



## Byte Night Schools Pack

#### Friday 2<sup>nd</sup> October 2015

## bytenight.org.uk

East Anglia | London | Midlands | North West | Northern Ireland | Scotland | South West | Thames Valley

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supports Action for Children





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## What is **Byte Night?**



## Byte Night is Action for Children's flagship fundraising event and the UK's largest sleep out.

Sadly, 80,000 young people find themselves homeless in the UK every year, often as a result of family breakdown and unfortunately as much as 41% of these young people then have to struggle with mental health issues amongst other problems. (Crisis, 2012).

This is why 1,500 people from the business and technology sectors will be sleeping out under the stars on 2nd October to raise awareness and funds to help combat youth homelessness. They will be taking part all across the UK with Byte Night events in East Anglia, London, Midlands, North West, Northern Ireland, Scotland, South West and Thames Valley.

#### **Schools Byte Night**

We are asking schools to show their support by using the ideas and activities in this pack to raise awareness and funds for Byte Night. Don't forget whatever you are able to do, however much you are able to raise, it will be invaluable to young people who are either at risk or already homeless.

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Raise money by getting the school to wear pyjamas for the day!





## How the money you raise supports Action for Children.

#### Your school's fundraising will help us to identify neglect early on before families' problems reach crisis point.

We find the root causes of homelessness and help families to tackle their issues and stay together.

However, if a young person finds themselves in a situation where they have nowhere else to turn we provide emergency accommodation, support and teach life skills so that they can reach their full potential. We can't provide this security, support and stability to vulnerable young people without your help.

So we really do hope that you would like to get your school involved in Byte Night and whether your activities take place on 2nd October 2015 or not, we hope you have fun along the way!

#### How will the money you raise help?

## £5

Could pay for a hot meal for a homeless young person.

## £10

Can buy a set of pots and pans to help a formerly homeless young person set up their own home.

## £18

Could pay for a warm shower and toiletries to help a young person prepare for interview.

### £30

Would provide a counselling session for a neglected child.

## £60

Could help us arrange supported lodgings with a caring family for a young homeless person.

## £100

Would provide enough money to purchase clothing items for one young person who has nothing.



### How to Byte Night From start to finish!



- Get the word out and tell everyone that for a small donation they can roll out of bed and come to school in their pyjamas! Slippers and teddy bears are a must and of course teachers are included!
- 2. Send the template permission letter included in this pack to all parents.
- **3.** Use the event poster in this pack to let any visitors know what your school is doing.
- Decide which activities included in this pack you want to do, print one for each child taking part and gather any materials needed.
- 5. Get the children involved in thinking of any other fundraising activities they may want to do.
  For example, a bake sale, a jumble sale, a BBQ at your summer fête and an old favourite – a collection bucket at reception.

For other ideas please see the **website**.

- **6.** Use the sponsorship form included in this pack for relevant sponsored activities.
- 7. Use the 'So far we have raised...' poster to show fundraising progress and colour in the appropriate stars as you go.
- 8. Pay in your school's fundraising by **clicking here** and give yourselves a big pat on the back! Remember to share your photos with us too via **Facebook** and **Twitter**.
- Each child receives a certificate for taking part. Just email us to receive the document.

Don't forget there are many events that your school runs where there are opportunities for you to collect some extra pennies, even parents' evening.



## Write your own bedtime story.



Use your imagination to write a bedtime story that you would like to have read to you. Think about your characters - what adventures will they go on and where, how will they get there and whether their friends will go with them? They might be funny, brave, smart or silly! Whatever characters you create and wherever they go make sure your story has a beginning, middle and an end.

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### Word Search. How many words can you find?

Remember the words could be across the page, down the page or diagonal.

