



PTINSTRUC

DISCHARGE INSTRUCTIONS
Pediatric Urology – Dr. Stec
Hernia / Hydrocele / Varicocele Repair

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Patient Name
MRN
PATIENT IDENTIFICATION LABEL

MEDICATIONS:

- 1. You can give your child acetaminophen (Tylenol ®) every 4-6 hours if he is irritable or has a fever. Please call if he develops a temperature over 101.5°F (38.6°C). If you received a prescription pain medicine, use it for the first 24 hours, only if you think he needs it. Older children (typically older than 5 years) may need it longer (3-5 days). The prescription pain medicine has Tylenol ® in it. Do not give both over-the-counter Tylenol ® and prescription pain medication. Follow the manufacturer's recommendations for the child's weight, and do not exceed maximum amount from all sources in 24 hours.

WOUND CARE:

- 1. If your child has a bandage, remove it after 48 hrs. The butterfly bandage (Steri-strips®) will fall off within a week.
2. If your child has a super glue type dressing, it will flake off over time.
3. Do not submerge the incision under water in the bath or shower for 5 days. Sponge bathe your child during this time. It is OK to clean the incision area gently with soap and water after 48 hours.
4. Redness, swelling, and / or bruising of the scrotum are normal and will gradually get better. Swelling, especially in the scrotum, can last for weeks.
5. Teenagers may benefit from ice packs applied gently to the scrotum on and off for the first 24 to 48 hours.

ACTIVITIES:

- 1. No swimming for 2 weeks.
2. No straddle toys / bikes / straddle swings for 3 weeks. Car seats and strollers are OK.
3. Teenagers should not drive for 2 weeks.

SPECIAL INSTRUCTIONS:

FOLLOW-UP CARE:

You will follow-up in Pediatric Urology Clinic on (date) (time) (approximately 1 week after the procedure) for a wound check. You will receive your appointment prior to leaving the recovery room.

QUESTIONS OR PROBLEMS

If you have any non-emergent questions during daytime hours, please call the pediatric urology office at (843) 792-7687. If you have an emergency or after-hours issue, please call the MUSC operator at 843-792-2123. Have the operator page the pediatric urology resident on call.

These discharge procedures have been explained to the patient and / or responsible person.

I understand the above instructions.

Nurse Date

Patient / responsible person