat that is 69 feet long, offering spacious accommodations. The luxurious main cabin is climate controlled with large windows for viewing. There is plenty of space for people who like to be outside. The boat departs from the Historic Wayzata Depot and tours a different part of the lake than our previous cruises. This is NOT wheel-chair accessible.

Commons Lunch Outing



Thursday, May 30

Depart: 11:30 AM • Return 1:30 PM

Depart Commons Entrance

Limit 11 plus 2 wheelchair spaces.

To make a reservation please call Angie at *5019



Women's & Men's Breakfast at Perkins!

Monday, May 20
Meet at Perkins 8:30 AM
Bus available • Depart 8:15 AM
Sign-up at the Bus Station
John, the bus driver • *5009.

"Thanh Truc Vietnamese Restaurant"

Saturday, May 25

Depart 11:30 AM • Return 2:00 PM

Pay and Order at restaurant

If driving separately, please list so on sign-up sheet
2230 Eagle Creek Lane, Suite 300G, Woodbury

MN(just South of Woodbury Drive & Valley Creek Rd intersection) Limit 11 plus 2 wheelchair spaces.

No bus service Memorial Day Monday, May 27