W	G	D	Q	Y	Р	М	М	S	0	Y	D	U	В	U	
	G													0	
Ν	I	G	Н	Т	Ν	I	G	Н	Т	Н	S	Н	Ρ	I	
W	Μ	Ι	0	Х	D	D	Н	Υ	F	0	С	0	D	W	
F	А	Ζ	М	W	J	Q	S	Η	D	Μ	Т	Т	Η	Х	Words:
Ν	С	S	Е	Ρ	В	0	Μ	0	Н	Е	J	W	В	Y	Byte Night
Н	Т	L	В	Ι	Ρ	Μ	R	Т	Κ	L	S	А	S	Т	Action for Children
J	I	I	Ρ	Ν	D	W	Ι	С	W	Е	L	Т	L	Е	Homeless
Y	0	Ρ	Y	W	Т	В	Е	Н	Ο	S	Е	Е	Е	D	Sleeping Bag
В	Ν	Ρ	J	Κ	V	Х	D	0	R	S	Е	R	Е	D	Hot Water Bottle
Е	F	Е	А	Е	Ι	Ν	Ζ	С	Н	J	Ρ	В	Ρ	Y	Slippers
D	0	R	М	D	С	Y	Х	0	F	Е	Т	0	I	В	Teddy Bear
Т	R	S	А	R	В	Е	Н	L	Ρ	Х	Ι	Т	Ν	Е	Bedtime Story
I	С	U	S	Е	Н	Y	Y	А	Y	0	G	Т	G	А	Hot Chocolate
М	Н	R	D	А	Т	Ρ	Т	Т	S	Х	Н	L	В	R	Home
Е	Ι	L	L	М	С	0	V	Е	U	Ρ	Т	Е	А	R	Pyjamas
S	L	С	0	S	Е	R	S	D	Ν	Q	G	D	G	Ρ	Sleep
Т	D	Х	D	I	Т	F	0	L	D	I	G	Ν	G	В	Night Night
0	R	Ζ	В	S	Т	D	В	Q	Е	Х	G	K	Т	S	Sleep Tight
R	Е	В	W	Ν	S	Ζ	М	С	А	Е	K	Н	D	В	Dreams
Y	Ν	Н	F	Ρ	Т	Е	R	S	U	V	Ρ	Y	Т	Т	

### Design your own pyjamas.

#### Things you might need:

- Pens
- Crayons
- Glue
- **Buttons**

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- Sequins •
- Tissue paper

Glitter



## Design your own sleeping mask.

Use your creativity to design a sleeping mask using the outline on the next page. First, carefully cut out your sleeping mask by following the dotted line and using a hole punch make one hole on each side of the mask. Thread string or sewing cotton through one hole and then the other and tie it in a knot, making sure you have enough string to fit over your head!

#### Things you might need:

- Pens
- Crayons
- Glue
- Scissors
- Hole punch
- Buttons
- Sequins
- Feathers
- Tissue paper
- Glitter
- String/sewing cotton



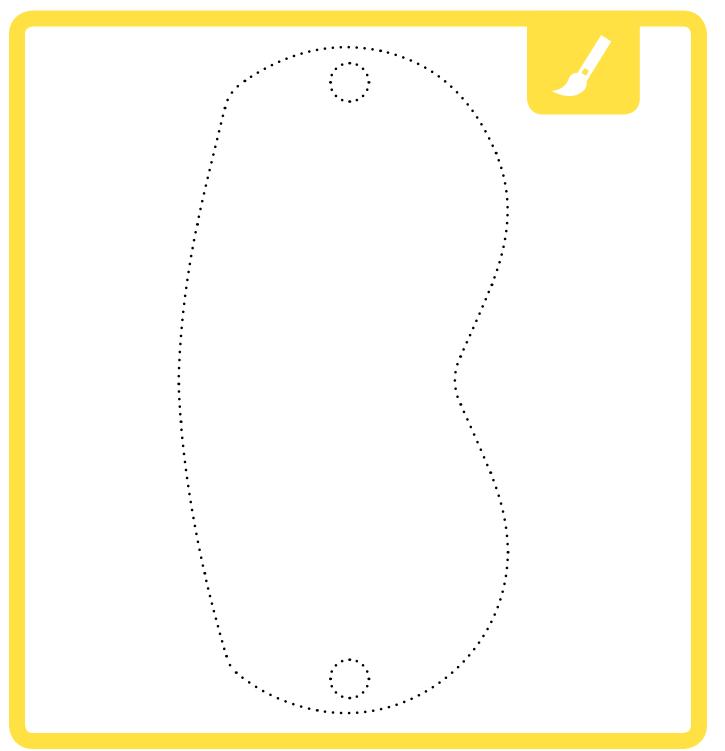
Always remember to be careful with scissors and anything sharp. Ask your teacher for help if you need to.



## Design your own sleeping mask.



Decorate with any materials you want for example, pens, sequins, glitter, tissue paper and feathers and wear your sleeping mask with pride!



### Byte Night tools Permission letter.





#### Dear Parent/Guardian,

Our school is raising awareness and money for Byte Night, Action for Children's flagship fundraising event. The money will help to combat youth homelessness, an issue which affects 80,000 young people every year in the UK.

Sadly, youth homelessness is often as a result of family breakdown and unfortunately as much as 41% of these young people then have to struggle with mental health issues amongst other problems. (Crisis, 2012).

Your child taking part in fundraising activities will enable Action for Children to find the root causes of youth homelessness and provide intensive support to help families tackle their issues and stay together. They will also be able to provide support, emergency accommodation and teach life skills to young people so that they can reach their full potential.

Please complete the cut off section below and send back to the school to give permission for your child to join us in raising much needed funds to provide security, support and stability to young people who need it most and help fight youth homelessness.

If you would like to join your local Byte Night event on 2nd October 2015, please visit bytenight.org.uk for more information.

#### Thank you for your support.

#### Teacher

Parent/Guardian's name:

Child/ren name/s:

Email address:

Yes, I give permission for my child/ren to take part in fundraising activities for Byte Night 2015.



Event:	
Name:	
Address:	
Email:	

We will use the information that you have provided for the purpose of keeping you up to date with our work. If you prefer not to receive any form of communication or correspondence from Action for Children, please tick here If I have ticked the box headed 'Gift Aid? (V)', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Action for Children to reclaim tax on the donation detailed below, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand that Action for Children will reclaim 25p of tax on every £1 that I have given

Remember: Full name + Home address + Postcode + ( $\checkmark$ ) = aiftaid it

If you'd like to hear more from

Full name	Home Address	Postcode	Amount £	Date paid	Postcode Amount £ Date paid Gift Aid? ( $\sqrt{7}$ ) ( $\sqrt{7}$ ) here	us, please tick (/) here
	Total dor	Total donations received 8	£			
	Date donations given to Action for Children	ction for Children	/	/		
On behalf of the ch will benefit from yo	On behalf of the children and young people who will benefit from your sponsorship, thank you!		Ş			Why action for Children

# Action for Children, 3 The Boulevard Ascot Road, Watford WD18 8AG Un behalt of the children and young people who will benefit from your sponsorship, thank you!

Supporter Care: 0300 123 2112 actionforchildren.org.uk

Registered charity nos. 1097940/SC038092. Company no. 4764232. Produced by Action for Children 04/2015 15/16 0067

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Byte Night tools

**Sponsorship form.** 











£

#### We're helping to fight youth homelessness in the UK.

## So far we've raised...

Total amount we raised!

Clothing items for a young person.

**£60** Supported lodgings with a family.

> **£30** Counselling session for a child.

> > **£18** Warm shower & hygiene kit.

> > > **£10** Set of pots and pans for home.

£5 Hot meal for a young person.

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#### Thank you. Well done!

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**You've done it!** Your school's fundraising will keep vulnerable young people safe and help them to reach their full potential. An especially big thank you from them.





#### bytenight.org.uk

ByteNight@actionforchildren.org.uk 020 3124 0600



For more than 145 years, Action for Children has worked in local communities across the UK to protect and support the young and vulnerable, as they grow up.

## We exist to make their lives better: now, tomorrow and every day.



#### actionforchildren.org.uk



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